



# DIBP SESSION TOPICS

## Fall 2023

WORKSHOP TITLE & DESCRIPTION	SESSION DATE	FACILITATOR(S)
<p><b>Fundamentals of Diversity</b></p> <p>People have long sorted and stratified themselves based on social identity. Still, many of us belong to multiple social identities that create complex lived experiences because of power and privilege. This workshop will help participants to deepen their understanding of their social identity and the way power, and the privilege that it affords, shapes their daily lives. Special emphasis will be placed on the experiences of graduate students in college and university settings. The objectives for this workshop are to (a) define the concept of social identity; (b) outline the major social identities in the U.S.; (c) describe the three processes of social identity; (d) describe the systems of power, privilege, and oppression; (e) identify aspects one's own social identities; and (f) locate their positions on the Social Identity Scale.</p> <p>*Note: This workshop is required for badge completion</p>	<p>9/12/2023 1pm-3pm</p> <p>9/13/2023 4pm-6pm</p> <p>9/14/2023 6pm-8pm</p> <p>9/19/2023 4pm-6pm</p> <p>9/20/2023 1pm-3pm</p>	<p>Taylor Lindsay <a href="mailto:taylor_lindsay@uri.edu">taylor_lindsay@uri.edu</a></p> <p>Jill Ashe <a href="mailto:jillashey@uri.edu">jillashey@uri.edu</a></p> <p>Lauren Zane <a href="mailto:laurenzane@uri.edu">laurenzane@uri.edu</a></p> <p>Bryan Plankenhorn <a href="mailto:bplankenhorn@uri.edu">bplankenhorn@uri.edu</a></p> <p>Florence Fields <a href="mailto:ffields@uri.edu">ffields@uri.edu</a></p> <p>Mariyam Abbas <a href="mailto:mariiyamabbas@uri.edu">mariiyamabbas@uri.edu</a></p>
<p><b>Building a Diverse Mentor Network</b></p> <p>Mentoring is a critical component of success both professionally and personally. But it can be challenging to figure out what we need mentoring in, who we should seek mentoring from, and how to find those people. Mentoring takes many different forms and involves many different people. This workshop examines 1) the roles that mentoring plays in our growth, success, and happiness, 2) who makes up our network of mentors currently, and 3) how we can grow that network to be more diverse and inclusive of the full spectrum of lived experiences, approaches, and voices needed to set us up for success.</p>	<p>11/15/2023 10am-12pm</p> <p>11/30/2023 1pm-3pm</p>	<p>Kelton McMahon <a href="mailto:kelton_mcmahon@uri.edu">kelton_mcmahon@uri.edu</a></p>

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<p><b>Anti-Muslim Bigotry</b></p> <p>Minority groups in the United States (US) suffer numerous difficulties because of the great diversity of our local communities. On top of these issues, which endanger civil peace and the safety of the entire community, comes anti-Muslim hatred. The primary drivers of such intolerance against Islam and Muslims in the US are racism, bias, prejudice, misrepresentation, and discrimination. Attacks, vandalism, arson, and other threats have been directed at the Muslim community and its organizations more frequently. Every time a Muslim commits an act of violence, there is room for some politicians and authors to demonize Islam and incite hatred toward Muslims. In actuality, Muslims cannot defeat anti-Muslim discrimination on their own. The American people ought to take a position for all citizens' rights, regardless of their race, ethnicity, color, or religion. These efforts are being made together to defend all minorities, including Muslims, as well as American principles. This discussion aims to dispel misconceptions and preconceptions about Muslims while also encouraging reflection on American principles and anti-Muslim hostility.</p>	<p>11/28/2023 1pm-3pm</p> <p>11/30/2023 6pm-8pm</p>	<p>Abdelnasser Hussein <a href="mailto:husseina@uhd.edu">husseina@uhd.edu</a></p>
<p><b>Seeing White</b></p> <p>"Just what is going on with white people? [...] Where did the notion of "whiteness" come from? What does it mean? What is whiteness for?" White people, we have work to do. In this weekly discussion-based virtual workshop series, we'll come ready to discuss two episodes (per week) of Scene on Radio's "Seeing White" podcast. Sign up to attend one session, a few sessions, or all – weekly attendance strongly encouraged not required. Note: "Seeing White" was released between February and August 2017...but the information remains critical and is not outdated. John Biewen hosts, Dr. Chenjerai Kumanyika is a regular guest, and Loretta Williams is the editor.</p> <p>*Please listen to corresponding podcast episodes (each about 30 minutes in length) and/or read corresponding podcast transcripts prior to each session. All podcast episodes are available at <a href="https://sceneonradio.org/seeing-white/">https://sceneonradio.org/seeing-white/</a> and a pre-work schedule is included below.</p> <p>Session 1 - 9/12 - episodes "Turning the Lens" + "How Race Was Made"</p> <p>Session 2 - 9/28 - episodes "Made in America" + "On Crazy We Built a Nation"</p> <p>Session 3 - 10/3 - episodes "Little War on the Prairie" + "That's Not Us, So We're Clean"</p> <p>Session 4 - 10/4 - episodes "Chenjerai's Challenge" + "Skulls and Skin"</p> <p>Session 5 - 10/24 - episodes "A Racial Cleansing in America" + "Citizen Thind"</p> <p>Session 6 - 11/7 - episodes "Danger" + "My White Friends"</p> <p>Session 7 - 11/9 - episodes "White Affirmative Action" and "Transformation"</p>	<p>9/12/2023 6pm-8pm</p> <p>9/28/2023 6pm-8pm</p> <p>10/3/2023 6pm-8pm</p> <p>10/4/2023 6pm-8pm</p> <p>10/24/2023 6pm-8pm</p> <p>11/7/2023 4pm-6pm</p> <p>11/9/2023 6pm-8pm</p>	<p>Stephanie Argus <a href="mailto:stefanie.argus@gmail.com">stefanie.argus@gmail.com</a></p>

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<p><b>Exploring the Spiritual Phases of Nonviolence</b></p> <p>Growth, contemplation and assimilation of Nonviolence starts from within.</p> <p>In their evolution and practice, imagine the internal dialogue and thought lives of the Greats: Gandhi of India, MLK &amp; Coretta of U.S.A, Mandela &amp; Winnie of South Africa, Teresa of Calcutta, Mairead of Ireland and the many individuals whose lives were and have been greatly impacted by the practice of Nonviolence, embedded in their vision of compassion directed toward peace and reconciliation.</p> <p>In this insightful seminar, participants will engage in experiential sharing with reflective exercise as a form of personal inquiry into personal disposition, potential barriers, and perspectives to fostering healthier, richer, and fuller interpersonal and professional relationships.</p> <p>Embraced from a diverse range of perspectives, Nonviolence as an internalized and lived practice becomes innate only when appreciated as innately linked to one's personal convictions and values. A contemplative/healing workshop.</p>	<p>9/26/2023 6pm-8pm</p> <p>10/12/2023 1pm-3pm</p> <p>11/9/2023 1pm-3pm</p>	<p>Roberta Opara <a href="mailto:ro-opara@uri.edu">ro-opara@uri.edu</a></p>
<p><b>Taking an active role in unlearning and dismantling racism</b></p> <p>Implicit and explicit factors influence the way that we act and speak; and may require some uncomfortable work to dismantle. In this workshop, we will work to better understand how to actively be anti-racist by 1. Learning how to recognize and work to unpack our biases 2. Acknowledging the meaning of intersectionality with regards to race and 3. Discussing how to challenge prejudices in our own circles. Participants will discuss the "active" component of anti-racism and the commitment to being anti-racist in all aspects of their lives.</p>	<p>11/16/2023 6pm-8pm</p> <p>11/29/2023 6pm-8pm</p>	<p>Niki Lockwood <a href="mailto:dilockwood@uri.edu">dilockwood@uri.edu</a></p>
<p><b>Nonviolent Communication</b></p> <p>Real conversations are often the hardest to have. In our personal lives, at work, with mentors and professional colleagues, we invariably skim the surface of deeper issues when exploring difficulties or deeply rooted emotions and frequently arm ourselves with close at hand words, phrases or descriptors. Will an expanded emotional vocabulary assist us navigate these conversations we typically avoid? And help us connect better with others-even if we think they may be different or see things from a permanently placed lens of perception? In this session on nonviolent communication, we will expand our emotional vocabulary and explore the steps developed by Marshall Rosenberg as a tool to empower courageous conversations with which to broaden and ease ordinarily difficult conversations. Program objectives emphasized: 1, 4, 6</p>	<p>9/14/2023 4pm-6pm</p> <p>10/4/2023 1pm-3pm</p> <p>11/13/2023 6pm-8pm</p>	<p>Roberta Opara <a href="mailto:ro-opara@uri.edu">ro-opara@uri.edu</a></p>

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<p><b>Racism and Antiracism in Social Media:</b></p> <p>As we become more reliant on social media platforms for community, information, and entertainment, it is vital to understand the role of social media in both spreading racism and helping to disseminate antiracism. While traditional media has a substantial history of racism, online platforms have also become inundated with racism, hatred and bullying. Social media platforms have created an interactive world in which users can share ideas rapidly, communicate with individuals outside of their usual circles, and create communities of like-minded people which can spill over into both racist and antiracist social and political movements. Participants in this workshop will discuss the blatant and veiled forms of racism on social media, cancel culture, and the role social media companies should play in preventing hatred on the internet. Discussions will also cover the benefits of social media for communities of color and anti-racist action and develop actionable ideas for being a responsible user on social media platforms. Participants will leave the workshop with the ability to recognize implicit and explicit racism on social media platforms, and the groundwork for responsible social media usage and conflict resolution online.</p>	<p>9/19/2023 6pm-8pm</p> <p>10/3/2023 1pm-3pm</p> <p>10/11/2023 4pm-6pm</p>	<p>Taylor Lindsay <a href="mailto:taylor_lindsay@uri.edu">taylor_lindsay@uri.edu</a></p>
<p><b>All The World Is A Classroom: Performing as Teachers and Learners</b></p> <p>Theatre offers unique tools and techniques that can help educators expand their empathy and intercultural competence in the classroom. In this session, participants will practice: 1) becoming comfortable in presenting their authentic persona to students in order to cultivate a genuine sense of a classroom community; 2) improvisation exercises designed to help instructors promote the free exchange of ideas; 3) relaxation and rehearsal techniques that allow instructors to think on their feet with more agility when difficult conversations arise; 4) strategies to facilitate community building and sense of belonging in the classroom. Participants are encouraged to wear clothing in which they feel comfortable moving around.</p>	<p>10/10/2023 1pm-3pm</p>	<p>Anna Santucci <a href="mailto:annasantuccileoni@gmail.com">annasantuccileoni@gmail.com</a></p>
<p><b>Parachute Science</b></p> <p>This workshop addresses a critical issue in the realm of research and fieldwork, where the concept of "parachute science" has gained prominence. This workshop focuses on promoting ethical and respectful engagement between researchers from wealthier Western countries and local researchers in foreign communities. It seeks to foster collaboration, knowledge sharing, and mutual respect, ultimately ensuring that the contributions of local researchers are acknowledged and valued.</p>	<p>9/27/2023 4pm-6pm</p> <p>10/10/2023 6pm-8pm</p> <p>10/19/2023 6pm-8pm</p>	<p>Jill Ashey <a href="mailto:jillashey@uri.edu">jillashey@uri.edu</a></p>

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<p><b>Social Justice &amp; Disability: Recognizing, Understanding, and Addressing Ableism</b></p> <p>In this session, we will discuss stereotypes commonly held about people with disabilities and how these stereotypes are linked to many forms of ableism. We will dive deeper into ableism and ways that it shows up in the media and every day exchanges. Using historic and more contemporary models of disability, we will frame ableism and discuss strategies that can be used to counteract it. Finally, we will intentionally discuss invisible disabilities and the impact that they have on the daily lives of individuals managing them. The goals of this session are to help participants (a) understand and articulate stereotypes about people with disabilities, (b) identify and label ableism as they encounter it, (c) apply models of disability to various types of ableism, (d) provide context around invisible disabilities and the lived experiences of individuals with those diagnoses and (e) use their understanding of stereotypes, ableism, and invisible disabilities to be more thoughtful in their interactions with others.</p>	<p>10/25/2023 1pm-3pm</p> <p>11/1/2023 4pm-6pm</p> <p>11/28/2023 4pm-6pm</p>	<p>Paige Ramsdell <a href="mailto:pramsdell@uri.edu">pramsdell@uri.edu</a></p>
<p><b>Whats' Organizational Change, Allyship and Nonviolence got to do with Diversity? [Yes, Tina Turner said it best]</b></p> <p>Inspired by the work of Sophie Williams on how to become an 'Anti-Racist Ally, we'll take an organizational lens to examine how these structures and units can also become agents embracing change by offering their members/employees power, agency, language and space to have the mighty conversations that frame better policies and stir the dynamic 'melting pot' of empowered diversity.</p>	<p>9/21/2023 4pm-6pm</p> <p>10/18/2023 6pm-8pm</p> <p>11/8/2023 1pm-3pm</p>	<p>Roberta Opara <a href="mailto:ro-opara@uri.edu">ro-opara@uri.edu</a></p>
<p><b>Queer &amp; Trans Inclusive Practices for Educators</b></p> <p>This workshop is aimed towards those in teaching positions or those who work with students across all grade levels/contexts/content areas, including GA's and instructors of record. In this dialogic workshop, we will discuss inclusive language, pedagogy, and representation. Participants will have the opportunity to consider how cisheteronormativity shows up in everyday classroom spaces and discourse, as well as ways to enact more inclusive practices in their everyday work. This session is intended for all graduate students inclusive of any gender and/or sexuality.</p>	<p>9/13/2023 6pm-8pm</p> <p>10/17/2023 6pm-8pm</p> <p>11/2/2023 6pm-8pm</p>	<p>Zoe Dellaert <a href="mailto:zdellaert@uri.edu">zdellaert@uri.edu</a></p>

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<p><b>The Power of Personal Narrative</b></p> <p>In this session, participants will develop a baseline understanding for the influence and impact of including our own personal story into our work, research, studies. Sharing story, especially from our own lived experience, is a well-proven method for building trust, relationships, and empathy. During this interactive session, we will each share an image of our own choosing and describe the importance this particular image represents for ourselves and how it relates to how we see ourselves today. When this is done inside academia, within the context of research, there is a powerful opening of equity and relationship that can be shared amongst participants. It's also a lot of fun to learn about others and realize that our stories are interwoven more than we realize.</p>	<p>10/12/2023 4pm-6pm</p> <p>10/18/2023 1pm-3pm</p>	<p>Alex DeCiccio <a href="mailto:alex_deciccio@uri.edu">alex_deciccio@uri.edu</a></p>
<p><b>From Ramen to Resilience: Addressing College Food Insecurity</b></p> <p>Our workshop will offer an engaging exploration of a pressing concern within higher education. By delving into the nuanced causes and effects of college student food insecurity, participants will gain a comprehensive and compassionate understanding of the issue's significance beyond the classroom. This interactive session will teach attendees about how college students experience food insecurity and introduce them to a range of available resources for those in need. Additionally, participants will learn about resources available to college students, such as the on-campus food pantry, Supplemental Nutrition Assistance Program, and more. This workshop not only imparts valuable insights but also empowers attendees to take tangible actions that contribute to a more compassionate and supportive campus environment.</p>	<p>10/17/2023 1pm-3pm</p>	<p>Orianna Carvalho <a href="mailto:oriannacarvalho@uri.edu">oriannacarvalho@uri.edu</a></p> <p>Jodi Sutherland-Charvis <a href="mailto:jodisutherland@uri.edu">jodisutherland@uri.edu</a></p>