Course Objectives:

Upon completion of the course, participants will be able to:

- Recognize the prevalence, costs, and global disability associated with neck pain.
- Review pertinent anatomy and physiological aspects of the neck.
- Understand selected prognostic factors associated with recovery from neck pain.
- Compare and contrast the role of the physical therapy in conservative management of neck pain.
- Utilize the examination sequence and evaluate the critical elements of each stage of examination.
- Analyze the value of imaging and critique the pros and cons of implementation.
- Evaluate present classification of pain models for the neck.
- Compare and contrast treatment mechanisms for the neck.
- Understand the role of the first point provider and how downstream costs and visits are influenced by the first health practitioner seen.
- Perform a mock examination and treatment using case based examples.

7 continuing education hours approved by RI, CT & MA APTA
Agenda

8:30 – 8:40  Introduction
8:40 – 9:30  Epidemiology of C-Spine Injuries
9:30 – 10:15 Common Pathologies
10:15 – 10:30 Break
10:30 – 12:00 Examination
12:00 – 12:50 Lunch
12:50 – 1:30 Systems Management (role of provider, order of care)
1:30 – 2:30  Unravelling the concept of recovery
2:30 – 3:00  Treatment
3:00 – 3:15 Break
3:15 – 4:30  Treatment
4:30 – 5:00  Questions

*Information provided should be used within one’s scope of practice*
CHAD COOK, PT, PHD, MBA, FAAOMPT

Chad Cook, PT, PhD, MBA, FAAOMPT is the program director and a professor at Doctor of Physical Therapy division in Duke University. His passions include refining and improving the patient examination process and validating tools used in day-to-day physical therapist practice. He received his BS in Physical Therapy from Maryville University in 1990 and his MBA (1999) and PhD (2003) from Texas Tech University. Dr. Cook received fellowship status at the American Academy of Orthopedic Manual Therapy in 2006. Dr. Cook has published over 200 peer reviewed papers and has two textbooks in their 2nd edition and a third textbook in its first edition. His work has been cited over 4000 times and he has presented over 180 clinical workshops on six continents and 16 countries. He is a senior associate editor for the British Journal of Sports Medicine and a special topics editor for JOSPT. Dr. Cook has won numerous awards locally at Duke for teaching, is a recent winner of the top educator award for the American Physical Therapy Association (Baethke-Carlin award), is the 2008 recipient of the Helen Bradley career achievement award, and is the 2005 winner of the J Warren Perry Distinguished Authorship Award. In addition, Dr. Cook is also the 2011 winner and was the 2012 and 2013 co-winner of the AAOMPT Excellence in Research Award. Dr. Cook is also the Pauline Cerasoli lecturer in 2017.

Dr. Cook is an Internationally recognized leader and we are pleased to host him at URI!
About The Distinguished Lecture Series

The Distinguished Lecture Series serves as an annual professional development offering hosted by the University of Rhode Island’s Physical Therapy Department. Each year an internationally recognized physical therapist whose accomplishments have impacted an area of healthcare will be invited to be our guest. In addition to providing a quality educational program and networking opportunity, this event serves as a fundraiser for our students. 100% of the net proceeds will be earmarked for our students to attend professional conferences. Thank you for your support!

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Registration Fees:

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**Employer sponsored participants:** Special rate of $100 per participant, if three (3) or more individuals from the same agency **sign up together with one payment issued by the employer.** Send in completed registration forms and payment together. Not valid on the registration on the day of the course.

The registration fee includes continental breakfast, lunch, and course handout materials. A confirmation email will be sent upon receipt of your registration and payment. **Please make checks payable to URI Physical Therapy**, and mail to:

Attn: DLS
University of Rhode Island
Department of Physical Therapy
25 West Independence Way
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Cancellation Policy: Registration fee less a $25.00 administration fee will be refunded if written notice requesting cancellation is received in our office 1 week ahead of the course start date. Written cancellations received after that time will be subject to a 50% refund less the $25.00 administration fee. No refunds will be issued within 24 hours of the course.

Email Dr. Jeff Konin at jkonin@uri.edu with any program inquiries.