We are thrilled to welcome you to the University of Rhode Island (URI). Recent developments have been very challenging as a result of the COVID-19 pandemic, and we want to say “Thank you” for your patience and perseverance. Studying here at URI is a journey that will prepare you for working, solving problems, and thriving in an increasingly interconnected and interdependent world. We are here to support you.

This informational booklet offers important immigration and acculturation material to help you settle into your new life and explore the many resources URI offers to facilitate your success. We look forward to meeting you and assisting you throughout your stay here in Rhode Island.

Welcome from all of us at the International Center and URI Global!

Dr. Gifty Ako-Adounvo
Abigail Borchert
Mayerlis Bouvier
Michelle Carrara
Melissa Dejesus

Michael Foster
Richard Bowen Gillie
Dr. Tom Hospod
Shelley O'Connor

Alyssa Poey
Cherie Rowe
Piotr Scuza
Nancy Stricklin
Dr. Kelly Watts
Welcome to URI! We are so excited to get to know you during your time here. Please don't ever hesitate to reach out if you need help, have a question or just want a friend. We can help you adjust to your classes, navigate around campus or find some Rhody-style fun! Anything we can't assist you with, we promise to help connect you with someone who can. Don't be shy if you see us around, we'd love to say hi :)

Daniela Acarapi Mendoza
EMAIL: DANIELA_ACARAPI@MY.URI.EDU

Wajiha Alam
EMAIL: WAJIHA@MY.URI.EDU

Osama Alashwal
MAJOR: GLOBAL BUSINESS
FROM: YEMEN
STUDIED IN: UNITED ARAB EMIRATES
EMAIL: OSAMA_ALASHWAL@MY.URI.EDU

Adelaide Brown
EMAIL: ADELAIDE_BROWN@MY.URI.EDU

Allison Cardillo
MAJOR: GLOBAL BUSINESS MANAGEMENT
(PUBLIC RELATIONS)
STUDIED IN: ITALY
EMAIL: ALLISONCARDILLO@GMAIL.COM

Alexis Charpentier
MAJOR: ELECTRICAL ENGINEERING & SPANISH
STUDIED IN: SPAIN
EMAIL: ACHARPENTIER20@MY.URI.EDU

Nina Choquette
MAJOR: OCEAN ENGINEERING & FRENCH, IEP
STUDIED IN: FRANCE
EMAIL: CHOQUETTENM@MY.URI.EDU

Kira Colvin
MAJOR: CELL AND MOLECULAR BIOLOGY
STUDIED IN: ENGLAND AND GERMANY
EMAIL: KIRA_COLVIN@MY.URI.EDU

Tyler Comeau
MAJOR: MECHANICAL ENGINEERING
STUDIED IN: GERMANY
EMAIL: TYLER_COMEAU@MY.URI.EDU

Shanice Cranston
MAJOR: PUBLIC RELATIONS
STUDIED IN: AUSTRALIA
EMAIL: SCRANSTON@MY.URI.EDU

Abbegail DeSista
MAJOR: COMMUNICATIONS STUDIES
STUDIED IN: ITALY
EMAIL: ADESISTA@MY.URI.EDU

Brain DuBois
MAJOR: MECHANICAL ENGINEERING & ITLALIAN
STUDIED IN: ITALY
EMAIL: BDUBOIS2885@MY.URI.EDU

Katie Finneran
EMAIL: KATIEFINNERAN@MY.URI.EDU

Meghan Greene
EMAIL: MLGREEN@MY.URI.EDU

Haidar Halloway
MAJOR: INTERNATIONAL BUSINESS & ARABIC STUDIES
STUDIED IN: JORDAN
EMAIL: HALLOWAYH@MY.URI.EDU

Julia Herberger
MAJOR: PSYCHOLOGY & POLITICAL SCIENCE
STUDIED IN: ARGENTINA & SINGAPORE
EMAIL: JULIA_HERBERGER@MY.URI.EDU
We can't wait to meet you!

Madeline Jex  
MAJOR: PSYCHOLOGY & HUMAN DEVELOPMENT AND FAMILY STUDIES  
STUDIED IN: JAPAN, VIETNAM, MAURITIUS & SOUTH AFRICA  
EMAIL: MADELINE_JEX@MY.URI.EDU

Jeffrey Kimmerlein  
EMAIL: JKIMMERLEIN@MY.URI.EDU

Johanna Leffler  
MAJOR: INTERNATIONAL STUDIES & FRENCH (POLITICAL STUDIES)  
STUDIED IN: FRANCE  
EMAIL: JOHANNA_LEFFLER@MY.URI.EDU

Simon Metcalfe  
EMAIL: SIMON_METCALFE@MY.URI.EDU

Thao Ngoc  
MAJOR: BIOMEDICAL ENGINEERING  
FROM: VIETNAM  
EMAIL: NGUYEN_PHAM@MY.URI.EDU

Nghia Nguyen  
EMAIL: NNGUYEN2000@MY.URI.EDU

Madison Sanders  
MAJOR: OCEAN ENGINEERING & FRENCH, IEP (MATHEMATICS)  
STUDIED IN: FRANCE  
EMAIL: MADISONRAINE18@MY.URI.EDU

Milan Toljan  
EMAIL: MILAN_TOJAN@MY.URI.EDU

Panda Touch  
MAJOR: BIOLOGICAL SCIENCES & ANIMAL SCIENCES AND TECHNOLOGY  
STUDIED IN: JAPAN  
EMAIL: SOPANHA_TOUCH@MY.URI.EDU

Isabelle Ury  
MAJOR: FINANCE, SPANISH & INTERNATIONAL STUDIES  
STUDIED IN: SPAIN  
EMAIL: ISABELLE_URY@MY.URI.EDU

Mikaela Vento  
EMAIL: MIKAELA_VENTO@MY.URI.EDU

Charlotte Vitale  
MAJOR: KINESIOLOGY (SPANISH & BIOLOGY)  
STUDIED IN: HAWAII, U.S.  
EMAIL: CBVITALE@MY.URI.EDU

Tony Wang  
EMAIL: HUAYU_WANG@MY.URI.EDU

Crystal Yoon  
EMAIL: SUJEONG_YOON@MY.URI.EDU

Kelsey Young  
MAJOR: TEXTILES, MERCHANDISING AND DESIGN & PUBLIC RELATIONS  
STUDIED IN: AUSTRALIA  
EMAIL: KELSEY_YOUNG@URI.EDU
SAFETY INFORMATION FOR INCOMING STUDENTS

SIGN UP FOR URI EMERGENCY ALERTS

All students are strongly encouraged to sign up for the URI Emergency Alert System. This system is used to communicate information about emergencies on campus. This system is also used to inform you of class cancellations due to weather.

Students can sign up to receive URI Emergency Alerts through their e-campus account or by visiting https://www.getrave.com/login/uri.

Other methods of communication are used during an emergency to notify students which include the emergency blue light phones, the URI website, and URI official social media accounts. Always follow directions from emergency responders and University officials.

PERSONAL SAFETY TIPS

- Call our Safe Ride Program after dark if you feel uncomfortable walking alone at night.
- Be aware of your surroundings. If you see something that feels off, report it to the campus police. This is your community too!
- Use the buddy system and be an active bystander when out with friends. Look out for each other. Don’t leave drinks unattended.
- Familiarize yourself with fire/evacuation routes in your classrooms and residence halls and the fire alarm pull stations.
- Do not leave your room unlocked or open when you are not present. Don’t allow people you don’t know into the residence halls.
- Do not leave valuables unattended at the library or other public areas on campus.

EMERGENCY PROTECTIVE ACTIONS

Please watch our emergency preparedness video that can be found at http://web.uri.edu/emergency/. This video explains the terms used in emergency alerts during an emergency to inform or instruct the community on how to respond. These terms include:

- Lockdown: Immediately lock all doors, stay away from windows and doors, and stay in that location until notification is received that the lockdown order has been lifted.
- Shelter-in-place: Individuals should go indoors, close all windows and doors and stay inside until the order has been lifted.
- Evacuate: This directive will be issued through the URI Emergency Alert when it becomes necessary to vacate a building or area of the campus. Do not reenter the area once this order has been issued. Do not use elevators.

visit web.uri.edu/publicsafety for more information

THE UNIVERSITY OF RHODE ISLAND
DEPARTMENT OF PUBLIC SAFETY
44 Lower College Road
Kingston, RI 02881
Important Contacts

Welcome Week Contacts

**National Student Exchange, Coordinator**
Cherie Rowe | cherie_rowe@uri.edu | (401) 874-2294

**International Education, Advisor**
Michael Foster | mwfoster@uri.edu | (401) 874-2958

**International Admission Counselor**
Richard Bowen Gillie | rgillie@uri.edu | (401) 874-2354

**ZUEL Coordinator**
Shili Shen | slshen@uri.edu | (401) 874-5105

**German and Chinese IEP, Director**
Dr. Sigrid Berka | sberka@uri.edu | (401) 874-4700

**MBA Programs, Coordinator**
Lisa Lancellota | llancellotta@uri.edu | (401) 874-4241

**Graduate College**
Main Office | urigrad@etal.uri.edu | (401) 874-2262

**Immigration Services, Assistant Director**
Melissa DeJesus | mdejesus@uri.edu | (401) 874-2395

**International Student Services Advisor**
Abigail Borchert | aborchert@uri.edu | (401) 874-5114

**International Student Programs, Coordinator**
Shelley O'Connor | swoconnor@uri.edu | (401) 874-5546

Emergency and Other Contacts

**All Students**
Kelly Watts | kwatts@uri.edu | (401) 874-2019
Shelley O'Connor | swoconnor@uri.edu | (401) 874-5546

**Campus Police and Immigration Emergencies**
(401) 874-2121

**Housing and Residential Life (HRL)**
customerservice@housing.uri.edu | (401) 874-4151

**Rachel's Big City Taxi Transportation**
rbctransportation@gmail.com | (401) 219-9187
Make sure to follow us for virtual events, to get to know your peer ambassadors and more!

@uri_intl
Connecting to the Network

Laptops, Phones & Tablets

1. Connect to "URI_Open" network.
2. Open a browser.
4. Select "Student | Staff | Faculty".
5. Follow the instructions and install the needed certificates as indicated.
6. Connect to "URI_Secure" network.
7. Use your eCampus username when prompted and then enter your Single Sign on (SSO) password.

Gaming & Media Devices

1. Connect to "URI_Open" network.
2. Open a browser.
4. Select "Register a Device".
5. Use your eCampus username as "username" and SSO as "password" to log in.
6. Click "Create Device" and fill out the form. The MAC address of the device will be needed. See your device manual to find the MAC address location.

For additional help, please call URI Computing and Networking Service Desk (401) 874-4357 and select option 1.
Coronavirus Disease 2019 (COVID-19): 10 Tips for At-Home Quarantine or Self-Monitoring

If you have been directed to quarantine or self-monitor at home because of possible COVID-19 contact:

1. **Stay home** from work, school, and away from public places. If you must go out, avoid using public transportation, ridesharing, or taxis.

2. **Monitor for symptoms** and take your temperature twice daily. If you develop symptoms or a fever, then call your healthcare provider immediately.

3. **Get rest, stay hydrated, and exercise** if possible. If you are able to exercise, do so in your home or yard. Avoid the gym or other locations where you may come into contact with others.

4. **If you have a medical appointment,** call the healthcare provider ahead of time and tell them that you have been exposed to COVID-19.

5. **For medical emergencies,** call 911 and notify the dispatch personnel that you have been exposed to COVID-19.

6. **Take everyday actions** to prevent the spread of germs.
   - Clean your hands often with soap and water for at least 20 seconds or an alcohol-based hand sanitizer that contains at least 60% alcohol.
   - Cover your cough/sneeze.
   - Avoid touching your eyes, nose, and mouth.

7. As much as possible, **stay in a specific room and away from other people** and pets in your home. Use a separate bathroom, if available.

8. **Avoid sharing personal items** with other people in your household, like dishes, towels, and bedding.

9. **Clean all surfaces** that are touched often, like counters, tabletops, and doorknobs. Use household cleaning sprays or wipes according to the label instructions.

10. **Make the best of your time at home** by teleworking if you're able or catching up on reading, exercising, or other hobbies.

By executive order of Rhode Island Gov. Gina Raimondo, anyone entering Rhode Island for a non-work-related purpose from a location with a high community spread rate (see list maintained by the Rhode Island Department of Health (RIDOH) at [www.health.ri.gov/covid](http://www.health.ri.gov/covid)) must immediately self-quarantine for 14 days or until they receive a negative COVID-19 test. Upon arrival in Rhode Island, please complete a brief survey for RIDOH at [www.health.ri.gov/oos-covid](http://www.health.ri.gov/oos-covid).

For more information, contact the Rhode Island Department of Health at 401-222-8022, email RIDOH.COVID19Questions@health.ri.gov, or visit [health.ri.gov/covid](http://health.ri.gov/covid).
VIRTUAL SCAVENGER HUNT

Find the answers to each question online!

Whether you’re trying to learn about academic resources, get to know Rhode Island and URI, curious about fun activities or just looking for something to do, this scavenger hunt will help you find it!

01 Where can I go for writing help on campus?
02 Where can I go for help with my resume and cover letter?
03 What are the names of URI’s dining halls? *(hint: there are 2!)*
04 This place is dedicated to developing a supportive and inclusive campus culture... what is it?
05 Where is the Ram’s Den located?
06 What is URI’s motto? *(hint: it’s just 4 words!)*
07 URI’s student newspaper, *The Good 5-Cent Cigar*, has been published weekly since its beginning in what year?
08 Where can I find free chapstick, hand sanitizer, face masks and cough drops?
09 Which RIPTA bus will take me to the Providence Place Mall?
10 Where can I go to find volunteer opportunities?
11 How many swimming pools does URI’s Kingston Campus have?
12 Where can I find local jobs and internships?
13 Where can I find a list of events?
14 Where is URI’s Greek-Life community located?
15 What are some local beaches that I can visit?
16 Where can I go if I want to explore beyond campus?
17 What is the legal drinking age in the United States?
18 What is the emergency phone number for on-campus emergencies?
19 What is the emergency number for all other emergencies?
20 Where can I go for breakfast if I want a break from the dining halls?
21 How can I make friends and get to know American students if all/most of my classes are virtual?
22 What is URI’s mascot?
23 How can I get food delivered?
24 Where can I satisfy my late-night sweet tooth?
25 Who can I ask about things to do?
26 How can I stay up-to-date on activities and events at the International Center?
COVID-19 & Quarantine: Where can I find the most updated information?

We recommend keeping up to date with information pertaining to Covid 19 on the State and Federal levels. Please visit here for information on State regulations and Quarantine. Visit the World Health Organization for the most accurate and up-to-date information.

When should someone consider being tested for COVID-19?

If you believe you need to be tested for COVID-19, please call URI HS to coordinate and facilitate your care. CDC recommends that individuals be tested when they:
- Have symptoms of COVID-19
- Have come in close contact with someone who tested positive for COVID-19
- Are in a CDC defined high-risk group

COVID-19 Safety – Do I have to wear a mask?

In accordance with Rhode Island Executive Order 20-24 issued April 18, the University expects students and employees to wear face coverings at all times.

When do classes begin?

Visit here for class start and other details.

How and when can I register for courses?

Visit here
- Graduate Students: must confirm courses and requirements with your department.
- First and Second Year Undergraduate Students: Visit University College on Advising day if you have not registered prior to your arrival at URI.
- Exchange and Visiting Students: See and advisor in the Office of International Education and NSE, and visit Advising Day.

Where can I get my student ID card?

The Dining & ID Office located across from the information booth in the Memorial Union. You must be registered for classes in order to obtain a student ID.

Where can I find the cost of tuition?

Visit Enrollment Services here for up to date information.
Frequently Asked Questions

How can I pay for tuition?
Visit Enrollment Services on the second floor of Green Hall.

Where do I find information about Dining Services and Meal Plans?
All campus residents, no matter whether they live in traditional or apartment-style housing, are required to select a meal plan. If you have not selected a plan by July 20, 2020 you will be assigned, and billed for, the default Campus Plus plan. Changes to meal plans may be made through September 18, 2020. Please review your options here.

Who should I reach out to regarding housing options?
Please contact URI’s Office of Housing and Residential Life at 401.874.4151, via the chat feature in myhousing. For commuting or private off-campus housing options, visit the URI Commuter Affairs website.

Where can I find health forms for Health Services?
Visit here to find the correct forms for Health Services, located in the Potter Building in Butterfield Road. You will need to fill out a waiver if you plan not to use URI Health Insurance.

I just arrived on campus and looking for a job, where should I look?
1. If you are looking for an assistantship, the best place to start is with your academic department. Also, be sure to check the Career Services website for upcoming career fairs.
2. If you are looking for on-campus employment, go to RhodyNet here to find more opportunities.

Do I have to fill out an IRS Form 8843 form even if I did not work?
All international students must file the IRS Form 8843 if they were a Nonresident Alien present in the U.S. on F or J immigration status, even if they did not receive U.S.-sourced income. Form 8843 is not a tax return, but an informational statement required by the U.S. government.

Do I have to pay US Taxes?
Please visit here for more information.
Physical Address
You need to report any changes in your name or address within 10 days to the International Student Center.

eCampus Updates
Keep your eCampus "Personal Information" section updated with changes of physical address or email address.

LIBRARY HELP FOR INTERNATIONAL STUDENTS

Please visit here or call the Reference Desk (401-874-2653) or the Circulation Desk (401-874-2672) for information and help.
**Problem Areas**

**Leave of Absence (LOA)**

Students must report to OISS in advance when requesting a leave of absence. USCIS requires documentation in the students’ files. It is not enough to receive approval from the academic advisor and/or graduate school.

OISS must report the action to DHS through the student and exchange visitor information system (SEVIS).

**Reduce Course Load**

As indicated in the Power Point handout, students must show evidence of full course study, except in the following circumstances:

- Illness (with official documentation by an appropriate licensed professional in the student files)
- Initial difficulty with English language (regardless of submission of appropriate TOEFL scores)
- Initial difficulty with reading requirements (with official documentation from academic advisor or dean)
- Unfamiliarity with American teaching methods (with official documentation from academic advisor or dean, only at the beginning of the student’s program)
- Improper course level placement (with official documentation from academic advisor or dean, only at the beginning of the student’s program)
- To complete course study in current term (limited usage, requires documentation from graduate school)

More than likely, other circumstances will not be acceptable; however, the director of OISS will review each case on an individual basis.

**Withdrawals**

Students must report to OISS in advance when requesting to withdrawal. USCIS requires documentation in the students’ files. The student must leave the country within 15 days of abandoning their studies.

**Reportable Events Through SEVIS**

- Change of address
- Change of degree or major
- Financial certification
- Employment
- Extension of program
- Changes to biographical data
- Graduation date
GET A RHODE ISLAND DRIVER'S LICENSE OR STATE ID

STEP 1: Collect Required Immigration/ID Documents

If you HAVE a Social Security number, you need:
-- Letter from OISS (confirms status, enrollment, and RI residency) addressed to RI DMV
-- I-94 (print out from https://i94.cbp.dhs.gov/I94)
-- Passport
-- Most recent I-20 or DS-2019

If you DO NOT HAVE a Social Security number, you need:
-- Letter of non-eligibility from Social Security -- you will need to request a letter from OISS first to request this letter from Social Security
-- Letter from OISS (confirms status, enrollment, and RI residency) addressed to RI DMV
-- I-94 (print out from https://i94.cbp.dhs.gov/I94)
-- Passport
-- Most recent I-20 or DS-2019

STEP 2: Review RI DMV website for additional requirements and documents: http://www.dmv.ri.gov/

STEP 3: Bring all required documents to Rhode Island DMV office.
-- Be prepared to wait for at least 2 hours.
-- Wednesdays and Thursdays are likely to have shorter wait times.
-- If you believe that you have all the proper documents and are being refused a license or ID, please politely ask to see a supervisor.

RI DMV Offices Closest to URI Kingston Campus

**WAKEFIELD**
4808 TOWER HILL ROAD
WAKEFIELD, RI 02879
(401) 789-1430
MONDAY THROUGH THURSDAY
8:30 AM TO 3:30 PM

**CRANSTON**
600 NEW LONDON AVENUE
CRANSTON, RI 02920
(401) 462-4368
MONDAY THROUGH FRIDAY
8:30 AM TO 3:15 PM
GET A SOCIAL SECURITY NUMBER

STEP 1: Collect all required documents
-- Letter from OISS
-- Official job offer letter (students must be employed to be eligible for a Social Security Number)
-- I-94 (print from https://i94.cbp.dhs.gov/i94)
-- Passport
-- Most recent I-20 or DS-2019
-- Completed SS-5 application (available at https://www.ssa.gov/forms/ or at Social Security Office)

STEP 2: Take required documents to a Social Security Office

Warwick
30 Quaker Lane
Warwick, RI 02886

Providence
1 Empire Plaza, Floor 6
Providence, RI 02903

Monday, Tuesday, Thursday, Friday: 9:00 AM - 4:00 PM
Wednesday: 9:00 AM - 12:00 PM

STEP 3: Receive your card and report your number
You will receive your Social Security Card in the mail about 2 weeks after you apply. When you receive your card, report your Social Security Number to your employer and e-mail foreigntax@etal.uri.edu to set up an appointment to complete tax paperwork.

Protect yourself from identity theft. Keep your Social Security Card at home in a safe place and only provide your number when necessary.
I-94 Number

- CBP has automated the I-94 and I-94W process for all travelers applying for admission at U.S. ports of entry. Air and sea travelers no longer need to complete paper Form I-94 or I-94W.
- The I-94 number is needed for entries and departures and to receive various services in the United States, such as:
  - Employment
  - Driver's License
  - Social Security Card
- To retrieve your I-94 number, visit [here](#).
The Writing Center
helping you become a better writer

The Writing Center provides individual and group support for undergraduate & graduate students in all disciplines, at all stages of the writing process.

Undergraduate Writing Center: Roosevelt Hall, room 009 (on the lower level, at the end closest to Memorial Union).

- Identify your audience and purpose
- Brainstorm topics
- Develop your argument
- Organize and refine your ideas
- Strengthen language and tone
- Revise a draft
- Learn effective proofreading strategies

Graduate Writing Center: Roosevelt Hall, room 003 (on the lower level, at the end closest to Memorial Union).

We provide writing support to all URI doctoral and master’s students to foster continuing development of academic and professional writing skills necessary to succeed in graduate programs and academic or professional careers.

- One-on-one tutoring
- Writing-focused workshops and programs
- Writing groups
- Support for English Language Learners (ELL)
What is Culture Shock?

Culture Shock is the personal disorientation a person may feel when experiencing an unfamiliar way of life due to immigration or a visit to a new country, or to a move between social environments. This term expresses the lack of direction, the feeling of not knowing what to do or how to do things in a new environment, and not knowing what is appropriate or inappropriate. The feeling of culture shock generally sets in after the first few weeks of coming to a new place. Typically, international students from the same culture or country stick together when first arriving until they are acquainted with the new culture. They are careful who to say what to and who to trust. Some experts even suggest that everything from home becomes wonderful and only the good things are remembered and desired from home until one returns.

Stages of Culture Shock:

1. **Honeymoon** - Initial euphoria and excitement, you feel you are able to handle anything!
2. **Anxiety** - Frustration and hostility towards differences, the novelty of the American culture has worn off!
3. **Adjustment** - Finding humor and perspective! In this stage, you decide to make the most of your experience
4. **Acceptance** - "Feeling at Home" - You now exhibit a new-found appreciate towards certain aspects of the new culture, and critique others!
Symptoms of Culture Shock:
- Being concerned about everything being dirty or over concern about cleanliness
- Feeling helpless and feeling dependent on residents from one’s own nationality
- The feeling of being irritated over minor delays or frustrations
- Feeling frustrated over language and dialogue differences of the host country
- Fear of being alone, cheated, robbed, and/or minor irritations in skin
- Feeling terrible longing to be back home

Not knowing or Recognizing:
- Words, facial expressions, norms, and customs used everyday to relate to others
- When to “shake hands” or what to say when meeting someone
- How to gesture or speak to others
- When, where, how to be polite and direct with others
- When to take statements seriously or not
- How and when to give tips

Without these familiar clues, a person can feel out of his/her own element, even frustrated or angry. Without even intending to do so, the members of the host culture may in fact make the visitor/international person reject the new culture because they may feel unwelcome.

Successful Intercultural Adjustment
*The most important fact to remember is that frustration from lack of understanding on both sides is a normal experience with a new culture. Keeping an open mind and realizing that you will become more comfortable with the host culture will come with time.

Open Mindedness... The ability to keep one’s opinions flexible and receptive to new stimuli seems to be important to intercultural adjustment.

Sense of Humor... A sense of humor is important because in another culture there are many things, which lead one to weep, get angry, be annoyed, embarrassed, or discouraged. The ability to laugh off things will help guard against despair.

Ability to Cope with Failure... The ability to tolerate failure is critical because everyone fails at something overseas. Persons who go overseas are often those who have been the most successful in their home environments and have rarely experienced failure, thus, may have never developed ways of coping with failure.

Communicativeness... The ability and willingness to communicate one’s feelings and thoughts to others, verbally or non-verbally, has been suggested as an important skill for successful intercultural communicators.

Flexibility and Adaptability... The ability to respond to or tolerate the ambiguity of new situations is very important to intercultural success. Keeping options open and judgmental behavior to a minimum describes an adaptable or flexible person.
**Symptoms of Culture Shock:**
- Being concerned about everything being dirty or over concern about cleanliness
- Feeling helpless and feeling dependent on residents from one’s own nationality
- The feeling of being irritated over minor delays or frustrations
- Feeling frustrated over language and dialogue differences of the host country
- Fear of being alone, cheated, robbed, and/or minor irritations in skin
- Feeling terrible longing to be back home

**Not knowing or Recognizing:**
- Words, facial expressions, norms, and customs used every day to relate to others
- When to “shake hands” or what to say when meeting someone
- How to gesture or speak to others
- When, where, how to be polite and direct with others
- When to take statements seriously or not
- How and when to give tips

Without these familiar clues, a person can feel out of his/her own element, even frustrated or angry. Without even intending to do so, the members of the host culture may in fact make the visitor/international person reject the new culture because they may feel unwelcome.

**Successful Intercultural Adjustment**
*The most important fact to remember is that frustration from lack of understanding on both sides is a normal experience with a new culture.* Keeping an open mind and realizing that you will become more comfortable with the host culture will come with time.

**Open Mindedness...** The ability to keep one’s opinions flexible and receptive to new stimuli seems to be important to intercultural adjustment.

**Sense of Humor...** A sense of humor is important because in another culture there are many things, which lead one to weep, get angry, be annoyed, embarrassed, or discouraged. The ability to laugh off things will help guard against despair.

**Ability to Cope with Failure...** The ability to tolerate failure is critical because everyone fails at something overseas. Persons who go overseas are often those who have been the most successful in their home environments and have rarely experienced failure, thus, may have never developed ways of coping with failure.

**Communicativeness...** The ability and willingness to communicate one’s feelings and thoughts to others, verbally or non-verbally, has been suggested as an important skill for successful intercultural communicators.

**Flexibility and Adaptability...** The ability to respond to or tolerate the ambiguity of new situations is very important to intercultural success. Keeping options open and judgmental behavior to a minimum describes an adaptable or flexible person.
Restaurants at Kingston Emporium, Fortin Road

Kingston Pizza
Pizza, calzones & stromboli, plus wings, gyros & subs.

Peking Tokyo
Chinese and Japanese food

Dunkin Donuts
Signature donuts, breakfast sandwiches & a variety of coffee drinks.

Davo's
Calzones and wraps

International Zone
Late night comfort food

Campus Pizzeria
Pizza by the slice

Insomnia Cookies
Late night nosh and cookies

Albie's Place
Late night fast food and breakfast

International Pockets
Mediterranean food

DeLuca's
Pizza and pasta

Subway
Sandwiches & salads

The Rhode House
Calzones, Stromboli, Wraps, Paninis, Salads

Simply Thai
Late night Thai food

Mama Phoenix Cafe
Breakfast and Lunch

B Smooth
Salads and shakes

Krazy Fusion Cafe
Korean Asian cuisine

Providence Bagel
Bagel shop

International Steakhouse
Sandwiches and steaks

Caliente
Mexican cuisine

The 401 Cafe
Coffee and bagels
SPECIALTY FOOD MARKETS: Finding foods from home...

Asiana Market - Japanese, Korean, Chinese, Vietnamese and other foods
92 Warren Avenue, East Providence, RI; 401-438-9992

Chinese American Mini-Market - Thai, Korean, Japanese, Philippine
834 Park Avenue, Cranston, RI; 401-467-2490

Davis Dairy Products - Dairy and Kosher products
721 Hope Street, Providence, RI; 401-331-4239

European Food Market - Specializing in food items from Russian, Ukraine, Poland, Hungary and Germany
102 Rolfe Street, Cranston, RI; 401-461-1097

Mi Rae Market - Japanese and Korean foods
602 Reservoir Avenue, Cranston, RI; 401-781-9002

International Meat Grocery - African, Spanish and Asian foods
676 Cranston Street; Providence, RI; 401-941-7337

Jerusalem Meat Market - All Kinds of Halal Meat Available. Middle Eastern, and Indian, Pakistani foods
88 Rolfe Street, Cranston, RI; 401-467-8903

Mekong Market - Asian market
316 Broad Street, Providence, RI; 401-272-5769

Not Just Spices - Indian
863 Hope Street, Providence, RI; 401-351-6555

Ristorante Roma - Italian deli, bakery and market
310 Atwells Avenue, Providence, RI; 401-331-8620

Sanchez Mexican Market – Mexican
676 Broad Street, Providence, RI; 401-831-5470
**TRANSPORTATION:**

**AIR:** T. F. Green Airport  [https://www.pvdairport.com/](https://www.pvdairport.com/)
You can access the airport by train, taxi or bus.

**BIKE:** More information to come. An extension to the bike path between the train station and Narragansett is being built at this writing. It will connect the current bike path with URI campus. It is planned to open by Sept. 2019. It has been rumored that bikes will be available to rent.
Rentals: Stedmans-196 Main St, Wakefield, RI 02879-(401) 789-8664
Bicycle store in South Kingstown, Rhode Island
Bike Path: [http://www.dot.ri.gov/community/bikeri/](http://www.dot.ri.gov/community/bikeri/)

**BUS:** RIPTA services many areas of Rhode Island. You have access to the bus from Memorial Union. Check [https://www.RIPTA.com/66](https://www.RIPTA.com/66) for in-bound and out-bound information. These are the stops the bus makes on its route.
- Galilee (Block Island Ferry)
- Narragansett (salt pond plaza)
- Wakefield mall
- Kingstown & high
- URI (memorial union)
- Kingston railroad station
- Rtes. 2 & 138
- Rte. 2 & Exeter road (Exeter variety)
- Park & Ride (Wickford junction train sta.)
- Park & Ride (rtes. 2 & 4)
- CCR1 Warwick campus
- T.F. Green airport
- Kennedy plaza - providence

**FERRY:** To-Martha’s Vineyard-Roger Williams Way, North Kingstown
To-Block Island, Great Island Road, Galilee

**KAYAK:** Narrow River Kayaks -94 Middlebridge Rd, Narragansett, RI 02882-(401) 789-0334
Kayak Center

**RAIL:** Commuter Rail: Trains run from Wickford Junction Monday through Friday. Check: [www.mbta.com](http://www.mbta.com) for times. This train can get you to Providence, then on to Boston

**AMTRAK:** Go to the website for information: [https://www.amtrak.com/home](https://www.amtrak.com/home) and/or [https://www.amtrak.com/train-schedules-timetables](https://www.amtrak.com/train-schedules-timetables)

**TAXI:** Wakefield Cab  401-783-0007
Be sure to have cash, just in case they do not accept credit cards.
Also available: UBER

**GOVERNMENT SERVICES:**

RI Coastal Resources Management Council  [www.crmc.ri.gov](http://www.crmc.ri.gov/)  (401) 783-3370
Fishing and Clamming License- RI Department of Environmental Management, Providence, RI
Department of Motor Vehicles-4808 Tower Hill Road, Wakefield, RI 02879  (401) 789-1430
Hours: Monday through Thursday 8:30 am to 3:30 pm.
ACTIVITIES TO WHICH YOU CAN WALK FROM CAMPUS:
Check the websites for directions, days and times they are open and for any costs that might apply.

**Botanical Gardens & Horridge Conservatory**- 6 Greenhouse Road, Kingston, RI
This is on campus: [https://web.uri.edu/greenhouse/](https://web.uri.edu/greenhouse/)

**Kinney Azalea Gardens**- 2391 Kingston Road, Kingston, RI - Seasonal Botanical garden.

**Kingston Free Library**- 2605 Kingston Rd, Kingston, RI 02881

**Pottery Guild**- 2587 Kingston Road, Kingston, RI 02881, 401-783-2195  [info@southcountyart.org](mailto:info@southcountyart.org)

**South County History Center**- 2636 Kingston Rd, Kingston, RI 02881
This is across from campus: [http://southcountyhistorycenter.org/](http://southcountyhistorycenter.org/)

SOUTH KINGSTOWN/WAKEFIELD/NARRAGANSETT/NO. KINGSTOWN ACTIVITIES (too far to walk):

**Adventureland Family Fun Park**- 112 Point Judith Rd, Narragansett, (401) 789-0030
Mini-golfers putt, go-karts rev, a carousel spins & video gamers play at this seasonal fun park.

**Biomes Marine Biology Center**- 6640 Post Road, North Kingstown, RI, (401) 885-4690
The state’s largest aquarium, featuring exhibits, family-friendly classes & feeding demonstrations.

**Breweries**
- Proclamation Ale-28 Kilvert Street, Warwick
- Shaidzon Beer-141 Fairgrounds Road, West Kingston
- Sons of Liberty Beer and Spirits-1425 Kingston Road, Peace Dale
- Tilted Barn-One Hemsley Place, Exeter
- Walser’s-1174 Kingston Road, Wakefield

**Clamming**
- Fisherman’s Memorial State Park
- Quonochontaug Breachway-Charlestown
- Bluff Hill Cove-Galilee Escape Road

**Courthouse Center for the Arts**- Route 138, Kingston

**Contemporary Theater**- Main Street, Wakefield - Free shows, Music, Art and Plays.

**Fishermen’s Memorial**- Pt. Judith Road Narragansett-at Camp Cronin just before the lighthouse take a right.

**Museum of Art and Culture**- Kingston Road, Wakefield, RI

**Old Mountain Lanes**- Wakefield-bowling

**Peacedale Neighborhood Guild**- Columbia Street, Wakefield, RI - Classes in everything.

PLAYGROUNDS:

**Narragansett**
- Sprague Memorial Field-Narragansett Parks Department-Kingstown Rd. Narragansett
- Peace Dale playground-52 Spring Street, across from the Peace Dale Library

**Wakefield-South Kingstown**
- Town Farm Playground-Town Farm Road, Wakefield
- West Kingston Park, Rt 138 Kingston

SOUTH COUNTY BEACHES, HIKING TRAILS AND PARKS:

For state beaches you will need to purchase a summer pass or pay each time.
- The daily beach parking fee for residents is $6 on weekdays and $7 on weekends and holidays.
- The fee for a season pass for residents is $30 (Senior Citizens $15) and, through September 3, will be available for purchase at state beaches.
- Non-resident parking is $12 on weekdays and $14 on weekends and holidays

**Burlingame State Park**- 1 Burlingame State Park Rd, Charlestown, RI 02813
This is a State Park and Campground that is a public recreation area located in the town of Charlestown. The state park’s 3,100 acres offer camping, hiking, and water activities on Watchaug Pond.

**East Matunuck State Beach**- 950 Succotash Rd, South Kingstown, RI 02879
This State Beach is a public recreation area encompassing 144 acres on the shore of Block Island Sound in the town of South Kingstown, Rhode Island. The state beach offers picnicking, ocean swimming, and beach activities.  
**East State Beach**- E Beach Rd, Charlestown, RI 02813

This is a seaside public recreation area on Quonochontaug Neck, the narrow barrier island that separates Block Island Sound and Ninigret Pond, in the town of Charlestown. The state beach encompasses three miles of oceanfront and abuts Ninigret National Wildlife Refuge.

**Gilbert Stuart Museum**- 815 Gilbert Stuart Rd, Saunderstown- 401) 294-3001

The Gilbert Stuart Birthplace and Museum is located in Saunderstown, Rhode Island, US. Gilbert Stuart was born on December 3, 1755 in the colonial-era house located on the property, becoming a famous American portraitist of the 18th and 19th centuries.

**Kimball Wildlife Refuge**-180 Sanctuary Rd, Charlestown, RI 02813-(330) 332-1923

**Misquamicut State Beach**-257 Atlantic Ave, Westerly, RI 02891

This is a seaside public recreation area in the town of Westerly, Rhode Island. It occupies a portion of Misquamicut Beach, a 3-mile-long barrier island that extends westward from Weekapaug to Watch Hill and separates Winnapaug Pond from the Atlantic Ocean. Several restaurants and activities along the road.

**Narragansett Town Beach**-Ocean Road, Narragansett

Best during the off season. May 15-Sept 15 it can be costly.

**Ninigret National Wildlife Refuge and Frosty Drew Nature Center**-62 Park Lane, Ninigret Park, Charlestown, RI 02813

The Ninigret National Wildlife Refuge is a National Wildlife Refuge situated along the shore of Ninigret Pond. It is characterized by salt marshes, kettle ponds, freshwater wetlands, maritime shrub lands, and forests, and it is seasonally inhabited by over 250 species of birds. The Frosty Drew Observatory is an educational astronomical observatory owned and operated by the Frosty Drew Memorial Fund. It is located in the Ninigret National Wildlife Refuge in Charlestown, Rhode Island midway along the coast line between Westerly and Point Judith. It is named after Edwin “Frosty” Drew.

**Point Judith Lighthouse**-1460 Ocean Rd, Narragansett, RI 02882

This is located on the west side of the entrance to Narragansett Bay, Rhode Island as well as the north side of the eastern entrance to Block Island Sound. The confluence of two waterways make this area busy with water traffic and the waters around Point Judith are very cold and dangerous.

**Roger W. Wheeler State Beach**-100 Sand Hill Cove Rd, Narragansett, RI 02882

Roger W. Wheeler State Beach is a public recreation area covering 27 acres on Block Island Sound in the town of Narragansett, Rhode Island. The area offers picnicking, ocean swimming, and a playground.

**Scarfborough Beach**- 870 and 970 Ocean Road, Narragansett, Rhode Island

This is a public recreation area fronting the Atlantic Ocean in the town of Narragansett. The state park occupies 60 acres comprising two units. The beach offers saltwater bathing, picnicking, observation tower, and boardwalk.

**South County History Center**-2636 Kingstown Rd, Kingston, RI 02881

This was formerly operated as the Pettaquamscutt Historical Society, is a nonprofit organization in Kingston, which preserves and interprets the material culture of South County through exhibits and study of archival, library and artifact collections.

**South Kingstown Land Trust** - [http://sklt.org/contact-us/](http://sklt.org/contact-us/)

**Main Office**: 227 Robinson Street, Wakefield, RI 02879-401-789-0962

**Field Office**: South Kingstown Land Trust Barn 17 Matunuck Beach Road, Wakefield, RI 02879-401-783-4999

**South Kingstown Town Beach**-Matunuck Beach Road, South Kingstown

**The Towers**-35 Ocean Rd, Narragansett, RI 02882

The Towers, also known as the Twin Towers is a historic structure. It is the only remnant of the Narragansett Pier Casino built in the 1880s. On November 25, 1969, it was added to the National Register of Historic Places.

**Town of Narragansett**-[www.narragansett.ri.gov/135/Parks-and-Recreation](http://www.narragansett.ri.gov/135/Parks-and-Recreation)

**Town of South Kingstown Parks**-[https://www.southkingstownri.com/208/Parks-Recreation](https://www.southkingstownri.com/208/Parks-Recreation)

**Trustom Wildlife Refuge**-Matunuck Schoolhouse Road, South Kingstown.

This is a closed lagoon in South Kingstown. It is one of nine coastal lagoons in southern Rhode Island. It has a surface area of 800 acres, and is the only undeveloped salt pond in the state.

**URI Bay Campus Beach**-215 S. Ferry Road, Narragansett, RI, 02882

**Worden’s Pond**-Worden Pond Road, South Kingstown.

This is the largest fresh water lake in Rhode Island. Kayaking, canoeing, paddle boarding

**Yawgoo Valley Ski Area & Water Park**-160 Yawgoo Valley Rd, Exeter, RI 02822 401-783-1328
This is the only skiing resort in Rhode Island. It is located on a hill in Exeter, south of Providence and opened in the 1965-66 season as "Rhode Island's first chairlift served ski area." As one of the southernmost ski areas in New England, Yawgoo relies heavily on artificial snowmaking.

**PROVIDENCE ACTIVITIES:**

**Rhode Island School of Design Art Museum**-20 North Main Street, Providence, RI  risdmuseum.org  
The Museum of Art is an art museum in Providence affiliated with the Rhode Island School of Design. The museum was founded in 1877 and is the 20th largest art museum in the United States.  

**Roger Williams Park, Planetarium, Museum of Natural History and Zoo**-1000 Elmwood Avenue, Providence, RI  
The zoo contains more than 150 animals from around the world in natural settings. In 1986, it became the first Zoo in New England to earn accreditation from the Association of Zoos and Aquariums. It was founded in 1872, and is one of the oldest zoos in the nation.

**NEWPORT MANSIONS AND MUSEUMS:**

**Belcourt of Newport**-657 Bellevue Ave, Newport, RI 02840  
Belcourt is a former summer cottage designed by architect Richard Morris Hunt for Oliver Hazard Perry Belmont and located on Bellevue Avenue in Newport, Rhode Island. Construction was begun in 1891 and completed in 1894, and it was intended to be used for only six to eight weeks of the year.  

**The Breakers**-44 Ochre Point Ave, Newport, RI 02840  
A Vanderbilt mansion. The building became a National Historic Landmark in 1994 and is a contributing property to the Bellevue Avenue Historic District.  

**Chateau-sur-Mer**-474 Bellevue Ave, Newport, RI 02840  
Chateau-sur-Mer is one of the first grand Bellevue Avenue mansions of the Gilded. It is now owned by the Preservation Society of Newport County and is open to the public as a museum.  

**The Elms**-367 Bellevue Ave, Newport, RI 02840  
The Elms is a large mansion, facetiously a "summer cottage Island. The Elms was designed by architect Horace Trumbauer for the coal baron Edward Julius Berwind, and was completed in 1901. Its design was copied from the Château d'Asnières in Asnières-sur-Seine, France.  

**Great Friends Meeting House**-21 Farewell St, Newport, RI 02840-(401) 846-0813  
Great Friends Meeting House is a meeting house of the Religious Society of Friends built in 1699. The meeting house, which is part of the Newport Historic District, is currently open as a museum owned by the Newport Historical Society.  

**Hammersmith Farm**-225 Harrison Avenue, Newport, RI 02840  
Hammersmith Farm is a Victorian mansion and estate. It was the childhood home of First Lady Jacqueline Bouvier Kennedy, and the site of the reception for her 1953 wedding to U.S. Senator John F. Kennedy.  

**International Tennis Hall of Farms**-194 Bellevue Ave., Newport 4010849-3990  
Players and contributors to the sport of tennis are honored. It includes a museum, grass tennis courts, an indoor tennis facility and a court tennis facility.  

**Isaac Bell House**-70 Perry St, Newport, RI 02840  
A historic house and National Historic Landmark. Known as Edna Villa, it is one of the outstanding examples of Shingle Style architecture in the United States.  

**Kingscote**-253 Bellevue Ave, Newport, RI 02840  
A Gothic Revival mansion and house museum, designed by Richard Upjohn and built in 1839. It was one of the first summer "cottages" constructed in Newport, and is now a National Historic Landmark.  

**Marble House**-596 Bellevue Ave, Newport, RI 02840  
Marble House is a Gilded Age mansion. Designed as a summer cottage for Alva and William Kissam Vanderbilt by the society architect Richard Morris Hunt, it was unparalleled in opulence for an American house when it was completed in 1892.  

**Museum of Newport History**-127 Thames St, Newport, RI 02840  
The Museum of Newport History is a history museum in the Old Brick Market building in the heart of Newport, Rhode Island, United States. It is owned and operated by the Newport Historical.  

**National Museum of American Illustration**-492 Bellevue Ave, Newport, RI 02840  
The National Museum of American Illustration, founded in 1998, is the first national museum to be devoted exclusively to American illustration artwork. Located within: Salve Regina University
Newport Art Museum-76 Bellevue Ave, Newport, RI 02840
Newport Art Museum, founded in 1912. The museum operates a gallery in the John N. A. Griswold House, a National Historic Landmark that is the premier American Stick Style building.

Norman Bird Sanctuary- 583 Third Beach Road, Middletown, RI (401) 846-2577
Norman Bird Sanctuary is a 325-acre bird sanctuary, nature preserve, environmental education center, and museum at 583 Third Beach Road in Middletown, Rhode Island overlooking the Atlantic Ocean. In 1949 the Norman Bird Sanctuary was founded through a bequest in the will of Mabel Norman Cerio.

Save the Bay Aquarium-175 Memorial Boulevard, Newport, RI, (401) 324-6020
Non-profit organization in Newport, Rhode Island

Redwood Library and Athenaeum-50 Bellevue Ave, Newport, RI 02840
The Redwood Library and Athenaeum is a subscription library. Founded in 1747, it is the oldest community library still occupying its original building in the United States.

Rosecliff-548 Bellevue Ave, Newport, RI 02840
Built 1898-1902, is one of the Gilded Age mansions of Newport, now open to the public as a historic house museum. The house has also been known as the Hermann Oelrichs House or the J. Edgar Monroe House.

Rough Point-680 Bellevue Ave, Newport, RI 02840
Rough Point is one of the Gilded Age mansions of Newport, Rhode Island, now open to the public as a museum. It is an English Manorial style home designed by architectural firm Peabody & Stearns for Frederick William Vanderbilt. Construction on the red sandstone and granite began in 1887 and was completed.

Touro Synagogue-85 Touro St, Newport, RI 02840
The Touro Synagogue or Congregation Jeshuat Israel was built in 1763. It is the oldest synagogue building still standing in the United States, the oldest surviving Jewish synagogue building in North America, and the only surviving synagogue building in the U.S. dating to the colonial era.

Trinity Episcopal Church-141 Spring St, Newport, RI 02840 (401) 846-0660
A historic parish church in the Episcopal Diocese of Rhode Island. Founded in 1698, it is the oldest Episcopal parish in the state. The current Georgian building was designed by architect Richard Munday and constructed in 1725–26.

NEWPORT/JAMESTOWN BEACHES and PARKS:

Audrain Auto Museum-222 Bellevue Ave, Newport, RI 02840
A grand Gilded Age building sets the stage for viewing unique & rare cars from many eras.

Beavertail State Park and Lighthouse Museum- Beavertail Rd, Jamestown, RI 02835
Beavertail State Park is a public recreation area encompassing 153 acres at the southern end of Conanicut Island in Narragansett Bay, Rhode Island. The state park's main attraction is the active Beavertail Lighthouse, the current tower of which dates from 1856. Beavertail Lighthouse was built in 1856 and is the premier lighthouse in Rhode Island, marking the entrance to Narragansett Bay.

Brenton Point State Park- Ocean Drive, Newport, RI 02840
Brenton Point State Park is a public recreation area occupying 89 acres at the southwestern tip of Aquidneck Island in the town of Newport, Rhode Island. The state park offers wide vistas of the Atlantic Ocean where it meets Narragansett Bay.

Castle Hill Lighthouse-800-870 Ocean Ave, Newport, RI 02840
Castle Hill Lighthouse is located on Narragansett Bay in Newport, Rhode Island at the end of the historic Ocean Drive. It is an active navigation aid for vessels entering the East Passage, between Conanicut Island and Aquidneck Island.

Cliff Walk-Cliff Walk, Newport, RI 02840
The Walk is, 3.5 miles of history, beauty and adventure along with the Newport mansions, among the most popular Newport RI attractions. This National Recreation Trail, designated as such in 1975, runs along some of the most beautiful coastline in all of New England. Much of it goes through the property on which many of the Newport mansions are situated. The Newport Cliff Walk is a combination of paved, easy to navigate paths and unpaved rocky areas through which it isn't so easy to traverse. You must be extremely cautious throughout the entire trail! In some spots, the cliffs have drops of over 70 feet.

Easton's Beach-175 Memorial Blvd, Newport, RI 02840
Local public beach offering seasonal events, a carousel, rental cabanas, facilities & a snack bar.

Fort Adams State Park-80 Fort Adams Dr, Newport, RI 02840
A public recreation and historic area preserving Fort Adams, a large coastal fortification located at the harbor mouth in Newport, Rhode Island, that was active from 1841 through the first half of the 20th century

Fort Wetherill State Park-3 Fort Wetherill Rd, Jamestown, RI 02835
A public recreation area occupying 61.5 acres at the southeastern tip of Conanicut Island. The state park sits on the East Passage of Narragansett Bay opposite Fort Adams State Park.

**Goat Island**-Newport, Rhode Island
A small island in Narragansett Bay and is part of the city of Newport. The island is connected to the Easton’s Point neighborhood via a causeway bridge. It is home to the Newport Harbor Light, residences, a restaurant, event space, and hotel.

**Newport Tower**-5 Touro Park St W, Newport, RI 02840
A round stone tower located in Touro Park in Newport, Rhode Island, the remains of a windmill built in the mid-17th century. It has received attention due to speculation that it is actually several centuries older and would thus represent evidence of pre-Columbian trans-oceanic contact

**Rose Island and Lighthouse**
Rose Island is an 18.5-acre island in Narragansett Bay off Newport. It is allegedly named "Rose Island" because at low tide the island appears to be shaped like a rose. The Island is only accessible by boat. The Rose Island Light was built in 1870. It is preserved, maintained and operated by The Rose Island Lighthouse Foundation.

**Sachuest Point National Wildlife Refuge**-Sachuest Point Road, Middletown, RI
Occupying a peninsula between the Sakonnet River and Rhode Island Sound, the 242-acre Sachuest Point National Wildlife Refuge is a very popular site for the over 65,000 annual visitors each year. It is located in the southeastern most part of the Town of Middletown.

**MARKETS:**

In Wakefield:
- Shaws-Old tower Hill Road
- Belmont’s-Kingstown Road,
- Farmer’s Market-Tuesday market held at URI East Farm-Kingstown Road
- Jonnycake Center-Peace Dale, RI
- URI Rhode Outpost-St. Augustine’s Church, Lower College Road

In Narragansett:
- Stop and Shop-Pt. Judith Road

In North Kingstown:
- Stop and Shop-Ten Rod Road
- Dave’s Market-Post Road

**CHEAP EATS NEARBY (A Small Sampling):**

Bagelz-Old Tower Hill Road, Wakefield
Bluebird Café-Wakefield $-
Bombay Flame-Wakefield $$-$$$$
Phil’s Restaurant-Main Street, Wakefield
Catarina’s Italian Village-945 Boston Neck Road, Narragansett
Champlin’s Seafood-Galilee
Coast Guard House-Narragansett $-$$$$$
Crazy Burger-Boone Street, Narragansett $$-$$$$
Gansett Wraps-Narragansett $
George’s Seafood-Galilee $-$$$$$
Java Madness- 134 Salt Pond Rd, Wakefield
Jim’s Dock-Matunuck
Matunuck Oyster Bar-Narragansett $$-$$$$$
Mews Tavern-Main Street, Wakefield $$-$$$$
Mission Burgers-Marlborough Street, Newport
Ocean Mist-895 Matunuck Beach Road, Wakefield $$-$$$$$
Phil’s-Wakefield $-$$$$$
Pickpockets Deli-231 Old Tower Hill Road, Wakefield $
Satang-402 Main Street, Wakefield $-$$$$$
Tavern on Main-Main Street, Wakefield $$-$$$$$
The Flatts-Peacedale $$-$$$ 

The Pub -
TLC Coffee - Route 138, Kingston  
Wickford Diner - Brown St, Wickford  
210 Oyster Bar - Narragansett $-$ $$

Other Shopping:

Green Line Apothecary Main Street, Wakefield, RI (you can also get an ice cream soda here)  
Jerry’s Hardware - Rt 108, Narragansett  
CVS Pharmacy Kingston Emporium Kingston, RI and Wakefield  
Ocean State Job Lot - Kingston Road, Wakefield  
Marshalls and Dollar Store - Point Judith Road, Narragansett.  
Walgreens - across from Walgreens in Narragansett

Consignment Stores:

Jonny Cake Center - PeaceDale, RI

Medical:

Thundermist Walk-in Clinic - River Street, Wakefield, RI  
South County Walk in and Primary Care - 360 Kingston Road, Narragansett, RI 02882

Libraries:

Kingston Free Library - Route 138, Kingston, RI  
PeaceDale Public Library - Kingston Road, Wakefield, RI  
Narragansett Maury Loontjens Memorial Library - Kingston Road, Narragansett, RI

Local Music:

Courthouse Center for the Arts - Route 138, Kingston, RI  
Narragansett Beach - Ocean Road, Narragansett, RI  
PeaceDale Guild Concerts in the Park - Columbia Street, Wakefield, RI  
Pump House Restaurant - Kingston Road, Wakefield, RI
Storage options

Storage: New England Student Services

FREE On Campus Pickup & Delivery
Going home for the summer or studying abroad for a semester or longer?

Don't know what to do with all of your things?

New England Student Services has the answer!
We will provide supplies, pickup, ship or store and redeliver your items all for one all inclusive price. You never even have to leave your ROOM!

Directly to and from your room! We will come to your room on Campus to pickup or deliver your storage or shipping items on the scheduled pickup and delivery dates. Your items will then be safely stored with us or shipped home depending on which service you have selected. You can also ship your items to us for delivery.

Self-Storage: CubSmart

A self-administered and self-managed real estate company focused on the ownership, operation, acquisition and development of self-storage facilities in the United States. Our self-storage facilities are designed to offer affordable, easily accessible storage space for residential and commercial customers. As a national owner and operator, we continually enhance our business by applying our management expertise and best practices to each facility.

CubeSmart Self Storage of Wakefield
210 Church Street
Wakefield, RI 02879
(855) 622-6468

CubeSmart Self Storage of Exeter
525 South County Trail
Exeter, RI 02822
(855) 622-6468
Welcome to the University of Rhode Island!

RHODY, RHODY RHODY!

RAMS, RAMS, RAMS!