



Fresh Fruit & Vegetable Program Lesson Plans

Kindergarten

Lesson 1: Where Do Vegetables Grow?

Lesson 2: MyPlate: Fruits & Vegetables

Lesson 3: Red

Lesson 4: Yellow and Orange

Lesson 5: Green

Lesson 6: Purple and Blue

Lesson 7: Brown, Tan and White

Lesson 8: Add Color to Your Plate!