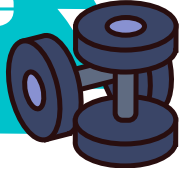


Get Active Word Scramble



Directions: Unscramble the physical activity themed words. The first one is already done for you!

- 1. **qusta** _____ **squat** _____
- 2. **cunrch** _____
- 3. **alwk** _____
- 4. **nur** _____
- 5. **lpnka** _____
- 6. **ugnles** _____
- 7. **trschet** _____
- 8. **ustpi** _____
- 9. **mws** _____
- 10. **ygao** _____
- 11. **yclingc** _____
- 12. **iwehtgs** _____
- 13. **liptaes** _____
- 14. **ancding** _____
- 15. **elg airse** _____

- ANSWERS:
- 1. Squat
 - 2. Crunch
 - 3. Walk
 - 4. Run
 - 5. Plank
 - 6. Lunges
 - 7. Stretch
 - 8. Situp
 - 9. Swim
 - 10. Yoga
 - 11. Cycling
 - 12. Weights
 - 13. Pilates
 - 14. Dancing
 - 15. Leg raise

