

Core Health Studies Requirements			
Course	Cr.	✓	
Take all of the following			
URI 101	1		
KIN 122 Anat & Physio	4		
KIN 123 Health* (A2, B4)	3		
PSY 113 Psychology* (A2)	3		
COM 100 Communication Fund.* (B2)	3		
Select 1 of the following (B3)			
MTH 103 Appl. Pre Calc*	3		
MTH 107 Finite Math*	3		
MTH 108 Math Topics*	3		
MTH 111 Pre Calc*	3		
MTH 131 Appl Calc*	3		
MTH 141 Calc*	4		
Select 1 of the following			
PHL 101 Critical Think (A3)	3		
PHL 103 Intro. Phil (A3)	3		
PHL 212 Ethics (A3, C3)	3		
Select 1 of the following			
COM 202 Public Speak	3		
COM 208 Debate	3		
COM 210 Persuasion	3		
COM 251 Group Comm	3		
Total Credits			

Course	Cr.	✓	Prerequisites
Select 1 of the following (B1)			
WRT 104 Writing*	3		
WRT 106 Res. Writing*	3		
Select 1 of the following			
STA 307	4		
STA 308	4		
PSY 200	4		
Select 1 of the following			
CHM 100 Env. Chem	3		
CHM 103 Intro. Chem	3		
Take all of the following			
HLT 100G Perspectives on Public Health (C1, G)	3		
HLT 200 Interdisciplinary Approaches to Health (B4)	4		HLT 100G, Soph. standing
PHL 314 Medical Ethics	3		PHL 101, PHL 103, PHL 212
PHP 405 Epidemiology (D1)	4		HLT 200 (C or better), PSY 200 or STA 307, STA 308 and Jr. standing
HLT 450 Adv. Health Studies	4		HLT 200 (C or better), PSY 200 or STA 307, STA 308 and Jr. standing
Select 1 of the following			
BIO 101 & 103 (A1)	4		
BIO 110 & 103 (A1)	4		
Important:			
Students must earn a "C" or better in HLT 200 and HLT 450 in order to meet the graduation requirements for Health Studies.			

*Maybe used as a general education course. Mark GE if used as a gen ed (credits cannot count twice).

Free Electives

Use free elective as needed to total 120 credits. Free electives may be used for further study in the area of health. Completing an internship through the office of Internships and Experiential Learning is highly recommended. At least 12 credits must be at the 300 or 400 level.

Course	Cr.	Course	Cr.
Total Credits			

Note: Free Electives may be used for a minor or certificate or to take additional courses in a specific area of interest. Partial list of Minors: Business, Gerontology; Hunger Studies; Leadership; International Development; International Relations; Sustainability; or 18 credits in an approved minor field of study. Certificates: Substance Abuse Counseling.

Global and Environmental Health							
Course	Cr.	✓	Prerequisites	Course	Cr.	✓	Prerequisites
APG 319 Cultural Behavior & Environ.	3			HLT/COM 320 Health Communications	3		HTL 200
APG 345 Introduction to Medical Anthropology	3			NUT 524 Global Nutrition	3		
BIO/ENT 286 Insects & Disease	3			NRS 100 Resource Conservation*	3		
BIO/ENT 385 Introductory Entomology	3			NRS 300 Introduction to Global Issues In Sustainable Development	3		
BPS 201 How Drugs Work	3		Jr. Standing	NUR 160 Global Health	3		
COM/SUS 315 Environ Communication	3		Jr. Standing	PHP 201 Intro U.S. Hlth Care System	3		
COM 361 Intercultural Communication	3		Jr. Standing	PSC 113 Intro American Politics	4		
COM 460 Environ. Comm: Local Global	3		Jr. Standing	PSC 402 Environment Policy	4		PSC 113. Jr. Standing
COM 461 Man Cultural Differences in Org	3		Jr. Standing	PSC 403 Global Eco-politics	4		PSC 210, or 402
COM 462 Communication in Global Soc.	3		GWS 150	WRT 303 Public Writing	3		
GWS 325G International Women's Issues	3			WRT 332 Technical Writing	3		
HPR 412 Emerging Infectious Diseases				WRT 388 Proposal Writing for Clients	3		
HLT 312 Intersecting Social Identities and Health	3		HLT 200				
Health Promotion (HR-Highly Recommended)							
HDF 357 Fam & Commun Health (HR)	3		Jr. Standing	HLT/EDC 401 Current Issues Health Ed	3		
NUT 207 General Nutrition (HR)	3-4			KIN 275 Intro to Exercise Science	3		
PSY 255 Health Psychology (HR)	3			KIN 325 Exercise Testing & Presc.	3		KIN 275 and KIN 300
PSY 479 Topics: Health Promotion (HR)	3		Permission of Advisor	KIN 425 Fitness Wellness Prog. Dev.	3		KIN 275
BPS 201 How Drugs Work	3			NUT 212G Public Health Nutrition	3		NUT 207
GWS 350 Women & Health	3						
GWS 350 Women & Mental Health	3			NUT 360 Nutrition in Exercise	3		NUT 207
GWS 350 Women & Aging	3			NUT 394 Nutrition Lifecycle I	3		NUT 276G
HDF 200 Life Span Development	3			NUT 395 Nutrition Lifecycle II	3		NUT 276G and 394
HDF 201 Life Span Development II	3			PHP 201 Intro U.S. Hlth Care System	3		
HDF 314 Later Adulthood Growth and Dev	4		Complete 24 Credits	PSY 381 Physiological Psych	3		Jr. Standing
HDF 440 Environmental Context of Aging	3			PSY 460 Substance Troubled Person	3		PSY 113
HDF 450 Intro to Counseling	3		Permission of Instr.	WRT 303 Public Writing	3		
HLT 312 Intersecting Social Identities	3		HLT 200	WRT 332 Technical Writing	3		
HLT/COM 320 Health Communication	3		HLT 200	WRT 388 Proposal Writing for Clients	3		
Health Services (HR-Highly Recommended)							
ECN 360 Health Economics (HR)	3		ECN 201	HLT 312 Intersecting Social Identities and Health	3		HLT 200
HLT (HSA) 360 Health Services Admin. (HR)	3		Jr. Standing	HLT/COM 320 Health Communication	3		HLT 200
PHP 201 Intro U.S. Health Care System (HR)	3			KIN 425 Fitness and Wellness Program Development			
WRT 306 Writing Health & Disability (HR)	3			MGT 341 Organizational Behavior	3		Jr. Standing
BPS 201 How Drugs Work	3			MGT 342 HR Management	3		Jr. Standing
COM 351 Organizational Comm	3		Jr. Standing	PSC/HDF 405 Policy Issues in Health	4		
COM 361 Intercultural Communication	3		Jr. Standing	PSY 255 Health Psychology	3		
COM 402 Leadership and Motivation	3		ACC 202, 201, or COM 251	SOC 224 Health, Illness, and Medical Care	3		
COM 450 Org. Commun. Theory	3		COM 251, Jr. Standing	WRT 303 Public Writing	3		
COM 461 Manage Cultural Differ.	3		COM 361, Jr. Standing	WRT 332 Technical Writing	3		
ECN 201 Microeconomics	3			WRT 388 Proposal Writing for Clients	3		