

THE UNIVERSITY OF RHODE ISLAND OSHER LIFELONG LEARNING INSTITUTE



What is OLLI? A Community of Learners Ages 50+

The Osher Lifelong Learning Institute at the University of Rhode Island provides learning opportunities to enhance the enjoyment, meaning, and direction of adult lives as well as the health and well-being of adults. OLLI seeks to develop a community of older learners.

Join Today!

Membership is \$65 for one year and courses are priced based on length and format.



Take classes Explore new subjects Meet new friends Lectures, discussions, and hands-on activities

Winter, Spring, Summer and Fall semesters Intergenerational classes Tours and day trips Interest Groups for special activities

URI.EDU/OLLI 401-874-4197

A Message from the Director

We welcome in the New Year with a wonderful line-up of courses and programs for our Winter 2023 semester. As the temperatures drop over the next few months OLLI will keep you busy and connected with other lifelong learners. It's a time for reflection, as well as the perfect time to look forward to the year ahead.

I recently had breakfast with three of our original OLLI Membership Committee. We reminisced about our early years as an OLLI at URI and as one member said, "Olli is now our Grandchild." Early on, beginning in 2009, we were busy telling our story and recruiting new members and instructors. We offered twelve courses each semester and now we offer on the average seventy-five courses, along with several special interest groups, and travel programs on a year-round basis, spread over four semesters

Through the years we have evolved moving from paper registration to an online registration system. Our classroom technology has greatly improved, and we are reaching over 1100 members statewide and in neighboring out of state towns.

Our mission remains strong from our beginnings.... We are a community of learners age 50+ providing learning opportunities to enhance the enjoyment, meaning, and direction of adult lives as well as the health and well-being of adults.

We continue to collaborate with various committees comprised of OLLI members who provide direction and support guiding the vision of OLLI at URI. As in the past, there are many opportunities for all members to be involved. Members are asked to be Ambassadors of OLLI and tell our story, just as we did over 13 years ago. As a member centered and member driven organization we depend on your contributions and skill set to keep us strong and viable.

I welcome your feedback and ideas. Please stop by anytime as I genuinely want to hear from you. Many of our original committee members remain as active members of OLLI and we welcome the next generation of OLLI volunteers to shape and sustain our OLLI at URI.

Wishing you all a healthy, happy, and peaceful 2023!

Beth leconte

Director Phone: 401.874.2405 bleconte@uri.edu



Beth Desrosiers Operations Manager Phone: 401.874.4197 beth_desrosiers@uri.edu



THE UNIVERSITY OF RHODE ISLAND OSHER LIFELONG LEARNING INSTITUTE



The Osher Lifelong Learning Institute at URI provides learning opportunities to enhance the enjoyment, meaning, and direction of adult lives, as well as the health and well-being of adults, while developing a community of older learners.

Established in 2009 and offering diversified courses and activities, the OLLI at URI enjoys a rich relationship with the University. Membership is open to anyone

fifty years of age or better. Whether teaching, learning, playing, or exploring, OLLI members constitute a vibrant lifelong learning community.

The OLLI at URI is part of the national network of Osher Lifelong Learning Institutes funded by the Bernard Osher Foundation. Closer to home, OLLI has ties with local community and civic organizations. OLLI members are essential in shaping, managing, and leading the organization.

Roberta M. Palmer Membership Services Director Phone: 401.874.4194 roberta_palmer@uri.edu

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Important Dates

Winter Semester January 9—March 10

Spring Semester March 27—May 26

Summer Semester June 12—August 25

Holiday/Office Closings

January 2, New Year's Day January 16, MLK, Jr. Day

Office Hours:

Monday through Thursday 9AM to 5PM Friday, 9AM to 12PM

ADVISORY COUNCIL

Paul Gricus, Chair Tim Babcock Phil Clark Joanne Gemma Debbe Hayes Karen Lapointe Karen Pizzaruso Louise Paquin Eric Schonewald Jet Vertz

FINANCE COMMITTEE

Joe Gallichio, Chair Paul Gricus Bob Haynes David Navin Jayne Ogren Nicole Spaulding

OUTREACH COMMITTEE

Linda Nelson Denise Levins Jet Vertz, Chair



There are 4 ways you can register for Fall classes.



Online Phone Mail In Person

Register anytime through our secure website: <u>URI.EDU/OLLI</u> (click on **member login** at the top of the page).

Call the OLLI office at 401-874-4197. If you leave a message, we will do our best to return your call within 24 hours.

Print and mail in your registration form (located on page 33/34).

Stop by the office between 9AM-5PM, Monday through Thursday, 9AM-12PM on Friday.

Payment is accepted by credit card or check. We accept Visa, MasterCard, and Discover.

WINTER Registration begins December 27!

CURRICULUM COMMITTEE

Bill Brownell Beverly Carroll Mary Cole Joan DeFinis, Chair Kathleen Gallichio Mary Keane Barbara Kenney Robyn Levine John McGeehan CJ Menard

EVENTS COMMITTEE

Dyann Boudreau Carole Duffy Linda Griffin Kathy Plante Patricia Rye

TECHNOLOGY COMMITTEE

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SIGS COMMITTEE

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OFFICE VOLUNTEERS

Jean Anderson Cobi Bush Gail Dupont Sally Levesque Marie Lupino Janet Moore Debbie Murphy Cindy Pacheco Lorraine Rappoport Nicole Spaulding

CLASSES BY CATEGORY

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CLASSES BY Day of Week					
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Creativity, Play and Innovation	Mon, Jan 9	10:00 AM - 11:30 AM	5	643	9
The History of Religion in America	Mon, Jan 9	2:00 PM - 3:30 PM	4	648	9
Why War?	Mon, Jan 23	1:00 PM - 2:30 PM	3	640	9
"The First Lady of the World" Anna Eleanor Roosevelt <mark>z</mark>	Mon, Jan 23	11:30 AM - 1:00 PM	3	657	26
Healthy Eating Made Simple	Mon, Jan 30	11:00 AM - 12:30 PM	5	678	10
Babcock-Smith House Museum and Granite Industry Museum	Mon, Feb 13	10:00 AM - 11:30 AM	1	674	23
Creating an Old Time Radio Drama as a Podcast	Mon, Feb 13	10:00 AM - 11:30 AM	4	655	10
All About Silk	Mon, Feb 13	11:00 AM - 12:30 PM	1	646	9
Computer Fundamentals	Mon, Feb 13	1:00 PM - 2:30 PM	4	664	11
The Berlin Wall Z	Mon, Feb 20	11:30 AM - 1:00 PM	3	654	28
Go Outside, Go Within 🔺	Mon, Mar 6	11:00 AM - 12:30 PM	1	661	11
It's Never Too Late: Personal Growth and Older Adults	Mon, Mar 6	1:00 PM - 2:30 PM	1	662	11
Slavery, Abolition, and Women's Suffrage	Tue, Jan 10	9:30 AM - 11:00 AM	5	637	12
Landscape Photography Z	Tue, Jan 10	10:00 AM - 11:30 AM	3	681	25
Writing Your Memoir	Tue, Jan 10	10:00 AM - 11:30 AM	5	673	12
The CIA During the Cold War	Tue, Jan 10	11:30 AM - 1:00 PM	4	636	12
Forgotten Songwriters of Tin Pan Alley	Tue, Jan 10	1:30 PM - 3:00 PM	4	656	13
Contemporary Economic Policy Issues Z	Tue, Jan 10	5:00 PM - 6:30 PM	5	650	25
Short Fiction and Aging Z	Tue, Jan 31	2:00 PM - 3:30 PM	6	667	27
Family, Intimate Relationships and Aging: An OLLI Intergenerational Course	Tue, Feb 7	12:30 PM - 1:45 PM	5	638	13
Otters, Beavers, and Muskrats, Oh My!	Tue, Feb 14	10:00 AM - 11:30 AM	1	644	13
What in the World Is Global Warming?	Tue, Feb 14	1:00 PM - 2:30 PM	4	651	14
Rhode Island and the Mosquito Fleet	Tue, Feb 21	10:00 AM - 11:30 AM	1	665	14
Genes and Cancer	Tue, Feb 21	11:00 AM - 12:30 PM	3	693	14
World War II Rhode Island	Tue, Mar 7	10:00 AM - 11:30 AM	1	666	15
Hollywood Scores: A Fertile Land for Immigrants Z	Wed, Jan 11	10:00 AM - 11:30 AM	6	631	25
Remarkable Photographers	Wed, Jan 11	10:00 AM - 11:30 AM	4	632	16
Richard Wagner's Lohengrin	Wed, Jan 11	10:00 AM - 11:30 AM	5	671	16
Cast Out Clutter and Create a Customized Organizer	Wed, Jan 11	1:00 PM - 2:30 PM	1	687	16
King Tut's Tomb: 100 Years of Discovery	Wed, Jan 11	1:00 PM - 2:30 PM	3	649	17
The Music and Events of the 1970s	Wed, Jan 11	3:00 PM - 5:00 PM	6	658	17
Classic Films of Alfred Hitchcock Z	Wed, Jan 25	2:00 PM - 3:30 PM	5	668	27
Editing with Photoshop Elements	Wed, Feb 15	9:30 AM - 11:30 AM	4	670	17
Gloria Exercitus: The Roman Army	Wed, Feb 15	1:00 PM - 2:30 PM	4	653	18
Let's Skate! 🔺	Thu, Jan 12	9:00 AM - 9:50 AM	8	642	19
All About Science Z	Thu, Jan 12	9:30 AM - 11:00 AM	4	652	26
Hard Choices: Case Studies in Business Ethics 💈	Thu, Jan 12	3:00 PM - 4:30 PM	6	679	26

▲ Off Site Location Z Zoom

CLASSES BY Day of Week

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Rhody Ramblers- January 🔺	Thu, Jan 19	10:30 AM - 12:00 PM	1	683	22
New Zealand Wines More Than Sauvignon Blanc 🔺	Thu, Jan 26	3:00 PM - 4:30 PM	1	675	23
Akira Kurosawa: The Early Years	Thu, Feb 2	12:30 PM - 3:30 PM	6	663	19
New Zealand Wines - More Than Sauvignon Blanc 🔺	Thu, Feb 2	3:00 PM - 4:30 PM	1	682	23
Uke for All! Play and Singalong Jam	Thu, Feb 2	4:00 PM - 6:00 PM	6	645	19
Music and Popular Culture in 20th Century America Z	Thu, Feb 9	11:00 AM - 12:45 PM	5	630	28
Rhody Ramblers- February	Thu, Feb 16	10:30 AM - 12:00 PM	1	684	22
How to Capture Local Wildlife on Video	Thu, Mar 2	2:00 PM - 3:30 PM	2	669	20
Rhody Ramblers- March	Thu, Mar 9	10:30 AM - 12:00 PM	1	685	22
Magic, Myth, and the Movies	Fri, Jan 13	9:30 AM - 12:30 PM	4	647	21
Chair Yoga: For Strength, Balance and More	Fri, Feb 3	1:00 PM - 3:00 PM	6	672	21
The Comedy of Monty Python	Fri, Feb 3	1:00 PM - 4:00 PM	6	659	22
Great Decisions -Energy Geopolitics	Fri, Feb 17	10:00 AM - 11:30 AM	1	676	20
The Iditarod: Alaska's Great Race	Fri, Mar 3	10:00 AM - 11:30 AM	3	641	22
Newport Sailing Museum 🔺	Fri, Mar 3	10:30 AM - 12:00 PM	1	660	23
The Rhode Island Courts 🔺	Fri, Mar 10	9:30 AM - 11:30 AM	1	686	24
Great Decisions - War Crimes	Fri, Mar 10	10:00 AM - 11:30 AM	1	677	20

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Both current and new members are invited to attend and learn about all OLLI has to offer. We'll review our current programs, and our special interest groups, all while exploring and becoming more familiar with our OLLI website and registration software. Plenty of time for Q & A. Coffee & door prizes too! Sessions are scheduled monthly. Check the weekly newsletter and <u>website</u> updates.

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OSHER LIFELONG

LEARNING INSTITUTE

OLLI REFUND POLICY:

- Memberships are non-refundable.
- To withdraw from a class and receive a full refund or credit, you must notify the OLLI office at least two weeks before the start of the class. Call the office at 401-874-4197 or email olli@uri.edu.
- No- shows forfeit their course fees.
- Day trips and special tours are prepaid so there are no refunds for cancellation or withdrawal.
- Classes that do not meet minimum student registration numbers are subject to cancellation.
- OLLI follows the University's policy of cancelling classes for certain holidays and because of inclement weather.



Creativity, Play and Innovation

5 sessions with Sandra Enos Mon, Jan 9, (skip 16), 23, 30, Feb 6, 13 10:00 AM - 11:30 AM Max: 20 \$50.00

We often focus our attention on creativity as if it were solely an individual trait, a flash of brilliance. In this interactive course, we will examine the social contexts of creativity and innovation. Why are some historical periods more innovative than others? Why are some communities more likely to foster creativity than others? Do creativity and innovation peak in the early years and decline as we age? Why do men outnumber women as artists and creators? What are the social and cultural factors that allow some of us to be creative and others that ignore creative talent? Why do some organizations squander good ideas? We will explore these questions, do some class exercises, take on some creative challenges, and play with these ideas and others.

Sandra Enos, Ph.D., is a retired professor of sociology. With a life-long interest in creativity, she loves the idea of introducing play and fun to older students. She has taught several courses at OLLI, most informed by sociology. Two months after retiring, she launched a social enterprise called Giving Beyond the Box, where she curates gift boxes full of products that make positive social impact in our community and beyond. She plays mandolin, loves to move, and enjoys the South County life.

The History of Religion in America

4 sessions with Lee Hardgrove Mon, Jan 9, (skip 16), 23, 30, Feb 6 2:00 PM - 3:30 PM Max: 25 \$45.00

Trace religious roots in America from colonial times to the present, taking a general view of the topic to include the history, development, and influence of different faiths on our country and culture. This course is a survey, in no way intended as an in-depth look at the subject.

Lee Hardgrove is a retired United Methodist pastor who served churches for over 30 years in New York and Connecticut. He served as a U.S. Army chaplain in the reserve components including a tour in Afghanistan. Lee has taught at the OLLIs at URI and George Mason University as well as Circle of Scholars at Salve Regina University. He has degrees from American University, Yale University, U.S. Army Command and General Staff College, and Rhode Island College.

All About Silk

1 Session with Marian Goldsmith Mon, Jan 23 11:00 AM - 12:30 PM Max: 25 \$15.00

What is silk? Where does it come from? How is it harvested? What is it used for? The presentation will cover traditional and modern uses of this lustrous fiber, along with the biology and genetics of the do-



mesticated silkworm, *Bombyx mori*, the main source of commercial silk textiles today.

Marian Goldsmith, professor emerita, biological sciences, URI, taught undergraduate courses in general biology, genetics, molecular biology, science and society, and an honors course in genomics, retired 2017. Her major

research areas were genetics, molecular biology, and genomics of the mulberry silkworm. She has had long-term collaborations with many other researchers in these areas and extensive experience traveling and living in silkproducing countries like Japan, China, India, and France, in addition to the UK and Czechia. She is widely published and continues to edit manuscripts for colleagues and review articles for scientific journals.

Why War?

3 sessions with Vincent Colapietro Mon, Jan 23, 30, Feb 6 1:00 PM - 2:30 PM Max: 20 \$40.00

Einstein wrote an open letter to Freud asking, "Why do human beings go to war, especially given its incalculable damage?" We will read Einstein's letter and Freud's reply, along with selections from William James, Virginia Woolf, Konrad Lorenz, Glenn Gray, Chris Hedges, and several others. Our aim is to reflect in an unblinking manner about human aggression, territoriality, and destructiveness in the hope of forging a realistic path toward a harmonious cohabitation of the Earth.

Suggested reading: *Why War?* A Correspondence between Albert Einstein and Sigmund Freud (pamphlet originally published in 1933 under the title Warum Krieg by Institute for International Cooperation). This exchange can be found on the UNESCO website: <u>https://en.unesco.org/courier/may-</u> (*Continued*)

(Why War, Continued) 1985/why-war-letter-albert-einstein-sigmund-freud.

James, William: The Moral Equivalent of War in Es-



says in Religion & Morality (Cambridge, Harvard University Press, 1982), 162-73. Originally published in International Conciliation, no. 27 (February 1910), 3-20. (This is a widely anthologized essay.)

Woolf, Virginia:

Thoughts of Peace in an Air Raid, in Collected Essays, volume 4, 173-77. Also, in *The Death of the Moth* published separately by Penguin (Thoughts of Peace in an Air Raid)."

Vincent Colapietro, liberal arts research professor emeritus, Penn State University, is now affiliated with the Center for the Humanities at URI. His formal training is in philosophy. While his historical specialization is American thought and culture (with an emphasis on the pragmatist movement—Peirce, James, Dewey, and Mead), his systematic interests are quite diverse. These include psychology and psychoanalysis, social and political philosophy, and, intimately related to these interests, specific questions regarding human aggression, violence, and destructiveness.

Healthy Eating Made Simple

5 sessions with Kathy Tonelli Mon, Jan 30, Feb 6, 13, (skip 20), 27, Mar 6 11:00 AM - 12:30 PM Max: 20 \$50.00

Learn about the health benefits connected with eating real, whole foods and explore various ways of incorporating them into daily meals. Current ideas and general guidelines around macro and micronu-

trients will be discussed as well as how to eat healthy both at home and when away. Participants will be provided with many simple recipes. Some classes may also include food samples. All sessions will be



interactive in nature and will include time for discussion and questions.

For the first class: *Jot down what you ate the day before the first session – for your own use and not to be shared.*

(Tonelli, Continued)

Kathy Tonelli is a certified integrative nutrition health coach. She owns and operates South County Health Coaching, a small private health coaching business servicing adults, families, and children around many areas of health and wellness. She recently opened Meadowland Greens, a small organic microgreens business and delivers fresh greens in the South County area weekly. Both are part of Healthy Life Enterprises of North Kingstown. Kathy retired from the South Kingstown School Department in June after teaching elementary special education for 33 years. She enjoys teaching and making learning fun for all ages!

Creating an Old-Time Radio Drama as a Podcast

4 sessions with Bob Haynes Mon, Feb 13, 20, 27, Mar 6 10:00 AM - 11:30 AM Max: 25 \$45.00

Bring your story ideas, your creative talent, and your

"perfect for your character" voice and participate in this collaborative artistic effort. We'll script and produce a new old-time style radio drama, complete with sound effects, music, and our own voices. We'll post it as a podcast, and



after the class is over you can tell your fans to listen to your story on the internet.

Bob Haynes received his B.S. in mechanical engineering from the University of Maryland. A lifelong photographer, Bob has done product photography, portraiture, and web development professionally. For the past 15 years, Bob and his wife Joanne have produced promotional videos for churches, artists, art galleries, and businesses. Bob has written and produced dinner theater, short movies, and a short podcast series "How do Film Majors Make a Living?" He has taught both play acting and filmmaking for the OLLI at URI.

(Continued)

Computer Fundamentals



4 sessions with Jet Vertz Mon, Feb 13, 20, 27, Mar 6 1:00 PM - 2:30 PM Max: 30 \$45.00

Today the usage of computers has become ubiquitous. Because we depend daily on some sort of computer-based gadget, it is important for us to understand the fundamentals of computers. This course will demystify computers, so we feel comfortable using them and applying what we learn to make our lives easier. This class is not about how to operate specific gadgets or how to use specific apps. Using the automobile as an analogy, this class is about understanding the important features of an automobile and how they work together, not about "how to drive a car." By understanding the key features and how they work together, we will be able to take care of it better and drive more confidently. So, too, will it be with our computers.

Note: This is not a "how to" class. Help in using specific gadgets or apps is already being provided to OLLI members by URI students during Cyber Seniors and monthly sessions conducted by the OLLI Technology Committee.

Jet Vertz has been an OLLI instructor since 2013 and has taught numerous courses, including Purpose Driven Retirement, Histories and Mysteries of Aviation, History and Future of Automobiles, PowerPoint, Let's Fly Drones, and more. Jet holds a B.S. in engineering, M.S. in computer science and an M.B.A. He served in the U. S. Navy as a line officer during the Vietnam War era and worked 40 years in the aviation business. Jet retired from Pratt & Whitney as vice president in 2012 and moved to South County.

Go Outside, Go Within

1 Session with Nan Quinlan Class meets at Trustom Pond Mon, Mar 6 11:00 AM - 12:30 PM Max: 15 \$15.00

This nature walk introduces participants to the practice of mindfulness, meditation, and practical outdoor skills to deepen their connection with the land and the more-than-human world. The walk is not physically challenging, and the pace is slow, with stops along the way to participate in brief exercises to deepen the nature connection, making reference to the indigenous people who lived on the land and using some of the practices they used to be aware of their surroundings. There will be an opportunity to sit alone for a brief time and then meet as a group to *(Continued)*

(Continued)

talk about the experience.

Note: Be prepared to sit on the ground or come with a low stool or blanket.

Nan Quinlan is a certified outdoor leader guide through the Kripalu School of Outdoor Leadership. She is also a master gardener, a yoga instructor, community volunteer, and employment coach focused on the benefits of how using the nature connection can improve our wellbeing.

It's Never Too Late: Personal Growth and



Older Adults

1 session with Saul Richman Mon, Mar 6 1:00 PM - 2:30 PM Max: 30 \$15.00



This workshop is designed to make our lives more satisfying and fulfilling. We will be utilizing three methods to discover self-development opportunities. We will examine our personal values to see if we are living them to the fullest. Then we will review a model that spurs insight into our behaviors. Finally, we will discuss the tasks of transitioning to elderhood. In the end we will commit to a new personal growth goal.

Saul Richman earned his master's in social work from the University of Wisconsin when he was 63 years old. He changed his career from the business world to social services and now works in elder services for Tri County Community Action Agency in North Providence. Saul gained his teaching experience as the training director for a restaurant company. His current personal growth





Slavery, Abolition, and Women's Suffrage

5 sessions with Stephen Berardo Tue, Jan 10, 17, 24, 31, Feb 7 9:30 AM - 11:00 AM Max: 45 \$50.00

The women's rights and the abolitionist movements were very closely interconnected for decades in the 1800s, which has left a lasting and complicated legacy. This course will



examine the broad history of slavery, with a particular emphasis on the close relationship between the women's suffrage and the abolitionist movements in the U.S., starting in the 1840s through the passage of the 15th Amendment in 1869, which gave Black males the right to vote but not women, and the 19th Amendment ratified in 1920, which gave women the right to vote. Famous advocates on both sides of the issue of freedom for the slaves and women's rights, including Abigail Adams, Elizabeth Cady Stanton, Susan B. Anthony, Frederick Douglass, Paulina Wright Davis, Abby Kelley Foster, William Lloyd Garrison, Lucy Stone, and Sojourner Truth, among others, will be examined.

Stephen Berardo has a master's degree in public administration and is a student of history and political systems. He has taught a number of courses at OLLI including Slavery: The Scourge of Civilization and the U.S. Constitution, among others. He is a planning consultant and has been an adjunct and full-time college faculty member teaching courses in business administration and aviation. He has also worked for many years with local, state, and federal government agencies on a variety of land use and infrastructure development issues.

Writing Your Memoir

5 sessions with Barbara Wahlberg Tue, Jan 10, 17, 24, 31, Feb 7 10:00 AM - 11:30 AM Max: 20 \$50.00





This workshop is devoted to nonfiction writing in the form of a memoir. Class members will be highly encouraged to share

their writing, since we learn about the craft of writing from each other. Each week we will use different writing prompts as springboards into writing. We will

(Continued)

(Memoir, Continued)

work on one or two prompts, sharing our "rough drafts." While "homework" is not required, at the beginning of each class period, we will share any works in progress that could use some input from other writers in our class community. At the end of five weeks, we each just might have one work in progress that we consider "almost completed."

Barbara Wahlberg is a retired English/language arts teacher who has been teaching about the Holocaust and other genocides for almost 30 years of her public school experience. She is a teaching fellow with the United States Holocaust Memorial Museum, and a fellow of the USC Shoah Foundation. She has served as a board member of the Sandra Bornstein Holocaust Education Center for 12 years, has been vice president for education for over six years, and she is on Governor's Commission for Holocaust and Genocide Education in Rhode Island. She has also taught college writing for URI at Cranston High School East, as well as creative writing and fiction writing. She is a published poet and writer: her works have appeared in the NCTE English Journal, the NEATE Journal, and The Providence Journal.

The CIA During the Cold War

4 sessions with James Buxton Tue, Jan 10, 17, 24, 31 11:30 AM - 1:00 PM Max: 30 \$45.00

Review the involvement of the CIA with several countries from the 1940s through the 1980s, featuring Iran, Chile, Guatemala, Nicaragua, and more. We will examine the found-



ing of the CIA as the civilian foreign intelligence service of the federal government, as well as the Truman Doctrine and the Cold War as seen from a variety of perspectives.

Jim Buxton taught global studies and International relations at South Kingstown HS for 32 years. During that stretch, he earned numerous teaching awards, including the RI HS Social Studies teacher of the year in 1997, and the RI HS Girls Soccer Coach of the Year in 1988. In 1997-98, he taught in England under the Fulbright teacher exchange program. Since his retirement in 2009, he has taught international politics courses in the URI political science department. From 2009 until 2016, he also taught in the Salve Regina education department, and supervised HS social studies student teachers. He has taught numerous global politics courses with the OLLI at URI since 2010.

Forgotten Songwriters of Tin Pan Alley

4 sessions with Lloyd Kaplan and Tom Shaker Tue, Jan 10, 17, 24, 31

1:30 PM - 3:00 PM Max: 45 \$45.00

PLAY VIDEO

Lyricists are among the most forgotten people in the

music industry, especially those who contributed so much to The Great American Songbook. We'll examine some of these "forgotten" songwriters, like Irving Caesar, Lou Brown, E.Y. Harburg, and Buddy DeSilva.



And, while you might not know their names, chances are you'll know their memorable songs. Be prepared to listen, watch, and sing along to some wonderful examples of their work.

Lloyd Kaplan holds a B.S. in music education from URI and a master's in music from Brown University. His latest honor was his induction into the RI Music Hall of Fame in April 2018, the first music educator to be so honored. He taught for 30 years at CCRI and is a member of its Hall of Fame. In winter, Lloyd teaches for the OLLI at Coastal Carolina University in SC. With Tom Shaker, he co- authored In Harmony: Early Vocal Groups Remembered & Celebrated (Consortium, 2020).

Tom Shaker has spent over 30 years as a college professor, teaching courses in video and film production, media, music history, news writing and reporting, sports announcing, and public speaking. He is the co-author of A Treasury of Rhode Island Jazz & Swing Musicians (2016) and, with Lloyd Kaplan, In Harmony: Early Vocal Groups: Remembered & Celebrated (2020). Tom also coproduced the award-winning documentary film Do It Man: The Story of the Celebrity Club (2018). He is a contributor to RhodyRadio, producing podcasts covering jazz, vocal groups, and Rhode Island Diner history. For the past 15 years Tom has been the host of "The Soul Serenade," a classic soul and funk show on NPR affiliate station WICN in Worcester, MA. He currently serves on the Board of Directors of New England Jazz Alliance.

Family, Intimate Relationships and Aging: An OLLI Intergenerational Course

5 sessions with Melanie Brasher On Campus Location– TBD Tue, Feb 7, 14, 21, 28, March 7 12:30 PM - 1:45 PM Max: 20 \$50.00

URI students and OLLI members will discuss social science perspectives on family and interpersonal relationships among middle-aged and older adults. The URI students will participate as part of a course cross-listed between the Human Development & Family Science and Sociology & Anthropology departments, HDF/SOC 431: Families and Aging. Course topics will include romantic relationships, widowhood, older parents and adult children, grandparenting, and family policy. Each week all students will be given a list of readings and videos to provide background information. Students are encouraged to share personal experiences that relate to the social science research and theory on each topic.

Melanie Brasher is an associate professor of sociology at URI. She has a Ph.D. in sociology from Duke University. At URI she teaches courses on aging, family, health, statistics, and research methods.

Otters, Beavers, and Muskrats, Oh My!

1 session with Mary Gannon and Gabrielle DeMeillon Tue, Feb 14 10:00 AM - 11:30 AM Max: 45 \$15.00

Staff from the RI DEM Division of Fish & Wildlife will tell us about these three species of semi-aquatic

mammals that call Rhode Island home! What do they eat, where can you find them, and how do they survive the long winter months? All of these questions and more will be answered during this program!



Mary Gannon is the wildlife outreach coordinator for the RI DEM Division of Fish and Wildlife. She has a B.S. in wildlife conservation biology from the URI and an M.A.T. in science education from Brown University.

Gabrielle DeMeillon is the outreach assistant for the RI DEM Division Fish & Wildlife. She also graduated with a B.S in wildlife conservation biology from the University of Rhode Island and is currently attending URI as a graduate student in the Master of Environmental Science and Management (MESM) program.

What in the World Is Global Warming?

4 sessions with Randy Dimock Tue, Feb 14, 21, 28, Mar 7 1:00 PM - 2:30 PM Max: 45 \$45.00

The goal of the course is to clarify the concrete foundations of the concept of global warming. We will



emphasize the physical science behind its origin and development and consider methods and results used to substantiate trends in terrestrial, oceanographic, and atmospheric character.

Based almost exclusively on the limitations and successes of science in addressing this controversial issue, we will discuss the consequences of global warming during the recent past, projected consequences during the very near future, and anticipated mitigation that has a sound technical foundation. The course will consider only marginally the associated global political science and economics.

Crandall W. Dimock holds B.S. and M.S. degrees and a teaching certificate from URI. He has served as an armor small unit commander in the US Army, an organic marine geochemist working on the oil spill response team for the Environmental Protection Agency, and a high school physics and chemistry teacher. He spent 25 years teaching physics at South Kingstown High School. For the OLLI at URI, he has presented Everyday Physics several times, and introduced the What in the World lectures in 2018.

Rhode Island and the Mosquito Fleet

1 session with Brian Wallin Tue, Feb 21 10:00 AM - 11:30 AM Max: 50 \$15.00

The Navy's famed Patrol Torpedo (PT) boats of World War Two had a unique Rhode Island connection. It was at the Motor Torpedo Boat Squadron Training Center (MTBSTC) that more than 12,000 officers and enlisted men, all volunteers, learned to operate these 50 tons of fighting fury. This colorful lecture traces the development of the PT from early designs to the heavily armed warcraft that operated in every theater of the war. It includes rarely seen visuals and numerous stories about the men who took these high-powered, tough little craft into battle.

Suggested reading: Captain R.J. Bulkley, *USN: At Close Quarters: PT Boats in the U.S. Navy,* Naval History Division, U.S. Navy, Washington, DC 1962.

(Continued)

Brian L. Wallin is a graduate of Stonehill College and earned his master's degree from American International College. He is a former radio-television reporter-anchor and a retired hospital administrator (vice president, Kent Hospital). A member of the U.S. Naval Institute, he is also a docent at the Naval War College Museum and a narrator for the RI Fast Ferry Lighthouse Cruises. He is a recognized author and historian and a frequent lecturer throughout the state. He is co-author of World War II Rhode Island (History Press, 2017).

Genes and Cancer

3 sessions with Louise Paquin Tue, Feb 21, 28, Mar 7 11:00 AM - 12:30 PM Max: 30 \$40.00

All cancer is genetic but most cancer is not hereditary. Does that sound like a contradiction? As we know more and more about the genes involved in various kinds of cancer, what can that information tell us that can help with prevention, with treatment, and, in some cases, with cures, now or in the future? The course will explore these and related questions you may have.

For the first class: Come with a couple of kinds of cancer in which you have some particular interest, as well as any history of cancer in your family. Do you know what causes any of them?

Louise Paquin holds a Ph.D. from Georgetown University and is a board-certified cytogeneticist (chromosomal). She spent 31 years as a professor at McDaniel College in Maryland, teaching biology, genetics, advanced genetics courses, and bioethics. Now having retired and returned to her native Rhode Island, she has offered several OLLI courses.

A Word About WAIT LISTS

If you get closed out of a class, you should always add your name to the Wait List. There are always cancellations before a class and if an opening becomes available, we will call you and register you over the phone.

World War II Rhode Island

1 session with Brian Wallin Tue, Mar 7 10:00 AM - 11:30 AM Max: 45 \$15.00

Building on the experience of "The Great War" just two decades earlier, Rhode Island was gearing up for its potential involvement in the Second World War. The military greatly expanded its presence in the state, and area industry began making the changeover from peacetime to wartime production. Women began to enter the workforce in large num-

bers and once America entered the war, the state's population began to cope with rationing, blackouts and other aspects of home-front conditions. At one point, the state was



the location of a top-secret POW camp and equally secret military research. Historian Brian L. Wallin, co-author of the History Press book *World War Two Rhode Island*, offers an overview of the Ocean State's role as an arsenal of democracy. His presentation includes many rare visuals and numerous anecdotes.

Brian L. Wallin is a graduate of Stonehill College and earned his master's degree from American International College. He is a former radio-television reporter-anchor and a retired hospital administrator (vice president, Kent Hospital). A member of the U.S. Naval Institute, he is also a docent at the Naval War College Museum and a narrator for the RI Fast Ferry Lighthouse Cruises. He is a recognized author and historian and a frequent lecturer throughout the state. He is co-author of World War II Rhode Island. (History Press, 2017).

Share your love for learning with our members

Have you thought about teaching an OLLI course?

As a member-driven program, we encourage you to consider the valuable contribution you can make outside of your role as a student. We invite you to share your knowledge, passions, and interests with other OLLI students by teaching a course for us!

OLLI faculty and presenters are members of the community who are excited about teaching and involving an enthusiastic group of learners in a new way.

Some of our OLLI instructors are current or retired high school or college faculty, while others are people who enjoy the opportunity to share their interests and knowledge.

Just as our members attend classes for the pleasure of it, our faculty at OLLI often teach for the sheer joy of sharing their expertise and enthusiasm for a topic. There are no tests to prepare or papers to grade, just teaching and holding discussions with interested and engaged students. We are able to offer small honorarium dependent on the length of the course.

Fill out a course proposal form on our website:

https://web.uri.edu/olli/course-proposal/

If you have questions regarding a topic or format, please contact Operations Manager, Beth Desrosiers, directly at 874-4197 or email beth_desrosiers@uri.edu

INCLEMENT WEATHER

OLLI follows URI's policy of cancelling classes. Use the <u>URI Alert page</u> to find factual and timely information related to emergency situations, power outages, weather alerts and other campus notices.

We will also leave a message on our phone if classes are cancelled.

401-874-4197



Remarkable Photographers

4 sessions with Jan Armor Wed, January 11, 18, 25, Feb 1 10:00 AM - 11:30 AM Max: 45 \$45.00

Meet some contemporary photographers, talented people who use their cameras to realize their personal visions and learn about a few older admirable storytellers. Each class will have a theme: image makers concerned with climate change and the environment; the minimalists, artists who create breathtaking black and white photographs; documentary photographers

such as Henri Cartier Bresson who capture decisive moments with their cameras; and some favorite portrait photographers, including famous ones who portrayed Marilyn, each in their own way.



Jan Armor is an award-

winning educator and fine art photographer with 40 years of experience in both digital and traditional media. He has received grants and awards for environmental photography and has taught at the Newport Art Museum, the Bristol Art Museum, Wickford Art Association, South County Art Association, and others. To see his work and a more detailed biography, go to <u>armorphoto.com</u>.

Richard Wagner's Lohengrin

5 sessions with Louis Mainelli Wed, Jan 11, 18, 25, Feb 1, 8 10:00 AM - 11:30 AM Max: 30 \$50.00

Lohengrin is a seminal work in the oeuvre of Wagner as it is "the" work with which Wagner broke from the traditional forms of opera and laid the groundwork for what was to become his music-dramas. The course will examine the historical context of Wagner's work, the prevailing forms of opera, the mythological and historical traces that become the basis for



Wagner's libretto, the significant musical, leitmotifs, and the underpinnings of his music-drama form. This course is being offered in preparation for the Metropolitan Opera's HD transmission on February 18.

(Continued)

(Wagner, Continued)

Louis Mainelli has taught opera courses on Berg, Poulenc, Verdi and Wagner for OLLI programs at URI and UMass-Boston as well as at Circle of Scholars programs at Salve Regina University and Edward King House (both in Newport).

Cast Out Clutter and Create a Customized Organizer

1 session with Kara Marziali Wed, Jan 25 1:00 PM - 2:30 PM Max: 30 \$15 (+\$10 materials fee paid to the instructor at the class)

Looking for a fun, creative way to get organized in 2023? A wall pocket organizer can help you to remove some clutter and create a tidy space. It can be used to collect mail in an entryway, gather files in an office, store bills, or collect recipes in the kitchen. The possibilities vary depending on your needs. While Kara shares her favorite organizing tips you will decorate your own pocket organizer to maximize your efficiency in the new year. Participants will be guided step-by-step, and no crafting experience is necessary.

Kara Marziali holds a B.F.A. in theater arts from Emerson College and is a certified Ageless Grace® educator. As a dedicated patron of the arts, she is involved in many creative endeavors including writing, painting, crafting, and performing. Kara's children's book, Kara Koala and Her Kaleidoscope of Feelings, published in 2020 is now accompanied by an activity book and journal. For the OLLI at URI, Kara's most recent offering was Edgar Allan Poe: Master of Mystery or Imp of the Perverse?

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King Tut's Tomb: 100 Years of Discovery

3 sessions with Marilyn Harris Wed, Jan 11, 18, 25 1:00 PM - 2:30 PM Max: 30 \$40.00



More than 3300 years ago the boy king who ruled Egypt for less than 10 years was almost written out of history. We know him as Tutankhamen (King Tut), and most of

what we know about ancient Egyptian life and funerary practices has been gleaned from his small tomb opened in November 1922. King Tut reigned during a particularly chaotic time in Egyptian history. We will look at recently discovered scientific evidence that shines a light on his family history and cause of death and learn about the final successful efforts of Howard Carter and his sponsor Lord Carnavon to find the tomb and examine the "Curse of the Mummy." Finally, Week 3 will be devoted to the plethora of treasures intended to smooth Tut's passage to the Land of Osiris and what these artifacts tell us about ancient Egyptian life ... and death.

Suggested Readings: John Richard Stephens: Into the Mummy's Tomb (Scholastic, 1992); Howard Carter & A.C. Mace: The Tomb of Tutankhamun: Volume II—Burial Chamber & Mummy Expanded, Annotated (2018). Jo Marchant: The Shadow King (Da Capo, 2013).

Marilyn Harris, a many-times transplanted Midwesterner, earned her undergraduate degree in social studies at the University of Illinois and her master's in education at Kutztown University (PA). Marilyn's work in the field of education—in federal project management, curriculum development, and teaching—covers well over 40 years. Since her retirement as an enrichment coordinator for the Canton, MA, School District, she has taught more than 20 classes (travel, history or science related) at the OLLI at URI as well as programs for area councils on aging, libraries, and community groups. Marilyn's particular interests include travel (she has visited over a dozen countries including Egypt), history, and learning new things.

The Music and Events of the 1970s

6 sessions with Brett Morse Wed, Jan 11, 18, 25, Feb 1, 8, 15 3:00 PM - 5:00 PM Max: 45 \$55.00

The 1970s was a time of self-discovery and newly manifested individualism as people became dissatisfied with wars and politics. This tumultuous decade was highlighted by antiwar demonstrations, Watergate, women's rights and the ERA, the Iranian hostage crisis, Sky Lab, Kent State, Nixon's resignation, and so much more. In music, we were introduced to disco, as well as a revival of rock and roll. Using a timeline, movie clips, and videos, we will witness the events of those years and the music that affected our lives and changed the world around us.

Brett Morse worked in the pharmaceutical industry for over 40 years. He is a graduate of Bryant College, served in the U.S. Navy during the Vietnam era, and is a certified yoga instructor. He was very fortunate to have a father who worked in the music industry, first with RCA and then with Columbia Records, and had the opportunity to meet many of the artists. His love of music continues to this day.

Editing with Photoshop Elements

4 sessions with Cindy Horovitz Wilson Wed, Feb 15, 22, Mar 1, 8 9:30 AM - 11:30 AM Max: 15 \$45.00

We all have images that are disorganized, needing of enhancement, and cluttered. This course is designed for the person who wants to learn to edit and enhance photographs beyond the default software on his/her computer. Photoshop Elements is a picture

editing and organizing program that is user friendly and inexpensive. Become familiar with the layout, organizational choices, tools, and image adjustments contained in this powerful program.

For the first class: Install Photoshop Elements version 2016 or newer on your own laptop.

Cindy Horovitz Wilson, a resident of Wickford, has been making photographs since 1976, among them windswept landscapes and moody seascapes along with quiet studies of architecture contemplated in unexpected perspectives. She earned her B.A. from URI in 1978, studied briefly at the School of the Museum of Fine Arts in Boston, and received her M.F.A. from Tyler School of Art of Temple University in 1984. For more information, go to cindywil-sonphoto.com.



Gloria Exercitus: The Roman Army

4 sessions with Michael Kinnicutt Wed, Feb 15, 22, Mar 1, 8 1:00 PM - 2:30 PM Max: 20 \$45.00





Rome wasn't built in a day. Neither was its army, which is considered one of the most effective and successful military systems of all time. In four classes, we will trace, in some detail, the slow growth, dramatic rise, and eventual demise of Rome through the Kingdom, the Republic, and the Empire periods largely by following in the tracks of the Roman army. The course will explore the origins, transformational events, exceptional leaders, battlefield tactics, and organizational structure of the Romanus exercitus, many of whose hallmarks survive to this day.

Suggested reading: Mary Beard: A History of Ancient Rome (Liveright, 2015) Adrian Goldsworthy: The Complete Roman Army (Thames and Hudson, 2011)

Michael Kinnicutt's interest in Roman history began as a young boy with the gift of a handful of ancient coins. His fascination grew during the eight years he spent in Italy and with subsequent return visits, most recently to Herculaneum. Following a 25-year career in the communications field, he occasionally taught in primary and middle schools, where he learned that injecting some theater into "ancient history" can help to enliven the subject matter. He is fluent in Italian and French.

OLLI@URI WEEKLY NEWS

Are you signed up for our weekly e-newsletter? Don't miss out on new classes, special events and announcements. News arrives in your email Monday mornings. Sign up by emailing olli@uri.edu

JANUARY TECH TALK

Accessibility Features on your Phone & Tablets

Zoom in or join us at OLLI as we test out a Hybrid class.



Thursday, January 21, 11:30AM-1:00PM

The Covid-19 pandemic has shown us clearly that technology and internet are no longer a luxury, a convenient enhancement for lifestyles for those who can afford it. Rather, internet access and embracing technology has become a necessity. Older people

that embrace new technologies in housing and safety guarantee that they will remain in their own homes and communities longer, improve communication



and quality of life by reducing isolation, improve management of medications and transportation. Older adults have found that, utilizing built in accessibility features and with the right repertoire of apps, smartphones and tablets can promote major lifestyle improvements.

Tech Talks are held monthly. The Tech Committee is looking for suggestion for future topics. <u>Email to</u> <u>OLLI@URI.EDU</u>.



2023 Malford Thewlis Lecture

Monday, April 3, 2023 | 5:00 to 6:00 pm Edwards Auditorium

Presented by:

LAURA L. CARSTENSEN

Fairleigh S. Dickinson Jr. Professor in Public Policy, Professor of Psychology Director, Stanford Center on Longevity Stanford, California

More information coming soon!

https://web.uri.edu/rigec/special-events-malford/



Akira Kurosawa: The Early Years

6 sessions with Paul Stein Thu, Feb 2, 9, 16, 23, Mar 2, 9 12:30 PM - 3:30 PM Max: 45 \$55.00



"Most directors have one masterpiece by which they are known. Kurosawa has at least eight or nine." – Francis Ford Coppola. Steven Spielberg has declared, "I have learned more from him than from almost any other filmmaker on the face of the earth." Kurosawa needed to understand people, usually lower-middle-class working people. His characters are deeply human, and many are tragic. They struggle, put themselves at risk and make choices, learn the value of life and how to live it, especially when they are close to death. The course will start with a basic introduction to Kurosawa and his filmmaking style. We will view *Ikiru, The Seven Samurai, Throne of Blood, Hidden Fortress.* All films will be shown in their original language with English subtitles.

Paul Stein studied film production at the NYU Graduate School of Film. For the OLLI at URI he has taught several film courses, including Film Appreciation: The Art of Watching Films, Film Noir, The French New Wave, German Cinema, and the films of Jean Renoir, Alfred Hitchcock, Federico Fellini, and Ingmar Bergman.

Uke for All! Play and Singalong Jam

6 sessions with Jonathan Garber Thu, Feb 2, 9, 16, 23, Mar 2, 9 4:00 PM - 6:00 PM Max: 30 \$55.00



This course will provide new players a quick start to making music and, for more experienced players, a place to hone their skills. Learn the basics: tuning, posture, chords, timing, strumming, how to read chord diagrams, lyrics charts, and tablature. As the course progresses, we will introduce and practice more challenging skills. Class time will be about evenly divided between instruction and *(Continued)*

(Uke, Continued)

group sing-alongs. The guiding principle is to experience the pure fun of learning to play a remarkably versatile little instrument.

For those interested in learning to play the ukulele but not quite ready to purchase an instrument, a small number of loaner instruments will be available on a first-come, first-served basis.

Jonathan Garber, a GSO alum and retired coastal marine ecologist, has been involved in music making and especially "things with strings" since his early teens, gravitating to the acoustic guitar during the 60s folk revival. Over the years he added electric guitar, 5-string banjo, bass guitar, and ukulele to the mix of instruments and styles in his repertoire. He is an active volunteer and former board member at the Pump House Music Works in Peace Dale and helped design, organize, fund, and provide instruction at the very popular UkeForAll! workshops there in 2018.

Let's Skate!

8 sessions with Dorothy Cunningham Thu, Jan 12, 19, 26, Feb 2, 9, 16, (skip 23) Mar 2, 9 Class meets at URI Boss Arena. 9:00 AM - 9:50 AM Max: 20 \$65.00

Refresh your ice-skating skills or get started in a sport that is challenging, social, and a lot of fun. Starting with the basics, each skater will be given personal attention by our coach according to the step-by-step learning programs of the United States Figure Skating Association and the Ice Sports Industry. Participants may continue skating after class until 10:20.

Admission to the Boss Arena: \$35 for 6-week skate card.

Skate rental: \$30 for 6 weeks.



What to wear: ski jacket and pants, gloves, mittens, winter hat or helmet.

Dorothy M. Cunningham Dorothy M. Cunningham holds a B.A. in English from URI and has taught in public and private schools for over 40 years. Coaching figure skating and hockey skills classes has continued for that time, as well. Her Franklin Blades Skating School has produced skaters for professional ice shows, various learn-to-skate programs, and coaches who work with all levels from beginners to Olympic skaters. Private lessons for skating skills in figure and hockey skating are taught by Dorothy at various arenas in Rhode Island and Massachusetts.



How to Capture Local Wildlife on Video

2 sessions with Gerald Krausse Thu, Mar 2, 9 2:00 PM - 3:30 PM Max: 30 \$35.00

This course will introduce you to the ABCs of wildlife videography. We will discuss three questions: where to find wildlife, how to get close, and how to capture animal behavior. During the first meeting we will cover a variety of techniques available. At the second meeting we will discuss the methods used in different short videos from the instructor's YouTube channel or your own videos. This course will not cover video editing or video cameras, but a background in photography would be helpful. Student input is highly encouraged.

Gerald Krausse is a retired URI faculty member of the Dept. of Marine Affairs and Geography. He has produced nature videos with a focus on wildlife for some 35 years. Throughout New England he has provided short videos for the Fish and Wildlife Service, local land trusts, and a variety of other environmental non-profits. Over the years he has participated in URI's speaker bureau where he gave video presentations to local schools, senior centers, hospitals, and a variety of community organizations.



Thank you to our friends at Wakefield Books who offer a 20% discount on any purchase related to OLLI classes or special interest groups.

2023

Great Decisions is America's largest discussion program on world affairs. The program model involves reading the *Great Decisions Briefing Book*, watching the documentary film series and meeting in a discussion group to discuss the most critical global issues facing America today.



If you would like to order the *Great Decisions* book for 2023, please visit the website: www.fpa.org.

You MUST register for each session.

**Please note new time for Great Decisions

Limit per class: 45

Great Decisions - Energy Geopolitics Fri, Feb 17, 10:00 AM - 11:30 AM

How will changes in the energy industries impact relations between countries? Access to oil and gas has long held an influence over the politics of individual nations and their relations with others. But as more countries move toward sustainable energy, and supply chain shortages affect the availability of oil and gas, how will this change the way in which the United States interacts with the outside world?

Great Decisions - War Crimes

Fri, Mar 10, 10:00 AM - 11:30 AM

What is a war crime? How does this definition apply to recent events in Ukraine? Russia's invasion of Ukraine has resulted in widespread charges of war crimes and calls for justice. But what exactly are war crimes? Opinions of what constitutes a war crime have evolved, as have ways to identify and punish the perpetrators. How will the war crimes committed in Ukraine be dealt with?





Magic, Myth, and the Movies 4 sessions with Kim Hanson Fri, Jan 13, (Skip 20), 27, Feb 3, 10 9:30 AM - 12:30 PM Max: 15 \$45.00

Explore how magic, myths, and legends are created and portrayed on film, and whether those portrayals provide us with hope . . . or more questions. What constitutes a hero and under which circumstances do so-called ordinary people rise up and take on the mantle of hero? What is the impact of myth or legend in these films, and why do we gravitate toward these stories? Films this semester are M. Night Shyamalan's *Lady in the Water, Unbreakable* (part 1 of M. Night Shyamalan's *Eastrail 177* trilogy), and *Harry Potter and the Sorcerer's Stone*. We will end with the angelic comedy *Michael*, starring John Travolta, Andie McDowell, and William Hurt and featuring Jean Stapleton.

Kim A. Hanson is an award-winning, accredited business communicator, recently retired from corporate consulting and happily rediscovering her freelance writing roots. Kim received her B.S. in English literature/writing from Fairfield University and is a lifelong student of film and popular culture, having written online film reviews for the Examiner news website. Kim has covered the Tribeca Film Festival, and also written for The New York Times, Connecticut Magazine, and a number of industry magazines. She also founded her own communication consulting practice, which ran successfully for 15 years. Prior to her consulting work, she held communication directorships within various U.S. and global corporations, one of which was the parent company of Universal Studios.

Chair Yoga: For Strength, Balance, and More

6 sessions with Linda Morse Fri, Feb 3, 10, 17, 24, Mar 3, 10 1:00 PM - 3:00 PM Max: 20 \$55.00

Are you interested in practicing yoga but feel restricted or uneasy about having to get down to the floor? Do you simply want to achieve better flexibility and strength of movement? Whether you are seated at a desk or table, or you are confined to a wheelchair, yoga practiced in a chair can provide the same benefits as floor practice. In this relaxed and enjoyable program, you will gain flexibility, muscle strength, and peace of mind. Learn ways to move as well as breathing techniques for daily living. Wear comfortable clothing that allows you freedom of movement.

Linda M. Morse, a URI grad, has been a yoga and meditation practitioner most of her life, teaching for over twenty years. Certified professionally through the Kripalu Center in MA, she owned and operated the Yoga Center in Melbourne, FL. With her relaxed and humorous approach, she hopes to inspire students in body, mind and spirit. For the OLLI at URI, Linda has taught Intro to Yoga, Chair Yoga, Breath Techniques, Taking the Inward Journey, Meditation, the Chakra Energy System, and a number of science fiction film programs.

THINGS you should KNOW

Parking Passes: OLLI parking passes are renewable now. You can register online using your learner ID (found on your account. If you need help registering, please call the office at 401-874-4197.

Video Previews: When you view a class in our online software or the pdf catalog, a video symbol will appear if there is a video to view. Please note: video previews are not available for all classes.

Emails: OLLI uses email to communicate important information like class confirmations, schedule changes, cancellations, and other special notices. We also send out a weekly email, "This Week at OLLI," on Monday mornings listing our weekly events and notices. If you are not receiving it, please email or call us and let us know. We will not share your email with anyone.

Classroom Locations: Not sure what room your class is in? Check the TV monitor located in the lobby.

Extra Fees for Courses: Additional fees are sometimes required for courses that involve off-campus activities, special events, or special supplies needed for the class.

The Comedy of Monty Python

6 sessions with Brett Morse Fri, Feb 3, 10, 17, 24, Mar 3, 10 1:00 PM - 4:00 PM Max: 40 \$55.00

Monty Python's Flying Circus premiered in May 1969 and five months later appeared on British television, sandwiched between *Omnibus* and the weather. This sketch comedy show has been re-

ferred to as one of the most important moments in the evolution of television comedy. We will discuss the lives and careers of the Pythons and enjoy the following movies:



The Holy Grail, Life of Brian, Live at the Hollywood Bowl, And Now for Something Completely Different, The Meaning of Life, and Live (Mostly). We'll also watch skits from season 1 of The Flying Circus, which Rotten Tomatoes has rated a perfect score of 100%. This program is designed for Python beginners and veterans alike and is guaranteed to tickle your funny bone.

Brett Morse worked in the pharmaceutical industry for over 40 years. He is a graduate of Bryant College, served in the U.S. Navy during the Vietnam era, and is a certified yoga instructor. He was very fortunate to have a father who worked in the music industry, first with RCA and then with Columbia Records, and had the opportunity to meet many of the artists. His love of music continues to this day.

The Iditarod: Alaska's Great Race

3 Sessions with Dorothy Cunningham Fri, Mar 3, 10:00 AM - 11:30 AM Wed, Mar 8, 10:00 AM - 11:30 AM Tue, Mar 14, 10:00 AM - 11:30 AM Max: 25 \$40.00

The Iditarod covers 1,049 miles over Alaska's hazardous terrain with the best-conditioned athletes, the beautiful, well-trained teams of dogs, led by their mushers (drivers). You will feel like part of *(Continued)*



(Iditarod, Contin-

the race, hearing true tales along the trail and learning about the training and equipment needed by mushers and dogs, current Iditarod rules, dangers, and checkpoints of the race. Using the race log, we will follow our mushers in real time and cheer on the teams to the finish.

Dorothy M. Cunningham holds a B.A. in English from URI and has taught in public and private schools for over 40 years. The Iditarod has been a favorite topic among her students and their parents throughout this time. Her presentations at URI, George Mason, and the Westerly



Co-Facilitators: Brenda Bibb & Denise Stetson

Looking for a short outing with a snack to follow? Join the Rhody Ramblers for an afternoon adventure. Our walks will last about half an hour at a leisurely pace over accessible paths, followed by a coffee or a snack at a nearby destination. The number of Ramblers will be limited to ensure that everyone can keep up with the group and be accommodated by a local coffee shop. If weather or trail conditions are likely to interfere with the safety of the walk it will be cancelled by email to participants before 11:00 AM the day of the walk. If you are unable to attend a scheduled walk, please cancel in advance so someone on the wait list may attend.

JANUARY- Thu, Jan 19, 10:30 AM – 12:00 PM

We will walk along the seawall in Narragansett. Park in the end of the Narragansett Town Beach parking lot (nearest the Towers). Meet at the top of the seawall. We will plan our snack at Cool Beans near the Tower.

FEBRUARY-Thu, Feb 16, 10:30 AM – 12:00 PM

We will walk along the Wm. O'Neill Bike Path from Main Street to Kingstown Road and return, a quiet oasis right behind downtown. Park in the lot behind Main Street, (entrance next to Finishing Touches) and meet where the bike path crosses Main Street. We will check out the snacks at Auntie's Kitchen on Robinson Street on our return.

MARCH-Thu, Mar 9, 10:30 AM – 12:00 PM

We will walk the accessible trail along Brushy Brook from Depot Square in Hope Valley. This is part of the Hopkinton Land Trust and features a fishing pier with a wonderful view of the Wood River. Meet and park next to the Hopkinton Fire Station. We will plan to check out West Bakery for snacks.

TOURS & day trips

Members MUST provide own transportation to all off-site venues if an instructor is not listed, the tour will be guided by a knowledgeable staff member or docent.

Babcock-Smith House Museum and Granite Industry Museum

1 session on Mon, Feb 13 10:00 AM - 11:30 AM Max: 25 \$10.00

Docents & OLLI Members Ed and Carol Fazio will be the tour guides for this visit.

The 1734 mansion, home to the Westerly Historical Society, was built by Dr. Joshua Babcock, revolutionary patriot, chief justice of the RI Supreme Court, signer of the Renunciation Act, and friend of Benjamin Franklin. The tour includes both floors of the mansion fully furnished with period furniture and also the Granite Industry Museum, located on the same



property, which includes exhibits representing the quarries, cutting sheds, and final products of this industry. Creating granite monuments and statuary was the predominant industry in Westerly during the second half of the 19th century.

New Zealand Wines: More Than Sauvignon Blanc

With Elisa Wybraniec Location: Coast Guard House Max: 40 \$25.00

2 sessions (choose 1)

- Thu, Jan 26, 3:00 PM 4:30 PM
- Thu, Feb 2, 3:00 PM 4:30 PM

New Zealand may have put a New World sauvignon blanc on the map, but there is more to offer from this (Continued)

(Wines, Continued)

isolated region. The region is producing fuller bodied red wines, light to fuller bodied white wines, and sparkling wines. We will discuss and taste some of these wines and how New Zealand is able to produce a range of styles.

Elisa Wybraniec is a graduate of URI with a B.S. in finance. She holds the Wine & Spirit Education Trust (WSET) Diploma, is a certified sommelier, and belongs to the Society of Wine Educators. She has served as adjunct faculty at Johnson & Wales and contributes occasionally to the Rhode Island Beverage Journal. Elisa also worked in Napa Valley for the talented winemaker Alan Viader of Viader Winery in 2018, as well as boutique winery Kosta Browne in Sonoma in 2019. She is now full-time wine director/sommelier at the Coast Guard House Restaurant in Narragansett. For the OLLI at URI she has given presentations about wines from all over the world.

Newport Sailing Museum

1 session on Fri, Mar 3 10:30 AM - 12:00 PM Max: 30 \$20.00

Explore the world of wind and water in the heart of Newport. In the space once used as the press room for the America's Cup, the museum opened in May 2022 and is home to the Na-

2022 and is nome to the National Sailing Hall of Fame and the America's Cup Hall of Fame. The guided tour includes hands-on activities and exhibits divided into six thematic areas: Wind & Water; The Making of a Sailor: Mental; The Making of a Sailor: Physical; Teamwork; Competition; and Legends of Sailing. The Sailing Museum



is located on Thames Street, one of Newport's busiest downtown streets. Centrally located, the museum is a 10-minute walk from most of the shops, restaurants, and attractions in town.

Rhode Island Courts

1 session with Gilbert Indeglia Location: Licht Judicial Complex Providence Fri, Mar 10 9:30 AM – 11:30 AM Max: 15 \$20.00



After a welcome by Hon. Gilbert V. Indeglia, retired Supreme Court justice, and Kara Picozzi, deputy director, Community Outreach and Public Relations, our tour will include the Rhode Island Superior Court, the State Law Library, and the Rhode Island Supreme Court, where a Q&A session will take place.

Suggested reading: Go to <u>www.courts.ri.gov/</u> publicresources/communityoutreach

Meeting place: Fifth floor, Licht Judicial Complex, 250 Benefit Street, Providence. The building's accessible entrance is at the rear of the building, on South Main Street. There are elevators and a main staircase. The group will be standing upon arrival through introductions. Then, after a walk to a courtroom close by, all will be seated. Elevators are an option for traveling from floor to floor. Details about parking will be provided to those who register.

Gilbert V. Indeglia, Rhode Island Supreme Court justice, retired, is a former associate justice of the Rhode Island Superior Court, former associate judge of the Rhode Island District Court, and a former legislator.

MAKE A GIFT TO OLLI

To make a secure donation on-line, go to urifoundation.org/giveonline



GIVE TO OLLI

We ask you to consider what an enriching experience OLLI is to your life, how it challenges you to keep sharp and engaged, and how these new friendships enliven your days, and make an annual contribution to support the OLLI Annual Fund Drive at URI.

Give at URI.EDU/GIVE

Scroll down to "Search for Funds" and type in OLLI.



Register for your annual parking permit Now! You only need to register your vehicle once during the academic year (Aug-July). Parking permits are virtual, no stickers are provided. Call the OLLI office for assistance at 401-874-4197.

Register your vehicle with your OLLI Learner ID at <u>uri.aimsparking.com/</u>

Learner ID (Not Mem. ID) can be located under the Membership Information tab on your Membership Dashboard. License plate information will be needed to register.

Only one vehicle per Member may be registered. If you bring a different vehicle to campus or your license plate number changes, you will need to log into your parking account and update the vehicle information prior to parking to your car.

Parking permit is only valid for Lot #21, (Staff/Faculty Lot) outside our building at 210 Flagg Rd., Fine Arts Center Lot #6, Plains Rd Lot #25 * Lot #21 on Flagg Rd is the closest lot to our building to park.

Do not park across the street in lot #20. This is for resident students only.

zoom 🖸

Landscape Photography

3 sessions with Eli Vega Tue, Jan. 10, 17, 24 10:00 AM - 11:30 AM Max: 20 \$40.00

Learn about composition, exposure, lenses, depth-offield, lighting, timing, HDR, photo editing, photographing different seasons, dealing with flare, shooting in snow, and much more.

Prerequisite: The Beginning Digital Photography course given last September or a basic understand-

ing of cameras and photography.

Eli Vega is an awardwinning photographer and author. He has taught photography since 1993 at Rocky Mountain National Park, Garden of the Gods (Colorado



Springs), OLLI programs in various states, colleges in Arkansas, Colorado, and Texas, Eureka Springs School of the Arts, and various art groups. His book, Right Brain Photography: Be an Artist First, is now in its fourth edition. It is about being an artist first, photographer second, seeing something before you see it, and making the common uncommon; the mundane insane.

Contemporary Economic Policy Issues

5 sessions with Jon Haveman Tue, Jan 10, 17, 24, 31, Feb 7 5:00 PM - 6:30 PM Max: 45 \$50.00

Economics is central to the functioning of every aspect of society, primarily through the actions of governments at the federal, state, and local levels. After an initial overview of the U.S. economy with a focus on the effects of the pandemic, we will look at some timely policy issues with economics at their core, such as climate change, health care, economic inequality, infrastructure, autonomous vehicles, and more. We will explore these issues in detail, including their origins as policy matters, the underlying data and evidence, and what policy levers are available to deal with them. The focus will be on what the economics profession, represented by guest subject matter experts at our sessions, understand to *(Continued)*

(Continued)

be true about the selected issues.

Jon Haveman holds a Ph.D. in economics from the University of Michigan. He is the executive director of the National Economic Education Delegation (NEED) and has a reputation for providing economic information that is readily useful in the work and private lives of people. Previously, Jon was the director of the Economy Program at the Public Policy Institute of California, a senior economist with the President's Council of Economic Advisers, an economist with the Federal Trade Commission, and faculty at the Business School at Purdue University.

Hollywood Scores: A Fertile Land for Immigrants

6 sessions with Emanuel Abramovits Wed, Jan 11, 18, 25, Feb 1, 8, 15 10:00 AM - 11:30 AM Max: 25 \$55.00



As doors were closing in Europe in the 1930s, they were opening in America despite the Great Depression. Discover how Jewish immigrants, some of them escaping the Nazi regime, created the

Hollywood music that we have all loved since childhood. We'll explore how that migration changed the landscape of American culture and learn how famous scores, like those of *Citizen Kane, Casablanca, Ben Hur*, and *Psycho* were written and performed.

Emanuel Abramovits has been a concert promoter since 2000, directly involved in many concerts by international artists, like Itzhak Perlman, Gustavo Dudamel, Sarah Brightman, Roger Hodgson, ASIA, Journey, Kenny G, and many more. He has designed and staged many original orchestral events, including an Event of the Year winner and several world premieres. He served as the cultural director at Union Israelita de Caracas from 2008 to 2019, releasing books, organizing film cycles, concerts, and art exhibits. He has been consistently teaching online and in person across the U.S. since 2020.

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All About Science

4 sessions with Kenneth Hinga Thu, Jan 12, 19, 26, Feb 2 9:30 AM - 11:00 AM Max: 45 \$45.00

The movies are a terrible place to learn about science. This class will take a more disciplined look at

scientific research and the ways it is conducted in its various branches. We'll look at the norms of science, the scientific method, peer-reviewed publications, and other forms of science communication. Who pays for science? Why are numbers im-



portant? What's up with modeling? What are scientific advisory committees? Science vs. Policy.

Ken Hinga was a research scientist and assistant dean at the Graduate School of Oceanography at URI. His research addressed oceanic carbon budgets, phytoplankton ecology, whale feeding, marine eutrophication, toxic contamination of marine sediments, and marine hydrocarbon pollutants. He was a participant on 19 ocean research cruises on seven different U.S. academic research vessels and one Brazilian research vessel, including as chief scientist for 13 Johnson Sea Link submersible dives. He is retired from 10 years at USDA Foreign Agricultural Service, and US FDA Center for Food Safety and Applied Nutrition. He was a science advisor for both agencies, providing technical analysis of a wide variety of food safety and agricultural&-environmental topics.

Hard Choices: Case Studies in Business Ethics

6 sessions with Teresa Testa Thu, Jan 12, 19, 26 Feb 2, 9, 16 3:00 PM - 4:30 PM Max: 30 \$55.00

Good decisions rely on good choices which rely on good strategy. This bedrock of business is an essential component for long-term success. Good strat-



egy enhances competitive advantage and operational effectiveness. But what is good strategy? What (Continued) (Continued)

represents the good? What happens when good strategy turns out to be the worst strategy? From the last 100 years of modern American business culture, some of the more famous and infamous business ethics cases will be presented. With ethical context and historical perspective, students will be guided to pinpoint the moment when a given choice becomes the wrong choice and how to better strategize hard choices when they come into our lives. Open to all who enjoy considerations of strategy or have a history in the business sector. Each week students will be guided through a series of case studies and ethical approaches that will guide the class structure.

Teresa M. Testa is a Ph.D. candidate at Salve Regina University, where her dissertation research explores 20thcentury American cultural approaches to moral theory within the philosophy of technology and theology. Graduating from Brown University with a concentration in English and American literature, Teresa also earned the M.Sc. in organizational management from Salve Regina University with emphasis on modern business ethical standards. Her academic interests are extensive and often connect multiple disciplines within the humanities.

"First Lady of the World" Anna Eleanor Roosevelt

3 sessions with Toni Fuss Kirkwood-Tucker Mon, Jan 23, 30, Feb 6 11:30 AM - 1:00 PM Max: 45 \$40.00

This course will provide insights into the controversial public and private life of Anna Eleanor Roose-

velt. After becoming first lady in 1933, she turned her energies to becoming a social reformer, radio announcer, and prolific writer. Among her many accomplishments, she advocated for immigrants, cre-



ated after-school care for children of working mothers, originated the first commune for homeless mineworkers in West Virginia, engaged with African Americans for civil rights legislation, and fought for an anti-lynching law. Her "subversive" activities earned her one of the largest FBI files. President Truman called her "First Lady of the World" and appointed her Ambassador to the United Nations where she was instrumental in creating the Universal Declaration of Human Rights. *(Continued)*

ZOOM COntinued)

Toni Fuss Kirkwood-Tucker was born in Germany and raised in her war-torn country. At age 22, she immigrated to the United States. She obtained her B.A. from Florida Atlantic University and her M.A. and Ed.D. degrees from Florida International University. She served as associate professor emerita at Florida Atlantic University from 1996 to 2004 and visiting professor and program coordinator in the School of Teacher Education at Florida State University from 2006 to 2012. During her tenure at both institutions, she globalized the social studies curriculum and instruction and introduced new courses to the curriculum. She authored numerous articles in refereed national and international journals and is the editor of three books.

Classic Films of Alfred Hitchcock

5 sessions with Arnie Wright Wed, Jan 25, Feb 1, 8, 15, 22 2:00 PM - 3:30 PM Max: 45 \$50.00

Alfred Hitchcock is known as the master of suspense. His career spans six decades during which he directed more than 50 films. We will view all the



Classic Films of ALFRED HITCHCOCK movies before the classes at our convenience, starting with a movie about Hitchcock himself and then each subsequent week a movie that he directed: *Hitchcock* (2012), *Rebecca*

(1940), *Rear Window* (1954), *North by Northwest* (1959), *Psycho* (1960), and *Frenzy* (1972). An email notice will be sent out a week in advance regarding where each film is available for streaming. The class will be devoted to a discussion and critique of each film. What about the film did you like or not like? What is the film's significance? What is the central theme(s)?

Arnie Wright was a professor at Boston College and Northeastern University School of Business. He loves reading and traveling. He is an avid movie and theater fan and one of his favorite movie directors is Alfred Hitchcock. He has led OLLI classes at Tufts University on Hitchcock films.

Short Fiction and Aging

6 sessions with Robert Weibezahl Tue, Jan 31, Feb 7, 14, 21, 28, Mar 7 2:00 PM - 3:30 PM Max: 45 \$55.00

Confucius calls age "a good and pleasant thing" while for playwright Tom Stoppard, "Age is a very high price to pay for maturity." Great writers have long explored the double-edged sword of aging with all its attendant joys and



sorrows—as wisdom battles regret, loss brings reassessment and youthful aspirations give way to acceptance. We will read and discuss short stories by an array of international writers—from Alice Munro to I.B. Singer, Anita Desai to Ray Bradbury, and many more—exploring how they tackle many aspects of aging, both personal and societal, with insight, pathos, and even humor. Students will be sent stories to read in advance of class sessions, then engage in lively discussions about their themes and interconnections.

Robert Weibezahl is a writer, editor, critic, and publishing industry veteran who has worked with Nobel laureates, Pulitzer Prize winners, and countless bestselling authors. A columnist for BookPage for two decades, he is also a published novelist and award-winning, internationally produced playwright. He teaches at Osher programs across the country. For the OLLI at URI, he gave Something Happening Here, and The Short Story and the American Identity.

DISABILITY ACCOMMODATIONS

If you have a disability and need an accommodation, please call the OLLI office at 401-874-4197, at least three business days in advance of the need. Interpreters require a minimum of two weeks advance notice, when possible. We are committed to equal access for persons with disabilities and we will make every Reasonable effort to provide accommodations.

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Music and Popular Culture in 20th Century America

5 sessions with Emanuel Abramovits Thu, Feb 9, 16, 23 March 2, 9 11:00 AM - 12:45 PM Max: 25 \$50.00

We'll document how the minorities who came to America transformed not only the music of the 20th century but the whole industry of entertainment and popular culture. Explore the legacy of the most relevant singers, performers, producers, record labels, and booking agencies in the history of rock, pop, blues, and jazz: Benny Goodman, Stan Getz, Leiber and Stoller, Bob Dylan, Barbra Streisand, Lou Reed, Leonard Cohen, Kiss, Slash, and many more.

Emanuel Abramovits has been a concert promoter since 2000, directly involved in many concerts by international artists, like Itzhak Perlman, Gustavo Dudamel, Sarah Brightman, Roger Hodgson, ASIA, Journey, Kenny G, and many more. He has designed and staged many original orchestral events, including an Event of the Year winner and several world premieres. He served as the cultural director at Union Israelita de Caracas from 2008 to 2019, releasing books, organizing film cycles, concerts, and art exhibits. He has been consistently teaching online and in person across the U.S. since 2020.



The Berlin Wall

3 sessions with Toni Fuss Kirkwood-Tucker Mon, Feb 20, 27, March 6 11:30 AM - 1:00 PM Max: 45 \$40.00

We will discuss the consequences of war in Europe after World War II: devastated cities, orphans, millions of prisoners-of-war and refugees, the creation of occupied zones by the victors, the rising tension between Western Allies and Soviet Russia, East German families escaping to the West, the 1948 Berlin airlift, Soviet construction of the Berlin Wall in 1961, initia of U.C.

visits of U.S. Presidents Kennedy and Reagan, Martin Luther King, Jr., and Mikhail Gorbachev to Berlin, peace movement of churches resisting the oppressive so-



cialist government, fall of the Berlin Wall in 1989, and reunification of East and West Germany forming the democratic Federal Republic of Germany.

Toni Fuss Kirkwood-Tucker was born in Germany and raised in her war-torn country. At age 22, she immigrated to the United States. She obtained her B.A. from Florida Atlantic University and her M.A. and Ed.D. degrees from Florida International University. She served as associate professor emerita at Florida Atlantic University from 1996 to 2004 and visiting professor and program coordinator in the School of Teacher Education at Florida State University from 2006 to 2012. During her tenure at both institutions, she globalized the social studies curriculum and instruction and introduced new courses to the curriculum. She authored numerous articles in refereed national and international journals and is the editor of three books.





All Special Interest Groups are FREE with your OLLI membership. Registration is required.

Book Group

Meets the third Friday of each month at 1PM at OLLI. Book selections are available on our website: URI.EDU/OLLI Facilitator: Beth Leconte <u>bleconte@uri.edu</u>.

Bowling Group

Interested in bowling? This group meets on Wednesdays at 12:30PM at Old Mountain Lanes in Wakefield. Facilitator: Peter Stetson <u>petestetson8@gmail.com</u>

Cosmic Questions

Join us as we dive into the question, "Are we god's laboratory? Is life on Earth the only life in the universe?" Please note: This group will discuss only scientific facts– not religion or politics. Meets on Thursdays: 1/19, 2/16, 3/16 from 1:00PM-2:30PM Facilitator: Krystyna Kasman krystyna_kasman@cox.net

Golf Spring Only

Mah Jongg

Do you like to play Mah Jongg? Join this group on Thursdays at 1PM in the OLLI lobby. Facilitator: Cobi Bush bcobi@verizon.net

Movie Group

Join us on the second Thursday of the month at 3PM at OLLI to discuss the latest movies which are available in theaters or streaming. And on occasion, we may view a film on site. Facilitator: Marylen McKenna marylen7586@gmail.com

Photo Friday

Do you like taking pictures with your camera or phone? Join our Photo Friday Group! Each month you will be given a different prompt to photograph and submit. Photos will be shared and discussed during a monthly **Zoom** meeting. The group meets the first Friday of each month at 10AM. Facilitator: Jan Armor <u>janthephotoman@gmail.com</u>

Rhody Ramblers

Looking for a short outing with a snack to follow? Join the Rhody Ramblers for an afternoon adventure. Our walks will last about half an hour at a leisurely pace over accessible paths, followed by a coffee or a snack at a nearby destination. The number of Ramblers will be limited to ensure that everyone can keep up with the group and be accommodated by a local coffee shop. One Thursday a month. Facilitators: Brenda Bibb <u>bjg-bibb@hotmail.com</u> Denise Stetson <u>den.stetson@verizon.net</u>.

Walking Group

Walking Group meets weekly on Wednesdays at 1PM. Improve your health; make new friends while exploring our South County area. Walks generally last 90 minutes. Register online and each week you will receive an email for the location.

Facilitators: Cindy Opaluch <u>CindyRI@cox.net</u>

Sara Nelson saramay51@hotmail.com

Writer's Group

Meets the first Friday of each Month at 1PM via Zoom. Join us online and share your writings, listen and learn from others, and most importantly have a good time. Facilitator: Susan Berman <u>susanb99@yahoo.com</u>.

Please register online to join these groups by visiting <u>URI.EDU/OLLI</u>





• Theme: Rain/Showers (no flowers!) Submitted by: Janet Moore





• Theme: End of Summer Submitted by: Brenda Bibb

C Theme: Objects of Desire Submitted by: Carol Pesch

Each month our members select a "Photo of the Month." Here are some selections from 2022.



• Theme: Celebration Submitted by: Barbara Nicholson



• Theme: Street Corners Submitted by: Brad Goff

Join the OLLI special interest group, Photo Fridays. Being part of a photo group is a great way to help you improve your skills, share your knowledge with others and learn tips and tricks for taking better photos. Each month members are given a different prompt to photograph and submit. Photos will be shared and discussed during a monthly Zoom meeting.

Meetings will be held on the **first Friday of every month from 10am to 11am.** Please register online to join this group by visiting <u>URIOLLI.AUGUSOFT.NET</u> Registration is free, but you must be a current member to join. A link to submit your photos is emailed to registered members.

UTheme: Scare Me! Submitted by: Dyann Boudreau





ALASKA DISCOVERY LAND & CRUISE August 9-20, 2023 Click here to view the brochure<u>1124279 r1Alaska</u> <u>Discovery Land & Cruise</u> or visit the webpage: <u>Alaska Discovery Land & Cruise with Uni-</u> versity of RI Osher Lifelong Learning Institute (gocollette.com)

CALIFORNIA DREAMIN' September 25- October 2,2023

<u>Click here to view the brochure</u> or visit the webpage: <u>California Dreamin': Monterey</u>, <u>Yosemite</u> & Napa with University of RI Osher Lifelong Learning Institute (gocollette.com)

FRANCE September 28 – October 9, 2023

<u>Click here to view brochure</u> or visit the webpage: <u>France Magnifique Discovery with Univer-</u> <u>sity of RI Osher Lifelong Learning Institute</u> (gocollette.com)

SHADES OF IRELAND March 9-18,2024

Click here to view the brochure <u>Shades of Ireland</u> or visit the webpage: <u>Shades of Ireland with University</u> <u>of RI Osher Lifelong Learning Institute</u> (gocollette.com)

Join the

OLLI BOOK GROUP



<u>Jan 20, 1PM</u>

Elephant Company by Vicki Constantine Croke





Feb 17, 1PM French Braid by Anne Tyler

<u>March 17, 1PM</u> *Anxious People* by Fredrik Backman



<u>April 21, 1PM</u> Lillian Boxfish Takes A Walk by Kathleen Rooney

VOLLINTEER NEEDED

OLLI Member Services Volunteers Needed

Have you thought about how you could contribute to OLLI? Member Service Volunteer shifts are only 1 day a week for 2 hours. You would be a great match if you are:

Computer Literate, Sociable, Adaptive and know how to navigate our online registration software, If you are interested, <u>please click here</u> to fill out a short volunteer intake form.



Age-friendly University **Global Network**

The Age Friendly Vision for URI

Background

Every day in the US until the year 2028, 10,000 people will turn 65. By 2024, 20% of the US population will be 65+; and by 2034, older adults will outnumber children for the first time in US history. How should higher educational institutions respond to this demographic change and the challenges it creates?

The Age Friendly University (AFU) movement was initiated in 2012 at Dublin City University in Ireland, inspired by a vision of how to make universities more globally responsive to the needs and interests of older adults. At present, over 45 universities in the US are members, and the mission is supported by the Academy for Gerontology in Higher Education. URI became an AFU in 2018, in the belief that higher educational institutions must be transformed in ways that recognize the unprecedented impacts of aging on all aspects of society.

AFUs are not just age-friendly, but they are aging-friendly. They embrace the educational needs of adults as they age through the life course, changing jobs and preparing for new careers and occupations. However, education is more than just getting the knowledge and skills necessary for the workplace. It also includes how one spends one's time and energy on other important life pursuits, such as family, health, leisure, civic engagement, and spirituality.

Current Projects and Activities

The AFU workgroup at URI is presently focusing on the following initiatives: (1) creating Intergenerational programs, such as Cyberseniors, and classes with both URI students and older adults, (2) increasing access by older adults to regular URI courses, (3) developing a retirement community on or near the URI campus that could also serve as the home for the Osher Lifelong Learning Institute (OLLI), (4) creating a retired faculty and staff association, and (5) expanding research involving older adults, particularly with regard to health and wellbeing.

OLLI and the AFU Vision and Mission

The AFU effort has depended greatly on the contributions of many OLLI members, including those who serve on our work group, attend intergenerational classes, and participate in special projects and programs. OLLI is a critically important part of what the AFU vision and mission represent at URI, and we look forward to continuing to work with OLLI members as we move forward to make URI more age-friendly!

AFU Principles

AFU institutions endorse ten principles that provide an ongoing evaluation of efforts to make the University an open and welcoming community for adults of all ages. The principles are not a set of absolute criteria that must be met; rather, they are a set of standards to identify gaps and opportunities for growth. The ten principles are:

- (1) encourage participation of older adults in all core activities of the university,
- (2) promote personal and career development,
- (3) recognize the range of their educational needs.
- (4) promote intergenerational learning for reciprocal sharing of expertise,
- (5) widen access to online educational opportunities,
- (6) ensure the research agenda is informed by the needs of an aging society,
- (7) increase student understanding of the complexity and richness that aging brings to society,
- (8) enhance access to a range of health and wellness programs and arts and cultural activities,

OLLI Mail-In Course Registration - Winter 2023

Name (one member per form)	
Mailing Address	
CityStateZip	Renewal Date:
Telephone:	Email
MONDAY All About Silk (\$15) Computer Fundamentals (\$45)	THURSDAY □ Akira Kurosawa: The Early Years (\$55) □ Let's Skate! (\$65)
 Creativity, Play and Innovation (\$50) Creating an Old Time Radio Drama as a Podcast (\$45) 	 How to Capture Local Wildlife on Video (\$35) Uke for All! Play and Singalong Jam (\$55)
 The History of Religion in America (\$45) Why War? (\$40) Go Outside, Go Within (\$15) Healthy Eating Made Simple (\$50) It's Never Too Late: Personal Growth and Older Adults (\$15) 	 FRIDAY Chair Yoga: For Strength, Balance and More (\$55) Magic, Myth, and the Movies (\$45) The Comedy of Monty Python (\$55) The Iditarod: Alaska's Great Race (\$40)
TUESDAYGenes and Cancer (\$40)Family, Intimate Relationships and Aging: An OLLI Intergenerational Course (\$50)Forgotten Songwriters of Tin Pan Alley (\$45)Slavery, Abolition, and Women's Suffrage (\$50)Otters, Beavers, and Muskrats, Oh My! (\$15)Rhode Island and the Mosquito Fleet (15)The CIA During the Cold War (\$45)What in the World Is Global Warming? (\$45)World War II Rhode Island (\$15)Writing Your Memoir (\$50)	ZOOM CLASSES All About Science (\$45) Classic Films of Alfred Hitchcock (\$50) Contemporary Economic Policy Issues (\$50) Hard Choices: Case Studies in Business Ethics (\$55) Hollywood Scores: A Fertile Land for Immigrants (\$55) Landscape Photography (\$40) Music and Popular Culture in 20th Century America (\$50) Short Fiction and Aging (\$55) The Berlin Wall (\$40) "The First Lady of the World" Anna Eleanor Roosevelt (\$40)
WEDNESDAYCast Out Clutter and Create a Customized Organizer (\$15)Editing with Photoshop Elements (\$45)Gloria Exercitus: The Roman Army (\$45)King Tut's Tomb: 100 Years of Discovery (\$40)Remarkable Photographers (\$45)Richard Wagner's Logengrin (\$50)The Music and Events of the 70s (\$55)	TOURS AND TRIPS Babcock-Smith House Museum and Granite Industry Museum (\$10) Newport Sailing Museum (\$20) The Rhode Island Courts (\$20) New Zealand Wines—More Than Sauvignon Blanc Thur, 1/26 (\$25) Thur, 2/2(\$25)
Vour membershin must be valid throughou	t the duration of the classes you register for

Your membership must be valid throughout the duration of the classes you register for.

If you're not sure of your renewal date, log on to your account and select "Dashboard" then "Membership Information." Or call the office at 401-874-4197.

OLLI Mail-In Course Registration - Winter 2023

GREAT DECISIONS (Free)

Energy Geopolitics (2/17)

□ War Crimes (3/10)

RHODY RAMBLERS (Free)

- C Rhody Ramblers- January
- Rhody Ramblers- February
- C Rhody Ramblers- March

SPECIAL INTEREST GROUPS (Free)

- Book Group
- Bowling
- Cosmic Questions
- Photo Friday
- □ Rhody Ramblers
- 🗌 Mah Jonng
- 🔲 Movie Group
- U Walking
- □ Writer's Group

Mail to: 210 Flagg Rd., Suite 212, Kingston, RI 02881

NAME		Total # Classes
Payment Method: □ Check (Payable to URI) # Credit Card: □ Visa □ Mastercard □ Discover		Renewal Fee \$ (If due) Credits to Apply \$
Credit Card No:Exp:	3/4 digit code:	Total Due \$
Name on Card: Signature:		<i>If you are writing a check and think you may have credits to apply, please call the office at 401-874-4197 to confirm before writing your check.</i>
OFFICE USE:		
DATE RCVD: DATE PROCESSED: MEMBERSHIP: CURRENT NEW RENEWAL	_ INITIALS:	
34/ URI.EDU/OLLI WINTER REGISTRA	TION BEGINS DEC	EMBER 27 401-874-419

THE UNIVERSITY OF RHODE ISLAND OSHER LIFELONG LEARNING INSTITUTE

MEMBERSHIP FORM

210 FLAGG ROAD, ROOM 212, KINGSTON, RI 02881 WEB.URI.EDU/OLLI 401-874-4197 OLLI@URI.EDU MAIL FORM OR REGISTER ONLINE AT <u>URIOLLI.AUGUSOFT.NET</u>

INICINIDERSTIF INFORMATION (Please use of	ne form per person)			
O NEW MEMBERSHIP O RENE	WAL MEMBERSHIP RENE	WAL DATE:		
t Name First Name				
Address				
City	State	Zip		
Seasonal Address	Begin	Date End Date		
City	State	Zip		
Phone	Secondary Phone			
Year of Birth Email				
Emergency Contact	Relation:	Phone		
MEMBER PROFILE				
The following information is used to help us better understand our OLLI Membership as a community and to better serve you. This information is optional and confidential.				
URI Alumni : No Yes Year Gender : Male Female				
Highest Level of Education:				
🗆 Bachelor's Degree 🗀 Master's Degree 🗀 Doctorate				
Employment Status: Retired Work Full Time Work Part-Time Not Currently Employed				
Current/Former Occupation:				
PAYMENT INFORMATION: Annual Membership Fee \$65 (non-refundable)				
Payment Method: Check (Payable to URI)	Credit Card: 🛛 Visa 🗆 Maste	rcard 🗆 Discover 🗀 AMEX		
Credit Card No	Exp Date: _	3 or 4 digit code		
Name on Card:				
Signature				

Photos taken during OLLI events or programs can be used in promotion material for OLLI at URI.

OLLI and URI will not be held liable for members or guests for any damage or personal injury.

Your membership must be in effect through the last date of the class(es) you have chosen.

For questions, please call 401-874-4197 or email olli@uri.edu

If mailing, send to: OLLI at URI, 210 Flagg Rd, Room 212, Kingston, RI 02881

OFFICE USE: DATE RCVD: _

DATE PROCESSED:

THE UNIVERSITY OF RHODE ISLAND OSHER LIFELONG LEARNING INSTITUTE



KINGSTON, RI 028 URI.EDU/OLLI 401-874-4197





College Club have brought enthusiastic reviews and interest. Last year, Dorothy attended the Iditarod in person for its 50th anniversary.