February Camp Packing List

OVERNIGHT CAMP:

• **Packing Your Gear:** Do not over pack. Pack what you need but not too much. While at Alton Jones your lodging will be in camp style accommodations with bunk beds.

• **Sleeping Bag:** A medium or lightweight sleeping bag (three seasons) is required.

• **Duffle Bag or Trunk:** A large size duffle bag, backpack, or trunk can be enough to store your gear for the trip. This can serve as your main storage. Remember to bring a laundry bag to store your dirty or wet clothes.

• **Weather:** Winter in Rhode Island can range from a warm rainy 55°F day to sunny, clear, and windy temperatures near 15°F. The average February high temperature in RI is 40°F, and the average low is 24°F. When packing anticipate cold and wet conditions. Cotton is great in ideal weather conditions, but some cotton-free clothing is helpful for use outdoors because it doesn’t absorb moisture and dries quickly. Cotton alternatives include nylon, wool, polyester, and polypropylene and go under brand names such as Smartwool, Polartec, and Underarmor. Of course, come prepared for sunny weather too with sunscreen, sunglasses, and a hat with a brim. Don't forget two well-sealed water bottles or a camel pack, as it will be essential to drink plenty of liquids.

• **Raingear:** Preparing for the possibility of rain is important for having a fun week. A quality rain suit (top and bottom) is important for staying dry if it rains. Good raingear can be found in the camping department of discount stores for $20-$40. Avoid flimsy raingear that could rip easily. The material, whether coated nylon, PVC (rubber), or other synthetic fabric, should be waterproof. Water repellent fabrics will not keep you dry in heavy rain. Windbreakers are typically made of water repellent fabric and are not suitable.

• **Footwear:** It is imperative that you have proper footwear to keep your feet warm and dry. Snow boots, hiking shoes, sneakers for indoor time are great. If conditions are wet or snowy a second pair of dry shoes to change into at the end of the day is important. Flip-flops can be helpful for the shower.

• **Keep an open mind and get ready to try new things.** Expect that your belongings will get dirty—new or fancy items are not necessary. Leave your technology including watches behind. Come ready to adapt to a different schedule and different activities. Bringing a small notebook, or some loose paper, for journal and letter writing is an excellent idea. It will be great to look back at your journal after the week.
Overnight Packing List

- Duffle bag, backpack or trunk
- Day pack to carry water, extra clothes and other items needed throughout the day.
- Sleeping bag, pillow, sheets
- Raingear
- Winter jacket
- Snow pants
- 1 warm wool or fleece jacket
- Wool Hat
- Gloves/mittens and spare gloves/mittens
- Lightweight pants (2)
- 4-5 t-shirts
- Long underwear tops and bottoms
- Underwear
- Socks (include extras)
- Wool socks and extra wool socks. Clean warm socks for the day, and a spare. Cotton Socks are not good for snowy and wet conditions!
- Snow boots or sturdy waterproof hiking boots
- Sneakers or other sturdy/comfortable shoes
- Sandals (for shower only)
- Sunglasses (optional, helpful with snowy and sunny conditions)
- Water bottle or camel pack
- Hand and shower towel, washcloth, beach towel
- Toilet kit with soap, shampoo, etc.
- Toothbrush, toothpaste
- Sunscreen
- Camera (optional)
- Positive attitude (not optional)!

Do not bring: Cell phone, Ipod, MP3 player, movie player, electronic games, other electronic or battery operated devices, candy, gum, food, drinks (except water), anything that could be considered a weapon or a toy that looks like a weapon, knives, money.
DAY CAMP:

At February School Vacation Camp you will spend most of the daytime enjoying the outdoors. Rhode Island in February can offer cold and deep snow to unusually warm temperatures with rain and mud, so prepare for extremes. There will be a place for you to store extra items.

Clothing:
- Change of socks
- 1 pair snow pants
- 1 winter coat
- 1 rain jacket or poncho
- 1 winter hat (wool or fleece type, covers ears)
- 1 scarf (optional)
- 2 pairs of gloves or mittens (in case one gets wet)
- 1 pair of all-purpose shoes such as sneakers
- 1 pair of warm waterproof boots for snow and mud
- Water bottle
- Knapsack or daypack
- Camera (optional)
- Positive attitude (not optional)!

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