

Luisa Santos

Providence, RI | luisa_santos@uri.edu

Education

- Masters of Science: University of Rhode Island** **May 2024**
- Masters of Science in Nutrition
 - Public Health Nutrition track
- Bachelors of Science: University of Rhode Island** **May 2022**
- Nutrition and Dietetics
- Bachelors of Science: University of Rhode Island** **May 2022**
- Health Studies
 - Health Services track
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Professional Experience

Research Assistant/Nutrition Educator

SNAP-Ed & EFNEP | Providence, RI **10/2020 - Present**

- Conduct nutrition and physical activity classes aimed at sharing essential information to individuals in Rhode Island to facilitate lifestyles changes.
- Translate health promotion materials from English to Spanish aiming to broaden accessibility of crucial nutritional and health-related knowledge to Rhode Island residents.
- Contribute to the data collection processes for both programs.

Dietary Technician

Hasbro Children's Hospital/Rhode Island Hospital | Providence, RI **05/2022 - Present**

- Assist in the development and modification of meal plans for patients with disordered eating, and implement and monitor nutrition interventions as assigned by the clinical dietitian.
- Compliance with dietary restrictions and therapeutic interventions for pediatric and adult patients.
- Maintain up-to-date patient records and health progress to provide reports to the interdisciplinary healthcare team.

Graduate Teaching Assistant

University of Rhode Island | Kingston, RI **08/2022 - 05/2023**

- Worked with four sections of General Nutrition, and one section of Public Health Nutrition.
- Assisted professors with lecture preparation, grading and evaluation of class assignments.
- Conducted regular office hours to provide supplementary aid to students with assignments comprehension, studying assistance, and class related inquiries.

Research and Development Intern

Blount Fine Foods | Fall River, MA **05/2021 - 11/2021**

- Assisted in the development of new products by researching trends, cooking and creating samples, and conducting tastings.
- Reviewed new items, developed food labels, and performed nutritional analysis via computer software.
- Performed shelf life analysis, tested ingredients functionality, and improved the overall quality of products via research.

Global Health Research and Outreach Volunteer

Universitas Islam Indonesia | Yogyakarta, Indonesia **Winter Semester 2020**

- Collaborated with Universitas Islam Indonesia to create an interdisciplinary team that brought awareness of cardiovascular disease to low-income villages in Indonesia.
- Researched determinants of health and prevalence of cardiovascular disease of Yogyakarta residents.

Outreach Specialist

URI SNAP Outreach | Kingston, RI **05/2019 - 09/2020**

- Assisted individuals in navigating the SNAP application process and provided information on additional government programs they could qualify for.
- Supervised and managed all open cases of Spanish speaking SNAP applicants, and facilitated communication between SNAP Outreach and DHS Offices.
- Assisted in the supervision and training of new hires.

Publications and Research Experience

Pending Publication

Santos L. EFNEP Peer Educator Facilitators and Barriers to Teaching Physical Activity to Adult Participants. May 2024.

Research Assistant

Amin Lab | Kingston, RI

08/2022 -Present

- Lead the qualitative research study aiming to explore different health education facilitators and barriers.
- Develop and conduct semi-structured interviews in the North-Eastern region with EFNEP peer educators.
- Attend EFNEP research project multistate advisory board meetings.

Student Research Assistant

CYFAR Grant | Kingston, RI

01/2020 -05/2020

- Contributed to the creation of a curriculum designed to deliver STEAM intervention to Rhode Island youths.
- Developed and reviewed surveys and newsletters.
- Researched topics aimed at improving children's dietary behaviors and food skills.

Communications Specialist

Maple Syrup Grant | Kingston, RI

09/2018 -12/2018

- Wrote articles for the general population to promote the health benefits of maple syrup from the research conducted at the University of Rhode Island.

Leadership Experience and Achievements

Public Health Club

01/2020 - 05/2020

- Developed public health campaigns to promote mental and physical health and wellness.

Health Sciences Dean's Undergraduate Student Council

11/2021 - 05/2022

- 1 out of 15 members that represented and advised the Dean on the needs of over 2,000 undergraduate students.

Gonfalon Bearer College of Health Science, Class of 2022

- Represented the College of Health Sciences graduating student body at the university-wide graduation ceremony.

Relevant Certifications

- ServSafe Manager & ServSafe Allergen **Exp. 03/2027**
- CITI Program Certified **Exp. 02/2025**

Skills

- Spanish fluency
- Project management
- Dedoose software