

# Digital Companion for Obesity

**Novo Nordisk's Foray Into Portable Health  
Technology**

## Technical Directors



**John Canevari**  
Associate Director  
Digital  
Transformation &  
Innovation



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IT Architect Technology  
Innovation &  
Architecture



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Srivastava**  
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IT Business  
Applications ML/AI



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Transformation &  
Innovation



**Shabana Motlani**  
Associate Director of  
Scientific Analytics

# ELECOMP Capstone Designers



**Afolabi Abayomi**  
Computer Engineer

**Justin Watkins**  
Electrical Engineer  
Computer Engineer  
Computer Science  
Applied Math

**Dayla Olivo**  
Electrical Engineer

**Connor Vincent**  
Electrical Engineer

**Yashaswini Mandalam**  
Computer Engineer

# Company Overview

- Founded 1923 Denmark
- Insulin Production
- Research and Development
- Chronic Illnesses
  - Obesity
  - Diabetes
  - Alzheimer's
  - Sickle Cell Disease



# Project Motivation

- Worldwide Obesity Epidemic
  - US Obesity Rate: 41.9 %
  - Global Obesity Rate: 39 %
- Few Treatment tools
- Depression and Social Isolation
- Comorbidities

## Anticipated Best Outcomes (ABOs)

- iOS Application
- Compact Smartwatch with a Custom Sensor Array
- Machine Learning Models
- Personalized and Seamless Engagement

# ABO Accomplished

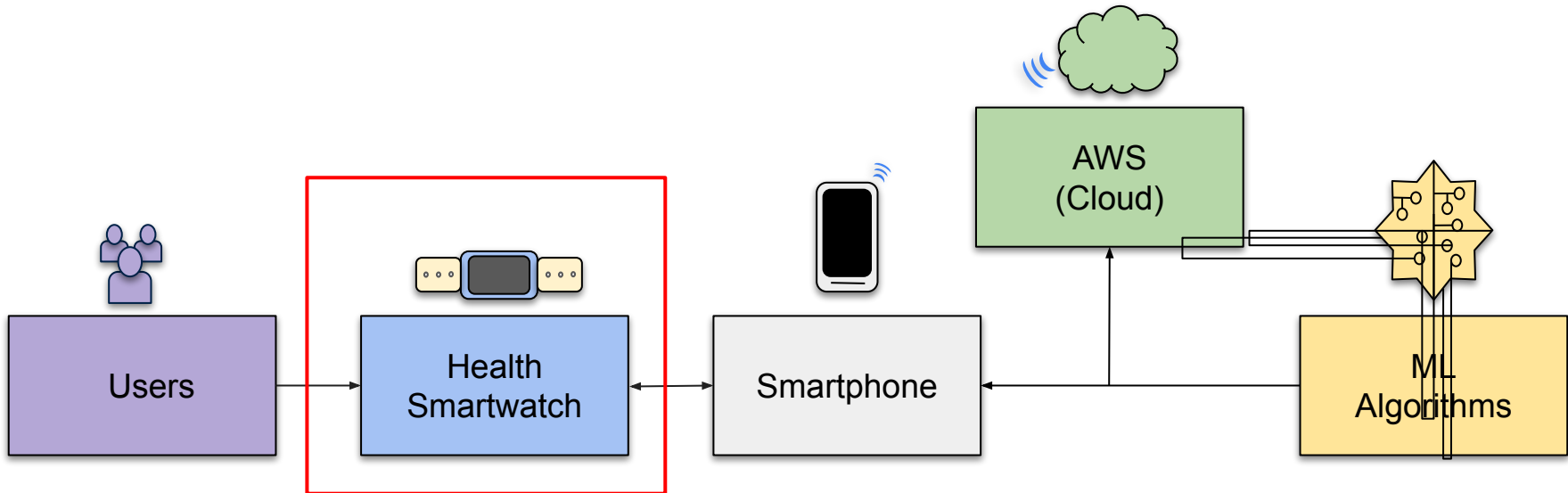
- ABO Achieved.
- Personalized disease-state related outputs generated from digital companion
  - Custom hardware with health sensor array
  - IOS application to engage with user
  - Engagement personalized towards user
  - Utilize machine learning models to actively adapt

## Technical Accomplishments

- Established the Semantic Feature Extraction Library (SFEL) Initial Models
- Data Pipeline Begun
- Frontend Design and Implementation
- Health Sensor Research and Testing
- Adaptable Testing Hardware
- Foundational Training for Large Life Contextual Description Model (LLCDM)



# Project Block Diagram

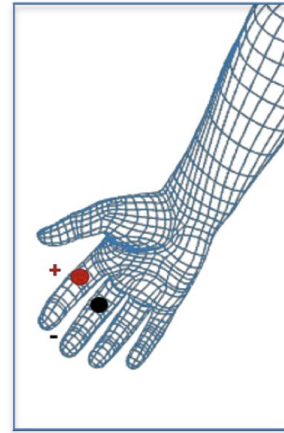


# Designer 1: Connor Vincent

- Prototype Hardware Design
  - Board Schematics
  - PCB Layout
- Product Assembly
- Sensor Research and Selection
- Sensor Testing

# Biometric Sensors

- Heart Rate Sensor
- Heart Rate Variability
- EMG - Electromyography
- ECG - Electrocardiogram
- EDA - Electrodermal Activity
- Temperature Sensor

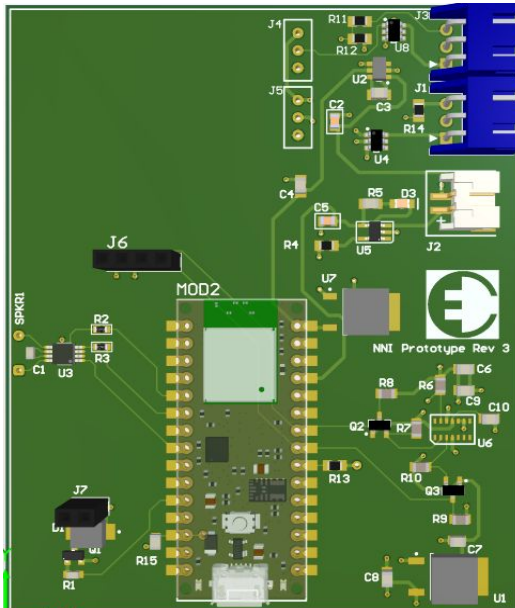


EDA Placement

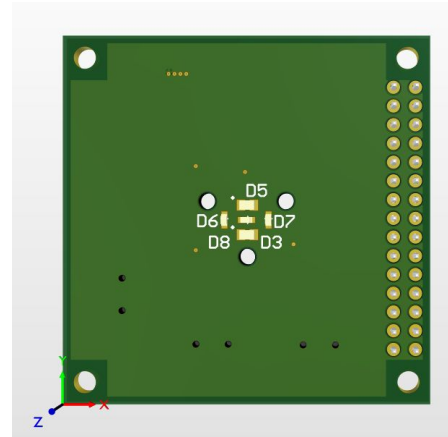


ECG Sensor Leads

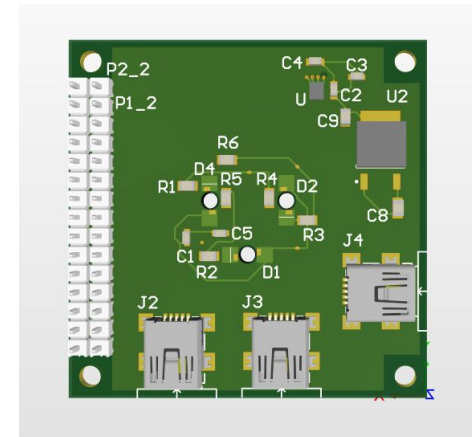
# Prototype Revisions



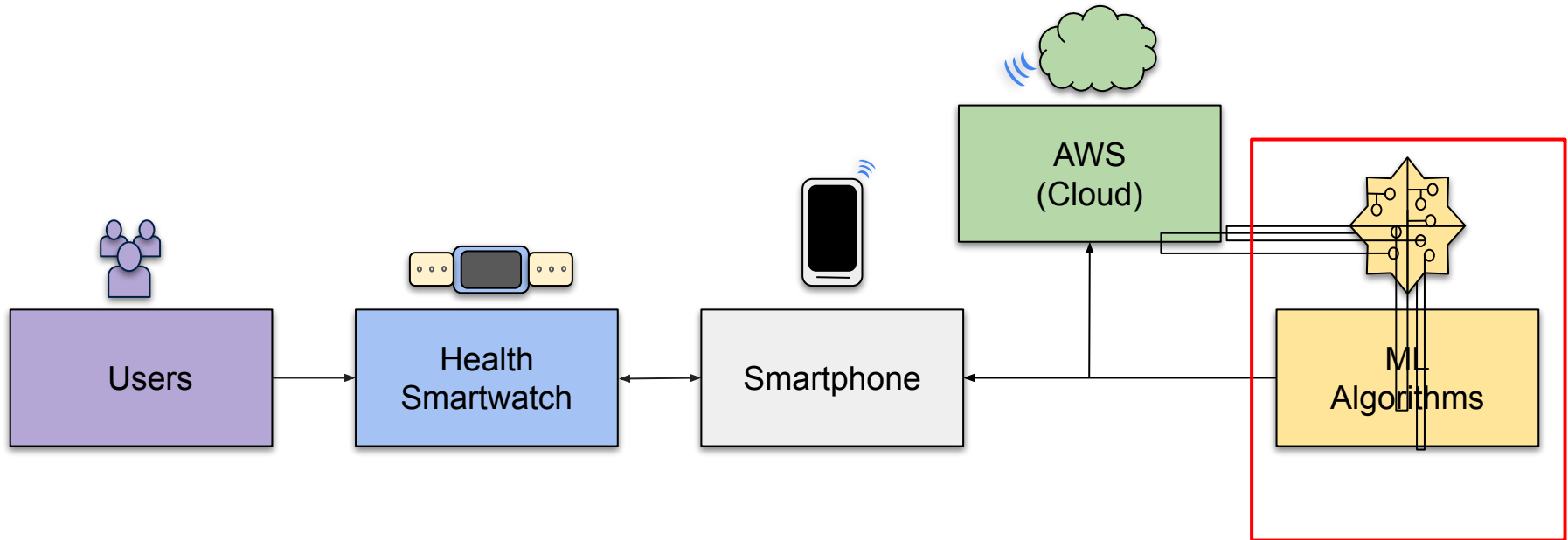
Revision 3



Revision 4



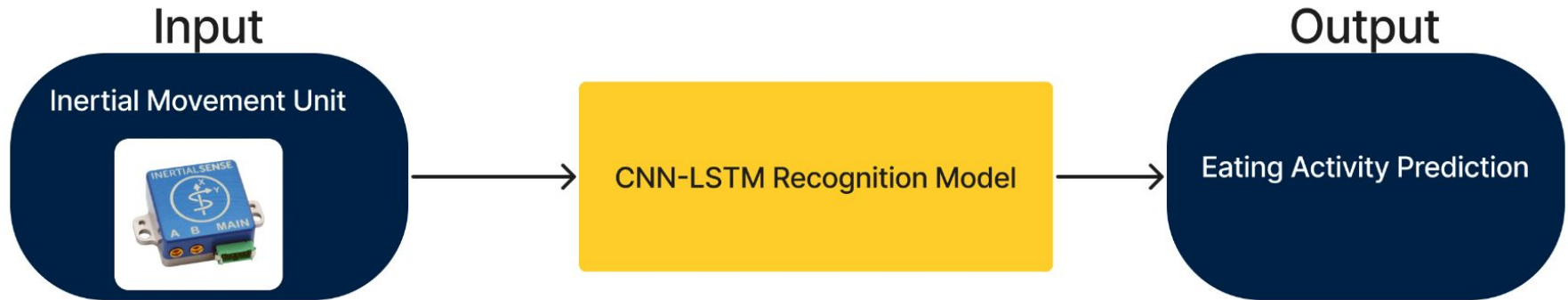
# Project Block Diagram



## Designer 2: Yashaswini Mandalam

- Models
  - Activity Recognition
  - Stress Regression
  - Emotion Recognition
- Embedded Systems

# Activity Recognition



# Stress Regression

Input

Temperature, Heart rate, EDA



Stress Regression

Output

Stress Level Prediction

0.0 - 0.4 : Low

0.4 - 0.7 : Med

>0.7 : High



# Emotion Recognition

Input

Audio

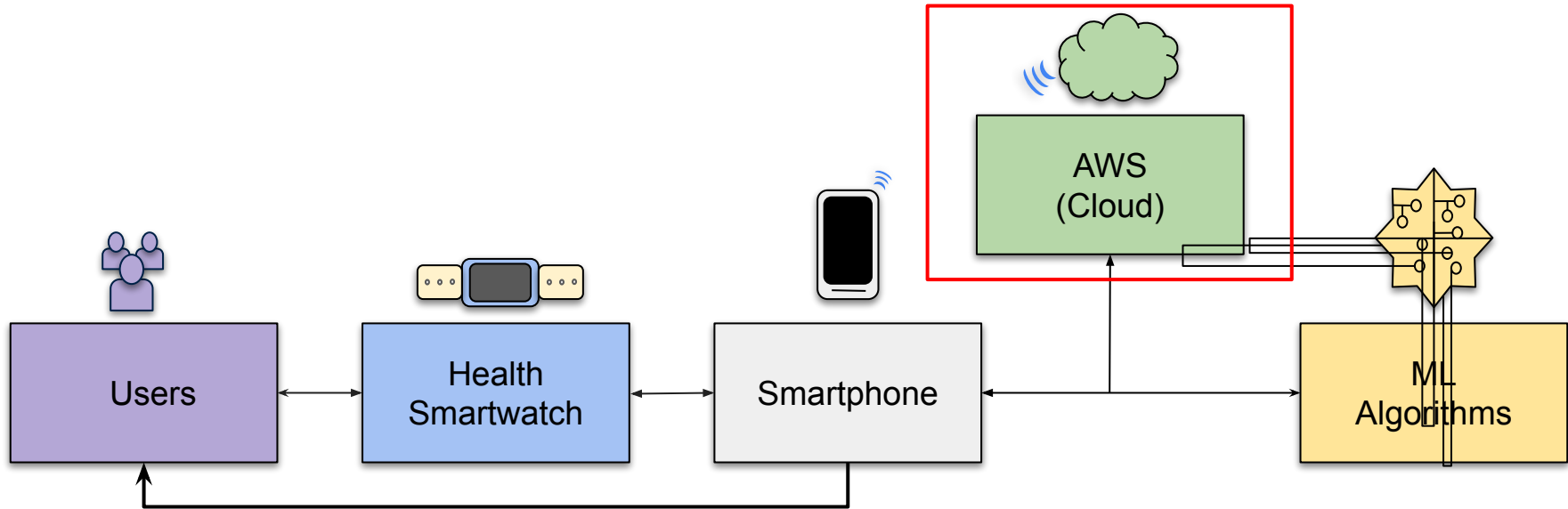


CNN Emotion Recognition Model

Output

Emotion Prediction

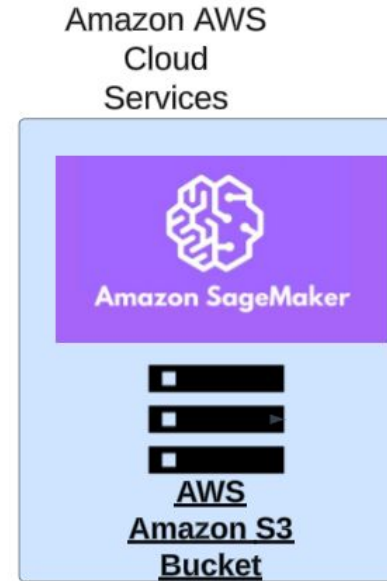
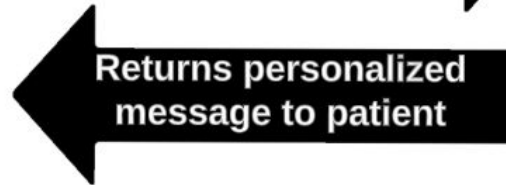
Neutral, Happy  
Sad, Angry  
Fearful, Disgusted  
Surprised



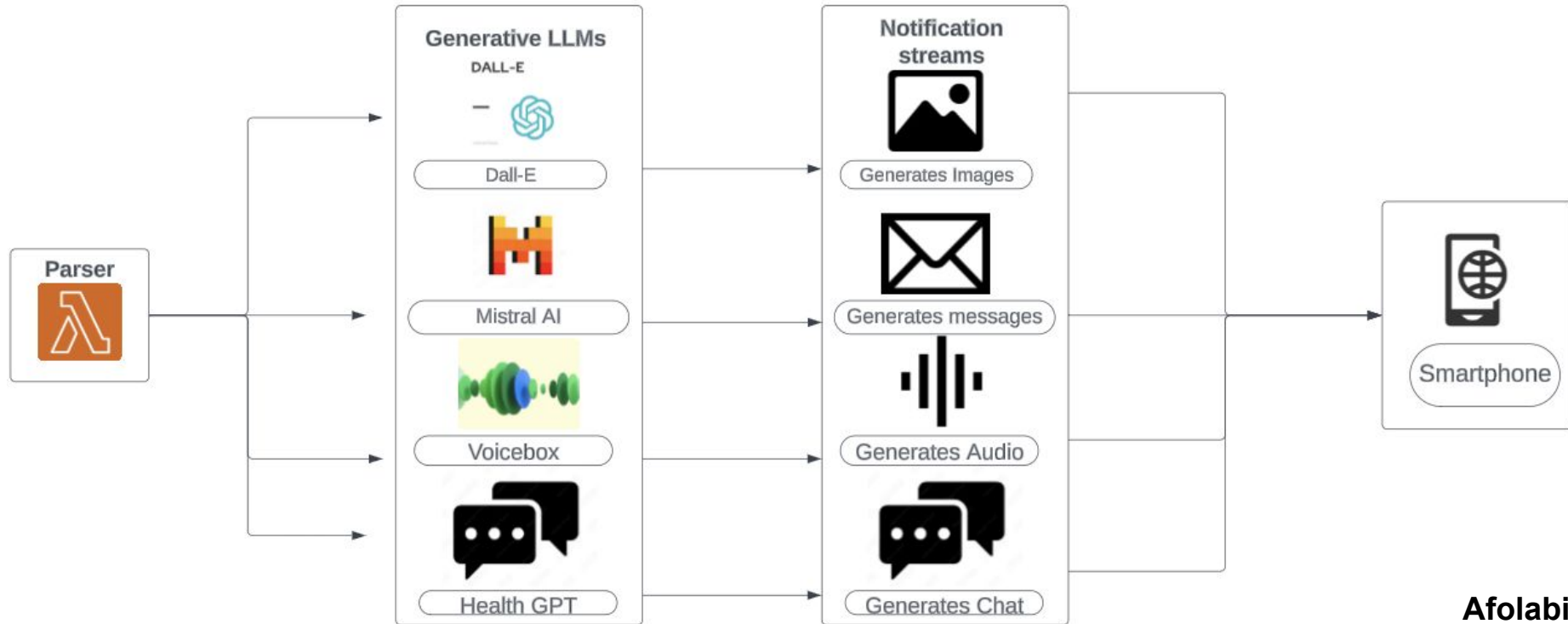
## Designer 3: Afolabi Abayomi

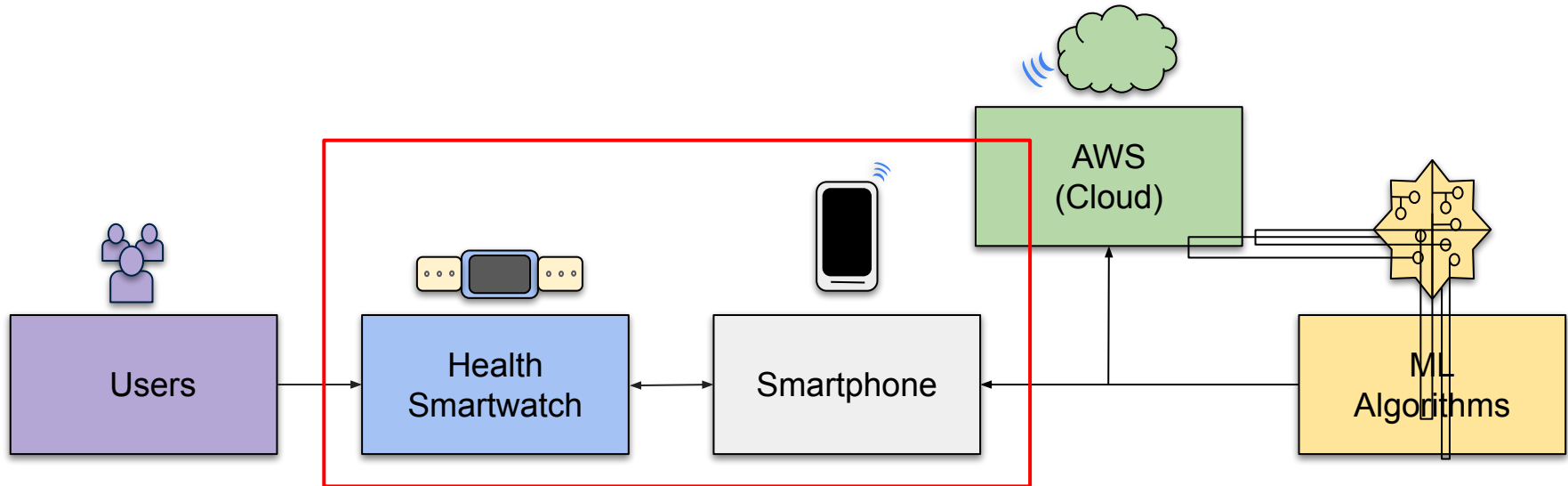
- AWS Cloud storage deployment
- Flutter fire deployment
- Video datasets capture.
- AWS Backend





# Generative Models for Platform Engagement (GMPE)





## Designer 4: Dayla Olivo

### *Hardware*

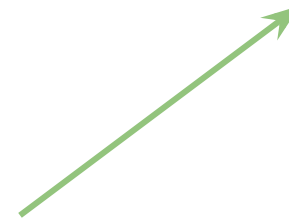
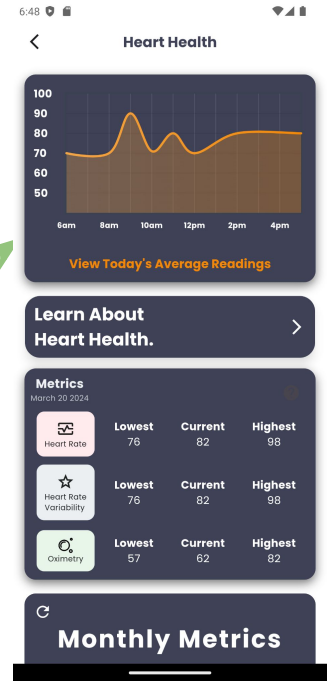
- Schematic Reviews
- Layout Design
  - Revs 1-3.



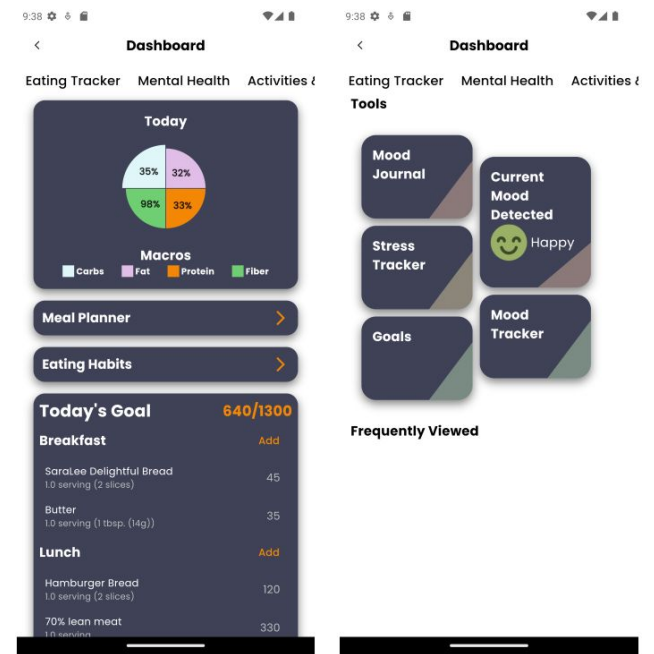
### *iOS App*

- Frontend Design and Implementation

# UI: Dashboard



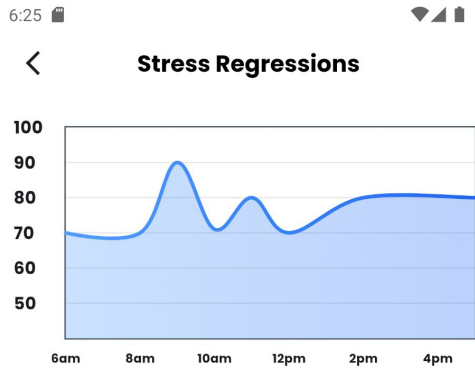
Heart Rate Graph



Picture of Application Dashboard

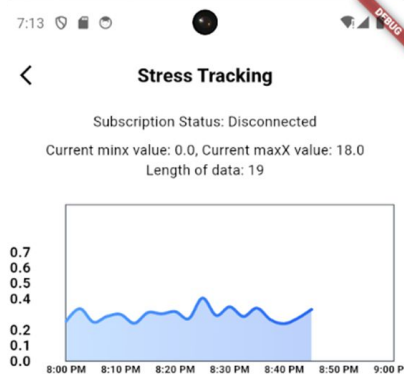


# UI: Real-Time Data Displayed

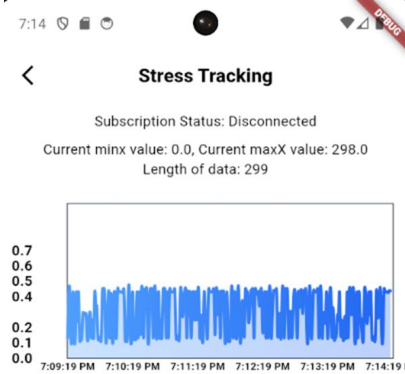


[View Today's Average Readings](#)

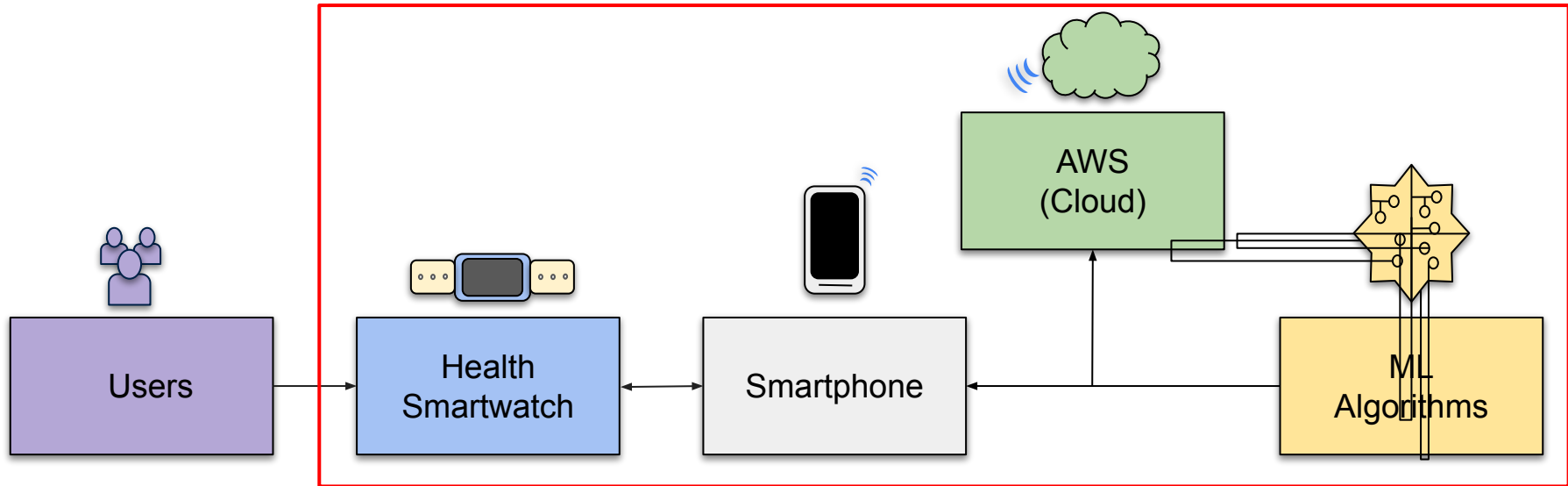
Mockup Data



Real Data



In Intervals



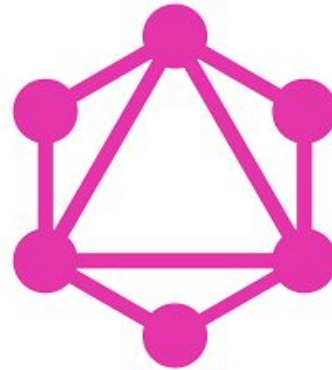
## Designer 5: Justin Watkins

- AWS Backend
- Flutter Application Backend
- Embedded Systems
- Prototype Implementation, Sensor Experimentation, Sensor Data Processing
- Large Life Contextual Description Model Training

## Backend and Bluetooth



flutter\_reactive\_ble  
flutter\_riverpod



GraphQL API  
AWS Amplify



Amazon DynamoDB

Kinesis Data Stream  
Lambda Functions  
Sagemaker Endpoints

# The Embedded System



Extensive Sensor  
Libraries Utilized

Quick Prototyping and  
Ease of Integration



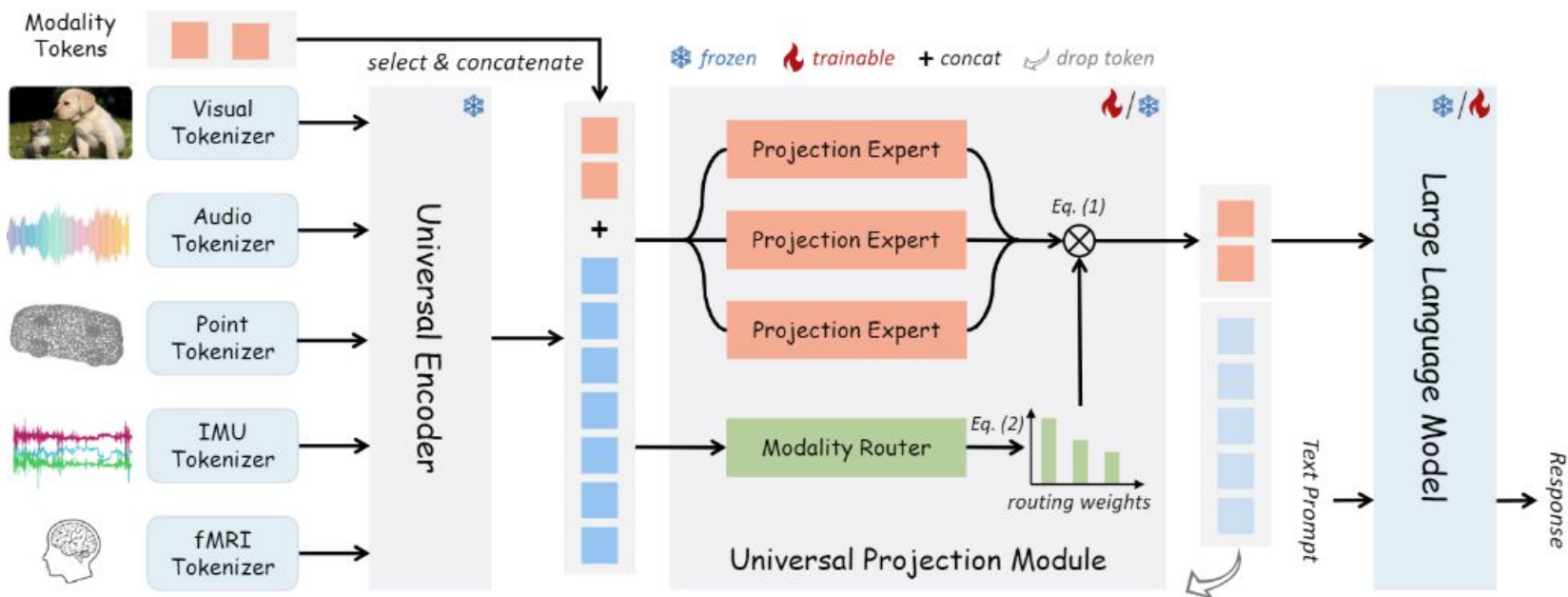
Multi-threading  
Support

Direct Integration with  
ESP32-S3



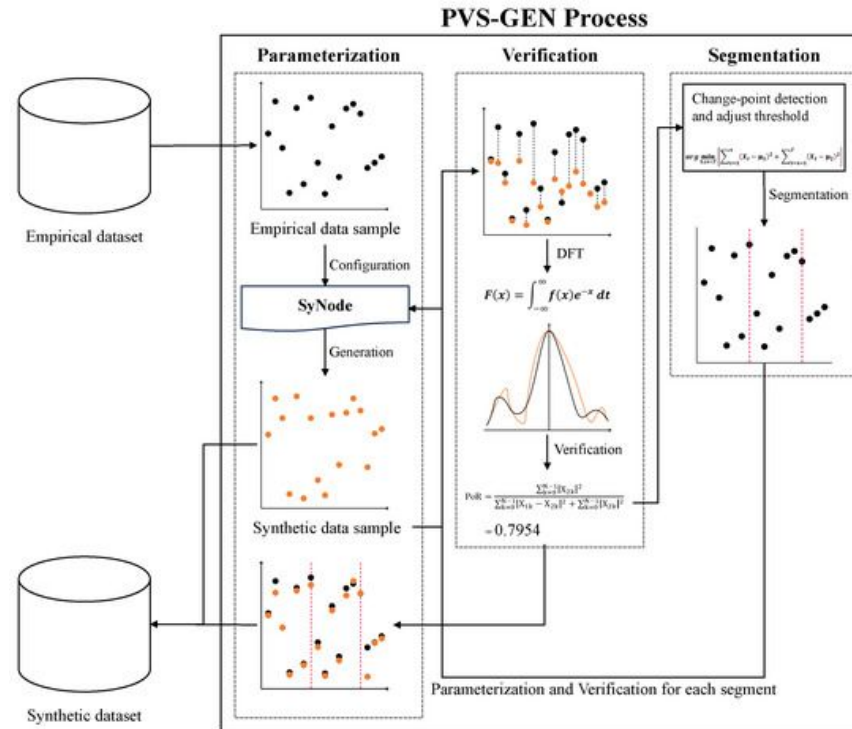
Extensive Libraries  
and Firmware to  
Utilize for User  
Interaction

# OneLLM-Multimodal Large Language Model



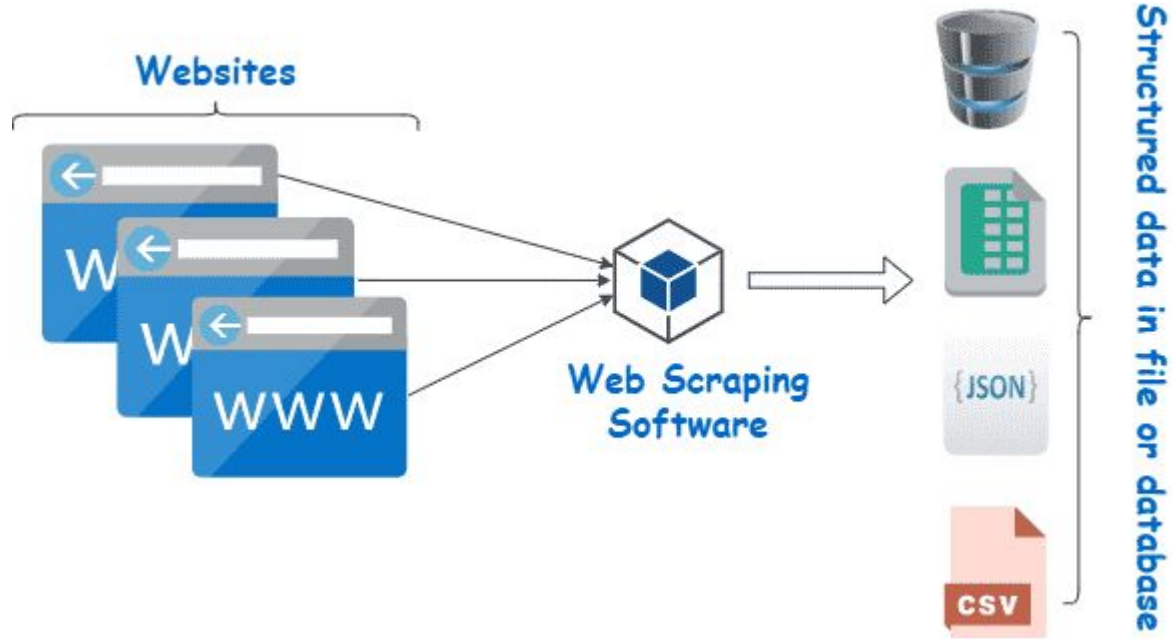
# Dataset Generation

- PVS-GEN Methodology: Automates synthetic data generation with minimal human input.
- Performance Advantage: Surpasses existing methods with up to 37.1% better data similarity.
- Scalable Automation: Efficiently handles diverse time-series data types.



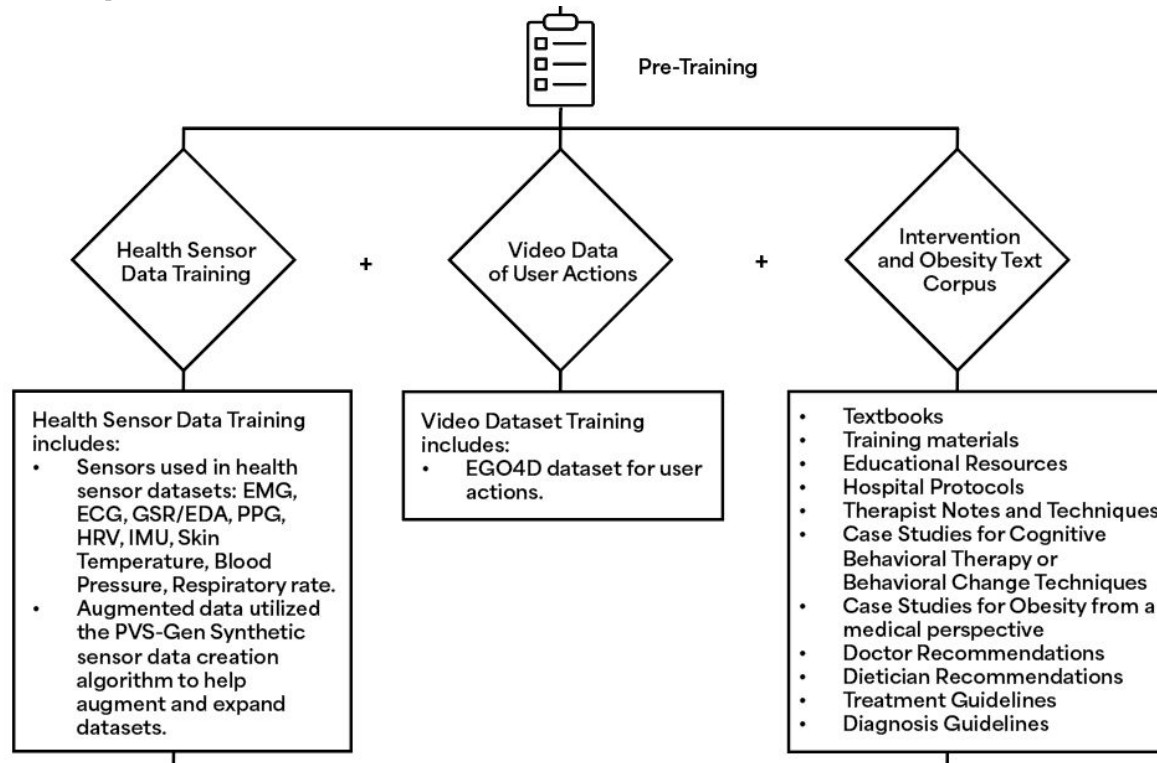


# Dataset Generation

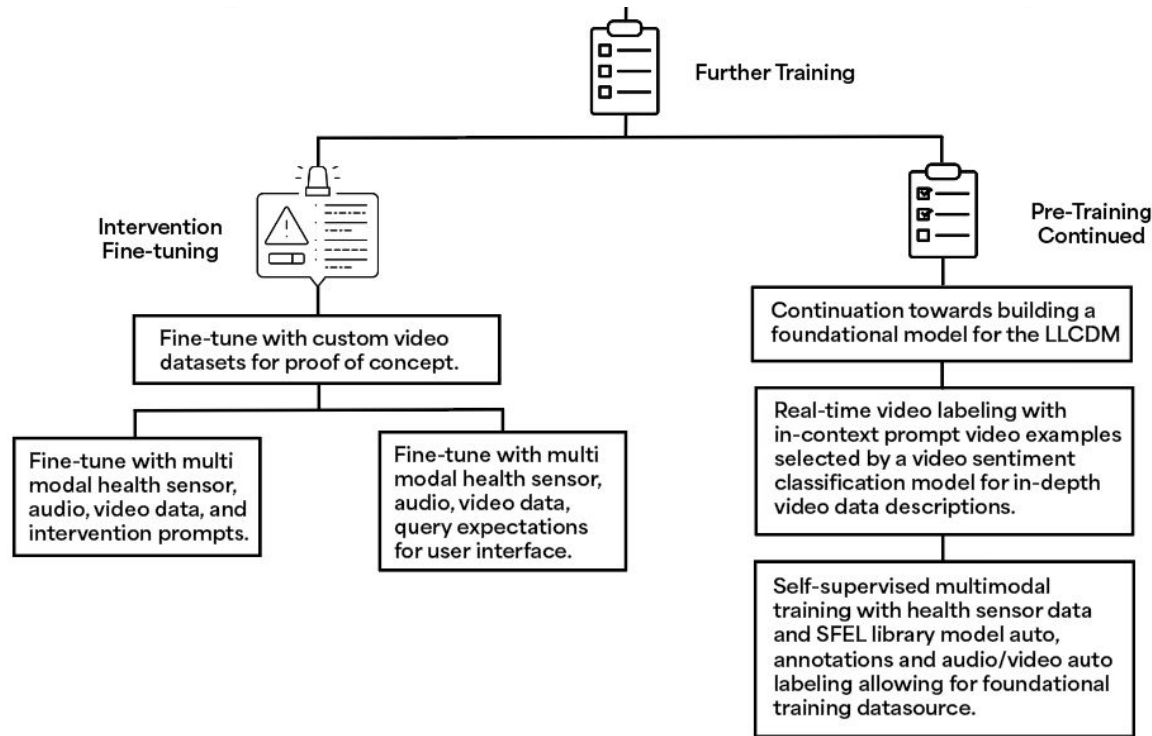




# Training Sequence



# Future Training Sequence



## Project Future

- Expansion and Refinement of Hardware
- Expansion of the SFEL
- Foundational Training Continued for the LLCDM
- Optimization of Backend
- Application Expansion
- Further Fine-tuning for the LLCDM

# Acknowledgement

## **Technical Directors at Novo Nordisk:**

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Mike Smith, Brenden Smerbeck

## **ELECOMP Capstone Director:**

Dr. Harish Sunak