

UNIVERSITY OF RHODE ISLAND FREE FARMERS MARKET

9-Week University Farm Food Reallocation Program



PROGRAM DESCRIPTION

The **Free Farmers Market** was a collaborative program between *URI Health Services, Colleges of Health Sciences and Nursing*, and other campus groups, that mobilized student volunteers to glean and distribute excess produce from campus farms to the university community.

Program Reach

Estimated community members reached **>1,400**

Pounds of produce distributed **> 5,000**

Number of volunteers **> 40**

Number of students screened for Food Insecurity **> 800**

Free Farmers Market Participants

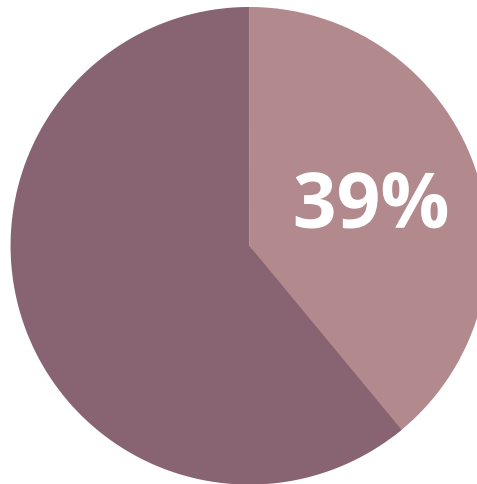
Surveys were administered at each of the last 6 weeks of the Free Farmers Market

Undergraduate students 88%

non-White students 17%

Identified as a woman 80%

Low-income students 12%



Thirty-nine percent of Free Farmers Market participants screened positive for Food Insecurity.

Nutrition Facts

10,000 total servings of produce distributed

Total produce distributed in

Pounds 5,000

Nutrients of Public Health Concern		Servings
Dietary Fiber	44,000 g	1,500 x 100% DV
Potassium	430,000 mg	900 x 100% DV
Vitamin D	24,000 IUs	31 x 100% DV
Iron	9,500 mg	500 x 100% DV

With over **5,000 total pounds of fruits and vegetables** gleaned from campus-based farms, an estimated **10,000 total servings of produce** were distributed to University of Rhode Island students.

It is estimated that through collaborative efforts, **44,000 grams of Dietary Fiber** (equivalent to 1,500 100% DVs), **430,000 mg of Potassium** (equivalent to 900 100% DVs), **24,000 IUs of Vitamin D** (equivalent to 31 100% DVs), and **9,500 mg of Iron** (equivalent to 500 100% DVs), were diverted from farm-level food loss/waste