

Student: _____ Student ID: _____ Date Prepared: _____

Advisor: _____ Expected Date of Graduation: _____

Program Requirements:

Course	Title	Comp.	Credits	Grade
BASIC AND SOCIAL SCIENCE COGNATE				
URI 101	Planning for Acad. Success		1	
BIO 101*/103	Principles of Biology I/Lab (A2)		3/1	
KIN 122	Human Anatomy and Physiology		4	
KIN 300	Physiology of Exercise		3	
KIN 370	Kinesiology		3	
PSY 113*	General Psychology (A2)		3	
KIN 381	Exer Behavior/Psychosocial Outcome		3	
TEACHING COGNATE				
COM 100*	Comm. Fundamentals (B2) (C1)		3	
EDC 102* OR				
EDC 102H*	Intro to Amer Education (B4) (C3)		3	
EDC 280	Prgm Prep & Career Dev-Math		1	
EDC 312*	Psychology of Learning (A2) (B4)		3	
EDC 368	Assmnt in Physical Ed & Health		3	
WRT 104 OR	Write to Inform & Explain (B1) (B4)			
WRT 106*	Intro to Research Writing (B1) (B4)		3	
PHYSICAL EDUCATION COGNATE				
EDC 220	Lifetime Fitness Activities-Children		3	
EDC 230	Individual and Team Sports		3	
EDC 300	Meth of Teach PE In Elem School		3	
EDC 302	Spvd Exp-PE in the Elem School		1	
EDC 310	Prins of Human Motor Dev for PE		3	
EDC 314	Meth of Teach PE In Sec School		3	
EDC 315	Spvd Exp-PE in the Sec School		1	
HEALTH COGNATE				
KIN 123*	Foundations of Health (A2) (B4)		3	
HDF 357	Family & Community Health		3	
EDC/HLT 401	Current Issues in Health Ed		3	
NUT 207*	General Nutrition (A1) (B3)		3	
NUR 150	Human Sexuality (A2) (C3)		3	
EDC 307	Methods of School Health Inst.		3	
EDC 308	Spvd Exp in Health Education		1	
PSY 460 OR	The Substance-Troubled Person			
PSY/BPS 436	Psychotropic Drugs & Therapy		3	
ADAPTED PHYSICAL & HEALTH EDUCATION COGNATE				
EDC 410	Adapted Physical Education		3	
EDC 440	Adapted Aquatics		3	
EDC 402 OR	Ed. of Special Needs Students OR			
EDC 588	Disabilities Sports		3	
STUDENT TEACHING				
Students in HPE: YHPAS are required to have a cumulative GPA of 2.50 or higher prior to the internship (EDC 483).				
EDC 485*	Seminar in Teaching (D1)		3	
EDC 483	Youth Health & Phys Activity INT		12	
* May be used as a general education course. Mark GE if used as a gen ed (credits cannot count twice).				

For information on application and test scores go to: <https://web.uri.edu/education/admission/>

General Education Requirements:

GENERAL EDUCATION GUIDELINES: General education is 40 credits. Each of the 12 outcomes (A1-D1) must be met by at least 3 credits. A single course may meet more than one general education outcome but cannot be double counted towards the 40-credit total. At least one course must be a Grand Challenge (G). No more than 12 credits can have the same course code (note: HPR courses may have more than 12 credits). General education courses may also be used to meet requirements of the major or minor when appropriate.

General Education Credit Count			
At least 40 credits, no more than 12 credits with the same course code.			
Course	Cr.	Course	Cr.
Total Gen Ed credits			40

General Education Outcome Audit	
KNOWLEDGE	Course
A1. STEM	
A2. Social & Behavioral Sciences	
A3. Humanities	
A4. Arts & Design	
COMPETENCIES	
B1. Write effectively	
B2. Communicate effectively	
B3. Mathematical, statistical, or computational strategies	
B4. Information literacy	
RESPONSIBILITIES	
C1. Civic knowledge & responsibilities	
C2. Global responsibilities	
C3. Diversity and Inclusion	
INTEGRATE & APPLY	
D1. Ability to synthesize	
GRAND CHALLENGE	
G. Check that at least one course of your 40 credits is an approved "G" course	

Free Electives - Use free electives as needed to total 120 credits.

Course	Credits	Grade	Course	Credits	Grade

BACHELOR OF ARTS
HPE: YOUTH HEALTH AND PHYSICAL ACTIVITY STUDIES

For course descriptions and pre-requisite information, please visit: uri.edu/catalog

Fall	Spring	Summer	Milestones
Year One			
URI 101 (1) Planning for Academic Success EDC 102 OR 102H (3) Intro to Amer. Educ. (B4) (C3) PSY 113 (3) General Psychology (A2) KIN 123 (3) Foundations of Health NUT 207 (3) General Nutrition (A1)(B3) (15 credits total)	COM 100 (3) Comm. Fundamentals (B2) (C1) EDC 280 (3) Teaching Prgm Prep & Career Dev-Math KIN 122 (4) Human Anatomy and Physiology WRT 104 (3) Write to Inform & Explain OR (B1) (B4) WRT 106 (3) Intro to Research Writing (B1) (B4) Gen Ed (15 credits total)	depends on student needs	Overall GPA 2.5 Complete URI 101 and EDC 280 *Admission Requirements: Min. 24 credits, 2.5 GPA and basic competency (passing SAT scores or complete EDC 280 Math, EDC 281 Reading, and/or EDC 282 Writing if needed) See admission requirements. Meet with Academic Advisor Complete 30cr
Year Two			
EDC 220 (3) Lifetime Fitness Activities-Children EDC 368 (3) Assessment in Physical Ed & Health Gen Ed Gen Ed Gen Ed (15 credits total)	BIO 101*/103 (3/1) Principles of Biology I/Lab (A2) EDC 230 (3) Individual and Team Sports EDC 307/8 (3/1) Methods of School Health / Exp. EDC 312 (3) Psychology of Learning (A2) (B4) Gen Ed (17 credits total)		Overall GPA 2.5 *Admission Requirements: (See above) Meet with Academic Advisor Complete 60cr
Year Three			
EDC 310 (3) Principles of Human Motor Dev for PE EDC 314/5 (3/1) Methods of PE In Sec School / Exp. EDC/HLT 401 (3) Current Issues in Health Ed EDC 410 (3) Adapted Physical Education NUR 150 (3) Human Sexuality (A2) (C3) (16 credits total)	EDC 300/2 (3/1) Meth of Teach PE In Elem School / Exp. EDC 440 (3) Adapted Aquatics HDF 357 (3) Family & Community Health KIN 381 (3) Exer Behavior/Psychosocial Outcome PSY 460 (3) The Substance-Troubled Person OR PSY/BPS 436 (3) Psychotropic Drugs & Therapy (16 credits total)	EDC 588 (3) Disabilities Sports (if not taking EDC 402) (3 credits total)	Overall GPA 2.5 Meet with Academic Advisor Complete 90cr
Year Four			
EDC 402 (3) Education of Special Needs Students OR EDC 588 (3) Disabilities Sports KIN 300 (3) Physiology of Exercise KIN 370 (3) Kinesiology Gen Ed Gen Ed (15 credits total)	EDC 483 (12) Youth Health & Phys Activity Internship EDC 485 (3) Seminar in Teaching (D1) (15 credits total)		Overall GPA 2.5 Meet with Academic Advisor(s) Submit Intent to Graduate forms by Oct. 15 Complete 120cr

* KIN122 is required but students can take both BIO220/221 and BIO222/223 as a replacement for KIN122

** If EDC 588 hasn't been taken

Note: This plan is not intended to be prescriptive. Credits in transfer, as well as summer or J-term coursework, may result in deviations from the above recommendations.