



Quarterly Snapshot

Dear Community Partners,

Happy summer! SNAP-Ed appreciates working with you and spending time with the members of your community. If you would like resources, are interested in virtual or in-person workshops, or have other ideas for collaboration, please reach out to us at nutrition@etal.uri.edu or 1-877-366-3874.

This newsletter provides a snapshot of our work in the community from April through June 2023.

In this newsletter...

Our Reach.....	Page 2
Direct Education.....	Page 3
Policy, Systems, & Environmental (PSE) Strategies	Page 4
Professional Development Training..	Page 4
Social Marketing Efforts.....	Page 5
Program Spotlight.....	Page 6

Celebrating a Rainbow of Fruits & Veggies

Spring is a time to celebrate trying different colors of fruits and vegetables at SNAP-Ed schools! Scroll to page 6 for a spotlight on our **FFVP Rainbow Challenge** program.

Follow us on our social media platforms for updates on programs, recipe ideas, and tips to share!



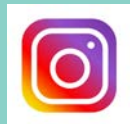
uri.edu/snaped



Community Nutrition
Education RI



RISNPed



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URI Nutrition

Our Reach to Rhode Islanders

167 programs for:

- 735 SNAP-Ed eligible children and adults who interacted through in-person, virtual series, or one-time workshops
- 1,201 SNAP-Ed eligible adults who received SNAP-Ed resources through table events
- 197 professionals that work with the SNAP-Ed population (professional development training)

80 policy, system and environment (PSE) engagements with 29 community partners

64,029 impressions, reach or views via social media and 1,768 website pageviews

Where to Find Us...

During the spring programming season, you could find SNAP-Ed at these sites:



Cooking with Kids!

Our youth out-of-school programs focus on developing food preparation skills to help students gain confidence in the kitchen. This quarter, 13 out-of-school cooking workshops engaged 71 youth of all ages in cutting, mixing, stirring, and of course, eating!

Pan-frying plantain coins to make tostones



Adding frozen veggies to Chicken Pasta Alfredo



Adding a drizzle of honey to Whole Wheat Blueberry Pancakes before tasting



Whisking up eggs to add to Veggie Fried Rice



Preparing to mix up Oatmeal Cranberry Bites

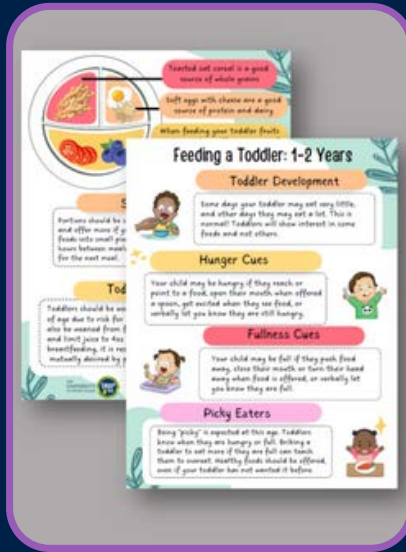


Policy, Systems, and Environment (PSE) Highlight

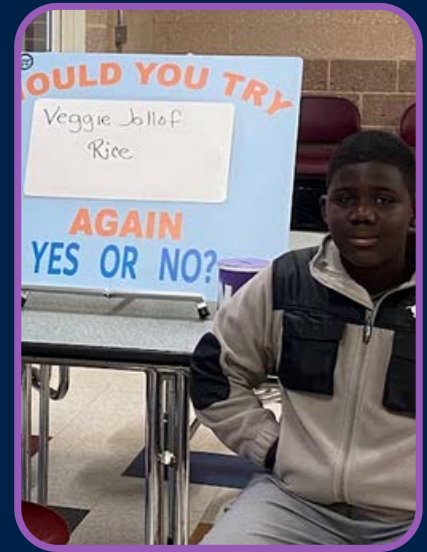
PSE strategies complement SNAP-Ed direct nutrition education. PSE strategies aim to help encourage healthy habits.



Provided healthy eating tip cards to hang on food pantry shelves



Created a training sheet and client handout on toddler feeding for RI WIC nutritionists



Worked with school food service to add a student's jollof rice recipe to the district menu

Professional Development Training

Train-the-trainer sessions help community partners extend healthy eating messages and shape the environments where SNAP-Ed participants live, learn, work, and play. Sixteen trainings were offered to a wide variety of community partner members including:

121 Education and food service staff who work with students at summer meals and after school sites

51 early childhood educators

17 home visiting staff

8 food pantry staff



Social Marketing

We kicked off a new social marketing campaign this spring! Our efforts are starting in Central Falls, with plans to expand to more cities and towns in the coming years. The **Add a Fruit or Veggie You Love to Your Day!** campaign encourages SNAP-eligible adults and families to enjoy favorite and cultural foods as part of a healthy diet.



Campaign materials include bilingual (English/ Spanish) posters, recipe postcards, social media posts and a dedicated website.

uri.edu/community-nutrition/lovefv/



Keep an eye out for our SNAP-Ed team in the Central Falls area!



Presenting campaign materials to the Pawtucket-Central Falls Health Equity Zone



Meeting with the City of Central Falls' Office of Constituent Services and Health



Meeting up with some of our campaign models at the Central Falls Summer Meals Kick-off



Program Spotlight

Eat a Rainbow with SNAP-Ed's FFVP Rainbow Challenge!

Our *FFVP Rainbow Challenge* promotes trying new foods in schools that participate in the USDA Fresh Fruit & Vegetable Program. This year, 484 students in 6 schools took part!



Interested classrooms engage in friendly competition to see who can get the most fruit & veggie "tries" on their rainbow poster

"The challenge promoted the students to try foods they ordinarily would not."
-Participating teacher



Winning classes play fruit & veggie bingo and taste smoothies with our SNAP-Ed team

Kids eat more fruits and vegetables!

