UCS 160 is now open as a two-week Winter 2021 J-Term course!

**UCS 160: Success in Higher Education** is a course dedicated to helping students develop the knowledge and skill needed to strengthen their academic performance.

UCS 160 focuses on developing skills at planning and managing work and time, studying in ways that maximize learning, and dealing with issues that impact academic success, like motivation, procrastination, focus & distraction, and academic anxiety.

This two week J-Term section features fully asynchronous lesson modules, Zoom discussion groups, and daily assignments will help students evaluate their practice, assess their skills needs, and make adjustments for the spring semester. Students who take UCS 160 in the J-Term will have access to ongoing support throughout Spring 2021.

**ENROLL NOW - YOU CAN FIND UCS 160 SEC. 0001 (COURSE CODE 1065) ON ECAMPUS!**

Want to learn more? Contact David Hayes, Director of Academic Skills Development Programs, at davidhayes@uri.edu