URI Club Sports
Guidelines for Safe Operation
during the COVID-19 Pandemic

September 2020
Introduction

Background
The COVID-19 pandemic has disrupted daily routines across all aspects of life. Participation in sports is no exception and raises particular concerns due to the nature of sports and the nature of the virus. We know that COVID-19 is highly contagious among individuals in close proximity to each other and is spread through respiratory droplets exhaled through the mouth and nose. Close proximity and heavy breathing are common experiences in sports activities. The use of shared equipment also raises concerns. Close proximity often extends beyond “on-field” activities as participants travel together in tightly packed vehicles and stay in hotel rooms with as many as 4 people in a room.

University Objectives
The University of Rhode Island is committed to creating a healthy environment for all members of the URI community, and to providing the academic experience our students expect — one that ensures their continued success and supports their timely degree completion. The University has outlined the health and safety expectations for every member of our community. These expectations are paramount and essential to a successful fall semester and are applicable to every member of the Rhody community. The University has launched a public health campaign this summer to reinforce the responsibility each of us has to take care of ourselves and, in doing so, help to keep our community healthy in the midst of a global pandemic. Efforts to keep the community healthy will include:

- Symptom screening (daily self-assessment on Rhody Connect mobile App)
- Required face covering when on campus or when participating in University activities
- Frequent hand washing/sanitizing
- Physical Distancing

To learn more about the University’s response to COVID-19 and it’s reopening plans for Fall 2020, visit uri.edu/coronavirus.

Objectives of this Document
The Department of Campus Recreation has developed this document in support of the University’s efforts to control the spread of COVID-19 and to prevent an unmanageable outbreak of the disease at URI during the Fall 2020 semester.

This document outlines the operations plan for the Club Sports Program for the Fall 2020 semester and how programming can be conducted safely and in compliance with public health standards set by the Rhode Island Department of Health (RIDOH), the Rhode Island Department of Environmental Management (RIDEM), the Centers for Disease Control and Prevention (CDC), and the University of Rhode Island (URI).

The Phase III: youth & adult sports guidelines issued by the RIDOH on July 30, 2020 outlines how sport activities may resume safely operating with precautions for COVID-19. These guidelines are subject to possible revision before or during the Fall 2020 Semester, as such this plan may also require revision.
Ultimately, the objective of this plan is to provide URI students the opportunity to safely participate in Club Sport activities to the extent that the resources available to the Club Sports program allow.

Key Components of This Plan
- **No Competitions** - Club Sport teams will not be allowed to compete against other schools or entities outside of the University until further notice
- **Practices may resume** - Club Sport teams may practice and workout provided they follow the strict safety protocols established by this document
- **Adherence to health and safety guidelines is paramount** - Keeping our students, coaches, staff, and their families healthy is the most important objective of the Fall 2020 semester. This will require strict compliance with the rules set forth in this document and in the operations plan developed by each team
- **Violations will have severe consequences** - At any time, the Coordinator of Club Sports and/or the Director of Campus Recreation can suspend team activities if a team is found to be in violation of the policies set forth in this document. If necessary, incidents may be reported to the URI's Office of Community Standards.

Definitions

**Stable Groups** - participants, coaches, staff, remain in the same group over the course of the entire season

**Physical Distancing** - maintaining a distance of at least 6 feet (14 feet when possible) from other individuals

**Shared Equipment** - equipment that is used by multiple participants

**Active Play** - actively participating in on-"field" activities (drills, practice, scrimmage, competition). Those who are off the “field” in any capacity (waiting in their turn to run a drill, waiting to sub, etc.) are not considered to be in active play and must follow physical distancing guidelines.

**No-Contact Sports** - A sport in which the players are physically separated such as to make it nearly impossible for them to make physical contact during the course of a game.

**Low-Contact Sports** - A sport in which physical contact between players rarely occurs, use of shared equipment can be minimized, and face coverings can be worn when physical distancing of six feet between persons cannot be continuously maintained.

**Close-Contact Sports** - A sport in which it is difficult to routinely maintain six feet of physical distance between persons, difficult to wear face coverings, and where use of shared equipment consistently occurs.

**Competition** - Any game, meet, match, race, regatta, show, scrimmage, tournament, play-day, or any other type of event where teams from outside the University of Rhode Island are present.

**DoSportsEasy** - The management software utilized by the Club Sports Program for tracking rosters and events.
RhodyConnect- URI’s mobile application, which includes a daily self-assessment that must be completed by all students, staff, and visitors prior to coming to campus.

Programmatic Information

The University of Rhode Island Club Sports Program serves approximately 540 participants annually and has 17 member clubs. Active clubs for Fall 2020 are listed below:

- Crew
- Equestrian
- Field Hockey
- Gymnastics
- Ice Hockey, Men’s
- Ice Hockey, Women’s
- Lacrosse, Men’s
- Lacrosse, Women’s
- Rugby, Men’s
- Rugby, Women’s
- Sailing
- Swimming and Diving
- Tennis
- Ultimate, Men’s
- Ultimate, Women’s
- Volleyball, Men’s
- Wrestling

Classification of Sports by Contact Level

The CDC and the RIDOH have classified sports into 3 categories based on the potential level of contact between participants. The table below breaks down the classifications for URI’s club sport teams.

<table>
<thead>
<tr>
<th>No-Contact</th>
<th>Low-Contact</th>
<th>Close-Contact</th>
</tr>
</thead>
<tbody>
<tr>
<td>Crew</td>
<td>Gymnastics</td>
<td>Field Hockey</td>
</tr>
<tr>
<td>Equestrian</td>
<td>Sailing</td>
<td>Men’s Ice Hockey</td>
</tr>
<tr>
<td>Tennis</td>
<td>Swimming/Diving</td>
<td>Women’s Ice Hockey</td>
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<tr>
<td></td>
<td></td>
<td>Men’s Lacrosse</td>
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<tr>
<td></td>
<td></td>
<td>Women’s Lacrosse</td>
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<tr>
<td></td>
<td></td>
<td>Men’s Rugby</td>
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<tr>
<td></td>
<td></td>
<td>Women’s Rugby</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Men’s Ultimate Frisbee</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Women’s Ultimate Frisbee</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Men’s Volleyball</td>
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<tr>
<td></td>
<td></td>
<td>Wrestling</td>
</tr>
</tbody>
</table>

Facility Information

The URI Club Sports program utilizes several different indoor and outdoor facilities both on and off campus. URI has modified the capacity of each facility in order to reduce the density in each space. 150 sq.ft. per person was used to establish the modified capacities. The facilities are listed below along with their modified COVID-compliant capacities as well as the teams that use them. Click here for a map of the on-campus facilities.
<table>
<thead>
<tr>
<th>Facility</th>
<th>Indoor/Outdoor</th>
<th>Modified Capacity</th>
<th>Users</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mackal Field House (Weight Room)*</td>
<td>In</td>
<td>15</td>
<td>Crew&lt;br&gt;Men’s Lacrosse&lt;br&gt;Women’s Lacrosse&lt;br&gt;Men’s Rugby&lt;br&gt;Women’s Rugby&lt;br&gt;Sailing&lt;br&gt;Men’s Ultimate&lt;br&gt;Women’s Ultimate&lt;br&gt;Men’s Volleyball&lt;br&gt;Wrestling</td>
</tr>
<tr>
<td>Mackal Field House (Indoor Track and Basketball Courts)*</td>
<td>In</td>
<td>TBD</td>
<td>Wrestling</td>
</tr>
<tr>
<td>Keaney Gymnasium*</td>
<td>In</td>
<td>TBD</td>
<td>Crew&lt;br&gt;Men’s Volleyball&lt;br&gt;Wrestling (Matches Only)</td>
</tr>
<tr>
<td>Tootell West Gymnasium*</td>
<td>In</td>
<td>TBD</td>
<td>Men’s Rugby&lt;br&gt;Men’s Ultimate&lt;br&gt;Women’s Ultimate&lt;br&gt;Field Hockey&lt;br&gt;Women’s Lacrosse</td>
</tr>
<tr>
<td>Tootell Aquatic Center*</td>
<td>In</td>
<td>124</td>
<td>Swimming and Diving</td>
</tr>
<tr>
<td>Boss Ice Arena (Ice Surface)**</td>
<td>In</td>
<td>25</td>
<td>Men’s Ice Hockey&lt;br&gt;Women’s Ice Hockey</td>
</tr>
<tr>
<td>Boss Arena (Men’s Hockey Locker Room)**</td>
<td>In</td>
<td>6</td>
<td>Men’ Ice Hockey</td>
</tr>
<tr>
<td>Boss Arena (Women’s Hockey Locker Room)**</td>
<td>In</td>
<td>6</td>
<td>Women’s Ice Hockey</td>
</tr>
<tr>
<td>URI Sailing Center* (Wakefield)</td>
<td>Both</td>
<td>15/floor</td>
<td>Sailing</td>
</tr>
<tr>
<td>Campanella Rowing Center*** (N.Kingstown)</td>
<td>Both</td>
<td>TBD</td>
<td>Crew</td>
</tr>
<tr>
<td>New Generation Gymnastics (West Kingston)</td>
<td>In</td>
<td>TBD</td>
<td>Gymnastics</td>
</tr>
<tr>
<td>Peace Dale Office Building Studio (Peace Dale)</td>
<td>In</td>
<td>TBD</td>
<td>Wrestling</td>
</tr>
<tr>
<td>Tennis RI (Warwick)</td>
<td>In</td>
<td>TBD</td>
<td>Tennis</td>
</tr>
<tr>
<td>Wide World of Indoor Sports</td>
<td>In</td>
<td>TBD</td>
<td>Men’s Rugby</td>
</tr>
<tr>
<td>Facility</td>
<td>Access</td>
<td>Capacity</td>
<td>Activities</td>
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<tr>
<td>(N. Kingstown)</td>
<td></td>
<td></td>
<td>Women's Rugby</td>
</tr>
<tr>
<td>Hunter Ridge</td>
<td>Both</td>
<td>TBD</td>
<td>Equestrian</td>
</tr>
<tr>
<td>North Rec Fields*</td>
<td>Out</td>
<td>n/a</td>
<td>Field Hockey&lt;br&gt;Men's Rugby (after EDT)&lt;br&gt;Men's Ultimate (after EDT)&lt;br&gt;Women's Ultimate (after EDT)</td>
</tr>
<tr>
<td>Front Forty Fields*</td>
<td>Out</td>
<td>n/a</td>
<td>Men's Rugby&lt;br&gt;Women's Rugby</td>
</tr>
<tr>
<td>Back Forty Fields*</td>
<td>Out</td>
<td>n/a</td>
<td>Men's Ultimate&lt;br&gt;Women's Ultimate</td>
</tr>
<tr>
<td>Mayfield Fields*</td>
<td>Out</td>
<td>n/a</td>
<td>Men's Lacrosse&lt;br&gt;Women's Lacrosse</td>
</tr>
<tr>
<td>Meade Stadium*</td>
<td>Out</td>
<td>n/a</td>
<td>Field Hockey&lt;br&gt;Men's Lacrosse&lt;br&gt;Women's Lacrosse&lt;br&gt;Men's Ultimate&lt;br&gt;Women's Ultimate</td>
</tr>
<tr>
<td>URI Tennis Complex*</td>
<td>Out</td>
<td>TBD</td>
<td>Tennis</td>
</tr>
</tbody>
</table>

*= URI Owned and Operated Facility  
**Boss Arena is owned by URI but operated by Spectra Venue Management  
***Campanella Rowing Center is owned and operated by OARS of RI, the URI Crew Club’s Alumni Association  
All other facilities are owned and operated by outside entities.

**Office Operations**

**Entering/Exiting the Mackal Field House**
All visitors to the Mackal Field House, regardless of the purpose of their visit, must enter and exit through the main lobby. Visitors must stop at the screening station and present a green check mark on the Rhody Connect Mobile App.

**Office Staffing**
The Club Sports Program is administered by one full-time Coordinator of Club Sports, one part-time Fiscal Clerk, and approximately 3 student employees. URI has modified the capacities of each room on campus in order to accommodate physical distancing guidelines. The total capacity of the Club Sports Office (Mackal Room 108) is 6 people (2 in the outer office, 2 in the inner office, and 2 in the storage room). Only staff members will be allowed to enter the office.

**Drop-In Meetings Prohibited**
Due to the limited capacity of the office, drop-in meetings will be prohibited until further notice.

**Scheduled Meetings**
All meetings with the Coordinator of Club Sports or the Club Sports Fiscal Clerk must be scheduled in advance. **Virtual meetings will be strongly encouraged.** When absolutely necessary, in-person meetings can be conducted in the Mackal Conference Room, Tootell
Meeting Room, or another on-campus meeting room, provided physical distancing is possible and face coverings are worn at all times.

Deposit/Paperwork Drop-Off
Officers and staff may continue to stop in to conduct financial transactions and/or drop-off paperwork, but all business must be conducted at the reception desk where temporary plexiglass has been installed. Office hours will be published at the start of the Fall Semester. The Club Sports Office will be closed and locked at all other times.

Budget Considerations

New Expenses Related to Health and Safety
In order to safely run the Club Sports Program, a number of items will be purchased in ample supply and distributed to the teams. The CSIC medical supplies fund will cover the cost of these expenses.

CSIC Allocation Reduction
Club Sports are funded (in-part) through the URI Student Senate’s Student Activity Fee. The funds are allocated each April through a budget process administered by the Club Sports and Intramural Council (CSIC). This Student Activity fee is collected from every matriculated undergraduate student at URI. In the event that URI’s enrollment of matriculated undergraduates drops significantly, the overall CSIC budget will need to be reduced. CSIC has reserves in its contingency fund that enable the program to absorb up to a 30% reduction without decreasing the funds allocated to the individual teams. Every effort will be made to fund the teams at the levels approved at the April budget hearing.

Dues Reductions
All teams collect membership dues. Cost varies from team to team and ranges from as low $130/year to over $3000/year. Teams should reduce the cost of membership dues to account for the suspended season.

Reduction in Charitable Contributions
With the suspension of competitions and the ongoing financial crisis due to the COVID-19 pandemic, a reduction in charitable contributions to teams from parents, alumni, and friends should be expected.

Budget Revisions
As a result of the suspended fall season and expected reduction in dues and donations, all teams will need to revise their budgets prior to the start of the Fall 2020 season

Health Considerations

Stable Groups
Each team must establish “stable groups” within their team. A team may have one or several stable groups, depending on the size of its membership and the modified capacity of its practice
venue. The term “stable groups” means the same individuals remain in the same group over the course of the entire program. Initially, stable groups for club sport teams should be limited to a maximum of 5 individuals. Health Services will re-evaluate this number on a bi-weekly basis. Stable groups will never exceed the size limit for social gatherings as defined in Executive Order 20-58 or any subsequent Executive Orders. Participants cannot change from one group to another. Students are encouraged to only participate on one club sport team and limit interactions with individuals outside of the stable group. Coaches may work with multiple stable groups, provided they remain 14 feet away from all participants at all times.

Update: As of October 5, 2020, the stable group size limit has been raised to 10.

Space Between Stable Groups
Teams are encouraged to schedule practices for each stable group at different times. When this is not possible, members of each stable group should remain at least 14 feet away from members of the other stable group(s). Coaches should not intermingle between stable groups if practices are happening simultaneously.

Mask/Face Covering Required
Participants and staff are required to adhere to Executive Order 20-60 or any subsequent Executive Orders requiring the use of masks or cloth face coverings. Participants must wear a mask or cloth face covering at all times, even when engaged in active play. Masks may be removed only while participating in intense aerobic activity; otherwise they should be worn at all times.

Physical Distancing
All participants and coaches must maintain a distance of at least 6 feet from each other at all times. Drills that require close contact should be omitted from practice plans until further notice. When not engaged in active play, members and coaches should maintain a distance of at least 14 feet from each other.

Self-Screening
Participants and coaches should evaluate their own health prior to engaging in team activities each day. Participants or coaches who exhibit symptoms of any illness (even symptoms not commonly associated with COVID-19) are not permitted to participate in team activities and should remain at home until symptoms subside or until they can show evidence of a negative COVID-19 test. No punitive actions can be taken against participants who choose to stay home due to illness. Disciplinary action will be taken against coaches or officers who do not follow this guidance.

In-Person Screening
Coaches or designated safety officers should screen EVERY participant daily prior to commencing practice or other team activities. Each participant must complete the daily self-assessment in the Rhody Connect mobile app and present a green check mark prior to starting practice. Coaches or designated safety officers should designate a check-in location to safely screen each participant prior to practice. Participants who are sick or have symptoms of
any illness should still complete the daily self-assessment on the Rhody Connect mobile app. Coaches or designated safety officers should request evidence that the self-assessment has been completed and that the student has been denied access to campus. Results of the self-assessment are forwarded to URI’s Department of Health Services.

**Quarantine**
If a participant within a stable group tests positive for COVID-19, the entire group will need to quarantine for 14 days according to URI’s quarantine and isolation procedures. If multiple stable groups have been in close contact with each other, all affected groups will need to quarantine. No in-person team activity can take place during the quarantine period.

**Hand Cleaning**
Participants should wash or sanitize their hands frequently. If soap and water are not readily available, hand sanitizer containing at least 60% alcohol may be used. Handwashing and/or sanitizing should occur before, during, and after sport activities. Teams will be provided with an ample supply of hand sanitizer and can restock by contacting the club sports office.

**Shared Equipment**
Items that are difficult to clean, sanitize, or disinfect (e.g., sticks, racquets) should not be shared. Participants should bring and use their own equipment where possible, or have equipment designated and labeled for individual use by the team. Shared equipment should be limited and sanitized between users. Equipment should be staged to allow physical distance between users and to limit multiple touches.

**Water Bottles**
Cups, bottles, or other food/beverage items should not be shared. Reusable water bottles cannot be distributed to participants this semester. Further, all water fountains and water bottle filling stations in the Mackal-Keaney-Tootell have been disabled. Participants must bring their own water to practice and are responsible for ensuring that they have an ample supply. It is recommended that participants bring their own gallon of water to each practice. Water bottles should be labeled properly to prevent unintended sharing.

**Locker Rooms/Shared Spaces**
Locker rooms will be closed and should not be used until further notice. Participants should arrive to practice ready already wearing the necessary equipment to practice.

**Showers**
Usage of showers in locker rooms or other facilities will not be permitted until further notice.

**Team Meetings**
Teams should hold virtual meetings as much as possible. In-person meetings are strongly discouraged. URI students and staff have access to Google Meet, WebEx, and Zoom free of charge.
Practices

Commencement of Activities
No practice, tryouts, or other in-person team activities may begin until **Monday September 21, 2020** at the earliest.

Scheduling
All practices must be scheduled in advance and approved by the Coordinator of Club Sports. All practices must be logged in DoSportsEasy.

Group Size - Small Functional Groups
Practice group sizes may not exceed 5 individuals, initially. This number will increase gradually over the course of the semester but will not exceed the social gatherings limit established by [Executive Order 20-58](#) or any subsequent executive order limiting the size of social gatherings.

**Update:** As of October 5, 2020, the stable group size limit has been raised to 10.

Modifications
Significant modifications to practice routines will be required in order to comply with this plan. Teams may be required to completely rethink how they practice during the Fall 2020 Semester.

Close Proximity Prohibited
Teams may not engage in any drills, scrimmages, or other activities that require participants to be in close proximity to each other (less than six feet).

Face Masks Required
All participants and coaches must wear a mask or cloth face covering that covers the nose and mouth at all times during practices. Any drills or activity that cannot be done while wearing a mask should not be left out of practice plans.

Off Campus Practice Venues
Teams that utilize off-campus facilities must continue to adhere to all guidelines established in this document even when off-campus. Teams may not utilize facilities outside the State of Rhode Island for practice. Teams must request a copy of the facility’s [COVID-19 control plan](#), as required by the RIDOH, and forward the plan to the Club Sports office for review prior to utilizing the facility.

Travel to Off-Campus Venues
If traveling in a personal vehicle, occupancy must be limited to no more than four (4) passengers for sedans and six (6) passengers for vans or SUVs with third rows, including the driver. All vehicle occupants must be members of the same stable group. All vehicle occupants must wear a mask or face covering during the entirety of the trip. Drivers are encouraged to
refrain from using the vehicle’s ventilation system to recirculate air. Windows should be kept open to the greatest extent possible, to allow adequate ventilation.

**Alternative Practice Options**
Teams should consider working on drills and skills development that do not involve close-contact with other participants.

**Outdoor Practices Encouraged**
Teams that normally practice indoors should consider moving their practices to an outdoor space. Contact the Coordinator of Club Sports for available practice venues.

**Contact Tracing**
Coaches or designated officers should keep a daily log of who is present at each practice. After each practice, the team secretary or other designated officer must log the attendance in DoSportsEasy.

**Competitions**

**Restrictions**
All Club Sports competitions are suspended until further notice. Teams should reschedule all competitions to Spring 2021.

**Special Events**
All special events, including fundraisers, alumni events, team bonding events, etc. must be approved at least two months in advance by the Coordinator of Club Sports. All guidelines established by this document, as well as any relevant guidance from the CDC, RIDOH, and URI, apply to these types of events. The Coordinator of Club Sports or the Director of Campus Recreation reserve the right to cancel, suspend, postpone or modify all special events at any time. All in-person events with more than 15 attendees are subject to the URI’s policy on events. All in-person events must be approved by the URI COVID-19 task force. **Virtual Events are highly encouraged.** Staff at the URI Foundation and Alumni Engagement can assist with planning and implementing virtual alumni events.

**Team Parties**
The Club Sports Code of Conduct strictly prohibits hosting “team parties.” Further, the [COVID-19 addendum to the URI Student Handbook](https://www.uri.edu/student-life/campus-activities/departments/campus-recreation/campus-sports/clubsports/codeconduct/), prohibits gatherings of more than 15 individuals. Due to the highly contagious nature of COVID-19, teams found to have violated this policy will be immediately suspended and referred to the Office of Community Standards.
Social Media
Team-managed social media accounts will be monitored closely by the Club Sports office. All photos posted should be compliant with the guidelines set forth in this document (i.e. physical distancing, masking, group size protocols should be observed in social media posts).

CSIC Meetings
All CSIC meetings will be conducted virtually during the Fall 2020 semester at their regularly scheduled times.

Return to Practice Protocol
Each team will be required to submit a Return to Practice Protocol outlining how they intend to operate under the guidance established by this document. A template will be provided. The operations plan must be approved by the Coordinator of Club Sports prior to commencing team activity. Any subsequent modifications to the operations plan must also be submitted and approved by the Coordinator of Club Sports.

Medical Clearance
Any participant who has previously been diagnosed with COVID-19 must be cleared to return to play by a physician prior to participating in any club sport activities.

Reporting
Positive Diagnosis
In the event that a member of any team tests positive for COVID-19, the individual is required to report their diagnosis to their head coach or team president. Coaches or team presidents must then inform the Coordinator of Club Sports or the Director of Campus Recreation. All team activities must be cancelled for at least 14 consecutive days. Members of the team or the affected stable group may need to isolate. URI's Department of Health Services will provide additional guidance on how to proceed in the event of a positive diagnosis.

Policy Violations
If at any time, a participant feels that a team is in violation of the guidelines established by this document, they should report the violation(s) to the Coordinator of Club Sports immediately. An anonymous reporting form will be established on the Club Sports website.

Surveillance Testing
URI Health Services will conduct hundreds of routine weekly surveillance tests within the community that will include testing students, faculty and staff. Health Services will be working with our public health partners at RIDOH to determine our surveillance population, and our response will include both random and targeted testing of higher-risk groups such as our health sciences students, faculty working in health care facilities, student athletes, and others. Students, faculty and staff who have been selected to participate, will receive a communication
from Health Services inviting them to participate in this very important aspect of our COVID-19 surveillance program. Club Sports participants may be included in the higher-risk groups.

**Violations of Policies**

Failure to comply with the policies outlined in this document will result in the immediate suspension of team activities until the violation is remedied. Continued or serious violations will be referred to URI’s Office of Community Standards.

**Resources**

**Student Handbook**
All students and coaches should familiarize themselves with the [URI Student Handbook](#). Further, all students and coaches must read the [URI Student Handbook COVID-19 Addendum](#) in its entirety prior to commencing club sport activities.

**#RhodyTogether**
The University has developed a webpage dedicated to it’s [COVID-19 Response](#). The site includes campus resources and a COVID-19 tracker.

**Modification/Amendment**

This document is subject to possible amendment, revision, modification, termination, or extension at any time. When possible, ample notification will be given to club sports officers and coaches of any modifications to this document.