Many fruits grow on trees:
- Apples
- Mangos
- Oranges
- Bananas
- Peaches
- Plums
- Avocados
- Pears
- Coconuts

Some fruits and vegetables grow on plants and bushes:
- Blueberries
- Strawberries
- Green beans
- Peppers
- Tomatoes
- Pineapples

Some vegetables like carrots, potatoes, beets, and onions grow below the ground:
- Squash
- Watermelon
- Broccoli
- Cantaloupe
- Lettuce
- Celery
- Cucumbers
- Pumpkins

This material was funded by USDA’s Supplemental Nutrition Assistance Program – SNAP. The Supplemental Nutrition Assistance Program (SNAP) provides nutrition assistance to people with low income. It can help you buy nutritious foods for a better diet. To find out more, contact your local DHS office, or call the URI SNAP-Ed nutrition program at 1-877-Food-URI (1-877-366-3874). USDA is an equal opportunity provider and employer.