
ACADEMIC ENHANCEMENT CENTER

Roosevelt Hall, 90 Lower College Road, Kingston, RI 02881 USA p: 401.874.2367 uri.edu/aec

How to have a successful Academic Skills Consultation

We look forward to working with you! To make the most of your consultation, please review these tips:

- Arrive to your consultation on time
- Don't forget to sign in and out for each in-person session at the kiosk
- Be sure you are familiar with our [policies](#) before you arrive
- Bring any items you think may be useful to the session, such as:
 - Your planner or calendar
 - Notebooks or slide sets
 - Class texts
 - Assignment directions
 - Prior exams or practice tests
- Be ready to talk about how you currently approach your work, including:
 - Your strengths – things you currently do that you know work well for you.
 - Your challenges – areas where you experience difficulty (e.g., in planning, when studying, with procrastination...)
 - Any other things you think are impacting your ability to do your best academically
- Don't worry if you have more questions than answers about your situation! You and your consultant will talk it through.
- Be prepared to take notes during your consultation.
- If you have any specific needs, concerns, or questions prior to your visit, contact the AEC's Academic Skills Development Programs Coordinator, Dr. David Hayes, at davidhayes@uri.edu. Dr. Hayes will be happy to help make sure you and your consultant are comfortable and ready to have a great consultation.