

**DEPARTMENT OF KINESIOLOGY**  
**EARLYCONTINGENTPTCURRICULUMPLANNINGSHEET**

**NAME** \_\_\_\_\_

**ID NUMBER** \_\_\_\_\_

**2025-2026**

**120 Total Credit**

<b>CORE EXERCISE SCIENCE REQUIREMENTS – Take ALL of the following courses (57 credits)</b>			
Course	Credit	Taken	Prerequisites
URI 101	1		
BIO 220/221 A&P I/Lab	4		
BIO 222/223 A&P II/Lab	4		BIO 220/221
CHM 103 Chemistry	3		
CHM 105 Chemistry Lab	1		Credit or concurrent enrollment in CHM 103
CHM 124 Organic Chemistry	3		CHM 101 or 103 with a grade of C- or better
CHM 126 Organic Chemistry Lab	1		CHM 102 or 105 & credit or concurrent enroll. in CHM 124
KIN 243 Athletic Injuries	3		
KIN 275 Intro Ex Science	3		
KIN 300 Ex Physiology	3		BIO 220, 221, 222, and 223
KIN 301 Ex Physiology Lab	1		BIO 220, 221, 222, and 223 & credit or concurrent enroll. in KIN 300
KIN 320 Resistance Training	3		KIN 300
KIN 325 Ex Testing & Rx	3		KIN 275, KIN 300, and 1 of MTH 101, 103, 111, 131
KIN 370 Kinesiology	3		BIO 220 and 221
KIN 381 PA Behavior	3		PSY 113
Professional Elective (list below)	3		
PHY 111 General Physics I	3		
PHY 185 Physics I Lab	1		
PHY 112 General Physics II	3		
PHY 186 Physics II Lab	1		
PSY 232, 235, 254 or 255	3		PSY 113
<b>Select 1 Statistics Course below</b>			
PSY 200 Quantitative Methods	4		PSY 113, sophomore standing, one math course
STA 307 Biostatistics	4		MTH 107 or 108 or 131 or 141
STA 308 Introductory Statistics	4		MTH 103 or 107 or 110 or 111 or 131 or 141 or BAI 111
Total Credits			
<b>Professional Elective Options (choose 1): KIN 369, 375G, 414, 425, 464G, 482; EDC/HLT 401; NUT 360; PSY 255</b>			

Students in this track must complete the following requirements to stay in this accelerated program:

- Complete the required course sequence (attached) and have a 3.3 GPA at the completion of freshman year.
- Receive a minimum grade of 3.0 (B) in BIO 220 and 221 prior to start of sophomore year.
- Complete the required course sequence (attached) and have a 3.4 GPA at the completion of sophomore year.

Students who successfully meet the GPA requirements and required course sequence through Fall Year 3 and have completed a minimum of 30 hours of observation in a PT setting, may apply for early contingency admission to the PT program. The student will be considered along with the regular pool of applicants for acceptance into the program.

[illegible]

**FREE Electives – Use free electives as needed to total 94 credits by the end of junior year**

Advisor's Signature \_\_\_\_\_

## **IMPORTANT STUDENT INFORMATION**

### **GENERAL EDUCATION GUIDELINES:**

General education is 40 credits. Each of the 12 outcomes (A1-D1) must be met by at least 3 credits. A single course may meet more than one outcome but cannot be double counted towards the 40 credit total. At least one course must be a Grand Challenge (G). No more than 12 credits can have the same course code (HPR courses may have more than 12 credits). General education courses may also be used to meet the requirements of the major or minor when appropriate.

### **TRANSFERRING FROM UNIVERSITY COLLEGE TO THE COLLEGE OF HEALTH SCIENCES AND KINESIOLOGY:**

To transfer out of University College, you must have earned 24 credits, passed BIO 110, and have a minimum GPA of 2.0.

### **IMPORTANT INFORMATION FOR EARLY CONTINGENT PHYSICAL THERAPY PROGRAM**

This advanced specialization is designed for highly qualified students who have decided on a career in physical therapy and wish to attend the URI DPT program. Students successfully following this track will be allowed to apply for the URI DPT program during their junior year. If accepted, credits earned in the first year in the physical therapy program will be used to complete the B.S. degree in Kinesiology. Students in this track must complete the following requirements to stay in this accelerated program:

- Complete the required course sequence (attached) and have a 3.3 GPA at the completion of first year.
- Receive a minimum grade of 3.0 (B) in BIO 220 and 221 prior to start of sophomore year.
- Complete the required course sequence (attached) and have a 3.4 GPA at the completion of sophomore year.

Students who successfully meet the GPA requirements and required course sequence through Fall Year 3 and have completed a minimum of 30 hours of observation in a PT setting, may apply for early contingency admission to the PT program. The student will be considered along with the regular pool of applicants for acceptance into the program. Students who do not meet the requirements or who do meet requirements but are not accepted into the DPT program can complete the undergraduate track in Kinesiology and apply for PT school during their senior year. The additional courses needed to complete the B.S. in Kinesiology are: KIN 390, KIN 484, and a professional elective; this elective requirement will vary by credit and/or department depending on the coursework you have taken thus far. You may also need additional free electives to equal 120 total credits.

## INFORMATION ABOUT GRADUATE SCHOOL:

**Physical Therapy:** Students Interested in pursuing a Doctorate in Physical Therapy can view a list of physical therapy programs throughout the U.S. along with prerequisites, application deadline dates, PT observations requirements and GRE requirements by program at <http://www.ptcas.org/ProgramPrereqs/>

University of Rhode Island PT School Prerequisites:

- Introductory Biology with Lab: BIO 110/103
- Second level Biology with Lab: KIN 300/301
- 2 Anatomy & Physiology Courses with Labs: BIO 220/221, 222/223
- 2 Chemistry Courses with Labs: CHM 103/105, 124/126
- 2 Physics Courses with Labs: PHY 111/185, 112/186
- 2 Psychology courses including a second level PSY course (e.g., developmental, adolescent, social...): PSY 113 and PSY 232, 235, 245 or 255
- 1 Statistics Course: PSY 200, STA 307, or 308
- 1 Writing Course: WRT 106

University of Rhode Island PT School accepts a maximum of 8 credits of prerequisite coursework from AP credits and requires a minimum score of 4 on AP exams.

Note: Other PT programs often include additional/different prerequisites such as requiring BIO 102 or requiring a higher-level chemistry (CHM 101 in place of CHM 103). For specific information about individual schools, students are encouraged to review individual websites for schools that they are interested in attending so that they can use free elective or general education courses to fulfill any additional requirements.

## EARLY CONTINGENT COURSE ROTATION EXAMPLE

FALL YEAR 1	SPRING YEAR 1	FALL YEAR 2	SPRING YEAR 2	FALL YEAR 3	SPRING YEAR 3
BIO 103 (1)* BIO 110 (3)* PSY 113 (3)* URI 101 (1) CHM 103 (3)* CHM 105 (1)* KIN 123 (3)	BIO 220 (3)* BIO 221 (1)* COM 100 (3)* MTH 111 (3)* KIN 275 (3) A3 Gen Ed (3)	PHY 111 (3)* PHY 185 (1)* Prof Elect(3) BIO 222 (3)* BIO 223 (1)* WRT 106 (3) C3 Gen Ed (3)	CHM 124 (3)* CHM 126 (1)* KIN 300 (3)* KIN 301 (1)* PSY 232 (3)* STA 308 (4)*	KIN 320 (3) KIN 325 (3) KIN 370 (3) PHY 112 (3)* PHY 186 (1)* A4 Gen ed (3)	KIN 243 (3) KIN 381 (3) KIN 420 (3) NUT 207 (3) C2 Gen Ed (3)
15 credits	16 credits	17 credits	15 credits	16 credits	15 credits

- Courses marked \* are prerequisites for the DPT program. These courses **MUST** be completed in the first five semesters to be eligible to apply to the URI DPT program.
- The order in which you take classes may vary from this example but follow it as closely as possible. You may take summer or J-term courses to fulfill curriculum requirements.
- If you meet the eligibility criteria, you will apply to the URI DPT program fall semester junior year. Complete observation hours prior to the application deadline. PTCAS applications open in the summer.
- If you apply to the URI DPT program and are not accepted, you can continue the Kinesiology program for your senior year.