

ID Number: _____

Date: _____

GENERAL EDUCATION GUIDELINES: General education is 40 credits. Each of the 12 outcomes (A1-D1) must be met by at least 3 credits. A single course may meet more than one outcome but cannot be double counted towards the 40-credit total. At least one course must be a Grand Challenge (G). No more than 12 credits can have the same course code (note- HPR courses may have more than 12 credits). General education courses may also be used to meet requirements of the major or minor when appropriate.

| General Education Credit Count | | | | | | |
|---|-----|---|--|----------------------|-----|---|
| At least 40 credits, no more than 12 credits with the same course code. | | | | | | |
| Course | Cr. | ✓ | | Course | Cr. | ✓ |
| HLT 101G (C1, G) | 3 | | | | | |
| HLT 300 (B4) | 4 | | | | | |
| KIN 123 (A2, B4) | 3 | | | | | |
| MTH (B3) | 3 | | | | | |
| PHL (A3) | 3 | | | | | |
| PSY 113 (A2) | 3 | | | | | |
| COM 100 (B2) | 3 | | | | | |
| WRT (B1) | 3 | | | | | |
| BIO 101/110(A1) | 3 | | | | | |
| BIO 103 | 1 | | | | | |
| PHP 405 (D1) | 4 | | | | | |
| CHM | | | | | | |
| | | | | | | |
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| | | | | | | |
| | | | | Total Gen Ed Credits | | |

| General Education Outcome Audit | |
|---|---------------|
| At least 3 credits in each outcome | Course |
| KNOWLEDGE | |
| A1. STEM | BIO |
| A2. Social & Behavioral Sciences | PSY 113 |
| A3. Humanities | PHL |
| A4. Arts & Design | |
| COMPETENCIES | |
| B1. Write effectively | WRT |
| B2. Communicate effectively | COM 100 |
| B3. Mathematical, statistical, or computational strategies | MTH |
| B4. Information literacy | HLT 300 |
| RESPONSIBILITIES | |
| C1. Civic knowledge & responsibilities | HLT 101G |
| C2. Global responsibilities | |
| C3. Diversity & inclusion | |
| INTEGRATE AND APPLY | |
| D1. Ability to synthesize | PHP 405 |
| GRAND CHALLENGE | |
| G. Check that at least one course of your 40 credits is an approved "G" course | HLT 100G |

Requirements that may be used as Gen Eds: BIO 101/110, CHM 103, COM 100, HLT 101G, HLT 300, KIN 123, NUT 207, MTH 107, MTH 131, MTH 141, NRS 100, PHL 113, PSC 113, WRT 104, WRT 106.

| Specializations | | | |
|--|-----|--------|-----|
| 1. Global & Environmental Health <input type="checkbox"/> 2. Health Promotion <input type="checkbox"/> 3. Health Services <input type="checkbox"/> | | | |
| Students must select a minimum of 18-24 credits (6 courses) from one specialization areas. At least 4 courses must be at the 300 or 400 level. Selected course must be from at least 3 different disciplines/departments. See last page for course selections. List your courses below | | | |
| Course | Cr. | Course | Cr. |
| | | | |
| | | | |
| | | | |
| | | | |
| Total Credits | | | |

| Core Public Health Requirements | | | |
|-----------------------------------|-----|---|--|
| Course | Cr. | ✓ | |
| Take all of the following | | | |
| URI 101 | 1 | | |
| KIN 122 Anat & Physio | 4 | | |
| KIN 123 Health* (A2, B4) | 3 | | |
| PSY 113 Psychology* (A2) | 3 | | |
| COM 100 Communication Fund.* (B2) | 3 | | |
| | | | |
| Select 1 of the following (B3) | | | |
| MTH 103 Appl. Pre Calc* | 3 | | |
| MTH 107 Finite Math* | 3 | | |
| MTH 108 Math Topics* | 3 | | |
| MTH 111 Pre Calc* | 3 | | |
| MTH 131 Appl Calc* | 3 | | |
| MTH 141 Calc* | 4 | | |
| | | | |
| | | | |
| Select 1 of the following | | | |
| PHL 101 Critical Think (A3) | 3 | | |
| PHL 103 Intro. Phil (A3) | 3 | | |
| PHL 212 Ethics (A3, C3) | 3 | | |
| | | | |
| Select 1 of the following | | | |
| COM 202 Public Speak | 3 | | |
| COM 208 Debate | 3 | | |
| COM 210 Persuasion | 3 | | |
| COM 251 Group Comm | 3 | | |
| | | | |
| | | | |
| | | | |
| | | | |
| Total Credits | | | |

| Course | Cr. | ✓ | Prerequisites |
|---|-----|---|---|
| Select 1 of the following (B1) | | | |
| WRT 104 Writing* | 3 | | |
| WRT 106 Res. Writing* | 3 | | |
| | | | |
| Select 1 of the following | | | |
| STA 307 | 4 | | |
| STA 308 | 4 | | |
| PSY 200 | 4 | | |
| | | | |
| Select 1 of the following | | | |
| CHM 100 Env. Chem | 3 | | |
| CHM 103 Intro. Chem | 3 | | |
| | | | |
| Take all of the following | | | |
| HLT 101G Perspectives on Public Health (C1, G) | 3 | | |
| HLT 201 Public Health Topics in the 21 st Century | 3 | | HLT 101G |
| HLT 300 (200) Interdisciplinary Approaches to Health (B4) | 4 | | HLT 101G and 201, Junior standing |
| HLT 450 Adv. Health Studies | 4 | | HLT 300 (C or better), PSY 200 or STA 307, STA 308 and Jr. standing |
| PHL 314 Medical Ethics | 3 | | PHL 101, PHL 103, PHL 212 |
| PHP 405 Epidemiology (D1) | 4 | | HLT 300 (C or better), PSY 200 or STA 307, STA 308 and Jr. standing |
| Select 1 of the following | | | |
| BIO 101 & 103 (A1) | 4 | | |
| BIO 110 & 103 (A1) | 4 | | |
| | | | |
| Important: | | | |
| Students must earn a "C" or better in HLT 201, 300, and 450 in order to meet the graduation requirements for Public Health. | | | |

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|--|-----|--------|-----|
| *Maybe used as a general education course. Mark GE if used as a gen ed (credits cannot count twice). | | | |
| Free Electives | | | |
| Use free elective as needed to total 120 credits. Free electives may be used for further study in the area of health. Completing an internship through the Center for Career and Experiential Education is highly recommended. At least 9 credits must be at the 300 or 400 level. | | | |
| Course | Cr. | Course | Cr. |
| | | | |
| | | | |
| | | | |
| | | | |
| Total Credits | | | |

Note: Free Electives may be used for a minor or certificate or to take additional courses in a specific area of interest. Partial list of Minors: Business, Gerontology; Hunger Studies; Leadership; International Development; International Relations; Sustainability; or 18 credits in an approved minor field of study. Certificates: Substance Abuse Counseling.

| Global and Environmental Health | | | | | | | |
|---|-----|---|--------------------------|--|-----|---|-----------------------|
| Course | Cr. | ✓ | Prerequisites | Course | Cr. | ✓ | Prerequisites |
| APG 319 Cultural Behavior & Environ. | 3 | | | HLT/COM 320 Health Communications | 3 | | HLT 300 |
| APG 345 Introduction to Medical Anthropology | 3 | | | HLT/NUR 160 Global Health | 3 | | |
| BIO/ENT 286 Insects & Disease | 3 | | | NRS 100 Resource Conservation* | 3 | | |
| BIO/ENT 385 Introductory Entomology | 3 | | | NRS 300 Introduction to Global Issues In Sustainable Development | 3 | | |
| BPS 201 How Drugs Work | 3 | | Jr. Standing | NRS 326 Leadership in Global and Environmental Health Crises | 3 | | |
| COM/SUS 315 Environ Communication | 3 | | Jr. Standing | NUT 524 Global Nutrition | 3 | | |
| COM 361 Intercultural Communication | 3 | | Jr. Standing | PHP 201 Intro U.S. Hlth Care System | 3 | | |
| COM 460 Environ. Comm: Local Global | 3 | | Jr. Standing | PSC 113 Intro American Politics | 4 | | |
| COM 461 Man Cultural Differences in Org | 3 | | Jr. Standing | PSC 402 Environment Policy | 4 | | PSC 113. Jr. Standing |
| COM 462 Communication in Global Soc. | 3 | | GWS 150 | PSC 403 Global Eco-politics | 4 | | PSC 210, or 402 |
| GWS 325G International Women's Issues | 3 | | | WRT 303 Public Writing | 3 | | |
| HPR 412 Emerging Infectious Diseases | | | | WRT 332 Technical Writing | 3 | | |
| HLT 312 Intersecting Social Identities and Health | 3 | | HLT 300 | WRT 388 Proposal Writing for Clients | 3 | | |
| Health Promotion (HR-Highly Recommended) | | | | | | | |
| HDF 357 Fam & Commun Health (HR) | 3 | | Jr. Standing | HLT/EDC 401 Current Issues Health Ed | 3 | | |
| NUT 207 General Nutrition (HR) | 3-4 | | | KIN 275 Intro to Exercise Science | 3 | | |
| PSY 255 Health Psychology (HR) | 3 | | | KIN 325 Exercise Testing & Presc. | 3 | | KIN 275 and KIN 300 |
| PSY 479 Topics: Health Promotion (HR) | 3 | | Permission of Advisor | KIN 425 Fitness Wellness Prog. Dev. | 3 | | KIN 275 |
| BPS 201 How Drugs Work | 3 | | | NUT 212G Public Health Nutrition | 3 | | NUT 207 |
| GWS 350 Topic: Women & Health | 3 | | | NUT 360 Nutrition in Exercise | 3 | | NUT 207 |
| GWS 350 Topic: Women & Mental Health | 3 | | | NUT 394 Nutrition Lifecycle I | 3 | | NUT 212G |
| GWS 350 Topic: Women & Aging | 3 | | | NUT 395 Nutrition Lifecycle II | 3 | | NUT 212G and 394 |
| HDF 200 Life Span Development | 3 | | | PHP 201 Intro U.S. Hlth Care System | 3 | | |
| HDF 201 Life Span Development II | 3 | | | PSY 381 Physiological Psych | 3 | | Jr. Standing |
| HDF 314 Later Adulthood Growth and Dev | 3 | | Complete 24 Credits | PSY 412 Health Promotion (formerly PSY 479 – Health Promotion Topic) | 3 | | PSY 113 |
| HDF 440 Environmental Context of Aging | 3 | | | PSY 460 Substance Use Prevention, Treatment, and Policy | 3 | | PSY 113 |
| HDF 450 Intro to Counseling | 3 | | Permission of Instr. | WRT 303 Public Writing | 3 | | |
| HLT 312 Intersecting Social Identities | 3 | | HLT 300 | WRT 332 Technical Writing | 3 | | |
| HLT/COM 320 Health Communication | 3 | | HLT 300 | WRT 388 Proposal Writing for Clients | 3 | | |
| Health Services (HR-Highly Recommended) | | | | | | | |
| ECN 360 Health Economics (HR) | 3 | | ECN 201 | HLT 312 Intersecting Social Identities and Health | 3 | | HLT 300 |
| HLT 360 Health Services Admin. (HR) | 3 | | Jr. Standing | HLT/COM 320 Health Communication | 3 | | HLT 300 |
| PHP 201 Intro U.S. Health Care System (HR) | 3 | | | KIN 425 Fitness and Wellness Program Development | 3 | | |
| WRT 306 Writing Health & Disability (HR) | 3 | | | MGT 341 Organizational Behavior | 3 | | Jr. Standing |
| BPS 201 How Drugs Work | 3 | | | MGT 342 HR Management | 3 | | Jr. Standing |
| COM 351 Organizational Comm | 3 | | Jr. Standing | PSC/HDF 405 Policy Issues in Health | 4 | | |
| COM 361 Intercultural Communication | 3 | | Jr. Standing | PSY 255 Health Psychology | 3 | | |
| COM 402 Leadership and Motivation | 3 | | MGT 340, 341, or COM 251 | SOC 224 Health, Illness, and Medical Care | 3 | | |
| COM 450 Org. Commun. Theory | 3 | | COM 251, Jr. Standing | WRT 303 Public Writing | 3 | | |
| COM 461 Manage Cultural Differ. | 3 | | COM 361, Jr. Standing | WRT 332 Technical Writing | 3 | | |
| ECN 201 Microeconomics | 3 | | | WRT 388 Proposal Writing for Clients | 3 | | |