

UNIVERSITY OF RHODE ISLAND - UNIVERSITY FOR ACADEMIC SUCCESS
 CENTER FOR CAREER AND EXPERIENTIAL EDUCATION
ITR 300 Career & Professional Development

Instructor: Audra Lavoie

Zoom Room: <https://uri-edu.zoom.us/my/audrarilyan>

Mode: Synchronous Classroom, Monday -Thursday, Chafee 251

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COURSE DESCRIPTION

Students in ITR 300 will identify personal strengths, interests, skills and values as they relate to career exploration and decision making. ITR is designed to increase awareness of the professional decision-making process, develop technical job search skills, and highlight the relationship between education and the professional world.

Site Visits:

RI State Internship Program - connects students to internships throughout the state departments on topics such as criminal justice, law, policy, economics, finance, human rights, local government, nonprofit, and more.

Women's Fund RI - local nonprofit advocating for policy change to improve quality of life for RI's vulnerable populations.

Dorcas International Institute- RI's largest refugee resettlement agency, immigration services, education, social help, +

Open Doors - nonprofit advocating and supporting the formerly incarcerated into sustainable and healthy life

URI Crime Lab - analyzes evidence from a variety of law enforcement agencies

US District Court - federal government, court system, probation, and more

COURSE SCHEDULE

Day	Topics Discussed	Assignments
January 9	URI	Syllabus discussion and class expectations Introductions and Connecting to class Develop Elevator Pitch Professionalism and Career Competencies Growth Mindset
January 10	RI State House, Providence, RI	Meet with RI State Internship Program Meet with Women's Fund RI Work in advocacy and politics
January 11	URI, Crime Lab	Tour URI Crime Lab Major to Career exploration
January 12	Open Doors, Providence, RI	Meet with Open Doors Work in advocacy and with vulnerable populations Motivational Interviewing discussion and nonjudgement
January 13	URI	Self Assessments - career, personality, values Resumes and ATS
January 14	URI	Interviewing Critical conversations - Giving and Receiving Feedback
January 15	URI	LinkedIn Networking
January 16	No Class	MLK Day
January 17	Dorcas International Institute of RI (DIIRI), Providence, RI	Meet with DIIRI Cover letters
January 18	US District Courts, Providence, RI	Tour of courts and meet with multiple roles that work at the courts Finding and applying to opportunities in the federal government
January 19	URI	Mock Interviews