

RHODE ISLAND'S CHALLENGES

1 IN 6

RI children struggle with hunger

35%

of RI youth aged 2-17 are overweight or obese

11%

of RI adolescents in grades 9-12 consume soda daily

1 IN 8

RI adults live in poverty

65%

of RI adults are overweight or obese

34%

of RI adults consumer fruit less than one time per day

WHAT IS EFNEP?

The Expanded Food and Nutrition Education Program (EFNEP) empowers limited-resource families with children, school-aged youth, and pregnant teens to make nutrition and physical activity-related behavior changes as a way to facilitate a healthy lifestyle and reduce chronic disease risk.

YOUTH IMPACT



84%

improved ability to choose healthy food



58%

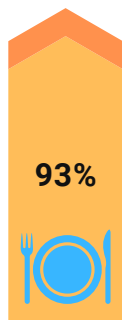
improved safe food handling practices



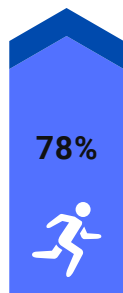
43%

improved physical activity behaviors

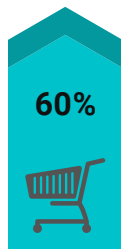
ADULT IMPACT



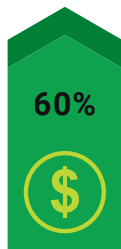
improved diet quality



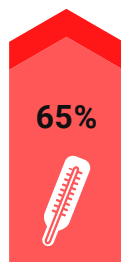
were more physically active



improved food resource management



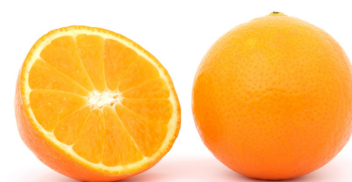
improved food security



improved food safety practices

OUR PARTNERS:

K-12 Schools
After School Programs
Adult Education Sites
Job Training Sites
Community Centers
Head Start Sites
WIC Sites
Libraries
Health Care Sites
Public Housing Sites and Shelters
and more!



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