2015 TA & Mentorship Information

A list of Psychology Grad Students here to help you through your 1st year

“Hey, we were freshmen too!”

PSY 113 TAs

Clifton Berwise

Email: cberwise@my.uri.edu
Hometown: Queens, NY
Program: Clinical Psychology PhD
Research Interests: Coping and resiliency factors amongst ethnic minority adolescents and young adults. Factors affecting educational attainment or career advancement among ethnic minorities
Advice for undergraduate students: Don’t be scared to ask questions when you do not understand something!

Mehwish Shahid

Email: mehwish_shahid@my.uri.edu
Hometown: Albany, NY
Program: School Psychology
Research Interests: Multicultural Education and Social Justice Issues
Advice for undergraduate students: Get to know your professors and teaching assistants! Also, don’t be afraid to ask questions!
**Teresa Davis**

**Email:** teressa_davis@my.uri.edu  
**Hometown:** Atlanta, Georgia/Mississippi  
**Program:** School Psychology, Ph.D.  
**Research Interests:** Educational success for minority students  
**Advice for undergraduate students:** College can be a scary place BUT don’t be afraid to ask questions! Your TA’s are here to help you in every way we can!

**Southey Saul**

**Email:** southeysaul@gmail.com  
**Hometown:** Amherst, MA  
**Program:** Clinical Psychology PhD  
**Research Interests:** Health psychology, health behavior change (especially with exercise!), Transtheoretical Model, mind-body medicine, integrative healthcare, mindfulness, ACT/CBT  
**Advice for undergraduate students:** Psychology is everywhere and applies to nearly everything!

**Luke Daniels**

**Email:** Lucas_Daniels@my.uri.edu  
**Hometown:** Bow, New Hampshire  
**Program:** PhD program in Clinical Psychology  
**Research Interests:** Health behaviors; Smoking behaviors in high-risk populations; Interaction between social support and health behaviors  
**Advice for undergraduate students:** It is never too early to start thinking about ways that you can turn your passion into your career. Whether it is through volunteering, interning, or networking, college is the perfect time to lay the groundwork for your future- and remember that this groundwork includes both your academic and non-academic activities.

**Zoe Mushkat**

**Email:** zoe_mushkat@my.uri.edu  
**Hometown:** Duluth, MN  
**Program:** Clinical Psychology  
**Research Interests:** Health behavior change through the Transtheoretical Model  
**Advice for Undergraduate Students:** Use course information to develop your own interests. It's okay to change your mind!
**Caitlin Ogram Buckley**

**Email:** ogrambuckley@my.uri.edu  
**Hometown:** Unionville, Pennsylvania

**Program:** Clinical Psychology, Neuropsychology concentration  
**Research Interests:** Neuropsychological assessment and factors that influence cognitive performance, including physical and emotional health  
**Advice for undergraduate students:** Don't limit yourself to the classes that you need to fulfill major requirements. There are so many fascinating areas of study; your undergraduate years are the time to really explore what interests you most. Even if a class has no real benefit for transcript purposes, if you have time and want to take it, go for it! Also, definitely save time for student groups and clubs. You'll be amazed at how many like-minded folks there are!

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**PSY 103 TA**

**Lou Turchetta, M. A. T., M. Ed.**

**Email:** louisturchetta@gmail.com  
**Hometown:** Coventry  
**Program:** School Psychology  
**Research Interests:** ADHD, Anxiety, Health & Fitness, Technology  
**Advice for undergraduate students:** Get into a good routine and stick to it. Scheduling your time for studying will help avoid procrastination.