1. EARLY CUES: “I’m hungry”
- Stirring
- Mouth opening
- Turning head
- Seeking/rooting

2. MID CUES: “I’m really hungry”
- Stretching
- Increasing movement
- Hand to mouth

3. LATE CUES: “Calm me, then feed me”
- Crying
- Lots of movement
- Color turning red

CALM CRYING BABY BEFORE FEEDING
- Cuddling, Skin-to-skin on chest
- Talking, Stroking

LOOK FOR EARLY FEEDING CUES
1. EARLY CUES: “I’m hungry”
- Stirring
- Mouth opening
- Turning head
- Seeking/rooting

2. MID CUES: “I’m really hungry”
- Stretching
- Increasing movement
- Hand to mouth

3. LATE CUES: “Calm me, then feed me”
- Crying
- Agitated movements
- Color turning red

CALM CRYING BABY BEFORE FEEDING
Cuddling, Skin-to-skin on chest
Talking, Stroking

LOOK FOR EARLY FEEDING CUES