Weekly Eyewash Flush Log

| Building: _ | Room Number: | |
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| Date | Initials | Date | Initials | | Date | Initials | Date | Initials |
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Once completely filled out, please keep on file for 30 days, then it may be thrown away.

SAVE YOUR SIGHT WITH PROPER EYEWASH STATION USE

If a chemical splashes in your eyes, will you know what to do?

Go immediately to the closest eyewash station. If possible, yell for help so that another employee can help you walk safely and quickly to the eyewash station. The first 10 to 15 seconds after exposure are critical!

10-15 SECONDS



Activate the eyewash station.

Flush your eyes continuously for a full 15 minutes while keeping your eyes open with your fingers. Roll your eyes in all directions to flush every area of the eye.





If you wear contact lenses, begin flushing over the lens immediately. Do NOT delay flushing to remove your lenses. Remove the lenses once flushing has begun so the chemical is not trapped in your eyes.

After flushing, seek immediate medical attention.

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