

KEEPING UP WITH CAMPUS REC



WELCOME BACK

Welcome back, Rams! We are so excited to have everyone back on campus, and we hope your summer was everything you needed it to be. Whether you're returning for another year or stepping onto campus for the very first time, we are so glad you're here. The start of a new semester is one of our favorite times of the year. There's an energy on campus that's hard to describe, and we love being part of it. Campus Rec is here for you as things start to pick up, not just as a place to work out, but as a place to take a breath, find your people, and make some of the best memories of your time at URI. However you choose to use it this semester, we're happy you're back!



Find our hours here!



www.rhodyrec.uri.edu



Follow Us: @uricampusrec

**R CAMPUS
RECREATION**

FALL STANDARD HOURS

Campus Rec's fall hours are back! Whether you're looking to work out, swim, or join a group fitness class, there's plenty of time to make Campus Rec part of your routine this semester. Stop by and make the most of everything Campus Rec has to offer!

To see updates about all Campus Rec facilities, visit [Campus Rec](#). Also, be sure to follow all of our social media pages, [@uricampusrec](#), to stay updated!

MACKAL FIELD HOUSE

Monday	6:00am - 11:00pm
Tuesday	6:00am - 11:00pm
Wednesday	6:00am - 11:00pm
Thursday	6:00am - 11:00pm
Friday	6:00am - 10:00pm
Saturday	9:00am - 7:00pm
Sunday	12:00pm - 10:00pm

ANNA FASCITELLI

Monday	6:00am - 11:00pm
Tuesday	6:00am - 11:00pm
Wednesday	6:00am - 11:00pm
Thursday	6:00am - 11:00pm
Friday	6:00am - 10:00pm
Saturday	9:00am - 7:00pm
Sunday	12:00pm - 10:00pm

TOOTELL AQUATIC CENTER

Monday	7:30am-2:00pm 6:30pm-9:00pm
Tuesday	8:00am-2:00pm 6:30pm-9:00pm
Wednesday	7:30am-2:00pm 6:30pm-9:00pm
Thursday	8:00am-2:00pm 6:30am-9:00pm
Friday	7:30am-2:00pm 6:30am-9:00pm
Saturday	11:30am - 4:30pm
Sunday	12:30pm - 7:30pm

BEFORE VISITING ANY OF OUR LOCATIONS, WE ALWAYS HIGHLY RECOMMEND VISITING OUR WEBSITE HOURS PAGE FOR ALERTS, SPECIFIED HOURS BY LOCATION, REVISED HOURS, AND CLOSURES.

RHODY BIKE PROGRAM

Did you know Campus Rec offers a completely free bike program for all enrolled URI students? RhodyBIKES lets you reserve a bike up to one day in advance at the Mackal Field House. Each rental includes a bike, helmet, and U-lock at no cost to you. The on-campus path connects directly to the William C O'Neill South County Bike Path, giving you a scenic route all the way to Kingston Station, Peace Dale, Wakefield, and even Narragansett. First time riders are required to sign a waiver in person before their first checkout, and it stays valid for the full academic year. Visit [RhodyBIKES](#) for more information and reserve your bike today!

Reservations begin Sept. 8.



Visit our website



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UPCOMING EVENTS

RhodyFest:

RhodyFest is a move-in weekend staple. Visit Campus Recreation's booth and Club Sports tables to learn more about our upcoming programs, offerings, and opportunities in person. Find us on the URI Quad from **3-6 PM on Sunday, September 6.**



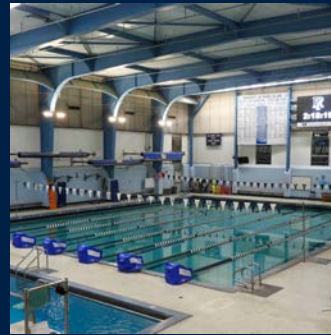
Intramural Sports Registration:

Fall intramural sports registration opens **September 8th at 12 PM!** Whether you have a full team ready to go or want to sign up as a free agent, there's a spot for you. Head to [IMLeagues](#) to register and find out which sports are available this season.



Back to School Pool Party:

Kick off the semester the right way at URI Aquatics' Back to School Pool Party! Join us **Tuesday, September 8th from 7-10 PM** at the Tootell Aquatic Center for floats, games, music, and a cannonball contest. It's free and open to all students, no registration required. See you in the pool!



FloURish Fest:

FloURish Fest will be on the Quad on **September 16, 11 AM - 2 PM**, with games, activities, food trucks, and a chance to connect with students and organizations that support your well being, all sponsored by MATRIX and Preform Better. Whether you're brand new to URI or returning for another year, FloURish Fest is always a fun and welcoming way to kick off a new semester. Stay tuned for more details!



Visit our website



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SUMMER EMPLOYEE HIGHLIGHTS

This summer, we highlighted four incredible members of the URI Campus Rec team: Kesli, Hannah, Andre, and Devon.

From Kesli's growth across multiple roles and her transition into a Program Assistant position, to Hannah's thoughtful tradition of greeting every young sailor by name, each has made a unique impact on our department.

Andre continues to balance academics, URI football, and his work with Facilities & Operations while going above and beyond to support our team. This year, he was also recognized with the Elizabeth Holmes Senior Award from URI Athletics. Devon has quickly grown from a Rec Attendant and CSA into a supervisor while taking on new leadership opportunities and completing a summer research fellowship.

We're proud to have these four—and so many other dedicated student employees—representing Campus Rec every day. Thank you, Kesli, Hannah, Andre, and Devon, for everything you bring to our team!



Andre DePina- Gray | Rec Attendant



Hannah Porcelli | Sailing Instructor



Kelsi Stickels | Aquatics PA



Devon Butzinger | Facilities & Operations Supervisor



**KEEP UP WITH ALL THINGS CAMPUS REC
& EMPLOYMENT ON OUR LINKEDIN PAGE:
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INSIDE REC BLOG: SUMMER RECAP

What a summer it has been for the Inside Rec Blog! We kicked things off with *Five Weeks to a Stronger You*, a spotlight on the FAST strength training program and its benefits for URI faculty and staff.

As the season picked up, we shifted to summer living with *Finding Your Summer Routine*, a student perspective on building structure and staying active when the semester schedule disappears. We followed that with *Making the Most of Summer in RI*, highlighting the many ways Campus Recreation can serve as a home base for exploring Rhode Island in the warmer months—from the Sailing Center and bike paths to the pool.

We wrapped up the summer with *New Semester, Stronger You*, published just in time for move-in. The piece offers incoming and returning students an honest, personal look at finding their footing on campus and how Campus Recreation can be part of their routine this semester.

Catch up on all of our summer Inside Rec Blog posts below!

[*From New Student To Feeling at Home*](#) by Megha Sud

[*New Semester, Stronger You*](#) by Megha Sud

[*Making the Most of Summer in RI*](#) by Megha Sud

[*Finding Your Summer Routine*](#) by Megha Sud

[*Five Weeks to a Stronger You: FAST is Back This Summer*](#)
by Megha Sud

[*Note to My Freshman Self*](#) by Aaliyah Holford



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