Growing food in Small spaces
Keys to successfully grow food in a small space

1. Plan: what you will plant, methods, water.
2. Prepare: your self, your tools, the soil
3. Succession Planting: what to plant and when?
4. Companion planting: what can be paired with what?
   “Carrots love tomatoes”
# Planning Succession Planting

<table>
<thead>
<tr>
<th>Season</th>
<th>Plants</th>
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</thead>
<tbody>
<tr>
<td>Spring - Feb - May</td>
<td>Greens, root crops, fruit, flowers, bulbs, herbs, peas, potatoes</td>
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<tr>
<td>Summer - May to Mid-August</td>
<td>Tomatoes, peppers, eggplant, beans, Squashes, melons, cucumbers</td>
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<tr>
<td>Fall - Mid Aug to Mid-Nov</td>
<td>Lettuces, beet greens, Kale, Spinach</td>
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<tr>
<td>Winter - Dec to Feb</td>
<td>(Bulbs) Garlic, onions, carrots, potatoes</td>
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If you do not want to plant just prep for the season by adding leaves and or manure.
Methods and Ideas to maximize your food growing capacity

- Raise beds
- Containers
- Community gardens
- Vertical planting
- Hanging pots
- Roof tops
- Windows
- Balcony/porch
How maximize your planting bed using a bio-intensive method

<table>
<thead>
<tr>
<th></th>
<th>beets</th>
<th>herbs</th>
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<tbody>
<tr>
<td>0 L L L</td>
<td>2 Sunflower</td>
<td>cabbage</td>
</tr>
<tr>
<td>L 0 L 0 L</td>
<td>6 peas/ beans</td>
<td></td>
</tr>
<tr>
<td>0 L 0 L</td>
<td>Kale</td>
<td>Strawberries</td>
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<tr>
<td></td>
<td>Strawberries</td>
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Examples of square foot Gardening
Vertical gardening examples
Other planting Ideas

50 Gallon tub - potatoes and herbs

Smaller storage container for lettuce and spinach
Use your local resources

South Side Community Land Trust

- Spring plant sale
- Workshops
- Website resources
- Community garden spaces

URI Master Gardener Program

- Spring plant sale
- Ask a master Gardener
- Workshops
- Community garden spaces