The Osher Lifelong Learning Institute at URI provides learning opportunities to enhance the enjoyment, meaning, and direction of adult lives, as well as the health and well-being of adults, while developing a community of older learners.

Established in 2009 and offering diversified courses and activities, the OLLI at URI enjoys a rich relationship with the University. Membership is open to anyone fifty years of age or better. Whether teaching, learning, playing, or exploring, OLLI members constitute a vibrant lifelong learning community.

The OLLI at URI is part of the national network of Osher Lifelong Learning Institutes funded by the Bernard Osher Foundation. Closer to home, OLLI has ties with local community and civic organizations. OLLI members are essential in shaping, managing, and leading the organization.

In Person Classes will be limited to 30 per classroom unless otherwise indicated.

Per University Guidelines, face coverings are required in all indoor spaces regardless of vaccination status.

When you see this symbol next to a class description, click on it to view a short video from the instructor.

MAKE A GIFT TO OLLI

To make a secure donation on-line, go to urifoundation.org/giveonline

Become a friend of the Osher Lifelong Learning Institute at URI!
4 Easy Ways to Register

There are 4 ways you can register for classes.

 Register anytime through our secure website: URI.EDU/OLLI (click on member log-in at the top of the page).
 Call the OLLI office. If you leave a message, we will do our best to return your call within 24 hours.
 Print and mail in your registration form (located online).
☺ Stop by the office between 9 AM and 5 PM, Monday through Thursday, and 9 AM-12PM on Friday.

Payment is accepted by credit card, check or ACH.
We accept Visa, MasterCard, American Express and Discover.
URI.EDU/OLLI
401-874-4197

Disability Accommodations
If you have a disability and need an accommodation, please call the OLLI office at 401-874-4197, at least three business days in advance of the need. Interpreters require a minimum of two weeks advance notice, when possible. We are committed to equal access for persons with disabilities and we will make every reasonable effort to provide accommodations.

INCLEMENT WEATHER POLICY

As we move into the snowier months, it is important that you stay up-to-date with the weather forecast.

We follow URI’s weather policy. If the University is closed due to a holiday or inclement weather, OLLI will be closed.

Information about the University closings due to weather is available through local television, radio and internet news sources and on the University’s website. You may also use the URI Alert page to find factual and timely information related to emergency situations, power outages, weather alerts and other campus notices.

Please use your best judgment when deciding whether to travel to campus.

In the event that classes are cancelled, we will have a recorded message at our main number: 401-874-4197. You will also be notified via email.

REFUND POLICY

If you decide to drop out of a course, you must notify the office at least two weeks before the start date to receive a refund or credit toward another class. In some cases, OLLI finds that it must cancel a class. If that happens, we will make every effort to inform you at least one week before the start date, and you will receive a refund or voucher toward another class.

OLLI follows the University’s policy of cancelling classes for certain holidays and because of inclement weather. Memberships are non-refundable.
Welcome to our Winter Catalog!

Registration begins December 29.

To secure your spot and avoid the last-minute rush, please register before the semester begins on January 10.

You can register online, by phone or by mail or visit the office. If you have any questions or need help registering, please call the office at 401-874-4197.

Meet the OLLI Staff

Beth Leconte
Executive Director
Phone: 401.874.2405
bleconte@uri.edu

Roberta M. Palmer
Membership Services
Director
Phone: 401.874.4194
roberta_palmer@uri.edu

Beth Desrosiers
Operations Manager
Phone: 401.874.4197
beth_desrosiers@uri.edu

A Message from the Director

Happy New Year!

We are pleased to offer over 45 courses and 8 Special Interest Groups during our Winter semester as we kick off 2022! Let’s be grateful for our many blessings and be thankful that OLLI rebounded this past year and welcomed you all back to in-person learning. You were missed and it is so nice to see friendships blossoming once again.

Did you know that OLLI at URI will be celebrating its 13th birthday this year? Let’s toot our horn and tell others about the exciting learning opportunities OLLI has to offer!

We remain focused on achieving the goals set out in our Strategic Plan with the help and dedication of our volunteer leadership and staff. Our success is due in large part to the commitment of members serving on our Advisory Council, and our committees including Finance, Curriculum, Membership, Outreach, Technology and Special Interest. And of course, we cannot overlook our OLLI member receptionists and registrars.

We value you as members and invite you to consider sharing your talents as a volunteer with OLLI.

You can also help grow and support our OLLI program in several ways.

➢ Tell your neighbors, friends, and community groups about OLLI
➢ Consider bringing a guest to join you to experience an OLLI class
➢ Give us your ideas for course offerings, field trips, and potential instructors
➢ Register early for classes so we have a strong enrollment
➢ Read our weekly OLLI News online so you can keep informed and learn of special offerings
➢ Make your Annual Appeal Donation to OLLI today and help us reach our goal of $25,000

OLLI is fortunate to be a recognized program at URI, an Age Friendly University.

Let’s rally together as the best is yet to be!

All the best,

Beth Leconte
Beth Leconte, Executive Director

OLLI Advisory Board

Phil Clark  Paul Gricus  Skye Leedahl
Bill Cole  Deborah Hayes  Karen Pizzaruso
Jeffrey Coons  Karen LaPointe  Jet Vertz
Classes by Category

**Current Events Food & Beverage**
- zoom Rhode Island Fresh: Jump into January Warm and Cozy Cooking ........................................ 26
- zoom Rhode Island Fresh: Happy Valentine's Day Heart Healthy Dishes ........................................ 26
- zoom Rhode Island Fresh: March Madness Celebration ......................................................... 26
- A Rhode Island Success Story: Brewed Awakenings ............................................................. 17
- The Fine Wines of Austria ...................................................... 13

**Current Events Sports**
- The Iditarod: Alaska's Last Great Race ................................. 22

**History & Government Politics**
- The Facts About Gun Control ........................................ 9

**History & Government U.S. History**
- Women's Role in the Fight for Independence ............ 18
- Ocean State Women and World War II ...................... 20
- Rhode Island's Secret WWII German POW Camps .......... 21

**History & Government World History**
- Afghanistan, Osama bin Laden, Al Qaeda ..................... 17

**Humanities Arts**
- The Grand Tour ............................................................ 21
- Sketching for Observation, Recording, Learning .......... 12
- Highlights of Renaissance Italy- Rome, Florence, Venice, Milan, Off the Beaten Track .... 16

**Humanities Film**
- Strong Women, Strong Roles.... and a bit of Romance ................................................ 22

**Humanities Foreign Language**
- Beginner/Intermediate Italian ........................................ 9

**Humanities Literature**
- zoom Writing a Legacy Letter ........................................ 25
- Award Winning Novels 2021 .......................................... 14
- Playing with Shakespeare: Hamlet .................................. 9
- zoom Lady Laureates: Female Nobel Prize Winners for Literature .................................... 25
- zoom Americas Celebrated: Mark Twain's Short Story ................................................... 24
- Two Elders: James Baldwin & Toni Morrison .............. 11
- zoom The Epic in World Literature ................................. 23

**Humanities Music**
- American Protest Songs ................................................ 20
- Swing! Swing! Swing! .................................................... 11
- zoom The Jewish Influence on Popular Music ............ 26

**Humanities Philosophy & Religion**
- Ancient Ethics for Today ............................................... 13
- Judaism, Christianity, and Islam .................................. 15
- What Is Love? ........................................................... 10

**Humanities Photography**
- Photography Today ...................................................... 18
- Take Better Pictures, Now! ........................................... 12

**Recreation and Wellness Fitness**
- Soul in Motion ............................................................ 21
- Let's Skate! ................................................................. 20

**Recreation and Wellness Health**
- The Winter Kitchen FARMacy; Recipes for a Healthy Winter Season ..................... 17
- Partner Yoga ............................................................... 18
- Suicide Prevention Training ............................................ 9

**Recreation & Wellness Personal Growth**
- Overcoming Negativity .................................................. 14
- Creativity, Play, and Innovation .................................... 10
- Financial Wellness ........................................................ 19

**STEM Environment**
- zoom Roger Williams Park Zoo Virtual Meet & Greet ................................................ 23
- Rare Plants of Rhode Island ........................................... 19
- Ducks of Rhode Island .................................................. 22

**STEM Math & Science**
- Six Things You Should Know About Genetics .............. 13
- zoom Introductory Oceanography ............................... 24

**STEM Technology**
- Mapping Your World .................................................... 15

**Great Decisions**
- Changing Demographics ............................................. 28
- Outer Space ............................................................... 28

Register online: [https://uriolli.augusoft.net](https://uriolli.augusoft.net) or call 401-874-4197
### Classes by day, date, time

<table>
<thead>
<tr>
<th>Start Date</th>
<th>Times</th>
<th>Name</th>
<th>Sessions</th>
<th>Class ID</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>MONDAY</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
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</tr>
<tr>
<td>Jan-10</td>
<td>9:30 AM - 11:00 AM</td>
<td>Beginner/Intermediate Italian</td>
<td>8</td>
<td>364</td>
<td>9</td>
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<tr>
<td>Jan-24</td>
<td>1:00 PM - 4:00 PM</td>
<td>The Facts About Gun Control</td>
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<td>Playing with Shakespeare: Hamlet</td>
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<tr>
<td>Feb-7</td>
<td>11:30 AM - 1:00 PM</td>
<td>The Epic in World Literature</td>
<td>3</td>
<td>341</td>
<td>23</td>
</tr>
<tr>
<td>Feb-14</td>
<td>12:30 PM - 2:00 PM</td>
<td>What Is Love?</td>
<td>1</td>
<td>338</td>
<td>10</td>
</tr>
<tr>
<td>Feb-21</td>
<td>10:00 AM - 11:30 AM</td>
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<td>3</td>
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<td>10</td>
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<tr>
<td>Mar-7</td>
<td>10:00 AM - 11:00 AM</td>
<td>Roger Williams Park Zoo Virtual Meet &amp; Greet</td>
<td>1</td>
<td>337</td>
<td>23</td>
</tr>
<tr>
<td><strong>TUESDAY</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Jan-11</td>
<td>11:00 AM - 12:30 PM</td>
<td>Swing! Swing! Swing!</td>
<td>4</td>
<td>344</td>
<td>11</td>
</tr>
<tr>
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<td>9:30 AM - 11:00 AM</td>
<td>Introductory Oceanography</td>
<td>6</td>
<td>325</td>
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<tr>
<td>Jan-11</td>
<td>3:00 PM - 4:30 PM</td>
<td>The Fine Wines of Austria</td>
<td>1</td>
<td>332</td>
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<tr>
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<td>11:30 AM - 1:00 PM</td>
<td>Award Winning Novels 2021</td>
<td>3</td>
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<td>14</td>
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<td>3:30 PM - 5:00 PM</td>
<td>Ancient Ethics for Today</td>
<td>5</td>
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<td>Feb-1</td>
<td>1:30 PM - 3:00 PM</td>
<td>Two Elders: James Baldwin &amp; Toni Morrison</td>
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<td>Feb-1</td>
<td>11:30 AM - 1:00 PM</td>
<td>Six Things You Should Know About Genetics</td>
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<td>Feb-1</td>
<td>4:30 PM - 6:00 PM</td>
<td>Americana Celebrated: Mark Twain's Short Story</td>
<td>4</td>
<td>345</td>
<td>24</td>
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<td>Feb-15</td>
<td>1:30 PM - 3:00 PM</td>
<td>American Art: New Directions</td>
<td>6</td>
<td>359</td>
<td>12</td>
</tr>
<tr>
<td>Feb-15</td>
<td>3:30 PM - 5:30 PM</td>
<td>The British Invasion</td>
<td>4</td>
<td>321</td>
<td>14</td>
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<td>Mar-1</td>
<td>10:00 AM - 11:30 AM</td>
<td>Take Better Pictures, Now!</td>
<td>1</td>
<td>333</td>
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<td>Mar-1</td>
<td>4:00 PM - 5:30 PM</td>
<td>Overcoming Negativity</td>
<td>2</td>
<td>313</td>
<td>14</td>
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<td>Mar-8</td>
<td>10:00 AM - 11:30 AM</td>
<td>Sketching for Observation, Recording, Learning</td>
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<td><strong>WEDNESDAY</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
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<tr>
<td>Jan-12</td>
<td>1:00 PM - 2:30 PM</td>
<td>Qatar, UAE, and Bahrain</td>
<td>3</td>
<td>331</td>
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<td>1:00 PM - 2:30 PM</td>
<td>Lady Laureates: Female Nobel Prize Winners for Literature</td>
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<td>Writing a Legacy Letter</td>
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<td>Judaism, Christianity, and Islam</td>
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<td>4:00 PM - 5:30 PM</td>
<td>Rhode Island Fresh: Jump into January-Warm and Cozy Cooking</td>
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<td>9:30 AM - 11:00 AM</td>
<td>Mapping Your World</td>
<td>4</td>
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<td>Jan-26</td>
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<td>Highlights of Renaissance Italy- Rome</td>
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<td>16</td>
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<tr>
<td>Jan-26</td>
<td>9:30 AM - 11:00 AM</td>
<td>A Rhode Island Success Story: Brewed Awakenings</td>
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</tbody>
</table>

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## Classes by day, date, time

<table>
<thead>
<tr>
<th>Start Date</th>
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<th>Class ID</th>
<th>Page</th>
</tr>
</thead>
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<td><strong>WEDNESDAY</strong></td>
<td></td>
<td></td>
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<td>Afghanistan, Osama bin Laden, Al Qaeda</td>
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<td>Highlights of Renaissance Italy- Florence</td>
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<td>1:30 PM - 3:00 PM</td>
<td>The Winter Kitchen FARMacy: Recipes for a Healthy Winter Season</td>
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<td>Women's Role in the Fight for Independence</td>
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<td>Feb-9</td>
<td>4:00 PM - 5:30 PM</td>
<td>zoom Rhode Island Fresh: Happy Valentine’s Day Heart Healthy Dishes</td>
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<tr>
<td>Feb-9</td>
<td>4:00 PM - 5:30 PM</td>
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<tr>
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<td>Partner Yoga</td>
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<td>1:30 PM - 3:00 AM</td>
<td>Financial Wellness</td>
<td>3</td>
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<td>Feb-16</td>
<td>10:00 AM - 11:30 AM</td>
<td>Photography Today</td>
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<td>Feb-16</td>
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<td>Highlights of Renaissance Italy-Milan</td>
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<td>4:00 PM - 5:30 AM</td>
<td>Highlights of Renaissance Italy- Off the Beaten Track</td>
<td>1</td>
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<td>16</td>
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<tr>
<td>Mar-2</td>
<td>9:30 AM - 11:00 AM</td>
<td>Rare Plants of Rhode Island</td>
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<td>327</td>
<td>19</td>
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<tr>
<td>Mar-9</td>
<td>4:00 PM - 5:30 AM</td>
<td>zoom Rhode Island Fresh: March Madness Celebration</td>
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<td>320</td>
<td>26</td>
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<td><strong>THURSDAY</strong></td>
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<td></td>
<td></td>
<td></td>
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<td>Jan-6</td>
<td>9:00 AM - 9:50 AM</td>
<td>Let's Skate!</td>
<td>6</td>
<td>350</td>
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<tr>
<td>Jan-13</td>
<td>10:00 AM - 11:30 AM</td>
<td>zoom The Jewish Influence on Popular Music</td>
<td>6</td>
<td>358</td>
<td>26</td>
</tr>
<tr>
<td>Jan-13</td>
<td>3:30 PM - 5:30 PM</td>
<td>American Protest Songs</td>
<td>6</td>
<td>317</td>
<td>20</td>
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<tr>
<td>Jan-27</td>
<td>10:00 AM - 11:30 AM</td>
<td>Ocean State Women and World War II</td>
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<td>335</td>
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<tr>
<td>Feb-3</td>
<td>10:30 AM - 11:30 AM</td>
<td>Soul in Motion</td>
<td>6</td>
<td>362</td>
<td>21</td>
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<tr>
<td>Feb-17</td>
<td>10:00 AM - 11:30 AM</td>
<td>Rhode Island’s Secret WWII German POW Camps</td>
<td>1</td>
<td>348</td>
<td>21</td>
</tr>
<tr>
<td>Mar-10</td>
<td>5:00 PM - 6:00 PM</td>
<td>The Grand Tour</td>
<td>1</td>
<td>340</td>
<td>21</td>
</tr>
<tr>
<td>Mar-10</td>
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<td>Ducks of Rhode Island</td>
<td>1</td>
<td>361</td>
<td>22</td>
</tr>
<tr>
<td><strong>FRIDAY</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
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<td>Jan-14</td>
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<td>Strong Women, Strong Roles.... and a bit of Romance</td>
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<td>329</td>
<td>22</td>
</tr>
<tr>
<td>Feb-18</td>
<td>11:00 AM - 12:30 PM</td>
<td>Great Decisions/Changing Demographics</td>
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<td>28</td>
</tr>
<tr>
<td>Feb-25</td>
<td>10:00 AM - 11:30 AM</td>
<td>The Iditarod: Alaska's Last Great Race</td>
<td>3</td>
<td>343</td>
<td>22</td>
</tr>
<tr>
<td>Mar-18</td>
<td>11:00 AM - 12:30 PM</td>
<td>Great Decisions /Outer Space</td>
<td>1</td>
<td>366</td>
<td>28</td>
</tr>
</tbody>
</table>

Register online: [https://uriolli.augusoft.net](https://uriolli.augusoft.net) or call 401-874-4197
## Index of Instructors

<table>
<thead>
<tr>
<th>Name</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>Abramovits, Emanuel</td>
<td>26</td>
</tr>
<tr>
<td>Armor, Jan</td>
<td>18</td>
</tr>
<tr>
<td>Asher, Karen</td>
<td>19</td>
</tr>
<tr>
<td>Borrione, Francesca</td>
<td>23</td>
</tr>
<tr>
<td>Buxton, James</td>
<td>15, 17</td>
</tr>
<tr>
<td>Carberry, Laura</td>
<td>22</td>
</tr>
<tr>
<td>Chang, Xinziang Cole</td>
<td>23</td>
</tr>
<tr>
<td>Cipriano, Robert</td>
<td>14</td>
</tr>
<tr>
<td>Colapietro, Vincent</td>
<td>11</td>
</tr>
<tr>
<td>Cunningham,</td>
<td>20, 22</td>
</tr>
<tr>
<td>Dorothy</td>
<td></td>
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<tr>
<td>Daly, Joanne</td>
<td>19</td>
</tr>
<tr>
<td>Dickson, Elizabeth</td>
<td>19</td>
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<tr>
<td>Duffy, Terry</td>
<td>12</td>
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<tr>
<td>Enos, Sandra</td>
<td>10</td>
</tr>
<tr>
<td>Hanson, Kim</td>
<td>22</td>
</tr>
<tr>
<td>Hardgrove, Lee</td>
<td>15</td>
</tr>
<tr>
<td>Harris, Marilyn</td>
<td>18</td>
</tr>
<tr>
<td>Harrison, Rob</td>
<td>9</td>
</tr>
<tr>
<td>Heineman, Laurie</td>
<td>9</td>
</tr>
<tr>
<td>Hinga, Kenneth</td>
<td>24</td>
</tr>
<tr>
<td>Levesque, David</td>
<td>17</td>
</tr>
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<td>Lizotte, Alan</td>
<td>9</td>
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<td>Mack D’Amario, Maria</td>
<td>21</td>
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<td>Masi, Kathi</td>
<td>26</td>
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<td>McKenna Marylen</td>
<td>14</td>
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<td>Morse, Brett</td>
<td>14, 20</td>
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<td>Morse, Linda</td>
<td>18</td>
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<td>Paquin, Louise</td>
<td>13</td>
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<td>Phoenix Green, Christine</td>
<td>17</td>
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<td>Pica, Irene</td>
<td>21</td>
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<td>Reed, Doug</td>
<td>10, 13</td>
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<td>Shaker, Tom</td>
<td>11</td>
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<td>Sherwin, Jay</td>
<td>25</td>
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<td>Stetson, Peter</td>
<td>15</td>
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<td>Testa, Teresa</td>
<td>24</td>
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<td>Tom, Lisa</td>
<td>16</td>
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<td>Topping, Frances</td>
<td>12</td>
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<td>Wallin, Brian</td>
<td>20, 21</td>
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<td>Waters, Dora</td>
<td>9</td>
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<td>Weibezahl, Robert</td>
<td>25</td>
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<td>Wilson, Cindy</td>
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<td>Wybraniec, Elisa</td>
<td>13</td>
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## COMING TO OLLI IN JANUARY

Have you heard about the award-winning Netflix series *MAID*? We at OLLI have a personal connection with the show’s creator and one of the key writers. Marylen McKenna, OLLI member and co-chair of our curriculum committee, and Robert Palmer, OLLI member services director are directly related. Marylen’s son and Roberta’s nephew, Colin McKenna (one of the writers) is married to Molly Smith Metzler (screenplay creator).

This ten-episode series follows a single mother who escapes an abusive relationship only to find herself desperate for a better life for her daughter. She takes a job cleaning houses while trying to keep from being homeless and figures out her next step. As a single mother she is tested every step of the way while refusing to give up on a better future.

Molly and Colin have graciously offered to provide an interactive virtual program with our OLLI members sometime during the next few months. They will share the filming experience in Vancouver during the pandemic, and take us through the writing process, character development, and the extensive research needed to create a screenplay from a true story, *The Maid*, written by Stephanie Land. Ample time will be allowed for your questions. We plan to show the screenplay here at OLLI over a five-week period, prior to the discussion with the writers. Stay tuned for more details coming soon!

## Join the OLLI Book Group in 2022!

Do you love to read and discuss literature? This is a great opportunity it meet new people and make new friends!

The group meets the third Friday of each month at 1:00 PM at OLLI.

Here’s what we’ll be reading:

- Jan 21 - *Hamnet* by Maggie O’Farrell
- Feb 18 - *The Secret History* by Donna Tartt
- March 18 - *All the Light We Cannot See* by Anthony Doerr
- April 22* - *Mayflower* by Nathaniel Philbrick

*4th Friday due to Easter weekend. Advance registration is required. [Click here to register online](https://uriolli.augusoft.net) or call the office at 401-874-4197

For more information, contact Beth Leconte at bleconte@uri.edu
Class Descriptions

**MONDAYS**

**BEGINNER/INTERMEDIATE ITALIAN**

8 sessions with Dora Waters  
January 10, (skip 17), 24, 31, February 7, 14, 21, 28 March 7, 9:30 AM - 11:00 AM $65 Limit: 20

Beginner Conversational Italian is for students who have taken Beginner Italian or have some knowledge of the language. Students will learn some grammar, thematic vocabulary, idiomatic expressions to express themselves in real life situations, as well as exposure to Italian culture. In order to practice speaking in the target language, students will assemble in small groups for this purpose in a casual and relaxed atmosphere. Required text: Marcel Danesi: *Italian Conversation*, Premium Second Edition, available online and at local bookstores at a discount.

*Dora Waters* is retired and has taught Spanish and Italian for over 40 years at all levels in RI public schools and at the Moses Brown School. She has also taught as an adjunct professor of Italian at URI and Salve Regina University.

**THE FACTS ABOUT GUN CONTROL**

1 session with Alan Lizotte on January 24  
1:00 PM - 4:00 PM $15.00 Limit: 30

Just beneath the surface of much of the popular, political, and scholarly debate on gun control is a set of assumptions about the propinquity of the legal and illegal gun worlds and the people who inhabit those arenas. It is important to understand the simple facts of legal and illegal gun ownership and use because these serve as the foundation of the entire debate on myriad gun control issues. This course is not intended to cover all that is known about legal and illegal gun ownership and use. That would consume many semesters. Rather, this course will bring the attendee up to speed on foundational issues.

*Alan Lizotte* is Emeritus Distinguished Professor in the School of Criminal Justice at the University at Albany. He received an A.B. degree from Brown University in sociology and a master’s and Ph.D. degrees from the University of Illinois a long time ago. All that time he’s been researching and studying gun stuff. He has advised the U.S. government on these issues under both Republican and Democrat administrations.

**PLAYING WITH SHAKESPEARE: HAMLET**

6 sessions with Laurie Heineman  
January 31, Feb 7, 14, 21, 28, March 7  
1:00 PM - 2:30 PM $55.00 Limit: 20

We will explore Hamlet as a playshop/workshop, beginning with some readings from a shortened script. As the weeks progress, we will take closer readings and discuss thoughts on key scenes. No experience necessary! No stress! No need to have read it before, but no amount of experience is too much either. Everyone will end up with a greater understanding and love of this masterwork, the most performed play of the past 450 years.

Required text: *William Shakespeare: Hamlet* (Folger Library Updated edition, blue cover (2012)).

*For the second class:* Bring the text to class

*Laurie Heineman* is a teacher, actor, and catalyst. Emmy Award winner, she has offered Playing with Shakespeare at libraries and schools with multi-age and ability groups, seniors, students, and private parties. Having fun with classics and gaining understanding is her goal.

**SUICIDE PREVENTION TRAINING**

1 session with Rob Harrison  
on January 31, 10:00 AM - 11:30 AM $15.00 Limit: 30

Question. Persuade. Refer. Three steps anyone can learn to help prevent suicide. QPR is a free community level training program that has proved effective in training adults to earn a three-year certification as Gatekeeper – a person who can recognize someone who might be thinking of suicide and take the appropriate measures to provide help.

*Rob Harrison*, a 1963 US Naval Academy graduate, was an engineer on nuclear submarines for six years and an instructor at submarine school for one year. He earned his M.D. at Temple University School of Medicine in 1974. His residency was in family practice. He served as attending staff at the US Naval Hospital at Camp Pendleton, was Westerly Hospital emergency department staff for 18 years and surgical assistant for 15 years. An instructor for Youth Mental Health First Aid and QPR Institute, he is currently director of the Washington County Zero Suicide Program.
CREATIVITY, PLAY, AND INNOVATION

3 sessions with Sandra Enos
February 21, 28, March 7, 10:00 AM - 11:30 AM $40 Limit: 20

We often focus our attention on creativity as if it were solely an individual trait, a flash of brilliance. In this interactive course, we will examine the social contexts of creativity and innovation. Why are some historical periods more innovative than others? Why are some communities more likely to foster creativity than others? Do creativity and innovation peak in the early years and decline as we age? Why do men outnumber women as artists and creators? What are the social and cultural factors that allow some of us to be creative and others that ignore creative talent? Why do some organizations squander good ideas? We will explore these questions and do some exercises each week to play with these ideas and others.

Sandra Enos, Ph.D., is a retired professor of sociology. With a life-long interest in creativity, she loves the idea of introducing play and fun to older students. She has taught several courses at OLLI, most informed by sociology. Two months after retiring, she launched a social enterprise called Giving Beyond the Box, where she curates gift boxes full of products that make positive social impact in our community and beyond. She plays mandolin, loves to move, and enjoys the South County life.

WHAT IS LOVE?♥

1 session with Doug Reed on February 14
12:30 PM - 2:00 PM $15.00 Limit: 30

Love is something we have all experienced. And many of us would say that loving and being loved is central to our lives and happiness. But just as many of us may be hard pressed to characterize what love is. We’ll consider several ancient and contemporary accounts of love in order to try to determine what love is. Along the way, we’ll apply these accounts to perennial questions, like whether love at first sight is possible, and whether we can love more than one person at once.

Doug Reed is an assistant professor in the philosophy department at URI. His research focuses on Plato and Aristotle, and he teaches courses on ancient Greek philosophy, ethics, and the philosophy of love.

URI Athletics is offering OLLI Members discount tickets to the following Men’s Basketball games:

Dec 30 vs Dayton
up to 2 tickets @ $12

Jan 12 vs SJU
up to 4 tickets @ $10

Email olli@uri.edu for the link to purchase your basketball tickets.

Thank you to our friends at Wakefield Books who offer a 20% discount on any purchase related to OLLI classes or special interest groups.

160 Old Tower Hill Road
Wakefield, RI 02879
Wakefieldbooks.com
TUESDAYS

SWING! SWING! SWING!

4 sessions with Tom Shaker
January 11, 18, 25, February 1, 11:00 AM - 12:30PM
$45.00 Limit: 30

Calling all hepcats! Swing was a state of mind. From the fashion, to the dancing, to the movies and radio, swing had its own attitude, language, and culture. We’ll look at the history of swing music — its early development and wild popularity during WWII and its musical offshoots (western swing, for example). We’ll examine all the great big bands, like Benny Goodman, Glenn Miller, Duke Ellington, and Count Basie (just skimming the surface here) and the popular singers of the day, including Ella Fitzgerald, Billie Holiday, Frank Sinatra, and Billy Eckstine.

Dr. Tom Shaker

Tom Shaker has spent over 30 years as a college professor, teaching courses in video and film production, media, music history, news writing & reporting, sports announcing, and public speaking. He has taught at Northeastern University, UMass, Dean College, and Worcester Polytechnic Institute. He is the co-author of A Treasury of Rhode Island Jazz & Swing Musicians (2016) and Early Vocal Groups: Remembered & Celebrated (2020). Tom also co-produced the award-winning documentary film Do It Man: The Story of the Celebrity Club (2018). He is a contributor to RhodyRadio, producing podcasts covering jazz, vocal groups & Rhode Island Diner history. For the past 15 years Tom has been the host of “The Soul Serenade,” a classic soul and funk show on NPR affiliate station WICN in Worcester, MA.

NEW TWO ELDERS: JAMES BaldWIN & TONI MORRISON

4 sessions with Vincent Colapietro
February 1, 8, 15, 22, 1:30 PM - 3:00 PM  $45 Limit: 30

This course focuses on two of the most important voices in American literature. We will read and discuss several essays by both, texts of immediate relevance to our historical moment. While reference will be made to their fiction, we will look at their nonfiction — their essays as lenses through which aspects of other history, including the historical present, come more sharply into focus or become visible for the first time. The contemporary relevance of these two elders cannot be exaggerated: with their aid, we can come to know ourselves as Americans. And that is, at bottom, the aim of this course. “It is a complex fate,” Henry James observes, “to be an American.” Let’s explore this complexity.

For the first class: Read two essays by James Baldwin: “On Being White ... and Other Lies” and “The Discovery of What It Means to Be an American.”


Vincent Colapietro, Ph.D. is liberal arts professor emeritus, Penn State University. While his formal training is in philosophy, his historical specialization (American thought and culture, with an emphasis on the pragmatist movement - Peirce, James, Dewey, and Mead) led to a deepening engagement with African-American thought and culture. For the last 5 years at Penn State University, where he taught for 20 years (and before that at Fordham University), he taught half time in the Department of African-American Studies. He has published essays on African-American music and has given public presentations on the bombing of the 16th Street Baptist Church a number of times.

Register online: https://uriolli.augusoft.net or call 401-874-4197
AMERICAN ART: NEW DIRECTIONS
6 sessions with Terry Duffy
Tue & Thur, February 15, 17, 22, 24, March 1, 3
1:30 PM - 3:00 PM  $55.00  Limit: 30

Robert Henri, Hans Hoffman, and Alfred Stieglitz will be introduced as pivotal in pointing American art in new directions. The Eight (group of American painters who exhibited together only once, in New York City in 1908), 291 (a small gallery in New York opened in 1905 by Stieglitz and Edward Steichen), the Armory Show, and abstract expressionism will be discussed as the major forces that propelled the United States to a preeminent leadership position. It is the story of America in painting.

Terry Duffy, after childhood art classes, took to wandering the halls of the RISD museum, which had a profound, lifelong impact on him. Visiting museums and appreciating art became his hobby, and the experience impelled him to learn more. His many hours spent visiting America’s great museums fed his insatiable interest in the visual arts. For the OLLI at URI, Terry has taught several art education courses, most recently Four Steps Toward Modern Art.

TAKE BETTER PICTURES, NOW!
1 session with Cindy Horovitz Wilson on March 1,
10:00 AM - 11:30 AM  $15.00  Limit: 30

You can improve your photographs instantly by understanding composition and basic camera functions. Join this presentation illustrated with examples from the instructor’s collection. From smart phones to Digital Single Lens Reflex cameras (DSLRs), just a few tips can make your photos look exactly as you hoped.

Cindy Horovitz Wilson, a resident of Wickford, has been making photographs since 1976. She earned her B.A. from the URI in 1978, studied briefly at the School of the Museum of Fine Arts in Boston, and received her M.F.A. from Tyler School of Art at Temple University in 1984. After 20 years in wedding photography and three years operating a gallery in Wickford, Cindy began teaching photography at local art associations. Since 2009, she has led travel photography workshops in various locations in New England and around the world. Cindy continues to pursue her creative journey, capturing her subjects with curiosity, authenticity, and dignity. She exhibits in regional and national shows, local art festivals, and art organizations.

SKETCHING FOR OBSERVATION, RECORDING, LEARNING
1 session with Frances Topping on March 8, 10:00 AM - 11:30 AM  $15.00  Limit: 20

Nature lovers, gardeners, and travelers can all benefit from using sketching to help see, remember, understand, and enjoy the world around us. Learn some techniques and look at various approaches in this hands-on workshop. Sketching is a process rather than a product. All levels of ability are welcome. If you can hold a pencil you can sketch.

A list of materials will be provided to those who register.

Frances Topping is a naturalist, artist, and informal educator with experience teaching sketching, botanical art, drawing, and natural history to people of all ages and abilities. She loves to share her love of nature and travel and to inspire others to explore, observe and record their findings. She has taught at Mystic and Wickford Art Associations. She has a B.S. in geography with botany and zoology, a B.F.A. in graphic design with photography and illustration, and a certificate in natural science illustration from RISD. She is a member of the Guild of Natural Science Illustrators and the American Society of Botanical Artists and their local chapters. Examples of her work can be seen online at www.francestoppingvisuals.com.
SIX THINGS YOU SHOULD KNOW ABOUT GENETICS
4 sessions with Louise Paquin
February 1, 8, 15, 22, 11:30 AM - 1:00 PM $45.00 Limit: 30

Most of us learned little to nothing about genetics in high school and college, although we’ve picked up bits along the way. While you don’t need a complete graduate course, a number of topics can ground your contemporary approach to the news and let you assess the true state of this information. We will look at how DNA and chromosomes work, how diversity and mutation are both good and bad, how to assess your family history, and some current directions of genetic medicine. For the first class: Please make a list of questions about genetics and prepare to list them for the class.

Louise Paquin holds a Ph.D. from Georgetown University and is a board-certified cytogeneticist (chromosomal). She spent 31 years as a professor at McDaniel College in Maryland, teaching biology, genetics, advanced genetics courses, and bioethics. Now having retired and returned to her native Rhode Island, she has offered several OLLI courses.

THE FINE WINES OF AUSTRIA
1 session with Elisa Wybraniec on January 11 3:00 PM - 4:30 PM @ The Coast Guard House $25.00 Max: 50

Austria is not just about Gruner Veltliner. It has established itself as a leader in quality wine production. Explore the wines of Austria. Austrian wine is one of the most interesting phenomena happening in the world right now. The wines are found on every good wine list, are appreciated by wine experts, and are highly acclaimed by journalists. What wine critics across the globe appreciate the most is that Austrian wines are exceptionally delicious and pair wonderfully with food, making Austrian wine sheer drinking pleasure.

Elisa Wybraniec is a graduate of URI with a B.S. in finance. She holds the Wine & Spirit Education Trust (WSET) Diploma, is a certified sommelier, and belongs to the Society of Wine Educators. She has served as adjunct faculty at Johnson & Wales and contributes occasionally to the Rhode Island Beverage Journal. Elisa also worked in Napa Valley for the talented winemaker Alan Viader of Viader Winery in 2018, as well as the boutique winery Kosta Browne in Sonoma in 2019. She is now full-time wine director/sommelier at the Coast Guard House Restaurant in Narragansett. For the OLLI at URI she has given presentations about wines from all over the world.

ANCIENT ETHICS FOR TODAY
5 sessions with Doug Reed January 18, 25, February 1, 8, 15, 3:30 PM - 5:00 PM $50.00 Limit: 20

While Stoicism has gained popular attention over the past few years, much ancient philosophy is disregarded and perhaps considered useless for our modern lives. By studying some arguments and passages in Ancient Greek ethics (especially from Plato and Aristotle) we’ll see that many of the questions and insights in these works still apply today. Looking at the texts together will also provide us with the opportunity to reflect upon ethics and a happy life.

For the first class: Read Plato’s Apology ahead of class so that we can start right in on the material. Required Text: Plato: Apology (any translation).

Doug Reed is an assistant professor in the philosophy department at URI. His research focuses on Plato and Aristotle, and he teaches courses on ancient Greek philosophy, ethics, and the philosophy of love.

Register online: https://uriolli.augusoft.net or call 401-874-4197
AWARD WINNING NOVELS 2021
3 sessions with Marylen McKenna
January 18, Feb 15, March 8, 11:30 AM - 1:00 PM
$40 Limit: 30

Explore, discuss, and enjoy award-winning novels cited in 2021. We will begin with The Promise by Damon Galgut, the winner of the Booker Prize for fiction. In the second meeting, we will discuss At Night All Blood Is Black by David Diops, translated from French and the winner of the International Booker Prize. And we will conclude with Hell of a Book by Jason Mott, winner of the National Book Award for fiction. We will explore the criteria for the awards and our agreement or disagreement with the selection as we delve into the character, plot, sense of place, and arch of each book.

Marylen McKenna, discussion facilitator, is a lifetime reader, beginning when she discovered the children’s story hour at the Westerly Public Library and continued as an English major and initiated her first book group for moms in the early 1970s. While her career as library assistant, cataloguer, periodical librarian, and special ed librarian transitioned to business writing and editing in print and for the web, she participated and led numerous book groups in her different communities.

THE BRITISH INVASION
4 sessions with Brett Morse
February 15, 22, March 1, 8, 3:30 PM - 5:30 PM $45.00 Limit: 30

The British invasion began in the United States in the mid-1960s, when rock and pop music and other aspects of British culture became popular. Explore the very beginning of this invasion and its impact on the United States. Most important, learn about the groups and solo artists who made it all happen — the Animals, the Searchers, the Beatles, the Rolling Stones, the Kinks, the Dave Clark Five, the Yard Birds, the WHO, Petula Clark, Cilla Black, Dusty Springfield, and Tom Jones. Join us as we listen to great music and learn about the impact of the British Invasion on our lives.

Brett Morse worked in the pharmaceutical industry for over 40 years. A graduate of Bryant College, he served in the US Navy during the Vietnam era and is a certified yoga instructor. His love for music began at an early age when he was introduced to many celebrities in the music industry through his father’s work with RCA and Columbia Records. For OLLI, he continues to offer his insights into the music and history he so enjoys.

OVERCOMING NEGATIVITY
2 sessions with Bob Cipriano
March 1 & 8, 4:00 PM - 5:30 PM $35.00 Limit: 20

There’s always a storm brewing. Every mild start to winter brings dire predictions of how we’ll pay for it later. A couple of sneezes means the flu. Your drive-thru order will be botched. Your favorite team is going to lose. And that unusual pain? You must be at death’s door. Where did this negativity come from? Past experience? Maybe, a little. But we influence our own reality. Why dwell on the worst? It isn’t your bad luck that needs changing—it’s your attitude. Humans have been programmed for negativity ever since we came out of the caves. It’s time for a new program. We’ll discuss the entire notion of inevitability and reconsider the whole concept of expectations. You’ll leave with a fresh perspective on daily life and the freedom that comes with it. For the first class: Come prepared to talk about anything you’re comfortable discussing when it comes to the role negativity plays in your own experiences.

Robert Cipriano, a professional trainer who has conducted workshops all over the country, holds a B.A. from UConn and an M.A. from URI. He conducts workshops on mindfulness, communication, presentation, and computer applications. His background, in addition to teaching, includes corporate management and marketing.

We want your feedback!
A few days after your class ends you will receive an email feedback survey. It doesn’t take long and we encourage you to take a few minutes and share your thoughts with us. You can also email or call us any time to share your opinions — good or bad! We need to hear from you so we can continue to offer high-quality programs. Call us at 401-874-4197 or email olli@uri.edu

Register online: https://uriolli.augusoft.net or call 401-874-4197
WEDNESDAYS

QATAR, UAE, AND BAHRAIN
3 sessions with Jim Buxton
January 12, 19, 26, 1:00 PM - 2:30 PM $40.00
Limit: 30

Get involved in a study of three wealthy Persian Gulf countries and their controversial relationships with their neighbors and with the USA. We will improve our understanding of the Sunni–Shi’a split, the Arab–Persian split, the socioeconomic split, the Arab Spring, and the upcoming Qatari World Cup soccer tournament. We will spend a significant amount of time debating US relations with these countries.

Jim Buxton taught at South Kingstown HS for 32 years focusing on global studies and international relations. Between 2009 and 2020, he taught international politics at URI. Since 2012, he has taught many OLLI courses: the Arab Spring, the Arab-Israeli Conflict, Nuclear Proliferation, Costa Rica, Iraq and Iran, Syria and the ISIL crisis. He has also worked in the education department at Salve Regina, teaching an introduction to American education and supervising social studies student teachers.

JUDAISM, CHRISTIANITY, AND ISLAM

4 sessions with Lee Hardgrove
January 12, 19, 26, Feb 2, 3:30 PM - 5:00 PM $45.00
Limit: 25

This brief overview is an attempt to develop a better basic understanding of these three great faiths and their relation to one another and to our current societal situations. The basic tenets, literature, and leading figures will be presented and discussed.

Lee Hardgrove is a retired United Methodist pastor who served parishes primarily in the New York area for 30 years. Lee is also a retired U.S. Army Reserve and NY National Guard chaplain who served briefly at Ground Zero in NY City and did a tour in Kabul, Afghanistan. He holds degrees from American University, Yale University, the U.S. Army Command General Staff College, and Rhode Island College.

MAPPING YOUR WORLD

4 sessions with Peter Stetson
January 12, 19, 26, February 2, 9:30 AM -11:00 AM
$45.00 Limit: 30

Ever wonder what your community looked like in 1939? Or before your house was built? Where is the closest lake or Dunkin Donuts? Using a free set of resources you can! Using the free ArcGIS web site you can look at aerial views of the earth. Participants will have access to a web-based mapping site and learn how to create their own map. You may use your own device or one of the computers in the lab. If using your device, you must be able to log in to the Wi-Fi at OLLI.

Note: class registrants will be provided access to the online resources for one month.

Peter Stetson is a retired 35-year veteran science teacher from the Coventry Public Schools where he taught biology, earth science, and environmental science. He was the coach for the school’s Envirothon teams for 16 years, winning the state competition 6 times and taking those teams to the national competition.
HIGHLIGHTS OF RENAISSANCE ITALY

Five Class Series
Register for one or all five

5 Sessions with Lisa Tom
$15.00/session  Limit: 30
$15 discount if you register for the entire series ($60).*

The 15th and 16th centuries were a period of incredible uncertainty in Renaissance Italy. We will look at the changing relationships between the arts and their political, religious, social, and economic contexts.

Lisa Tom is an assistant professor at the University of Rhode Island in the Departments of Art & Art History. She holds a Ph.D. in Art History from Brown University. Her research interests include early modern portraiture, gender, and representations of warfare. At URI, she teaches courses on art history and Cultural heritage.

*To receive the discount, you must register for the Course Series ($60) and not each individual class.

■ Rome
January 26, 4:00 PM - 5:30 PM
This lecture examines Papal patronage in Rome with a particular focus on St. Peter’s Basilica and other major sites and works in Vatican City. Villa Farnesina and Palazzo Farnese will also be discussed.

■ Florence
February 2, 4:00 PM - 5:30 PM
From Republic to Duchy, this lecture gives an overview of the spirited competition and patronage that produced some of the most recognized icons of Renaissance of art and architecture. Focus will be on the architectural sites of the Cathedral of Florence and the Palazzo Medici-Riccardi and works of art in Orsanmichele, the Bargello, and the Palazzo Vecchio.

■ Venice
February 9, 4:00 PM - 5:30 PM
This lecture explores the self-branding and promotion of La Serenissima, the Most Serene Republic of Venice, from its Gothic Palazzo Ducale to the Palladian San Giorgio Maggiore. Discussion will include works in Santa Maria Gloriosa dei Frari and the Gallerie dell’Accademia.

■ Milan
February 16, 4:00 PM - 5:30 PM  $15.00 Limit: 30
This lecture focuses on major paintings and unfinished sculpture projects now in the collections of Castello Sforzesco, Santa Maria della Grazia, Pinacoteca Ambrosiana, Pinacoteca di Brera, and Museo Poldi Pezzoli.

■ Off the Beaten Track
February 23, 4:00 PM - 5:30 PM  $15.00 Limit: 30
Renaissance art and architecture in all its complex hybridity and ambiguous mysticism is explored in this lecture, focusing on Naples (Castel Nuovo), Urbino (Palazzo Ducale), Mantua (Castello San Giorgio, Sant’ Andrea), Ferrara (Palazzo Schifanoia), and Rimini (Tempio Malatestiano).
AFGHANISTAN, OSAMA BIN LADEN, AL QAEDA

2 sessions with Jim Buxton
February 2, 16
1:00 PM - 3:00 PM $35.00 Limit: 30

In studying the issues germane to the country of Afghanistan, we will start with a review of its history and then delve into the years from 1980 to the present. We will learn about the Soviet–Afghan war, the Taliban, Al Qaeda, 9–11, the attack on Al Qaeda led by the United States, and US involvement in Afghanistan to the present. We will, in the process, learn a lot about Osama bin Laden. There are many controversial issues in this epoch that lead to significant debate.

Jim Buxton taught at South Kingstown HS for 32 years focusing on global studies and international relations. Between 2009 and 2020, he taught international politics at URI. Since 2012, he has taught many OLLI courses: the Arab Spring, the Arab-Israeli Conflict, Nuclear Proliferation, Costa Rica, Iraq and Iran, Syria and the ISIL crisis. He has also worked in the education department at Salve Regina, teaching an introduction to American education and supervising social studies student teachers.

A RHODE ISLAND SUCCESS STORY:
BREWED AWAKENINGS

1 session with David Levesque
January 26, 9:30 AM - 11:00 AM
$15.00 Limit: 30

Brewed Awakenings is one of RI’s fastest growing local coffee shops. Providing excellent food and service since 1996, it has now expanded to five locations. Come and hear CEO David Levesque share his story. He will talk about the obstacles and achievements of navigating his business through changing economic conditions, and even a pandemic, along with working with management and staff. He will talk about his dream of giving back to his community as Brewed Awakenings became a reality.

David Levesque wanted Brewed Awakenings to be the go-to spot for locals looking for delicious food, coffee, drinks, entertainment, and a welcoming environment. In 25 years, the business has grown from $1 to $5 million in sales.

THE WINTER KITCHEN FARMACY:
RECIPES FOR A HEALTHY WINTER SEASON NOW ON ZOOM

3 sessions with Christine Phoenix Green
February 9, 16, 23, 1:30 PM - 3:00 PM $40 Limit: 20

The Covid-19 pandemic and annual cold/flu seasons challenge us to keep our immune systems strong and vital. Good quality food and recipes for wellness, especially from the vegetative and herbal world can nourish and strengthen our bodies, helping us to withstand these challenges. This series will offer guidance and recipes we can prepare from our kitchens and gardens to nourish and sustain us in body, mind, and spirit and inspire us to appreciate the wonderful gifts of the green kingdom that our planet provides for our well-being.

We will view the documentary "Strengthening the Immune System" from the award-winning series Remedy, combining science and the folkloric tradition for our health and well-being.

Christine Phoenix Green has taught a variety of courses for the OLLI at URI over the past 10 years. A piano and music teacher by profession, she is also an herbalist, retreat director, photographer, and writer of blogs on creativity, spirituality, music, cooking, and health including greeningspirit.wordpress.com, thewinterkitchenfarmacy.wordpress.com, and thepianomistress.wordpress.com.
WOMEN'S ROLE IN THE FIGHT FOR INDEPENDENCE
NOW ON ZOOM

3 sessions with Marilyn Harris
February 9, 16, 23, 11:30 AM - 1:00 PM $40.00
Limit: 30

Yes, women were there too! If you read most history books about the years leading up to and during the American Revolution or look at paintings of, for example, the Valley Forge encampment, you might think that these were all-male events, but you would be wrong. Women were inevitably and intimately involved in all aspects of this "homefront war," and there are stories to be told about their contribution to its ultimate success. Over these three weeks, we will attempt to fill in some of those gaps in our traditional history books. Suggested reading: Carol Berkin: Revolutionary Mothers: Women in the Struggle for America's Independence (Vintage, 2006, available in the RI library system).

Marilyn Harris, a many-times transplanted Midwesterner, earned her undergraduate degree at the University of Illinois and master’s at Kutztown University (PA). Her work in the field of education—in federal project management, curriculum writing, gifted/talented teaching, and adult education—covers a span of over 45 years. Since 2011 she has enjoyed teaching numerous classes at the OLLI at URI. Marilyn’s particular interests include travel (she has visited over a dozen countries and counting) and history (pretty much any period), and these form the basis of many of her courses. Most recently she offered RI Voices from the Titanic and the Seven New Wonders of the World.

PARTNER YOGA

1 session with Linda Morse
February 9, 9:30 AM - 11:30 AM $15.00 Limit 30

Have you been interested in doing yoga but felt restricted or uneasy about joining a yoga class? Have you simply wanted to improve your flexibility and strength of movement? In this very relaxed workshop, you can gain some physical benefits, connection with another, and, more importantly, have FUN!!! Feel free to bring a partner along with you or come by yourself with an openness to participate with another. This program can be experienced in the chair, or bring a yoga mat or blanket to use on the floor.

Linda M. Morse, a URI grad, has been a yoga and meditation practitioner most of her life, having taught for 20 years. Certified professionally through the Kripalu Center in MA, she owned and operated the Yoga Center in Melbourne, FL. With her relaxed and humorous approach, she hopes to inspire students in body, mind, and spirit. For the OLLI at URI, Linda has taught Intro to Yoga, Chair Yoga, Breath Techniques, Taking the Inward Journey, Meditation, the Chakra Energy System, and a number of science fiction film programs.

PHOTOGRAPHY TODAY

4 sessions with Jan Armor
February 16, 23, March 2, 9, 10:00 AM - 11:30 AM $45.00 Limit: 25

If you are curious about the many new trends in photography, this class is for you. Also, if you’d like to learn more about your own little camera/phone, and what it is capable of, this offering is also for you. There is a smorgasbord of amazing work being created these days, usually with the tiny camera in a phone. We’ll look at some of the masters of this brave new visual world and take inspiration from them. Tips and techniques will be given. There are enjoyable photo assignments each week. Perfect for users of both Apple or Android cameras/phones or tablets. Come join the fun!

Jan Armor is an award-winning educator and fine art photographer with 40 years of experience in both digital and traditional media. He has received grants and awards for environmental photography and has taught at the Newport Art Museum, the Bristol Art Museum, Wickford Art Association, South County Art Association, and others. Jan has been a mainstay of the OLLI at URI since summer 2010. Go to armor-photo.com, to see his work and a more detailed biography.
FINANCIAL WELLNESS SERIES
3 sessions with Joanne Daly
February 16, 23, March 2, 1:30 PM - 3:00 PM
$40.00 Limit: 30

This course presents overviews of three different areas of financial planning, beginning with the fundamentals of investing, from asset classes and the basic tenets to asset allocation and diversification. In the second week, learn about retirement income planning—determining how much you will need for the retirement you envision and how to develop a retirement income and distribution strategy that maximizes the likelihood of success in meeting your retirement goals and preserving your investments. The final presentation covers how trusts, gifting, insurance, and other wealth planning tools can be combined to help you secure your legacy.

Joanne M. Daly has more than 25 years of combined wealth planning and CPA experience. Formerly a CPA tax manager for Ernst and Young, she earned an M.S. in taxation from Bryant University. She is a first vice president and financial advisor with Morgan Stanley and CDFA (certified divorce financial analyst). Joanne enjoys educating others through financial presentations and is a frequent guest speaker to civic organizations and companies, including CVS, Bryant University, South County Health, URI Foundation, and GFWC Women’s Club of South County.

RARE PLANTS OF RHODE ISLAND
2 sessions with Elizabeth Dickson and Karen Asher
March 2 & 9, 9:30 AM - 11:00 AM $35.00 Limit: 25

Although small in size, Rhode Island has a wide range of ecological habitats that support a rich diversity of plants, including seldom seen rare plant species. We will first discuss definitions of rarity, habitats that support rare plant species, the importance of rare plants, and some of the threats to their continued existence. Then, we will show and discuss examples of rare plants found in various natural settings of Rhode Island. Finally, we will give examples of the measures that have been taken to protect rare plants, including conserving habitat, establishing gardens, and saving seeds and cuttings in gene banks. We hope you will be inspired to keep your eyes open for these intriguing and often hidden beauties.

Elizabeth Dickson is a botany graduate from University of California, Davis, and botany Ph.D. from Cornell University. She has been an environmental consultant with plant collecting, vegetation surveying, and mapping experience in the arctic and western Canada. As a graduate student, she participated in USDA explorations to Middle Asian forests to collect wild apple seed for gene bank conservation. Since retiring to Rhode Island in 2016, she has been a board member for the Rhode Island Wild Plant Society, a volunteer for the Brown University Herbarium, and a rare plant monitor for the New England Plant Conservation Volunteer Program. Her interests include learning the flora of RI, hiking, traveling, knitting, and studying Italian.

Karen Asher is a past president of the Rhode Island Wild Plant Society. She leads walks for the Society, has coordinated its native plant symposiums, and served as chairwoman of its seed starters program, which grows the plants for its annual plant sales. Karen has a certificate in field botany from the Native Plant Trust, formerly the New England Wildflower Society, and she volunteers in that Plant Conservation Program by helping to assess the status of rare species in RI. She is also a master gardener and volunteered with its Rhody Native program growing native plants at URI. She has presented programs on gardening with RI native plants at garden clubs, land trusts, and libraries across the state, and has given many classes for the OLLI at URI. She enjoys working in her own garden in West Kingston.

Cover Photo by OLLI member Robert Bartlett
THURSDAYS

LET'S SKATE!
6 sessions with Dorothy Cunningham
January 6, (skip 13), 20, 27, Feb 3, 10, 17
9:00 AM - 9:50 AM $55.00 Limit: 20 @Boss Arena
Refresh your ice skating skills or get started in a sport that is challenging, social, and a lot of fun. Starting with the basics, each skater will be given personal attention by our coach according to the step-by-step learning programs of the United States Figure Skating Association and the Ice Sports Industry. Participants may continue skating after class until 10:20. Admission to the Boss Arena: $35 for 6-week skate card. Skate rental, $30 for 6 weeks. What to wear: ski jacket and pants, gloves, mittens, winter hat or helmet.

Additional arena and skate rental fees paid separately to Boss Arena. Parking at Boss Arena is included with your OLLI parking pass.

Dorothy Cunningham holds a B.A. in English from URI and has taught in public and private schools for over 35 years. The Iditarod has been a favorite topic among her students and their parents throughout this time. Dorothy has coached skating, figure and hockey, for over 40 years. Her Franklin Blades Skating School has produced skaters for professional ice shows, various learn-to-skate programs, and coaches who work with all levels from beginners to Olympic skaters.

AMERICAN PROTEST SONGS
6 sessions with Brett Morse
January 13, 20, 27, Feb 3, 10, 17, 3:30 PM - 5:30 PM
$55.00 Limit: 30

The act of protesting is one of the most precious liberties Americans have. By putting a message to music, one voice can resonate for millions. The tradition of protest songs in the United States dates back to the 18th century and the Revolutionary War and its aftermath. In the 19th century protest songs included, among other things, abolition, slavery, poverty, and the Civil War. In the 20th century, civil liberties, civil rights, women’s rights, economic injustice, politics, and war were among the popular subjects. In the 21st century the tradition continues. We will discuss the history, causes, and ramifications of American protest songs and we will have the opportunity to listen to some of the greatest protest songs ever written.

Brett Morse worked in the pharmaceutical industry for over 40 years. A graduate of Bryant College, he served in the US Navy during the Vietnam era and is a certified yoga instructor. His love for music began at an early age when he was introduced to many celebrities in the music industry through his father’s work with RCA and Columbia Records. For OLLI, he continues to offer his insights into the music and history he so enjoys.

OCEAN STATE WOMEN AND WORLD WAR II
1 session with Brian Wallin
January 27, 10:00 AM - 11:30 AM
$15.00 Limit: 30

World War II brought dramatic changes to the roles of women. This class includes richly illustrated personal recollections by women who joined the workforce and contributed toward America’s victory. At the Walsh-Kaiser Shipyard, the state’s largest civilian employer, at the Naval Torpedo Station in Newport, at factories across the state, women worked in jobs they thought they never could attain. At the end of the war, many women returned to traditional roles in the home. But the genie was out of the bottle, and women would go on to play ever growing and important workforce roles in the postwar decades.

Brian L. Wallin is a graduate of Stonehill College and earned his master’s degree from American International College. He is a former radio-television reporter-anchor and a retired hospital administrator (vice president, Kent Hospital). A member of the U.S. Naval Institute, he is also a docent at the Naval War College Museum and a narrator for the RI Fast Ferry Lighthouse Cruises. He is a recognized author and historian and a frequent lecturer throughout the state. He is co-author of World War II Rhode Island (History Press, 2017).
SOUL IN MOTION

6 sessions with Irene Pica
February 3, 10, 17, 24, March 3, 10, 10:30 AM - 11:30 AM $55 Limit: 15

This unique mind–body exercise class explores natural, expressive movement using elements of yoga, breathwork, meditation, and dance. Inspired by the rhythms of popular and world music, you’ll get an exhilarating workout and leave feeling energized and joyful! Participants can be seated or standing, with or without support.

Irene Pica has studied yoga and dance with many world-renowned teachers and has been teaching yoga, dance, and creative movement in CT, NY, and RI for almost 30 years. She was the founder and director of Symmetry Yoga Center in Westport, CT, and is registered with Yoga Alliance at the advanced E-500 hour level. Irene currently teaches yoga at All That Matters in Wakefield, RI.

RHODE ISLAND’S SECRET WWII GERMAN POW CAMPS

1 session with Brian Wallin February 17 10:00 AM - 11:30 AM $15.00 Limit: 30

A small group of anti-Nazi German POWs was secretly brought to Rhode Island in late 1944 to develop educational programs about American-style democracy. The information was to be promulgated to the 360,000 German POWs being held across the U.S. Although a number of people knew that POWs were held in RI, the true story behind their presence was kept under the tightest military security until the war ended. We will look at how Rhode Island was chosen, the content of the program, and stories of the men involved along with the ultimate impact of this initiative. The personal experiences of several POWs are included along with rarely seen images of the camps in North Kingstown and Jamestown.

Brian L. Wallin is a graduate of Stonehill College and earned his master’s degree from American International College. He is a former radio-television reporter-anchor and a retired hospital administrator (vice president, Kent Hospital). A member of the U.S. Naval Institute, he is also a docent at the Naval War College Museum and a narrator for the RI Fast Ferry Lighthouse Cruises. He is a recognized author and historian and a frequent lecturer throughout the state. He is co-author of World War II Rhode Island (History Press, 2017).

THE GRAND TOUR

1 session with Maria Mack D’Amario on March 10, 5:00 PM - 6:00 PM $15.00 Limit: 30

An 18th century British nobleman’s education would not have been complete without the Grand Tour. “A man who has not been in Italy is always conscious of an inferiority” – Samuel Johnson. Full of adventure and romance, such a year spent travelling throughout Europe would play a formative role in the political, cultural, and artistic education of a young aristocrat. We will trace such a journey with the French landscapists to the Dutch Old Masters to the Italian Renaissance. We will explore the effects of this Continental pilgrimage on its English patrons and aspiring painters. We will also examine the influence of the Grand Tour on the work and collecting habits of such American travelers as John Singer Sargent, Mary Cassatt, Richard Morris Hunt, and Isabella Stewart Gardner among others. Note: This class is not a travelogue.

Maria Mack D’Amario is an art historian specializing in European decorative arts and the American Gilded Age. A graduate of Denison University, Maria holds a postgraduate diploma in the history of art from the University of Oxford. She also holds an M.A. in the Venetian renaissance from the University of Warwick in Coventry, UK. Maria has worked with the Boston Museum of Fine Arts, the Royal Collection Trust and Lots Road Galleries in London. She currently works for The Preservation Society of Newport County and lectures locally on European artistic traditions and Gilded Age material culture.
DUCKS OF RHODE ISLAND

1 session with Laura Carberry on March 10, 9:30 AM - 11:30 AM $15.00 Limit: 15
Location: Trustom Pond Wildlife Refuge

Join Audubon's Laura Carberry for a walk at Trustom Pond Wildlife Refuge in search of winter waterfowl and seabirds. We will hike a two-mile loop stopping to look for ducks like Canvasback, Lesser and Greater Scaup, Wigeon, and so much more. Laura will give you pointers on how to identify each duck in this beginner’s walk.

Note: Wear comfortable walking shoes and bring binoculars if you have them. The instructor will have a spotting scope for everyone to share. Dress for the weather.

Laura Carberry is a graduate from URI with a degree in Wildlife Biology. She has been working for the Audubon Society of RI for more than 25 years. She is the manager for Fisherville Brook Wildlife Refuge, a 1000+acre preserve in Exeter, RI and is a part of Audubon's conservation team that manages over 10,000 acres around the state. She has a broad naturalist background but focuses mostly on birds with her weekly bird walks and trips around New England. She teaches children through adults and loves being outdoors all year round.

FRIDAYS

STRONG WOMEN, STRONG ROLES....AND A BIT OF ROMANCE

4 sessions with Kim Hanson
January 14, 21, 28, February 4, 9:30 AM - 12:30 PM $45.00 Limit: 20

The importance of a strong lead actor in a film is undeniable, and when a woman is the lead actor we might look at that role differently – or do we? Then, if a bit of romance is added in, the plot truly thickens! In this class we will examine a number of strong and acclaimed woman actors, and their performances, in the following films: Academy Award winning actor Diane Keaton (Something’s Gotta Give); Academy Award winning actor Sally Field (Murphy’s Romance); Golden Globe nominee and world-renowned musical artist Jennifer Lopez (Out of Sight); and Golden Globe nominee Meg Ryan (French Kiss). We will view these four films, comparing and contrasting the actors’ performances in them with other films in which they have appeared, and analyzing the balancing involved in a romantic onscreen pairing. It is important to note that, in most instances, in each class, we will watch these films in their entirety and discuss them afterwards.

Kim Hanson is an award-winning, accredited business communicator (ABC) who received her B.S. in English literature/writing from Fairfield University. A lifelong student of film and popular culture, Kim has written online film reviews for the Examiner website and covered the Tribeca Film Festival. Kim has been published in The New York Times, and Connecticut Magazine, as well as a number of industry magazines, and has a part-time communication consulting practice based in South Kingstown. Prior to her consulting work, she held communication directorships within various U.S. and global corporations.

THE IDITAROD: ALASKA’S LAST GREAT RACE

3 sessions with Dorothy Cunningham
February 25, & Tue, March 8, 15, 10:00AM -11:30AM $40.00 Limit: 25

The Iditarod covers 1,049 miles over Alaska’s hazardous terrain with the best-conditioned athletes, the beautiful, well-trained teams of dogs, led by their mushers (drivers). You will feel like part of the race, hearing true tales along the trail and learning about the training and equipment needed by mushers and dogs, current Iditarod rules, dangers, and checkpoints of the race. Using the race log, we will follow our mushers in real time and cheer on the teams to the finish.

Dorothy Cunningham holds a B.A. in English from URI and has taught in public and private schools for over 35 years. The Iditarod has been a favorite topic among her students and their parents throughout this time. Dorothy has coached skating, figure and hockey, for over 40 years. Her Franklin Blades Skating School has produced skaters for professional ice shows, various learn-to-skate programs, and coaches who work with all levels from beginners to Olympic skaters.
What makes a piece of literature an epic? The genre has been one of the most significant in the western literary canon. We will address questions related to the origin, evolution, and history of the epic. What are the commonly used tropes, motifs, and literary patterns in the epic? In what way is the epic still relevant and how? Most importantly, we will challenge the assumption that the epic is a western literary invention. We will engage with the epic produced in non-western cultures and examine its similarities and differences in the western canon. We will discuss these questions by exploring works such as The Epic of Gilgamesh, the Odyssey, and Beowulf. A list of reading selections will be provided to those who register.

Francesca Borrione holds a Ph.D. in English from URI. She specializes in Italian American Studies and true crime literature.

Xinqiang Cole Chang holds a Ph.D. in English from the University of Rhode Island. He specializes in 19th-century British literature. His research interests center on 19th-century science and its influence on literary texts.

Join educators from the Roger Williams Park Zoo as they introduce you to three of its animal ambassadors. During this interactive presentation, you'll get up close to the animals and learn all about these wild wonders. As leaders in conservation and animal care, the zoo staff creates engaging experiences that empower guests to join in conserving wildlife and wild places. Participants interact by asking questions throughout the presentation.

For nearly 150 years, Roger Williams Park Zoo has connected people with wildlife to inspire a love and appreciation for the environment and its animals. From hands-on Masai giraffe feedings and armadillo encounters, to witnessing giant otters splash and slide down their waterslide, such moments tell stories and create connections that last a lifetime. It is by providing such experiences that the Zoo’s educators create future leaders with a desire to protect and save species.
AMERICANA CELEBRATED: MARK TWAIN’S SHORT STORY

4 sessions with Teresa Testa
on Feb 1, 8, 15, 22
4:30 PM - 6:00 PM
$45.00
Limit: 45

Beyond the colloquial and sardonic humorist—beyond the immediate landscape of literary lore—late 19th century American author Mark Twain illustrates modern America’s formative period with substantial intellectual, political, and religious thought. The objective of this course is to introduce students to the substance of the writer's philosophy and reveal the Mark Twain not often considered. By focusing on the impeccable cultural artistry which celebrates a national heritage, this originally-designed course offers new approaches to understanding the author’s realist and regional short works. Guiding the course study will be the concerted effort to answer the question, “What does it mean to be an American?” This is attained through reliance on primary historical and literary materials. The course outcomes will provide an enriched awareness of Twain’s aesthetic of Americana through the celebration of the author’s modern short story form. This is a lecture-driven course with an approximate 15-20 page reading for each session including fiction and non-fiction.

Teresa Testa is a Ph.D. candidate at Salve Regina University, where her dissertation research explores 20th-century American cultural approaches to moral theory within the philosophy of technology and theology. Graduating from Brown University with a concentration in English and American literature, Teresa also earned the M.Sc. in organizational management from Salve Regina University with emphasis on modern business ethical standards. Her academic interests are extensive and often connect multiple disciplines within the humanities.

INTRODUCTORY OCEANOGRAPHY

6 sessions with Kenneth Hinga
on January 11, 18, 25 Feb 1, 8, 15
9:30 AM - 11:00 AM
$55.00
Limit: 30

As we take a look at the ocean, we will start with the geology of the ocean basins and how they changed over time. We will examine the chemistry of the ocean waters and look at the geological and biological processes that control ocean chemistry. Then we will look at ocean circulation and waves. All this will then be tied together to explain the general distribution of ocean plants and animals, especially fisheries. We will look at some important impacts on the ocean including dead zones, overfishing, oil pollution, and effects of climate change.

Kenneth R. Hinga was a research scientist and assistant dean at URI’s Graduate School of Oceanography. His teaching included courses in general oceanography, marine pollution, and understanding environmental issues. He moved to Federal service on a diplomacy fellowship where he spent 10 years at USDA Foreign Agricultural Service, and US FDA Center for Food Safety and Applied Nutrition. He was a science advisor for both agencies, providing technical analysis of a variety of food safety and agricultural-environmental topics for international negotiations. He has offered classes for the OLLI at American University and the OLLI at Johns Hopkins University, in person and by Zoom. For copies of his presentations, along with some resource materials, go to http://www.ollichoicesenv.com/intro-oceanography.html
WINTER A LEGACY LETTER

1 session with Jay Sherwin
on January 12, 10:00 AM - 11:30 AM $15.00 Limit: 20

A legacy letter (also called an ethical will) is a written document that allows people to share their life lessons, express their values, and transmit their blessings to future generations. A legacy letter is not a legal document or a memoir; it’s typically only a few pages. Writing one is a rewarding experience that creates an enduring gift for children, grandchildren, and other loved ones. This workshop introduces the concept of the legacy letter and encourages you to craft your own legacy document. It includes discussion and brief writing exercises to help you examine your life history, explore your values, and capture important insights. It offers advice, encouragement, and a model structure to help you draft and complete a legacy document that can be shared.

Jay Sherwin created the Life Reflections Project to educate people about legacy letters, ethical wills, and other legacy documents. He has practiced law, given away money for five different charitable foundations, worked as a philanthropy consultant, and served as a hospital chaplain. He has extensive experience teaching and facilitating online learning programs, including online presentations for more than a dozen OLLI programs nationwide. For more information, go to jaysherwin.com.

WINTER LADY LAUREATES: FEMALE NOBEL PRIZE WINNERS FOR LITERATURE

6 sessions with Robert Weibezahl
on January 12, 19, 26, Feb 2, 9, 16
1:00 PM - 2:30 PM $55.00 Limit: 45

Of the 117 writers who have been awarded the Nobel Prize for Literature, only 16 have been women. Setting aside this gross inequity and lack of inclusion, these female writers who were so honored stand out for their artistry, their contribution to their country’s cultures, and the universality of the themes and lessons they convey with their work. This course will survey the lives and accomplishments of all these women—from Sweden’s Selma Lagerlöf in 1909 to the most recent recipient, U.S. poet Louise Glück in 2020—and will look at why they were awarded the world’s most prestigious literary award. Along the way we’ll explore the work of such masters as Toni Morrison, Nadine Gordimer, Alice Munro, Doris Lessing, Pearl S. Buck, and Gabriela Mistral.

For the first class: Samples of the writings by the first three women, Selma Lagerlöf, Grazia Deledda, and Sigrid Undset, will be provided by email to those who register.

Robert Weibezahl is a writer, editor, critic, and publishing industry veteran who has worked with Nobel laureates, Pulitzer Prize winners, and countless bestselling authors. A columnist for BookPage for two decades, he is also a published novelist and award-winning, internationally-produced playwright. He teaches at OLLI programs across the country.
What’s better than cooking with fresh healthy local ingredients? Join us for all or part of this cook-along series focusing on the cornucopia of Rhode Island’s winter produce. Each class features a few easy-to-prepare appetizing dishes using seasonal ingredients. Cook along with the class or just enjoy and learn new ideas and tips for healthy winter dishes that will be sure warm up your winter. Recipes and grocery and supply lists will be sent in advance of each class to those who register.

- **Jump into January - Warm and Cozy Cooking**
  Wed, Jan 12, 4:00 PM - 5:30 PM  $15.00

- **Happy Valentine's Day - Heart Healthy Dishes**
  Wed, Feb 9, 4:00 PM - 5:30 PM  $15.00

- **March Madness Celebration**
  Wed, March 9, 4:00 PM - 5:30 PM  $15.00

Kathi Masi has been an educator for over 35 years. She is a graduate of the University of Tennessee and earned her master’s degree in education from URI. A teacher recently retired from South Kingstown High School, she has taught classes in family and consumer sciences (FCS) specializing in culinary arts. In 2005, she was honored as RI FCS teacher of the year. Since retirement, Kathi has worked with FarmFresh RI, Own Your Health, and the RI Geriatric Education Center, teaching classes in nutrition, A Matter of Balance, and doing food demonstrations. Kathy gave the Rhode Island Fresh cook-along series for the OLLI at URI during both the summer and fall semesters.

*To receive the discount, you must register for the Course Series ($40) and not each individual class.*
Did you know that Great Decisions and Tech Talks are free with your membership. Tech Talks offers a different topic each month and meets via Zoom. Great Decisions is a yearly on-going policy affairs discussion program with a new program each month. Read more about both programs and register today!

Con Artist Playbook:
A Look inside the Mind of a Criminal
Thursday, January 27, 11:30 AM - 1:00 PM

Join us for this FREE session providing you with the tips and tools to protect yourself and others from predatory practices of scammers. This session offers the learner an opportunity to hear and see footage from actual criminals sharing their tactics in obtaining your private information and ultimately your money. Come away with materials, handouts and resources that you can share with others to help them STOP IT. Education is key to getting out ahead of these scams.

Log on to register or call 401-874-4197.

GREAT DECISIONS 2022
Great Decisions is America's largest discussion program on world affairs. Join us in watching the documentary film series and discussing the most critical global issues facing America today.

Changing Demographics
Friday, February 18, 11:00 AM - 12:30 PM
The world experienced remarkable demographic changes in the 20th century that continue today and have resulted in far-reaching social, economic, political, and environmental consequences all over the globe. These consequences are creating mounting challenges to development efforts, security, climate, and the environment, as well as the sustainability of human populations.

Outer Space
Friday, March 18, 11:00 AM - 12:30 PM
The launch of Sputnik I in October 1957, marked the beginning of the space era and of the space race between the United States and the Soviet Union. In the 21st century, there are many more participants in space, including countries such as India and China, and commercial companies such as SpaceX. How will the United States fare in a crowded outer space?

Great Decisions Spring semester classes available March 14.
- Russia and the U.S. – April 22
- Myanmar and Asean – May 20

Great Decisions Summer semester classes available May 25.
- Quad Alliance – June 17
- Drug Policy in Latin America – July 15
- Industrial Policy – August 19

Great Decisions Fall semester (Schedule TBD)
- Biden’s Agenda – September

Register online: https://uriolli.augusoft.net or call 401-874-4197
Special Interest Groups

All Special Interest Groups are FREE with your OLLI membership. Please register online to join these groups by visiting URI.EDU/OLLI

Book Group

Meets the third Friday of each month at 1:00pm at OLLI. Book selections are available on our website: URI.EDU/OLLI
Facilitator: Beth Leconte bleconte@uri.edu

Bowling

Interested in bowling? This new group is still in the planning stages. Contact facilitator Peter Stetson petestetson8@gmail.com if interested.

Brown Bag Poetry

Brown Bag Poetry is temporarily paused. This lunchtime meeting is an informal reading and discussion of new original poems we write. Prompts (two each month) come straight from the lines of a rich variety of well-known poets, both past and contemporary.
Facilitator: Judy Gamble Jgamble139@gmail.com

Golf

Pre-registration is required and begins in the spring at Laurel Lane (Richmond). This Special Interest Group is open to OLLI members who have some experience, and to those who have been playing for years.
Facilitator: Kathy Plante kaplante@yahoo.com

Great Decisions

Join other OLLI members for a series of world affair discussions based on the Great Decisions program of the Foreign Policy Association. Great Decisions 2022 returns in February. Facilitator: Beth Leconte bleconte@uri.edu

Let’s Talk Technology

Meets the last Thursday of each month from 11:30-12:30pm. The Tech Committee invites you to join in a monthly conversation about tech developments that constantly creep into our lives, but often remain perplexing. Topics change each month.

Mah Jongg

Do you like to play Mah Jongg? Join this group on Thursdays from 1-3pm.
Facilitator: Marie Ricketts mrickett@gmail.com

Photo Friday

Do you like taking pictures with your camera or phone? Join our Photo Friday Group! Each month you will be given a different prompt to photograph and submit. Photos will be shared and discussed during a monthly Zoom meeting. The group meets the first Friday of each month from 10-11am.
Facilitator: Jan Armor janthe-photoman@gmail.com

Walking Group

Walking Group meets weekly on Wednesdays at 1pm. Improve your health; make new friends while exploring our South County area. Walks generally last an hour. Register online and each week you will receive an email for the location.
Facilitator: Cindy Opaluch Cindy-R1@cox.net

Writer’s Group

Meets the first Friday of each Month at 1pm via Zoom. Join us online and share your writings, listen and learn from others, and most importantly have a good time.
If you are interested in joining the group, please register online.
Facilitator: Susan Berman susanb99@yahoo.com

Please register online to join these groups by visiting URI.EDU/OLLI
**The Age Friendly Vision for URI**

**Background**

Every day in the US until the year 2028, 10,000 people will turn 65. By 2024, 20% of the US population will be 65+; and by 2034, older adults will outnumber children for the first time in US history. How should higher educational institutions respond to this demographic change and the challenges it creates?

The Age Friendly University (AFU) movement was initiated in 2012 at Dublin City University in Ireland, inspired by a vision of how to make universities more globally responsive to the needs and interests of older adults. At present, over 45 universities in the US are members, and the mission is supported by the Academy for Gerontology in Higher Education. URI became an AFU in 2018, in the belief that higher educational institutions must be transformed in ways that recognize the unprecedented impacts of aging on all aspects of society.

AFUs are not just age-friendly, but they are aging-friendly. They embrace the educational needs of adults as they age through the life course, changing jobs and preparing for new careers and occupations. However, education is more than just getting the knowledge and skills necessary for the workplace. It also includes how one spends one’s time and energy on other important life pursuits, such as family, health, leisure, civic engagement, and spirituality.

**Current Projects and Activities**

The AFU workgroup at URI is presently focusing on the following initiatives: (1) creating Intergenerational programs, such as Cyberseniors, and classes with both URI students and older adults, (2) increasing access by older adults to regular URI courses, (3) developing a retirement community on or near the URI campus that could also serve as the home for the Osher Lifelong Learning Institute (OLLI), (4) creating a retired faculty and staff association, and (5) expanding research involving older adults, particularly with regard to health and wellbeing.

**OLLI and the AFU Vision and Mission**

The AFU effort has depended greatly on the contributions of many OLLI members, including those who serve on our work group, attend intergenerational classes, and participate in special projects and programs. OLLI is a critically important part of what the AFU vision and mission represent at URI, and we look forward to continuing to work with OLLI members as we move forward to make URI more age-friendly!
FULL COURSE DESCRIPTIONS ARE AVAILABLE ONLINE: URI.EDU/OLLI

Name (one member per form) ________________________________________________________
Mailing Address ______________________________________________________________________
City ____________________________ State _______ Zip _____________ Renewal Date: ______________
Telephone: ___________________________ Email ________________________________

**Monday**
- Beginner/Intermediate Italian ($65)
- Creativity, Play, and Innovation ($40)
- The Facts About Gun Control ($15)
- Playing with Shakespeare: Hamlet ($55)
- Suicide Prevention Training ($15)
- What Is Love? ($15)
- **Zoom**
  - The Epic in World Literature ($40)
  - Roger Williams Park Zoo Virtual Meet & Greet ($15)

**Tuesday**
- American Art: New Directions ($55)
- Ancient Ethics for Today ($50)
- Award Winning Novels 2021 ($40)
- Overcoming Negativity ($35)
- Six Things You Should Know About Genetics ($45)
- Sketching for Observation, Recording, Learning ($15)
- Swing! Swing! Swing! ($45)
- Take Better Pictures, Now! ($15)
- The Fine Wines of Austria ($25)
- The British Invasion ($45)
- Two Elders: James Baldwin & Toni Morrison ($45)
- **Zoom**
  - Americana Celebrated: Mark Twain's Short Story ($45)
  - Introductory Oceanography ($55)

**Wednesday**
- A Rhode Island Success Story: Brewed Awakenings ($15)
- Afghanistan, Osama bin Laden, Al Qaeda ($35)
- Financial Wellness ($40)
- Highlights of Renaissance Italy-Rome ($15)
- Highlights of Renaissance Italy-Florence ($15)
- **Zoom**
  - Lady Laureates: Female Nobel Prize Winners for Literature ($55)
  - Rhode Island Fresh: Jump into January-What Every Heart Needs ($15)
  - Rhode Island Fresh: Happy Valentine's Day-Heart Healthy Dishes ($15)
  - Rhode Island Fresh: March Madness Celebration ($15)
  - Rhode Island Fresh Course Series ($40)
  - Writing a Legacy Letter ($15)

**Thursday**
- Let's Skate! ($55)
- American Protest Songs ($55)
- Ocean State Women and World War I ($15)
- Soul in Motion ($55)
- Rhode Island's Secret WWII German POW Camps ($15)
- The Grand Tour ($15)
- Ducks of Rhode Island ($15)
- **Zoom**
  - The Jewish Influence on Popular Music ($55)

**Friday**
- Strong Women, Strong Roles.... and a bit of Romance ($45)
- The Iditarod: Alaska's Last Great Race ($40)
- Great Decisions Changing Demographics (Free)
- Great Decisions /Outer Space (Free)

OLLI Mail: OLTI.EDU/OLLI

OLLI at URI, 210 Flagg Rd, Room 212  Kingston, RI 02881

ONLINE REGISTRATION begins December 29
Mail in registrations will not be processed until December 30.

Payment Method: □ Check (Payable to URI) #________
Credit Card: □ Visa □ Mastercard □ Discover □ AMEX
Credit Card No: ___________________________ Exp: _____ 3/4 digit code: _____
Name on Card: ________________________________________________________________
Signature: ________________________________________________________________

**OFFICE USE:**
DATE RCVD: __________ DATE PROCESSED: __________ INITIALS: __________
MEMBERSHIP: □ CURRENT □ NEW □ RENEWAL

If mailing, send to: OLLI at URI, 210 Flagg Rd, Room 212 Kingston, RI 02881
MEMBERSHIP INFORMATION (Please use one form per person)

- NEW MEMBERSHIP
- RENEWAL MEMBERSHIP  RENEWAL DATE: _______________________

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MEMBER PROFILE

The following information is used to help us better understand our OLLI Membership as a community and to better serve you. This information is optional and confidential.

- URI Alumni: ☐ No ☐ Yes Year ______
- Gender: ☐ Male ☐ Female
- Highest Level of Education:
  - ☐ High School
  - ☐ Some College
  - ☐ Associates Degree /Certification
  - ☐ Bachelor’s Degree
  - ☐ Master’s Degree
  - ☐ Doctorate
- Employment Status: ☐ Retired ☐ Work Full Time ☐ Work Part-Time ☐ Not Currently Employed
- Current/Former Occupation: ________________________________

PAYMENT INFORMATION:

- Annual Membership Fee  $65  (non-refundable)
- Payment Method: ☐ Check (Payable to URI) ☐ Visa ☐ Mastercard ☐ Discover ☐ AMEX
- Credit Card No. ___________________________  Exp Date: ___________  3 or 4 digit code ________
- Name on Card: ____________________________________________
- Signature ________________________________________________

Photos taken during OLLI events or programs can be used in promotion material for OLLI at URI.
OLLI and URI will not be held liable for members or guests for any damage or personal injury.
Your membership must be in effect through the last date of the class(es) you have chosen.

For questions, please call 401-874-4197 or email olli@uri.edu

If mailing, send to: OLLI at URI, 210 Flagg Rd, Room 212, Kingston, RI 02881

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Photo Friday - Alphabetic Abstracts

Photo submission by Antonio Mattero for the Photo Friday theme Alphabetic Abstracts.
If you like to take photos, check out the OLLI Special Interest Group, Photo Friday!
Each month we photograph a different theme and then meet online to view and discuss our photos.
Come join us! Register online: https://uriolli.augusoft.net/