

Alexis Dean

North Kingstown, RI (518) 269-5677 | Alexisdean10@uri.edu

Education:

Bachelor of Science | University of Rhode Island | Kingston, RI May 2023
Major: Dietetics

Bachelor of Science | State University of New York at Potsdam | Potsdam, NY May 2021
Major: Community Health | Magna Cum Laude

Minor: Nutrition

Certifications: Servsafe, National Restaurant Association Expiration 3/28/2027

Experience:

Rhode Island Hospital | Providence, RI May 2023 - Present

Dietetic Tech

- Conduct nutrition screening according to pre-established criteria
- Collect and review food and nutrient intake information
- Implement and monitor nutrition interventions as assigned by clinical Dietitian
- Communicate results and important patient information in designated computer systems
- Work with Cbord Room Service network or other electronic menu systems to collect menu choices for patients with severe allergies or complex diet orders, to ensure patients receive balanced and appropriate meals

Undergraduate Research Assistant | URI, Kingston, RI September 2021 - Present

Research Assistant

- Assisted with gathering and analyzing data on eating behaviors in college age students
- Assisted in data management through data entry and organization
- Analyzed research articles for future studies

Miriam Hospital Cardiac Rehab Center | East Greenwich, RI March 2021 - Present

Dietetic Tech

- Provided patient education related to cardiac diets
- Developed individualized handouts to aid in patient education such as holiday dishes or desserts
- Assisted in meal planning such as finding and providing appropriate recipes
- Assisted in plating meals for the patients in a timely manner
- Provided grocery store tours to patients

Brookdale Senior Living | Kingston, RI September - March 2021

Dining Room Server

- Assisted residents with making menu choices in compliance with prescribed diet
- Cleaned, set up, and organized eating, service, and kitchen areas

Cornell Cooperative Extension | St. Lawrence County March - August 2021

SNAP-Ed Nutritionist

- Planned, coordinated and implemented evidence-based nutrition programs for SNAP eligible individuals in accordance with USDA SNAP-Ed guidelines
- Conducted and evaluated interactive educational workshops and food demonstrations with SNAP eligible youth and adults to eat healthfully on a budget
- Collaborated with other community agencies to provide nutrition education to eligible participants

Volunteer work

- Potsdam Neighborhood Center

Awards

- Maxcy Molnar Award

Acknowledgements

- URI Dean's List
- SUNY Potsdam Women's Soccer Team Captain
- Student-Athlete Advisory Committee representative