



DIBP SESSION TOPICS

Spring 2024

WORKSHOP TITLE & DESCRIPTION	SESSION DATE	FACILITATOR(S)
<p>Fundamentals of Diversity</p> <p>People have long sorted and stratified themselves based on social identity. Still, many of us belong to multiple social identities that create complex lived experiences because of power and privilege. This workshop will help participants to deepen their understanding of their social identity and the way power, and the privilege that it affords, shapes their daily lives. Special emphasis will be placed on the experiences of graduate students in college and university settings. The objectives for this workshop are to (a) define the concept of social identity; (b) outline the major social identities in the U.S.; (c) describe the three processes of social identity; (d) describe the systems of power, privilege, and oppression; (e) identify aspects one's own social identities; and (f) locate their positions on the Social Identity Scale.</p> <p>*Note: This workshop is required for badge completion</p>	<p>02/12/24 10am-12pm</p> <p>02/13/24 4pm-6pm</p> <p>02/14/24 6pm-8pm</p> <p>02/21/24 4pm-6pm</p> <p>02/22/24 10am-12pm</p>	<p>Jill Ashe jillashey@uri.edu</p> <p>Bryan Plankenhorn bplankenhorn@uri.edu</p> <p>Florence Fields ffields@uri.edu</p> <p>Zoe Dellaert zdellaert@uri.edu</p>
<p>Building a Diverse Mentor Network</p> <p>Mentoring is a critical component of success both professionally and personally. But it can be challenging to figure out what we need mentoring in, who we should seek mentoring from, and how to find those people. Mentoring takes many different forms and involves many different people. This workshop examines 1) the roles that mentoring plays in our growth, success, and happiness, 2) who makes up our network of mentors currently, and 3) how we can grow that network to be more diverse and inclusive of the full spectrum of lived experiences, approaches, and voices needed to set us up for success.</p>	<p>02/27/24 1pm-3pm</p> <p>03/18/24 4pm-6pm</p>	<p>Kelton McMahon kelton_mcmahon@uri.edu</p>

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<p>Anti-Muslim Bigotry</p> <p>Minority groups in the United States (US) suffer numerous difficulties because of the great diversity of our local communities. On top of these issues, which endanger civil peace and the safety of the entire community, comes anti-Muslim hatred. The primary drivers of such intolerance against Islam and Muslims in the US are racism, bias, prejudice, misrepresentation, and discrimination. Attacks, vandalism, arson, and other threats have been directed at the Muslim community and its organizations more frequently. Every time a Muslim commits an act of violence, there is room for some politicians and authors to demonize Islam and incite hatred toward Muslims. In actuality, Muslims cannot defeat anti-Muslim discrimination on their own. The American people ought to take a position for all citizens' rights, regardless of their race, ethnicity, color, or religion. These efforts are being made together to defend all minorities, including Muslims, as well as American principles. This discussion aims to dispel misconceptions and preconceptions about Muslims while also encouraging reflection on American principles and anti-Muslim hostility.</p>	<p>02/20/24 6pm-8pm</p>	<p>Abdelnasser Hussein husseina@uhd.edu</p>
<p>Seeing White</p> <p>"Just what is going on with white people? [...] Where did the notion of "whiteness" come from? What does it mean? What is whiteness for?" White people, we have work to do. In this weekly discussion-based virtual workshop series, we'll come ready to discuss two episodes (per week) of Scene on Radio's "Seeing White" podcast. Sign up to attend one session, a few sessions, or all – weekly attendance strongly encouraged not required. Note: "Seeing White" was released between February and August 2017...but the information remains critical and is not outdated. John Biewen hosts, Dr. Chenjerai Kumanyika is a regular guest, and Loretta Williams is the editor.</p> <p>*Please listen to corresponding podcast episodes (each about 30 minutes in length) and/or read corresponding podcast transcripts prior to each session. All podcast episodes are available at https://sceneonradio.org/seeing-white/ and a pre-work schedule is included below.</p> <p>Session 1 - 02/15 - episodes "Turning the Lens" + "How Race Was Made"</p> <p>Session 2 - 02/20 - episodes "Made in America" + "On Crazy We Built a Nation"</p> <p>Session 3 - 02/26 - episodes "Little War on the Prairie" + "That's Not Us, So We're Clean"</p> <p>Session 4 - 03/07 - episodes "Chenjerai's Challenge" + "Skulls and Skin"</p> <p>Session 5 - 03/29 - episodes "A Racial Cleansing in America" + "Citizen Thind"</p> <p>Session 6 - 04/02 - episodes "Danger" + "My White Friends"</p> <p>Session 7 - 04/11 - episodes "White Affirmative Action" and "Transformation"</p>	<p>02/15/24 4pm-6pm</p> <p>02/20/24 4pm-6pm</p> <p>02/26/24 6pm-8pm</p> <p>03/07/24 6pm-8pm</p> <p>03/29/24 10am-12pm</p> <p>04/02/24 4pm-6pm</p> <p>04/11/24 4pm-pm</p>	<p>Stephanie Argus stefanie.argus@gmail.com</p>

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<p>Calm Internal Anxiety and Angst</p> <p>Growth, contemplation and assimilation of Nonviolence starts from within.</p> <p>In their evolution and practice, imagine the internal dialogue and thought lives of the Greats: Gandhi of India, MLK & Coretta of U.S.A, Mandela & Winnie of South Africa, Teresa of Calcutta, Mairead of Ireland and the many individuals whose lives were and have been greatly impacted by the practice of Nonviolence, embedded in their vision of compassion directed toward peace and reconciliation.</p> <p>In this insightful seminar, participants will engage in experiential sharing with reflective exercise as a form of personal inquiry into personal disposition, potential barriers, and perspectives to fostering healthier, richer, and fuller interpersonal and professional relationships.</p> <p>Embraced from a diverse range of perspectives, Nonviolence as an internalized and lived practice becomes innate only when appreciated as innately linked to one's personal convictions and values. A contemplative/healing workshop.</p>	<p>03/07/24 10am-12pm</p> <p>04/09/24 10am-12pm</p>	<p>Roberta Opara ro-opara@uri.edu</p>
<p>Taking an Active Role in Antiracism</p> <p>Implicit and explicit factors influence the way that we act and speak; and may require some uncomfortable work to dismantle. In this workshop, we will work to better understand how to actively be anti-racist by 1. Learning how to recognize and work to unpack our biases 2. Acknowledging the meaning of intersectionality with regards to race and 3. Discussing how to challenge prejudices in our own circles. Participants will discuss the "active" component of anti-racism and the commitment to being anti-racist in all aspects of their lives.</p>	<p>02/27/24 10am-12pm</p> <p>03/21/24 4pm-6pm</p>	<p>Niki Lockwood dilockwood@uri.edu</p>
<p>Conflict Reconciliation and Compassionate Communication</p> <p>Real conversations are often the hardest to have. In our personal lives, at work, with mentors and professional colleagues, we invariably skim the surface of deeper issues when exploring difficulties or deeply rooted emotions and frequently arm ourselves with close at hand words, phrases or descriptors. Will an expanded emotional vocabulary assist us navigate these conversations we typically avoid? And help us connect better with others- even if we think they may be different or see things from a permanently placed lens of perception? In this session on nonviolent communication, we will expand our emotional vocabulary and explore the steps developed by Marshall Rosenberg as a tool to empower courageous conversations with which to broaden and ease ordinarily difficult conversations. Program objectives emphasized: 1, 4, 6</p>	<p>02/13/24 10am-12pm</p> <p>03/21/24 10am-12pm</p>	<p>Roberta Opara ro-opara@uri.edu</p>

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<p>Writing Diversity Statements</p> <p>Diversity statements are typically required when you apply for jobs in academic and professional sectors. These short pieces of writing highlight how you have worked (and will work) to advance equity, diversity, and inclusion in your professional life. In this workshop, Colleen Mouw will help you begin to craft your diversity statement. We will unpack components of successful diversity statements, discuss how search committees at different institutions review applications, and work as peers to develop your writing.</p>	<p>04/01/24 4pm-6pm</p>	<p>Colleen Mouw cmouw@uri.edu</p>
<p>All The World Is A Classroom: Performing as Teachers and Learners</p> <p>Theatre offers unique tools and techniques that can help educators expand their empathy and intercultural competence in the classroom. In this session, participants will practice: 1) becoming comfortable in presenting their authentic persona to students in order to cultivate a genuine sense of a classroom community; 2) improvisation exercises designed to help instructors promote the free exchange of ideas; 3) relaxation and rehearsal techniques that allow instructors to think on their feet with more agility when difficult conversations arise; 4) strategies to facilitate community building and sense of belonging in the classroom. Participants are encouraged to wear clothing in which they feel comfortable moving around.</p>	<p>03/19/24 10am-12pm</p>	<p>Anna Santucci annasantuccileoni@gmail.com</p>
<p>Parachute Science</p> <p>This workshop addresses a critical issue in the realm of research and fieldwork, where the concept of "parachute science" has gained prominence. This workshop focuses on promoting ethical and respectful engagement between researchers from wealthier Western countries and local researchers in foreign communities. It seeks to foster collaboration, knowledge sharing, and mutual respect, ultimately ensuring that the contributions of local researchers are acknowledged and valued.</p>	<p>02/28/24 1pm-3pm</p> <p>03/05/24 4pm-6pm</p> <p>03/25/24 10am-12pm</p>	<p>Jill Ashey jillashey@uri.edu</p>

WORKSHOP TITLE & DESCRIPTION	SESSION DATE	FACILITATOR(S)
<p>Social Justice & Disability: Recognizing, Understanding, and Addressing Ableism</p> <p>In this session, we will discuss stereotypes commonly held about people with disabilities and how these stereotypes are linked to many forms of ableism. We will dive deeper into ableism and ways that it shows up in the media and every day exchanges. Using historic and more contemporary models of disability, we will frame ableism and discuss strategies that can be used to counteract it. Finally, we will intentionally discuss invisible disabilities and the impact that they have on the daily lives of individuals managing them. The goals of this session are to help participants (a) understand and articulate stereotypes about people with disabilities, (b) identify and label ableism as they encounter it, (c) apply models of disability to various types of ableism, (d) provide context around invisible disabilities and the lived experiences of individuals with those diagnoses and (e) use their understanding of stereotypes, ableism, and invisible disabilities to be more thoughtful in their interactions with others.</p>	<p>03/04/24 10am-12pm</p> <p>03/18/24 10am-12pm</p>	<p>Paige Ramsdell pramsdell@uri.edu</p>
<p>Access, Advocacy, and Allyship within Formal Structures</p> <p>Inspired by the work of Sophie Williams on how to become an 'Anti-Racist Ally, we'll take an organizational lens to examine how these structures and units can also become agents embracing change by offering their members/employees power, agency, language and space to have the mighty conversations that frame better policies and stir the dynamic 'melting pot' of empowered diversity.</p>	<p>03/06/24 10am-12pm</p> <p>04/08/24 10am-12pm</p>	<p>Roberta Opara ro-opara@uri.edu</p>
<p>Queer & Trans Inclusive Practices for Educators</p> <p>This workshop is aimed towards those in teaching positions or those who work with students across all grade levels/contexts/content areas, including GA's and instructors of record. In this dialogic workshop, we will discuss inclusive language, pedagogy, and representation. Participants will have the opportunity to consider how cisheteronormativity shows up in everyday classroom spaces and discourse, as well as ways to enact more inclusive practices in their everyday work. This session is intended for all graduate students inclusive of any gender and/or sexuality.</p>	<p>02/21/24 6pm-8pm</p> <p>03/04/24 6pm-8pm</p> <p>03/20/24 6pm-8pm</p>	<p>Zoe Dellaert zdellaert@uri.edu</p>

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<p>Finding the Art and Humanity in Your Work</p> <p>In this session, participants will develop a baseline understanding for the influence and impact of including our own personal story into our work, research, studies. Sharing story, especially from our own lived experience, is a well-proven method for building trust, relationships, and empathy. During this interactive session, we will each share an image of our own choosing and describe the importance this particular image represents for ourselves and how it relates to how we see ourselves today. When this is done inside academia, within the context of research, there is a powerful opening of equity and relationship that can be shared amongst participants. It's also a lot of fun to learn about others and realize that our stories are interwoven more than we realize.</p>	<p>04/11/24 1pm-3pm</p> <p>04/16/24 1pm-3pm</p>	<p>Alex DeCiccio alex_deciccio@uri.edu</p> <p>Ryan Campos ryan_campos@uri.edu</p>
<p>From Ramen to Resilience: Addressing College Food Insecurity</p> <p>Our workshop will offer an engaging exploration of a pressing concern within higher education. By delving into the nuanced causes and effects of college student food insecurity, participants will gain a comprehensive and compassionate understanding of the issue's significance beyond the classroom. This interactive session will teach attendees about how college students experience food insecurity and introduce them to a range of available resources for those in need. Additionally, participants will learn about resources available to college students, such as the on-campus food pantry, Supplemental Nutrition Assistance Program, and more. This workshop not only imparts valuable insights but also empowers attendees to take tangible actions that contribute to a more compassionate and supportive campus environment.</p>	<p>04/15/24 4pm-6pm</p> <p>04/23/24 1pm-3pm</p>	<p>Jodi Sutherland-Charvis jodisutherland@uri.edu</p>
<p>Mental Health, Mad Studies, and Making of Inclusive Language</p> <p>This workshop will discuss mental health and the many ways in which those who identify as mad, have a mood disorder, have a personality disorder, or are neurodivergent might experience spaces or situations. Different forms of ableism will be discussed, particularly those iterations of ableism that affect the aforementioned groups. Everyday language makes frequent, unfortunate use of ableist terms and idioms that alienate these groups. Identifying these terms can help you choose more inclusive alternatives. Various social and academic expectations will be covered in terms of how they can be added stressors for these same individuals since many environments are designed with only the neurotypical, productive worker or scholar in mind. The academic study of mental illness, commonly called Mad Studies, will also be briefly discussed as it presents an opportunity for revolutionary methods of thinking about the mind. Various mental health resources will also be provided.</p>	<p>04/03/24 1pm-3pm</p>	<p>Holly Allen holly.allen@uri.edu</p>

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<p>Understanding Antisemitism: How it Manifests Today and How You Can Confront It</p> <p>This 90 minute workshop will provide students with the origins, evolution and context of past and present manifestations of antisemitism and will help students understand and feel well-equipped to identify, respond to and proactively educate others about antisemitism.</p> <p>In advance of this workshop, students will be asked to watch Part 1 (16 minutes) and Part 2 (9 minutes) of Hillel International's 3-part video series on antisemitism (https://www.hillel.org/three-part-video-series-on-antisemitism/) and fill out reflection sheets which will be used as part of our group discussion.</p> <p>Trigger Warning: The content of this curriculum may cause students to feel emotional or uncomfortable. For those who have encountered antisemitism directly, or know someone who has, these videos and discussion may trigger painful feelings.</p>	<p>02/29/24 4pm-6pm</p> <p>03/20/24 1pm-3pm</p>	<p>Amy Olsen amyolsen@uri.edu</p>
<p>Exploring Native American Data Sovereignty in the US</p> <p>In this workshop, participants will develop and explore the concepts of what data is and how it is acquired. Participants will learn how much of our data is protected under national law and how data has been stolen and misused from Native American communities. The workshop will conclude in exploring innovative actions that Indigenous Nations are taking today to protect their data, culture, and heritage.</p>	<p>03/06/24 4pm-6pm</p> <p>03/28/24 6pm-8pm</p>	<p>Bryan Plankenhorn bplankenhorn@uri.edu</p>
<p>Cultural Differences and its Entanglements in America</p> <p>This workshop focuses on cultural diversity and inclusivity, the relationship between culture, racism and inequality and identifies systematic cultural assumptions in America. It highlights cultural alienation within America and how it impacts our individuality, social and academic performance and how it has the ability to affect one's mental state.</p>	<p>02/29/24 10am-12pm</p> <p>03/26/24 4pm-6pm</p>	<p>Florence Fields ffields@uri.edu</p>
<p>LBPT: Let BIPOC Talk</p> <p>L.B.P.T: Let BIPOC Talk- An hour of conversation on issues, challenges, victories and experiences of black, brown, & indigenous, persons of color. Pose a Question. Share a resource. Voice a thought. Confidences respected & ALL are welcome!</p>	<p>03/19/24 1pm-3pm</p> <p>04/17/24 10am-12pm</p>	<p>Roberta Opara ro-opara@uri.edu</p>

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<p>Who is “Everyone” When You Say That “Everyone is Welcome”? - Creating Accessible Spaces</p> <p>Tables. Chairs. Lights. Everyday objects can become stress-inducing obstacles for those with disabilities or chronic illnesses. A classroom can therefore be a space that inhibits learning by creating discomfort or distraction. A workplace, an entertainment venue, and a place of business can all create similarly unwelcoming environments for certain groups. This session will cover some of the more common limiting aspects of various spaces and ways in which one might choose better alternatives. Online and print media, such as work correspondence, advertising, and social media posts, will also be discussed in terms of how accessible and welcoming they might be to those with various visual processing disorders and similar conditions.</p>	<p>04/10/24 1pm-3pm</p>	<p>Holly Allen holly.allen@uri.edu</p>