

Nader (Nick) Hamdi, MS, RD, LDN

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EXPERIENCE

Metrowest Nutrition and Therapy

Dietitian/Nutrition Therapist

August 2023 – Present

- Conduct one-on-one client sessions focusing on comprehensive nutrition assessments and counseling.
- Coordinate care with physicians, therapists, psychiatrists, and staff at residential/IOP/Partial Hospitalization programs for EDs.

Karuna Nutrition and Movement

Eating Disorder Dietitian/Nutrition Therapist

July 2022 – July 2023

- Conduct one-on-one client sessions focusing on comprehensive nutrition assessments and counseling.
- Coordinate care with physicians, therapists, psychiatrists, and staff at residential/IOP/Partial Hospitalization programs for EDs.
- Mastered and trained other staff RDs on EMR system use (including IntakeQ and Simple Practice platforms).
- Developed and maintained strong partnerships with LGBTQ+ health providers in Massachusetts and Rhode Island to maximize referrals.

Supplemental Nutrition Assistance Program-Education – Rhode Island Cooperative Extension

Program Lead, Feeding Families Your Way (FFYW) Program

August 2021 – May 2023

- Serve as point of contact to facilitate meetings and training of research staff at Brown University, pediatricians and clinical social workers at healthcare centers across Rhode Island, and food assistance community partners on a multi-site education program.
- Utilize contemporary project management certification training and tools to improve efficiency, plan and track projects, and maximize research project deliverables, driving several subprojects to completion.
- Provide ongoing supervision, training, and evaluations for dietetic interns, FFYW nutrition educators, and undergraduate students.
- Build/establish relationships with community partners to coordinate planning and technical assistance to implement public health programming.

Family and Consumer Sciences – Illinois Cooperative Extension

Program Assistant and Dietetic Intern

August 2019 – June 2021

- Clinical training at Carle Foundation Hospital, a 430-bed Level I Trauma Center and teaching hospital serving most of Eastern and Southern Illinois.
- Community and Food Service rotations at Champaign WIC Program and Champaign Unit 4 School District
- Rigorous training in intensive and critical care nutrition support.
- Highly experienced with Epic electronic medical record system.
- Provided medical nutrition therapy to patients of all ages and their families, and consultation to interdisciplinary care teams in each unit of the medical center.

University of California, Davis Medical Center (Sacramento, CA)

Pediatric Clinical Advocate

August 2016 – June 2018

- Worked alongside outpatient clinic staff and UC Davis resident physicians to address the non-medical needs of patient families at a low-income pediatric clinic (FQHC).
 - Screened patients and their families for barriers to food access, employment, childcare, housing, and other non-medical necessities, and worked with physicians to provide referrals to community-based organizations that provide specific resources.
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EDUCATION

University of Rhode Island

graduation expected May 2024

Doctor of Philosophy, Health Sciences (Part-time, ABD status)

University of Illinois at Urbana-Champaign

2021

Master of Science, Public Health Nutrition

University of California, Davis

2018

Bachelor of Science, Clinical Nutrition, Minor: Women's Studies

SKILLS, TRAINING, AND AWARDS

Certificate in Project Management and Planning – University of Virginia

2023

Foundation Scholarship Award – Academy of Nutrition and Dietetics

2020 – 2021