The HDF Writing Support Team is here to help you tackle any of your HDF writing assignments. The tutors all have strong research and writing skills and can help you break down term papers into manageable chunks. There are office hours Sunday through Thursday to help students with finding sources, APA formatting, proper citations, and organizing ideas. Don’t wait until the end of the semester to start working on your papers. Drop into the virtual office hours to get the help you need to write a successful paper.

**Contact:**

**Webex Virtual Office Link:**
https://rhody.webex.com/meet/HDFSupport01uri.edu

**Email:** hdfsupport@etal.uri.edu

**Schedule:**
- Sunday: 5:15-6:15
- Monday: 4:00-5:00
- Tuesday: 5:15-6:15
- Wednesday: 3:30-4:30
- Thursday: 5:30-6:30
My name is Meg and I am a sophomore in the HDF major with a focus in health and aging services, and recently added a minor in Gerontology. I’m from a small town in northern MA on the NH border and I have two dogs as well as chickens, ducks, and cats. I have always loved writing and have been very lucky with great English teachers and professors throughout my school career. I published a short 16 page story as part of a project in my senior year of high school, and after taking many writing courses I feel my writing has improved immensely since then. My time in HDF202 last semester allowed me to evolve my writing, understand formal APA writing more clearly, and made the process of writing much more practical in all other classes. My biggest problem has always been being too wordy (no surprise there), and Research in HDF helped me to be more concise. I look forward to working with you this semester!

My name is Ashley (they/she) and I am currently a junior in the HDF program here at URI. I previously received my associate’s degree from CCRI in 2018 and decided to go back to school in 2021 to complete my bachelor’s program. After graduation, I want to combine my interests in social justice and human development through a career in public policy research. While I have always enjoyed writing, my biggest hurdle was time management. This led to a lot of unfinished assignments, unnecessary stress, and several existential crises. Learning to manage my time efficiently has not only contributed to the quality of my work, but it has made my re-entry to college extremely smooth and worthwhile. I look forward to helping my fellow HDF students with any looming research papers and any other inquiries this semester!
Hi HDF majors! My name is Staci (she/her) and I’m a junior, a trained naturalist, and a roller skater! I spent the first few years after graduating high school with my foot in the door at the University of Delaware, unsure about my degree and my purpose with it. I switched my major multiple times and took as many semesters off as I did on. In fact, I actually failed a class and proceeded to take an additional semester off from the stress of a very particular term paper: one meant to be written in APA format. Being unfamiliar with scientific writing, I was terrified of APA and of losing my voice in a paper. Creative writing is a strength of mine, and I journal daily, so the thought of writing “robotically” scared me. Eventually, I found myself at URI, intimidated again by the number of APA papers I was required to write. With the APA manual (seventh edition, baby!) in hand and a supportive faculty by my side, I finally confronted my fears and broke down the research process into understandable pieces. I was surprised to realize that my voice could still be heard in my writing, though through my analysis and presentation rather than imagery. If I can learn how to write good scientific research papers, anybody can. I’m looking forward to helping other students surprise themselves with their abilities this semester. Come say hey!

Staci Pinkowitz

Hello everybody! My name is Cailin (she/her) and I’m a sophomore HDF major! I’m from South Kingstown, RI and grew up just minutes away from campus. Beyond the classroom, you can find me enjoying the outdoors, practicing yoga, playing the clarinet, or planning my next road trip! My journey as a writer has been pretty typical- I’ve always enjoyed the writing process and feeling the empowerment of communicating my thoughts through my writing (although my true peak was winning an essay contest in the sixth grade!). Jokes aside, HDF 202 changed my writing beyond any of my expectations! I always struggled with feeling overwhelmed by daunting due dates and procrastinating to the point of no return. HDF 202 taught me how to organize not only my writing, but my time as well. I was able to see research essays as an exciting opportunity to analyze and add my own ideas. Now, I feel confident in my ability to write with a plan while even getting a full night’s sleep the night before a paper is due! :)

Cailin Fairbrother
Hello fellow HDF students!

My name is Chy Ellis (she/her) and I am currently a junior in the Human Development and Family Science program here at URI! This is my second semester at URI, I actually was born and raised right here in Rhode Island and live in my family home, right at the bottom of campus- but I began my college education at our local Community College (CCRI) in Warwick, RI, where I received my Associate’s degree in Arts General Studies with a concentration in Early Childhood Education. I spend most of my free time managing a local bakery, Sweet Cakes Bakery and Cafe in Peacedale, RI. When I am not at work or studying you can catch me at the local farmers market, hanging with all my pets, or kayaking in my backyard.

Throughout my time at CCRI, I took many HDF courses which involved in-depth formal writings connecting theories to real-world applications. In one of my first classes at URI, I was prompted to hand in a research paper with no guidance or information on exactly what a research paper entails. I was apprehensive that my skills were not strong enough to write a good paper, let alone a good research paper. Thankfully, I was also currently enrolled in Professor Golas’ HDF 202 course, where you spend a big chunk of the course focusing on learning to write a research paper. During my first semester at URI, the APA manual was my lifeline, I used it for every class. I began concentrating on my writing skills, utilizing the APA format and properly citing information within research papers. Spending the time to find reputable sources and reading them thoroughly helped me immensely—because of my knowledge of the topics and APA, my confidence gained greatly. During this semester I hope to re-enforce the things I have learned and continue to grow as a writer. Please reach out to me with any questions. I will be available Monday’s 4-5 pm, and look forward to working with you this semester!