

Mackenzie Harkins

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EDUCATION

University of Rhode Island Kingston, RI
Master of Science in Nutrition/Dietetic Internship May 2024
University of New Haven West Haven, CT
Bachelor of Science in Nutrition and Dietetics May 2022
Honors Student | Pre-Health Professions Scholar | Alpha Lambda Honor Society Member

PROFESSIONAL EXPERIENCE

Rhode Island Hospital Providence, RI
Dietetic Technician June 2022 – Present

- Adjusts meal selections for patient food preferences, allergies, and diet orders utilizing electronic menu system
- Collaborates with Food and Nutrition Service staff to provide patients with accurate, quality trays at mealtimes
- Reports observations to Clinical Dietitian for adjustments to patient nutrition care plans

Bath and Body Works Smithfield, RI | Milford, CT
Sales Associate June 2020 – Present

- Assembles and maintains attractive front-of-shop displays with backroom inventory
- Handles cash and card transactions, product returns, and product damages at the register
- Trains seasonal employees to maintain company standards and meet sales goals

ChargerREC West Haven, CT
Member Service Attendant August 2020 – May 2022

- Managed memberships, reservations, and equipment inventory with online software

GroupX Instructor August 2020 – May 2022

- Demonstrated exercises and choreography to at least 5 students per 45-90 minute class
- Created a welcoming environment with beginner-friendly, judgement-free teaching approach

Creative Team Specialist February 2021 – May 2022

- Staged photographs and videos for ChargerREC's Instagram and Facebook
- Designed digital flyers with Canva to advertise programs and events on social media

Fitness and Wellness Specialist February 2021 – May 2022

- Hosted a monthly virtual nutrition and cooking show on ChargerREC's Instagram

Intramurals Supervisor April 2021 – May 2022

- Oversaw officials and team members during sports games to ensure safety and fair play
- Managed team rosters, scorecards, sports equipment, and shift reports

VOLUNTEER EXPERIENCE

Johnny Cake Center Food Pantry South Kingstown, RI | September – November 2022

- Assisted in leading weekly nutrition and cooking courses for 10-15 middle school students
- Designed age-appropriate and culturally relevant lesson plans and take-home materials

SKILLS/CERTIFICATIONS

- ServSafe Food Protection Manager (Expires 05/08/2026)