HEALTH STUDIES CURRICULUM SHEET (2013-2014)

General Education Requirements (40 credits):

<table>
<thead>
<tr>
<th>Course</th>
<th>Credits</th>
<th>Courses</th>
</tr>
</thead>
<tbody>
<tr>
<td>English Communications</td>
<td>6</td>
<td>WRT 104, 105, or 106</td>
</tr>
<tr>
<td>Natural Sciences</td>
<td>6</td>
<td>BIO 105 or 106</td>
</tr>
<tr>
<td>Social Sciences</td>
<td>6</td>
<td>PSY 113</td>
</tr>
<tr>
<td>Fine Arts/Literature</td>
<td>6</td>
<td></td>
</tr>
<tr>
<td>Foreign Lang./Cultural Letters</td>
<td>6</td>
<td>PHL 101, 103, or 212</td>
</tr>
<tr>
<td>Mathematics</td>
<td>3</td>
<td>MTH 107, 108, 131 or 141</td>
</tr>
<tr>
<td>URI 101</td>
<td>1</td>
<td></td>
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</table>

Unless specified above, students may select any General Education Classes. Below is a list of approved General Education Classes that are related to various aspects of health studies. Students may choose these courses, but they are not required.

- Social Science: APG 203, APG 301, HSS 130, MAF 100, NUR 150, PSC 113, PSC 116, PSY 103, PSY 232, PSY 235, PSY 254, PSY 255, SOC 100, SOC 212, SOC 240, WMS 150
- Fine Arts / Literature: ENG 355, ENG 357
- Letters: HIS 116, HIS 117, PHL 212, WMS 220

Health Studies Curriculum Requirements (28 credits):

<table>
<thead>
<tr>
<th>Course</th>
<th>Credits</th>
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<tbody>
<tr>
<td>KIN 123 (3 cr) Foundations of Health</td>
<td></td>
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<tr>
<td>KIN 122 (4 cr) Anatomy and Physiology</td>
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<tr>
<td>HLT 200 (4 cr) Intro to Interdisciplinary Health Studies</td>
<td>(Pre: Soph standing)</td>
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<tr>
<td>PHL 314 (3 cr) Ethical Problems in Society and Medicine</td>
<td>(Pre: PHL 101 or 103 or 1 200-level PHL course)</td>
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<tr>
<td>PHP 405 (4 cr) Epidemiology in Health Care</td>
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<tr>
<td>HLT 450 (4 cr) Advanced Interdisciplinary Health Studies</td>
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<tr>
<td>STA 307 (3 cr) Biostatistics</td>
<td>(Pre: MTH 107, 108, 131, or 141)</td>
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<tr>
<td>OR</td>
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<tr>
<td>PSY 200 (4 cr) Quantitative Methods in Psychology</td>
<td>(pre: Psy 113, soph standing and 1 college math)</td>
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</table>

Select One Communications Course (3 cr)

- COM 202 Public Speaking
- COM 208 Argumentation and Debate
- COM 210 Persuasion: The Rhetoric of Influence
- COM 251 Small Group Communication

Specializations. Students must select a minimum of 18-24 credits (6 courses) from one of the following specialization areas. At least 4 courses must be at the 300 or 400 level. Courses selected must be from at least three different disciplines/departments.

1. Global and Environmental Health

<table>
<thead>
<tr>
<th>Course</th>
<th>Credits</th>
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</thead>
<tbody>
<tr>
<td>APG 319 (3 cr) Cultural Behavior and Environment</td>
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<tr>
<td>BIO/ENT 286 (3 cr) Humans, Insects and Disease</td>
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<tr>
<td>BPS 201 (3 cr) How Drugs Work</td>
<td></td>
</tr>
<tr>
<td>BPS 202 (3 cr) Maintaining Health in Age of Chemicals</td>
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<tr>
<td>COM/SUS 315 (3 cr) Environmental Dimensions of Communication</td>
<td>(junior standing in a degree granting college)</td>
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<tr>
<td>HPR 319 (3 cr) The Global Challenge of Emerging Infectious Disease in Developing Nations</td>
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<tr>
<td>NRS 100 (3 cr) Natural Resource Conservation</td>
<td></td>
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<tr>
<td>NRS/CPL 300 (3 cr) Intro to Global Issues in Sustainable Devel.</td>
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<tr>
<td>NRS 411 (3 cr) Population and Environmental Change</td>
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</tr>
</tbody>
</table>
NUR/PHP 114 (3 cr) Responsible Health Care
NUR 160 (3 cr) Exploring Global health
PHL 454 (3 cr) Philosophy of Natural Science  
GCH 104 (4 cr) Health and Disease: On the Brink of Disaster  
PHP/NUR 143 (4 cr) Sustainable Solutions for Global HIV Problems  
PSC 113 (4 cr) Introduction to American Politics  
PSC 402 (4 cr) Environmental Policy and Politics  
PSC 403 (4 cr) Global Eco-politics  
WMS 325 (3 cr) International Womens’ Issues  

2. Health Promotion
BPS 201 (3 cr) How Drugs Work  
BPS 202 (3 cr) Maintaining Health in Age of Chemicals  
HDF 201 (3 cr) Life Span Development II  
HDF 310 (3 cr) Adolescent Growth and Development  
HDF 312 (3 cr) Adult Development  
HDF 314 (3 cr) Introduction to Gerontology  
HDF 357 (3 cr) Family and Community Health  
HDF 450 (3 cr) Introduction to Counseling  
KIN 275 (3 cr) Introduction to Exercise Science  
KIN 325 (3 cr) Exercise Testing and Prescription  
KIN 401 (3 cr) Current Issues in Health Education  
KIN 425 (3 cr) Fitness and Wellness Program Development  
NFS 207 (3 cr) Nutrition  
NFS 276 (3 cr) Food, Nutrition and People  
NFS 360 (3 cr) Nutrition in Exercise and Sport  
NFS 394 (3 cr) Nutrition in the Lifecycle I  
NFS 395 (3 cr) Nutrition in the Lifecycle II  
PSY 255 (3 cr) Health Psychology  
PSY 381 (3 cr) Physiological Psychology  
PSY 460 (3 cr) The Substance Troubled Person  
PSY 479 (3 cr) Topics: Human Behavior Change  
PSY 479 (3 cr) Topics: Stress Management  
WMS 350 (3 cr) Women and Health  
WMS 351 (3 cr) Women and Mental Health

3. Health Services
BPS 201 (3 cr) How Drugs Work  
BPS 202 (3 cr) Maintaining Health in Age of Chemicals  
BUS 341 (3 cr) Organizational Behavior  
BUS 342 (3 cr) Human Resources Management  
COM 351 (3 cr) Organizational Communication Skills  
COM 361 (3 cr) Intercultural Communication  
COM 402 (3 cr) Leadership and Motivation  
COM 450 (3 cr) Organizational Communication Theory  
COM 461 (3 cr) Managing Cultural Differences in Organizations  
ECN 201 (3 cr) Principles of Economics: Microeconomics  
ECN 360 (3 cr) Health Economics  
HSA 360 (3 cr) Health Services Administration  
PSY 255 (3 cr) Health Psychology  
SOC 224 (3 cr) Health, Illness and Medical Care  
WRT 306 (3 cr) Writing Health and Disability
Free Electives: 25-31 credits
Students may choose to use free electives for further study in the area of health. Completing an internship through the office of Internships and Experiential Learning is highly recommended. At least 13 credits must be at the 300 or 400 level.

Free Elective credits can also be used for a minor or certificate or to take more courses in a specific area of interest

Minors
- Gerontology
- Hunger Studies
- Leadership
- International Development
- International Relations Minor
- Asian Studies
- Sustainability
- 18 credits in an approved minor field of study

Certificates
- Substance Abuse Counseling

Areas of Interest
- Worksite Health Promotion: Recommended Free Electives include: PSY 479, KIN 325, KIN 425, NFS 360, NFS 394, NFS 395, PSY 275, PSY 460, BUS 342, BUS 365, BUS 340, BUS 341, COM 351, HAS 360, HDF 416, other courses listed in #2 above not taken as a specialization requirement.
- Population/Agency Health Promotion: Recommended Free Electives include: HDF 314, SOC 214, WRT 303, WRT 304, HAS 360, PSY 460, COM 210, COM 271, COM 307, COM 340, COM 351, COM 372
- Communications / Media/ Activism: Recommended Free Electives include: COM 202, COM 208, COM 210, COM 251, FLM, 110, FLM 351, LIN 220, WRT 201, WRT 235, WRT 303, WRT 304, WRT 306, HIS 346, HIS 351, PHL 325, PHL 342
- Philosophical and Historical Perspectives: Recommended Free Electives include: COM 202, COM 208, COM 210, PHL 212, PHL 314