

Elizabeth Ellen Colgan

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EDUCATION

The University of Rhode Island – GPA: 3.98, Summa Cum Laude	Kingston, RI
<i>Bachelor of Science: Nutrition & Dietetics, Dietetics Focus</i>	May 2022
<i>Master of Science: Nutrition & Food Science</i>	Graduation: May 2024
Hofstra University – GPA: 3.71, Cum Laude	Hempstead, NY
<i>Bachelor of Science: Community Health Minors: Nutrition Science & Exercise Science</i>	May 2020

FIELD EXPERIENCE

Cincinnati Children’s Hospital	Cincinnati, OH
<i>Shadowing Experience</i>	June 2023
<ul style="list-style-type: none"> Shadowed pediatric Registered Dietitians working in specialties of Ketogenic-Neurology, Eating Disorders, Inpatient Psychiatry, Interdisciplinary Feeding Team, Gastroenterology, NICU, Allergies 	
URI Big Data and Eating Decisions Lab	Kingston, RI
<i>Undergraduate Research Lab Assistant</i>	February 2021 – February 2022
<ul style="list-style-type: none"> Collected and analyzed data for the Healthy Campus Initiative Project 	
Rhode Island Nutrition Therapy	East Greenwich, RI
<i>Nutrition Intern</i>	June 2019 – August 2021
<ul style="list-style-type: none"> Provided Medical Nutrition Therapy alongside the Registered Dietitian Created, distributed, and explained educational handouts to patients Researched, created, and presented an Intermittent Fasting program for patients 	
Evolution Nutrition	East Providence, RI
<i>Nutrition Intern</i>	February 2021 – May 2021
<ul style="list-style-type: none"> Updated patient charts with PES statements, ICD-10 codes, and insurance information Created educational handouts for patients Observed Registered Dietitians providing Medical Nutrition Therapy Aided with electronic medical record software transition (eClinical to IntakeQ) transferring patient medical information 	
Monter Cancer Center	Lake Success, NY
<i>Nutrition Department Volunteer</i>	February 2020 – March 2020
<ul style="list-style-type: none"> Created educational handouts for patients Developed and coordinated National Nutrition Month Activities 	

DIETETIC INTERNSHIP ROTATIONS

Food Service Management	January – February 2023
<i>Hours Completed – 320</i>	
<ul style="list-style-type: none"> Rhode Island Department of Corrections <ul style="list-style-type: none"> Created and tested recipe to implement into Department of Corrections cycle menu Taught food service management certification course for inmates The Miriam Hospital <ul style="list-style-type: none"> Shadowed nutrition supervisors, hosts, and retail manager to observe daily activities Observed inventory conduction processes 	<p>Cranston, RI</p> <p>Providence, RI</p>
Community Nutrition	February – May 2023
<i>Hours Completed – 380</i>	
<ul style="list-style-type: none"> Trinity Health and Rehabilitation Center <ul style="list-style-type: none"> Created handouts for low sodium and diabetic friendly snack ideas appropriate for long term care patients Lifespan Community Health Institute <ul style="list-style-type: none"> Created and presented various nutrition education workshops: sugar sweetened beverages, calorie and protein importance for dementia/Alzheimer’s, calcium and older adults Created handouts for Lifespan food pantry clients SNAP-Ed and EFNEP <ul style="list-style-type: none"> Conducted nutrition education workshops for elementary students on the colors of fruits and vegetables and their role in the body Presented InService on Vietnamese Cuisine and Culture to office staff 	<p>Woonsocket, RI</p> <p>Providence, RI</p> <p>Providence, RI</p>

- Created various handouts
- Conducted data analysis for survey data for adult nutrition education series

Clinical Nutrition

September – December 2023

Hours To Be Completed – 600

- Landmark Medical Center
- Rhode Island Hospital
- Rhode Island Nutrition Therapy

Woonsocket, RI
Providence, RI
North Kingstown, RI

WORK EXPERIENCE

Pezza Farm and Garden Center

East Greenwich, RI

General Manager

May 2021 - Present

- Organize store merchandise: fresh produce and meats, plants, soil, baked goods
- Assist in baking cookies, pies, and tarts

Hofstra Office of Undergraduate Admission

Hempstead, NY

Pride Guide

September 2016 – May 2020

- Conducted information sessions and provided campus tours for prospective students and families

Hofstra University Academic Tutor

Hempstead, NY

Anatomy & Physiology

January 2020 – May 2020

- Provided one-on-one tutoring for anatomy students and assisted course professor in evaluation of student work

VOLUNTEER EXPERIENCE

University of Rhode Island Free Farmers' Market

September 2021 – October 2021

- Harvested vegetables from campus farm
- Greeted and educated students at Farmers' Market

PUBLICATIONS & CERTIFICATIONS

Pending Publications:

1. Colgan E. Nutrition Environment in the Food Pantry Assessment Tool (NEFPAT) at the Jonnycake Center for Hope and the Rhody Outpost. November, 2022.
 - a. Poster awarded second place at the 2022 Healthy Campus Research Consortium

Certifications:

ServSafe Food Safety Manager

Expires: March 2026