

KEEPING UP WITH CAMPUS REC

VOLUME 2
MAY 2026



SEE YOU IN FALL!

As the semester winds down and campus begins to quiet, we want to thank you for being part of our Campus Recreation community this year! Whether you joined us for group exercise classes, intramural sports, or just found your routine in the gym, your energy this year memorable. We hope your summer is filled with rest, movement, and time to recharge. We hope you have a safe and active summer.

SUMMER HOURS

MACKAL FIELD HOUSE

Monday-Friday: 7:30am - 8:00pm

TOOTELL AQUATIC CENTER

May 18th - June 18th

Monday-Friday: 7:30am - 12:00pm | 5:00pm - 8:00pm

June 22nd - July 31st

Monday-Friday: 7:30am - 2:00pm | 5:00pm - 8:00pm

ANNA FASCITELLI FITNESS & WELLNESS CENTER

Monday-Friday: 6:00am - 7:00pm



Find our hours here!



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WHAT'S TO COME: FALL 2026

With the 2025-2026 school year coming to an end, there is already a lot to look forward to when we plan our return to campus this Fall! One exciting event students can participate in is **FloURish Fest**, which will be back on the Quad in **September** for an afternoon full of games, activities, food trucks, and opportunities to connect with other students and organizations that support your holistic well-being. Whether you are a new student or returning, FloURish Fest is always a fun and welcoming way to start off a new semester, stay tuned for more info!

For students looking to get or stay active, the beginning of the fall semester marks the return of intramural leagues and club sports teams, which will open in early August/September. Joining a sport allows students to meet new people, build friendships, and become part of a community outside the classroom. With a wide variety of sports and activities available, there are options for different interests, making it a fun way for everyone to find something they enjoy. Students can also look forward to the usual aquatics classes, wellness events, and fitness classes. The sailing center will also be open, giving students even more ways to enjoy campus through activities like kayaking and paddleboarding as part of their built in student membership. Coming to URI this Fall means more than just heading back to class; it means new memories and new opportunities. See you in the Fall!

To learn more information about all Campus Rec programs, services, and upcoming opportunities visit [Campus Rec](#). Be sure to follow our social media pages [@uricampusrec](#) to stay updated!

STUDENT EMPLOYEE HIGHLIGHT

Casey Van Zilen's journey with Campus Recreation Marketing is a true example of growth, leadership, and impact. Since joining the team during her second semester of freshman year as a photographer, Casey has consistently elevated both her skillset and her role within the department. Now serving as a Program Assistant as she prepares to graduate, she has become a key contributor and trusted leader on the team.

Known for her professionalism and forward-thinking approach, Casey brings a strong sense of big-picture strategy to every project she touches. Her ability to think critically and lead with intention has made her an invaluable asset, not only in her day-to-day responsibilities but also through her involvement in leadership and event committees across the department.

Originally from New Hampshire, Casey is a film major whose creativity shines through in her work. She balances her academic and professional commitments while also performing as a member of the URI Club Dance team. Her influence on the marketing team has been lasting, shaping both the culture and the quality of work produced. Casey's dedication, leadership, and passion for Campus Recreation will leave a lasting mark, and she will truly be missed.



Casey Van Zilen
Marketing Program Assistant



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INTRAMURAL SPORTS CHAMPIONSHIPS

Congratulations to all our newly crowned champions as the spring Intramural Sports season officially comes to a close! After an action-packed semester that saw lively competition in everything from Spring 1 futsal and basketball to Spring 2 flag football and soccer, we are proud to recognize the teams that rose to the top. A huge shoutout to all the athletes who competed across both sessions. Your energy and sportsmanship are what make the Intramural Sports community so vibrant! Keep an eye out for Fall 1 registration on IMLeagues later this year. Stay in the loop with registration announcements on our social media and our website imleagues.com

IMSPORTS SRPING 1 CHAMPS:

Co-rec Futsal: ;))))))

MVP: Andan Fry

Mens Futsal: Net Flicks

MVP: Raymond Owusu-Ansah

Co-rec Basketball: State of Greenland

MVP: Evan Houle

Men's Basketball: Bron Julio

MVP: Jean Preira

Volleyball: Phi Psi

MVP: Austin Ashby

IMSPORTS SRPING 2 CHAMPS:

Men's 4v4 Flag Football: Zeeb

MVP: Brayden Healey

Co-rec 4v4 Flag Football: Weekend Warriors

MVP: Connor Brayton

8v8 Men's Soccer: ZBT

MVP: Alex Rodrigues

8v8 Co-Rec Soccer: Kimchi

MVP: Yvens Zamor

Men's Softball: Sig Ep

MVP: Parker Sweitzer

Co-rec Softball: Ty's Delinquents

MVP: Ryan Fuscaldo



CLUB SPORTS

With over 35 (new teams coming in fall!) teams, the URI Club Sports program is the perfect way to stay active and competitive during your time at URI. Head to uriclubsports.com to find your sport, meet the teams, track stats, and keep up with the latest Rhody club sports action!



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SENIOR SEND OFF

Our Senior Send-Off & Staff Appreciation event happens every year towards the end of the Spring semester, showing our appreciation for our staff and how much they mean to us here at Campus Rec. Outside Keaney Gym, we had food and yard games outside where staff got the chance to mingle. To end the afternoon, we had a slideshow celebrating our graduating staff and handed out their Senior gifts and Graduation Cords! Whether they worked in Marketing, Aquatics, Fitness & Wellness, Facilities, IM Sports, Club Sports, Sailing, or Professional Staff, every one of them has played an important role in representing who we are and what we stand for. Senior Send-Off & Staff Appreciation was our way of saying thank you for all their hard work and dedication, and wishing them all the best.

Congratulations to our graduating Campus Recreation senior employees! We are happy to have had you with us throughout your college journey here at the University of Rhode Island. You have made many contributions to promoting and uplifting our mission and values at Campus Rec. It won't be the same without you, but know that you will always have a place here, no matter where your path takes you.

Check out some words from our seniors [here!](#)

OUR GRADUATING SENIORS

Katherine Abbott
Ashraf Alashwal
Madeline Allen
John Almy
Eryn Anderson
Okeyo Ayungo
Angelina Barrett
Faith Berenato
Steven Brown
Daniel Burns
Kristina Camacho
Olivia Camire
Sara Capasso
Ethan Carpio
Emily Chatelle
Nick Ciampi
Tara Clark
Ty Condon
Madi Connors
Maggie Coyle
Caeley Cranstoun

Nick Crudale
Kayleigh DeCarlo
Andre DePina-Gray
Louisa Dice
Paige Donato
Gabriella Eades
Kaylie Eckert
Joachim Enoo
Anna Fox
Nicholas Giardini
Annabella Giovingo Mino
Katarina Hatch
Rafael Heagney
Ethan Hines
Evan Houle
Dylan Kerble
Claudia Kessinger
Matthew Kistler
Magnus Kohler
Angelina Luongo
Haley Martins

Lindsay McCabe
Sam McElligott
Adam Mizia
Katie Mohr
Maria Morrow
Erin Mullaney
Shaun Murray
Ruth Najel
Taylor Nelson
Emily Nigro
Jack Nystrom
Sam Ofurie
Grace O'Hanlon
Unwana Okokun
Ryan Okorn
Evan O'Neill
Krystyna Opsasnick
Christian Ortiz
Mason Palmer
Dylan Parsons
Hailee Patnaude



Cole Pepin
Rhianna Phipps
Hannah Porcelli
Nana Prempeh
Nick Rockwell
Angelina Sayah
Michael Scetta
Lucas Serafin
Ryan Sislin
Aidan Stephenson
Erin Sweeney
Katie Tenebruso
Kyle Tomaskovic
Dominic Turchio
Justin Un
Casey Van Zilen
Lucas Verde
Josie Zeigler



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SPRING RECAP: OUR TOP BLOGS

[*One Last Run: Nationals, Leadership, and Leaving a Legacy*](#) by Erin Mullaney

[*Spring 1 IM Championships*](#) by John Almy

[*Sock Madness: Toe-to-Toe Competition*](#) by Aaliyah Holford

[*Self Defense With Campus Rec*](#) by Aaliyah Holford



STAYING ACTIVE WITH URI OVER THE SUMMER

You may have attended a yoga class or kept a weekly schedule at our Campus Recreation facilities during the school year, there are still many ways to maintain physical wellness with Campus Rec over the summer. Campus Rec provides all the ways students and faculty can continue their fitness journey even when school is out of session. Physical well-being is a priority that Campus Recreation takes pride in. Most people look forward to the slowdown after heavy exams; understandably, others look forward to reconnecting with hometown friends, and lots of people are excited to reel in the summer job money. While these are very important, physical well-being can be a part of a stay-at-home or staying active summer. It's easy to get lost in lounging in the AC or poolside, but it is also just as easy to balance your physical health as well. Staying active and balancing a job with relaxation over the summer is something I look forward to as well.

Personal

As a student who came to Rhode Island for college all the way from Michigan, I can understand the worry about missing out on campus over the summer. Before college, my activity during the summer was maintained by my job. As a head lifeguard, my duties were not on stand, but supervising. When the pool was slow, and the chaos had settled, I was out walking around the pool while also doing my job or supervising. It was an easy way to be active and stay close to my lifeguard when they needed me. I have never been adamant about tracking my progress, but my job required a watch for when kids took the swim test that I conducted. My mom gave me an old Apple watch she no longer used, and while it was very outdated, I could still count my steps and close out those rings. Something I have often heard from people I know who work in the service industry is the amount of time you are on your feet. If finding time to get a walk in is difficult but you spent an entire dinner shift keeping tables full and happy, you should give yourself the credit.

Many other lifeguards and aquatic workers would know that it is a requirement to complete an endurance swim, and many facilities require monthly in-services. This is one of those ways I stay active that I do not always enjoy, but it is part of my job. Staying active as part of your job is one of the best ways to fulfill wellness over the summer because on those days off, you have free will to relax.



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URI CAMPUS
RECREATION

Another way I relieve stress or find something to do on a hazy summer day is to take my dog for a walk. She's a black lab puppy, which means her energy is infinite. Walking her is less about staying active for me but more about taking care of my pet; her wellness just so happens to contribute to my own physical well-being as her owner. Much like other labs, she loves to swim. Michigan doesn't have oceans, but the lakes are phenomenal. We take our boat out and let her jump off the boat with us. Most of the stigma around being active is that it can feel like a chore, that is what makes all of these things great options for staying active over the summer is that they are already intertwined in our summer schedules. You can feel good about what you have done in a day rather than what you might not have time for with work, internships, and being home. Several students and faculty stay local during the summer. Campus Rec offers a few ways to be active on campus you may want to check out this summer.

Campus Rec Summer

Are you a local student looking for campus based activities? Being a Rhode Island resident has its perks. Cool down with the ocean breeze by trying out the sailing center with kayaks and paddle boards available for access this summer. As a midwesterner, it is on my bucket list to learn to sail or even just attend one of the sailing classes just to say I did it. The summer is a perfect time to take advantage of our sailing center because there are no classes or meetings in your day that you have to work around. There are even paddle boards and kayaks for student use, which make for a perfect leisurely way to wind down after a busy shift or long day at the beach. Do you enjoy sunset bike-rides? On campus, we have our famous bike trail that gets used year-round. All throughout the year, someone you know is posting a sunset photo from the bike trail. Make it out this summer to capture that sunset while getting a bike ride or walk in, which feels extra special at sunset in the summer and it's starting to cool down after a hazy day. It is a perfect, free activity to do on a whim with a group of friends. The aquatic center on campus will be open from June through July for learn to swim classes, open swim, and community aquatics. Maybe on a rainy day, you had beach plans that got ruined, come out to the aquatics center and get your fix of a nice swim.

In summary, whether you stay close or go far from campus this summer, there are many ways to continue physical wellbeing this summer with Campus Recreation. Prioritize yourself this summer when you're balancing a job or internship with your "me time." Bike rides, walks, going to work, just do it for yourself and meet us back in the fall to swing back into school.

By Maya Kelly



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