

Quarterly Snapshot

Dear Community Partners,

Happy fall! SNAP-Ed appreciates working with you and spending time with the members of your community. If you would like resources, are interested in virtual or in-person workshops, or have other ideas for collaboration, please reach out to us at nutrition@etal.uri.edu or 1-877-366-3874.

This newsletter provides a snapshot of our work in the community from **July to September 2024.**

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Have an idea?

Always ask! We love collaborating with our community partners on food and nutrition initiatives that fit their needs. Please email us at nutrition@etal.uri.edu or call 1-877-366-3874.

Follow us on our social media platforms for updates on programs, recipe ideas, and tips to share!



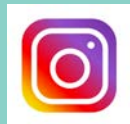
uri.edu/snaped



Community Nutrition
Education RI



RISNPed



URI_Nutrition_Ed



URI Nutrition

Our Reach to Rhode Islanders

81 programs for:

- 284 SNAP-Ed eligible children and adults who interacted through in-person, virtual series, or one-time workshops
- 1,330 SNAP-Ed eligible adults who received SNAP-Ed resources through table events
- 77 professionals that work with the SNAP-Ed population (professional development training)

30 policy, system and environment (PSE) engagements with 16 community partners

105,584 impressions, reach or views via social media and 16,914 website pageviews

Where to Find Us...

During the summer programming season, you could find SNAP-Ed at these sites:

YOUTH PLAYING

K-12 SCHOOLS

COMMUNITY/ RECREATION CENTERS



SUMMER MEAL SITES

VIRTUAL PROGRAMS

HEALTH CARE CLINIC/HOSPITAL

HOUSING SITES

ADULTS GATHERING



ACCESSING FOOD

FARMERS' MARKETS



ADULT EDUCATION & JOB TRAINING

FOOD PANTRIES

CONGREGATE MEAL/SENIOR SITES

Summer Activities

The majority of SNAP-Ed summer programming occurs at youth summer camps and farmers' markets. Youth at camps play hands-on, interactive games to learn about healthy eating and sample SNAP-Ed recipes. Farmers' market patrons access produce preparation sheets, recipes, and other resources that focus on fruits and vegetables sold at the market.

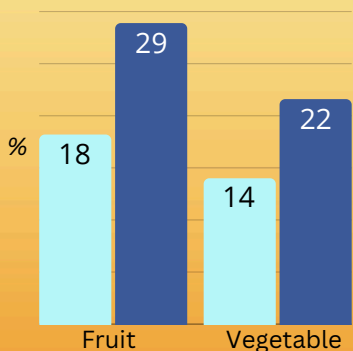


YOUTH SUMMER CAMPS

158 youth in grades K-5

4-5 week series

4 sites in Providence and Woonsocket



By the end of the series, **29%** of the youth said they ate more than one kind of **fruit every day** and **22%** said they ate more than one kind of **vegetable every day**



To learn more about our patrons, we ask a few questions while at the market.

Top produce they want to know how to prepare



Eggplant



Zucchini



Okra



Find our Fruit and Veggie Prep sheets here!

Top produce they want recipes for



Eggplant



Zucchini



Apricot



Search by ingredient on our website!

FARMERS' MARKETS

774 patrons

11 sites throughout the state

“ I love coming to see you guys here! I remember last summer you guys did this Moroccan [eggplant] sauce, I'm still making that right now. It's definitely one of my favorites from you guys. I use it all the time for my family. ”
 ~Woonsocket Farmers' Market patron

Policy, Systems, and Environment (PSE) Highlight

PSE strategies complement SNAP-Ed direct nutrition education. PSE strategies aim to help encourage healthy habits.



Provided Produce Prep Sheets to Hope's Harvest to accompany gleaned produce to food pantries and community sites.



Created a bulletin board on proper storage information of fruits and vegetables for a food pantry



Worked with a food pantry to create a Nutrition Policy Guide

Professional Development Training

Train-the-trainer sessions help community partners extend healthy eating messages and shape the environments where SNAP-Ed participants live, learn, work, and play. Six trainings were offered to a wide variety of community partner members including:

- 68 early childhood educators
- 4 summer meals site counselors
- 5 food pantry staff

“[The nutrition manager] said everyone learned so much at the PD. One volunteer said ‘I had no idea canned foods were so healthy!’” ~SNAP-Ed manager sharing food pantry feedback

Social Marketing

Have you seen our social marketing campaign around the state? The **Add a Fruit or Veggie You Love to Your Day!** campaign encourages SNAP-eligible adults and families to enjoy favorite and cultural foods as part of a healthy diet.



Photoshoot with RI families



Bus advertisement



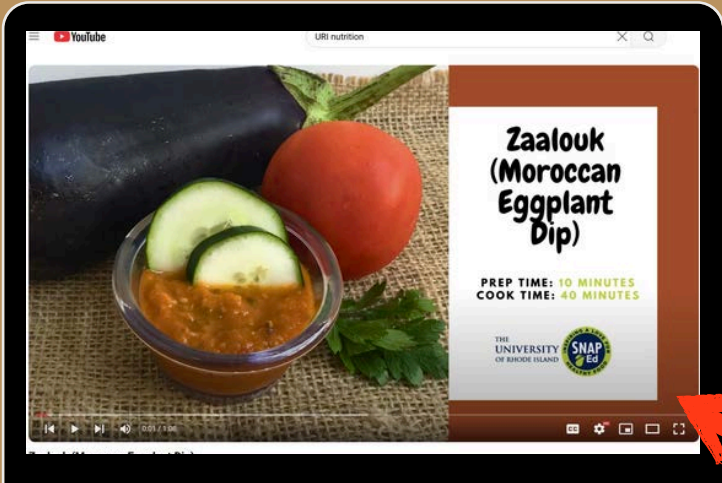
Mailed campaign material

Social Media and Website Efforts

Social media efforts include the creation of original content, continued engagement with participants, and sharing of community resources across multiple platforms to expand our reach to Rhode Islanders.

Our website features recipes you can search by ingredient, handouts you can search by topic, and other information you may find useful!

web.uri.edu/community-nutrition/snaped/



-  Instagram (16 posts)
URI_Nutrition_Ed
-  Facebook (16 posts)
Community Nutrition Education RI
-  Twitter (4 tweets)
RISNPED
-  YouTube (14 new uploads)
URI Nutrition