

UNIVERSITY OF RHODE ISLAND FREE FARMERS MARKET

9-Week University Farm Food Reallocation Program



PROGRAM DESCRIPTION

The **Free Farmers Market** was a collaborative program between *URI Health Services, Colleges of Health Sciences and Nursing*, and other campus groups, that mobilized student volunteers to glean and distribute excess produce from campus farms to the university community.

Program Reach

Estimated community members reached **>1,400**

Pounds of produce distributed **> 5,000**

Number of volunteers **> 40**

Number of students screened for Food Insecurity **> 800**

Free Farmers Market Participants

Surveys were administered at each of the last 6 weeks of the Free Farmers Market

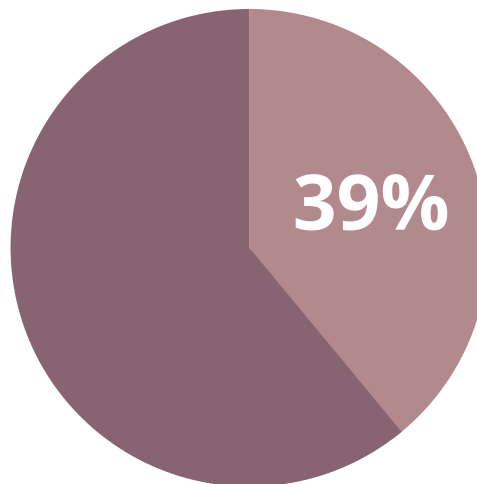


Undergraduate students 88%

non-White students 17%

Identified as a woman 80%

Low-income students 12%



Thirty-nine percent of Free Farmers Market participants screened positive for Food Insecurity.

Nutrients of Public Health Concern		Servings
Dietary Fiber	44,000 g	1,500 x 100% DV
Potassium	430,000 mg	900 x 100% DV
Vitamin D	24,000 IUs	31 x 100% DV
Iron	9,500 mg	500 x 100% DV

Nutrition Facts

10,000 total servings of produce distributed

Total produce distributed in
Pounds **5,000**

With over **5,000 total pounds of fruits and vegetables** gleaned from campus-based farms, an estimated **10,000 total servings of produce** were distributed to University of Rhode Island students.

It is estimated that through collaborative efforts, **44,000 grams of Dietary Fiber** (equivalent to 1,500 100% DVs), **430,000 mg of Potassium** (equivalent to 900 100% DVs), **24,000 IUs of Vitamin D** (equivalent to 31 100% DVs), and **9,500 mg of Iron** (equivalent to 500 100% DVs), were diverted from farm-level food loss/waste