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OLLI



*A Learning Community  
of Adults 50+*

**SUMMER @ OLLI**

June 12 to August 25, 2023 | Registration starts Tuesday, May 23

[URI.EDU/OLLI](http://URI.EDU/OLLI) | 401.874.4197

OSHER LIFELONG LEARNING INSTITUTE | UNIVERSITY OF RHODE ISLAND

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OLLI continues to be a strong organization due in part to members serving on various committees providing leadership in partnership with the staff.

In the coming months we will be recruiting new members to serve on these committees:

Membership, Technology, Events, Curriculum, Finance, Advisory, Special Interest Groups, Outreach

Call the office for more information (401-874-4197) or email [olli@uri.edu](mailto:olli@uri.edu).



## THE UNIVERSITY OF RHODE ISLAND OSHER LIFELONG LEARNING INSTITUTE



The Osher Lifelong Learning Institute at URI provides learning opportunities to enhance the enjoyment, meaning, and direction of adult lives, as well as the health and well-being of adults, while developing a community of older learners.

Established in 2009 and offering diversified courses and activities, the OLLI at URI enjoys a rich relationship with the University.

Membership is open to anyone fifty years of age or better. Whether teaching, learning, playing, or exploring, OLLI members constitute a vibrant lifelong learning community.

The OLLI at URI is part of the national network of Osher Lifelong Learning Institutes funded by the Bernard Osher Foundation.

Closer to home, OLLI has ties with local community and civic organizations. OLLI members are essential in shaping, managing, and leading the organization.

# READY TO REGISTER?

*Summer registration starts May 23*

Classes fill up quickly so don't wait to register!  
There are four ways to register for classes:

## ONLINE

This is the easiest way to register. To log on to your OLLI account go to [URI.EDU/OLLI](http://URI.EDU/OLLI) and click on Member Login.

Payment is accepted online or by phone with a credit card: Visa, Mastercard or Discover.

## PHONE

Call us to register!

401.874.4197

### Office hours:

Monday to Thursday  
9AM-5PM

Friday  
9AM-12PM

If you leave a message, we will do our best to return your call within 24 hours.

## MAIL

Download the registration form from our website (or pick one up in the office). Fill it out and include a check or credit card # for payment.

Checks are made payable to URI. Mail form and payment to:

URI OLLI  
210 Flagg Rd.  
Room 212  
Kingston, RI 02881

## IN PERSON

Visit us!

URI OLLI is located at 210 Flagg Rd.

We are located on the second floor.

### Office hours:

Monday to Thursday  
9AM-5PM

Fridays  
9AM-12PM

## MEMBERSHIP INFORMATION

Your membership must be valid throughout the duration of the classes you register for. If you're not sure of your renewal date, call the office at 401-874-4197.

## SUGGESTED AND REQUIRED READING INFORMATION

Due to space limitations, suggested and required readings are not listed in this catalog. Please check your class confirmation, log on to [URIOLLI.AUGUSOFT.NET](http://URIOLLI.AUGUSOFT.NET) or check out our online catalog on our website: [URI.EDU/OLLI](http://URI.EDU/OLLI).

## OLLI DISCLAIMER

The courses offered by OLLI do not imply the endorsement of a particular philosophy, product, or procedure. The content is the view of the presenter and is for educational and informational purposes only and not as professional advice for specific cases or circumstances. Participants need to be aware of the potential risks of using limited knowledge when integrating techniques and procedures that are new to them. Participants need to consult their own financial, legal, and medical professionals for advice.

## DISABILITY ACCOMMODATIONS

If you have a disability and need an accommodation, please call the OLLI office at 401.874.4197, at least three business days in advance of the need. Interpreters require a minimum of two weeks advance notice, when possible. We are committed to equal access for persons with disabilities and we will make every reasonable effort to provide accommodations.



# Who is **OLLI**?

## A Community of Learners Ages 50+

The Osher Lifelong Learning Institute at the University of Rhode Island provides learning opportunities to enhance the enjoyment, meaning, and direction of adult lives as well as the health and well-being of adults.

OLLI seeks to develop a community of older learners.

## Join Today!

Membership is **\$65** for one year and courses are priced based on length and format.



Take classes

Explore new subjects

Meet new friends

Lectures, discussions, and hands-on activities

Winter, Spring, Summer and Fall semesters

Intergenerational classes

Tours and day trips

Interest Groups for special activities

**URI.EDU/OLLI 401.874.4197**



## INSTRUCTORS

Abramovits, Emanuel.....	31	Halloran, Tricia.....	17	Politelli, Wayne.....	10
Alm, Steven.....	21	Harris, Marilyn.....	18	Powers, Pike.....	16
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Buxton, James.....	10, 12, 13	Janusz, John.....	14	Seymour, James.....	15
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D'Entremont, Jeremy.....	29	Martino, Tom.....	21	Stetson, Peter.....	11, 20
Dodd, Jon.....	10	Morse, Brett.....	22	Sullivan-Watts, Barbara.....	20
Eaton, Gale.....	22	Morse, Linda.....	22	Testa, Teresa.....	30
Enos, Sandra.....	9	Mudge Humble, Roberta.....	17	Towey, Ingrid.....	16
Fandetti, Ken.....	28	Novak, Jamie.....	31	Vega, Eli.....	29
Gamble, Judith.....	9	Parlange, Marc.....	19	Vertz, Jet.....	21
Hall, Mayfair.....	20	Phoenix Green, Christine.....	18	Walsh, J.P.....	27
				Weibezahl, Robert.....	32



### 2023 Openings

California Dreamin' (Monterey, Yosemite & Napa) September 25-October 2

France Magnifique Discovery September 28-October 9

Southern Charm (Savannah and Charleston) October 22-28

### 2024 Plans

Shades of Ireland, March 9-18 Classical Greece April 21-May 1

Azores—Dates coming soon!



Wondering what to buy the people in your life who have everything? Your parents, grandparents, aunts, uncles, friends, neighbors, or colleagues? Then do something original and creative—give the gift of OLLI at URI! eGift cards are available at any value. (non-refundable & non-redeemable for cash reward)

Purchase Options: Online here: [EGift Cards](#), or call the OLLI office at 401-874-4197.

## **OFFICE HOURS**

Monday through Thursday  
9AM to 5PM  
Friday, 9AM to 12PM

## **IMPORTANT DATES**

### **Summer Semester**

June 12—August 25

### **Fall Semester**

Sept 11- December 22

## **SUMMER HOLIDAYS/OFFICE CLOSINGS**

Memorial Day-Monday May 29

## **OLLI@URI WEEKLY NEWS**

Are you signed up for our weekly e-newsletter? Don't miss out on new classes, special events and announcements. News arrives in your email Monday mornings. Sign up by emailing

[olli@uri.edu](mailto:olli@uri.edu)

## **OLLI STAFF**

### **Beth Leconte**

*Director*

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### **Roberta M. Palmer**

*Membership Services Director*

Phone: 401.874.4194

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### **Beth Desrosiers**

*Operations Manager*

Phone: 401.874.4197

[beth\\_desrosiers@uri.edu](mailto:beth_desrosiers@uri.edu)



**Summer Registration Begins  
May 23**

## **ADVISORY COUNCIL**

Paul Gricus, Chair  
Tim Babcock  
Phil Clark  
Joanne Gemma  
Debbe Hayes  
Karen LaPointe  
Louise Paquin  
Eric Schonewald  
Jet Vertz

## **FINANCE COMMITTEE**

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Paul Gricus  
Bob Haynes  
David Navin  
Jayne Ogren  
Nicole Spaulding

## **OUTREACH COMMITTEE**

Jet Vertz, Chair  
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Beverly Carroll  
Mary Cole  
Kathleen Gallichio  
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John McGeehan  
CJ Menard

## **EVENTS COMMITTEE**

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Kathy Plante  
Patricia Rye

## **TECHNOLOGY COMMITTEE**

Bill Meisner  
Mary McAuley  
Stephen O'Brien  
Etta Zasloff

## **SIGS COMMITTEE**

Joan Yokow, Chair  
Brenda Bibb  
Gale Eaton  
Krystyna Kasman  
Denise Levins  
Marie Lupino  
Diane Newman  
Marie Schwartz

## **OFFICE VOLUNTEERS**

Jean Anderson  
Cobi Bush  
Gail Dupont  
Sally Levesque  
Marie Lupino  
Janet Moore  
Debbie Murphy  
Cindy Pacheco  
Michael Pesta  
Lorraine Rappoport  
Nicole Spaulding

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## **OLLI REFUND POLICY:**

- Memberships are non-refundable.
- To withdraw from a class and receive a full refund or credit, you must notify the OLLI office at least two weeks before the start of the class.  
Call the office at 401.874.4197 or email [olli@uri.edu](mailto:olli@uri.edu).
- No- shows forfeit their course fees.
- Day trips and special tours are prepaid so there are no refunds for cancellation or withdrawal.
- Classes that do not meet minimum student registration numbers are subject to cancellation.
- OLLI follows the University's policy of cancelling classes for certain holidays and because of inclement weather.

## CLASSES BY CATEGORY

### CURRENT EVENTS

#### Contemporary Issues

Local Farm to Food Assistance with Hope's Harvest..... 26

Social Entrepreneurship.....15

#### Entertainment

Intro to Handbells.....17

### HISTORY & GOVERNMENT

#### Rhode Island

Early Rhode Island Through the Eyes of the Ladies of Smith's Castle.....18

Rhode Map & Secret Rhode Island.....17

Bristol and the Slave Trade Walking Tour with Box Lunch..... 25

Herreshoff Marine Museum..... 25

Saunderstown Weaving School Tour..... 26

#### Politics

Babcock Ranch, FL: The First Solar City in the USA.....10

Great Decisions-Politics in Latin America 6/16..... 23

Great Decisions-Global Famine 7/21..... 23

Great Decisions-Iran at a Crossroads 8/8..... 23

#### US History

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#### World History

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Ann Morrow Lindbergh: A Remarkable Life.....18

A Brief History of Great Britain.....9

### HUMANITIES

#### Arts

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Ribbon Weaving..... 20

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Beginner Drawing.....13

#### Film

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### HUMANITIES

#### Literature

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The Art of the Tale: Mid-Century Short Stories..... 32 

Marilynne Robinson's Housekeeping : A Tale of Grief and Clutter..... 22

#### Music

Wonderful Lyricists of Tin Pan Alley.....12

We Didn't Start the Fire..... 22


The Top 25 Film Scores of All Time.....31 

Buffy Sainte-Marie: Her Songs and Her Life.....9

#### Philosophy & Religion

Unraveling the Noise through Contemplative Literature.....30 

#### Photography

Right Brain Photography.....29 

The Seven Rules of Photography.....14

Chasing the Light.....12

### RECREATION AND WELLNESS

#### Fitness

Yoga: An Introductory Workshop..... 22

#### Health

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What Every Woman Needs to Know About Cardiovascular Disease.....15

The Doctor Broad: A Mafia Love Story.....14

The Truth About Statins: Risks and Alternatives to Cholesterol-Lowering Drugs.....13

#### Leisure

Kayak Historic Wickford Harbor.....28

#### Personal Growth

Go Beyond Surviving and Thrive in the New Normal.....29 

How to Build a Capsule Wardrobe.....31 

Let's Play: Interactive, Cooperative, and Creative Games.....13

Purpose Driven Retirement.....21

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Strategies for Retirement and Beyond: Securing Your Legacy..... 24

 Indicates ZOOM class



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### STEM

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 Forest Tree Identification.....20  
 Earth Care Farm..... 25  
 Rhode Island Resource Recovery Corporation ..... 25  
 LEARN THE POND: Ninigret Boat Ride and Roundtable Discussion..... 27  
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 RI's Great White Sharks.....10  
 URI Leads the Way.....19

#### Math & Science

We All Know What Light is, Right? .....14  
 Issues in Food Safety..... 31   
 Treasures at the Bottom of the Ocean.....16

#### Technology

Let's Explore the Google Suite ..... 11  
 Tea, Earl Grey, Hot: Hollywood's Take on the Future of Interaction Design .....16



**Registration begins  
 Tuesday, May 23**



**OLLI  
 SNAPSHOTS**





**BUFFY SAINTE-MARIE: HER SONGS AND HER LIFE**

4 Sessions with Judith Gamble  
Mon, Jun 12, 19, 26, (skip 7/3), Jul 10, 1:30 PM - 3:00 PM  
\$45.00 Max: 25

At age 82 indigenous activist Buffy Sainte-Marie, a singer/songwriter in the folk tradition who emerged in the 1960s, is still going strong, speaking out in song and candid interviews to raise awareness of historical wrongs against native people in the U.S. and Canada. Born on a Cree First Nations Reserve in Saskatchewan but raised in Maine and



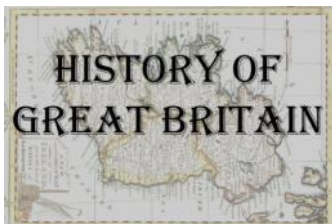
Massachusetts, she has a depth of knowledge and wisdom to share. We will listen to her and discuss her lyrics in the context of their times and the events that inspired them. If you loved her then, be prepared for a memorable trip back in time. If you missed her along the way, you are in for a wonderful musical ride!

**Judith Gamble** has a Ph.D. in history and specializes in the social and cultural history of underrepresented people. She has taught courses on U.S. social and cultural history, Latin American civilization, and Native American history at URI and other colleges. Now her passion has shifted from scholarly to creative writing, both her own and the voices of others.

**A BRIEF HISTORY OF GREAT BRITAIN**

4 Sessions with Stanley Carpenter  
Mon, Jun 12, 19, 26, (skip 7/3), Jul 10, 5:00 PM - 6:30 PM  
\$45.00 Max: 45

We will explore four important periods in British history from 1485 through the early 1800s: the Tudor age—the English royal house of Tudor from 1485 to 1603 with a focus on the royal divorce of Henry VIII that initiated the English Reformation and the rise of English maritime power; the British Civil Wars and Oliver Cromwell—the three civil wars that roiled England, Scotland, and Ireland, beginning in 1638; Great Britain and the Napoleonic wars—the series of conflicts between the British Empire



and the French Republic and later the Napoleonic Empire, from 1793 to 1815 and the rise of Napoleon Bonaparte to Emperor of the French; and the War of

1812—the growing animosity between the British Empire and the United States over trade policy and maritime issues that led to the conflict, including key events of the war and the career of Commodore Oliver Hazard Perry.

**Stanley D. M. Carpenter** is emeritus professor of strategy and policy at the U.S. Naval War College. He retired in 2020 having served as strategy and policy department head, where he taught and administered the strategy and war nonresident programs, and as the Naval War College command historian. He holds degrees from Florida State University (Ph.D.), University of St. Andrews, Scotland (M.Litt.), and University of North Carolina (A.B. with Honors). After 30 years of service, he retired from the U.S. Navy in June 2009 with the rank of captain. He is author of several non-fiction military histories and several historical fiction action-adventure novels. At OLLI, he has lectured on various wars from the War of American Independence through the Global War on Terror.

**CREATIVITY, PLAY, AND INNOVATION**



4 Sessions with Sandra Enos  
Mon, Jun 19, 26, (skip 7/3) Jul 10, 11:30 AM - 1:00 PM  
\$40.00 Max: 20

We often focus our attention on creativity as if it were solely an individual trait, a flash of brilliance. In this interactive course, we will examine the social contexts of creativity and innovation. Why are some historical periods more innovative than others? Why are some communities more likely to foster creativity than others? Do creativity and innovation peak in the early years and decline as we age? Why do men outnumber women as artists and creators? What are the social and cultural factors that allow some of us to be creative and others that ignore creative talent? Why do some organizations squander good ideas? We will explore these questions, do some class exercises, take on some creative challenges and play with these ideas and others.

**Sandra Enos, Ph.D.**, is a retired professor of sociology. With a life-long interest in creativity, she loves the idea of introducing play and fun to older students. She has taught several courses at OLLI, most informed by sociology. Two months after retiring, she launched a social enterprise called Giving Beyond the Box, where she curates gift boxes full of products that make positive social impact in our community and beyond. She plays guitar and mallet percussion, loves improv, and is doing her best to live a creative life in this time of re-purposement (her name for retirement). As an OLLI student, she is majoring in creativity, history, and exploration.

**Babcock Ranch, FL: The First Solar City in the USA**

1 Session with James Buxton

Mon, Jun 19, 10:00 AM - 12:00 PM

\$15.00 Max: 45

Babcock Ranch is about the size of the island of Manhattan, and 90 percent of the city's land will remain undeveloped—to be preserved as open space, nature preserves, or agriculture. The concept dates back to 2005. Construction began on Earth Day 2016. People started moving in in 2018; 5,000 people live there now, and plans are for a population of 50,000. With a field of 700,000 solar panels, it was built to weather the worst of storms. After Hurricane Ian, the community did not lose power, internet capability, or water, and it experienced minimal damage even though the hurricane went right over its center. Residents of nearby Fort Myers and Punta Gorda came to stay in the high school field house for a couple of weeks. Jim Buxton's friend since high school, currently one of nine directors on the board, will be joining us. In an undertaking such as this, controversies arise, and we will hear about those too.

**Jim Buxton** taught global studies and international relations at South Kingstown HS for 32 years. During that stretch, he earned numerous teaching awards, including the RI HS Social Studies teacher of the year in 1997, and the RI HS Girls Soccer Coach of the Year in 1988. In 1997-98, he taught in England under the Fulbright Teacher Exchange program. Since his retirement in 2009, he has taught international politics courses in the URI political science department. From 2009 until 2016, he also taught in the Salve Regina Education Department and supervised HS Social Studies student teachers. He has also taught in both the Circle of Scholars and OLLI programs.

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**Register online!**[URIOLLI.AUGUSOFT.NET](http://URIOLLI.AUGUSOFT.NET)**RI's Great White Sharks**

1 Session with Jon Dodd

Mon Jun 26, 1:00 PM - 2:30 PM

\$15.00 Max: 45

We will discuss the research being conducted by the Atlantic Shark Institute on the white shark community in RI waters – their movement, density, locations, and potential residency. Using information from an acoustic array of more than 30 receivers, as well as tagging efforts, we will detail what we've learned to date and what we hope to accomplish next.

**Jon Dodd** is the executive director of the Atlantic Shark Institute based in South Kingstown. An experienced marine biologist who has spent his entire life on the water with a particular focus and affinity for sharks, he has been fascinated by sharks and their growing need for greater understanding and management in many parts of the world. Jon has direct experience investigating a wide variety of shark species, including shortfin mako, great white, common thresher, blue, porbeagle, spinner blacktip, and more. He was on the board of the Atlantic White Shark Conservancy for several years, holds an Advanced Open Water dive certification, and has been diving for over 40 years.

**Watershed Epochs in Modern European History**

4 Sessions with Wayne Politelli

Mon, Jul 10, 17, 24, 31, 10:00 AM - 11:30 AM

\$45.00 Max: 15

We will analyze four major turning points in the history of Europe since 1300 CE. Beginning with the Renaissance, we will examine how this epoch was a bridge from the medieval to the modern world. Next, we will investigate the causes, spread, and significance of the Reformation from Martin Luther to the Anabaptists. Then, we will explore the political, economic, social, and intellectual causes of the French Revolution. Finally, we will inquire into the long- and short-term causes of the First World War from the unification of Germany in 1871 to August 1914.

PLAY VIDEO



PLAY VIDEO



After a career in banking, **Wayne Politelli** taught European history AP, Western civilization, Chinese, Japanese, modern Middle Eastern, and Indian histories, studies of war, and American civics for 27 years at Toll Gate High School in Warwick. He is a multiple winner of Toll Gate High School's National Honor Society Educator of the Year. He has been retired since June 2021.

**Suggested reading:** Read the chapter on the Renaissance in any quality college textbook on European or world history.

**Let's Explore the Google Suite**

5 Sessions with Peter Stetson  
Mon Jul 31, Aug 7, Thur, Aug 10, 17, Mon, Aug 21,  
10:00 AM - 11:30 AM \$50.00 Max: 15

The Google Suite—Google Drive, Google Docs, Google Sheets, and Google Slides—is accessible wherever there is an internet connection. With these tools, you can set up and organize your Google Drive with folders. With Google Docs, you create, format, and save your documents. We will cover the basics of spreadsheets with Google Sheets and create a slide presentation with Google Slides.



**Before the first class:** Each week you will be assigned an app to download. For the first week, on your own device, using an internet browser (Chrome, Edge, Safari) go to Google.com and either create a Google account or sign in to your Google account. Using either the Google Play Store (or the App Store on an Apple device), download Google Drive. Assistance will be available 30 minutes before class to help with downloading an app or setting up your screen.

**Suggested reading:** James Bernstein: *Google Apps Made Easy: Learn to Work in the Cloud*. The first chapter is helpful for setting up a Google account.

**Pete Stetson** is a retired 35-year veteran science teacher from the Coventry public schools where he taught biology, earth science, and environmental science. He was the coach for the school's Envirothon teams for 16 years. His teams won the state competition six times. He has taught hundreds of students to ID trees. As an educator, he used the Google Suite with his students.

**Practical and Proven Suicide Prevention**

1 Session with Rob Harrison  
Mon, Aug 21, 10:00 AM - 11:30 AM \$15.00 Max: 30

We are in the midst of a global mental health crisis and people of all ages need help. QPR (Question, Persuade, Refer.) is a free community-level, evidence-based training program that has proved effective in teaching anyone age 17 or older to recognize someone who might be considering suicide and take the appropriate measures to get help. Just like CPR, QPR is an emergency response to someone in crisis. Participants are certified as Gatekeepers for 3 years.

**Rob Harrison**, a 1963 U.S. Naval Academy graduate, was an engineer on nuclear submarines for six years and an instructor at submarine school for one year. He earned his M.D. at Temple University School of Medicine in 1974. His residency was in family practice. He served as attending staff at the U.S. Naval Hospital at Camp Pendleton, was on Westerly Hospital's emergency department staff for 18 years and a surgical assistant for 15 years. An instructor for Youth Mental Health First Aid and the QPR Institute, he is currently director of the Washington County Zero Suicide Program.



Sessions are offered monthly and are open to both current and new members. Come learn about all OLLI has to offer. We'll review our current programs, and our special interest groups all while exploring and becoming more familiar with the OLLI website and registration software.

Log on to register: [URIOLLI.AUGUSOFT.NET](http://URIOLLI.AUGUSOFT.NET)  
or call 401-874-4197

Plenty of time for Q & A. Coffee & door prizes too!

**Upcoming date:**

Wednesday, July 12, 3:00PM

### Wonderful Lyricists of Tin Pan Alley

4 Sessions with Lloyd Kaplan and Tom Shaker  
Tue, Jun 13, 20, 27, (skip 7/4), Jul 11, 1:00 PM - 2:00 PM  
\$45.00 Max: 45

Without lyrics, a song is just, well, music! It's the words that we "sing." Join us as we continue to pay tribute to some of the greatest lyricists ever! Last time, we focused on the so-called forgotten lyricists. This time we'll focus on the big ones, those lyricists whose names we remember, like Cole Porter, Ira Gershwin, Irving Berlin, and so many others. Learn the stories behind songs like "Anything Goes," "Blue Skies," "Cheek to Cheek," and many more. This is a course where you can listen, watch, and sing along to all your favorites!

**Lloyd Kaplan** earned an M.A.T. at Brown University and is professor emeritus at CCRI. Lloyd established the jazz studies program at CCRI and has authored various books about music and music history. He co-authored *Who's Who in Rhode Island Jazz: c 1925-1988*. As a professional musician (1954-2020), he was inducted into the Rhode Island Music Hall of Fame in 2018.

**Tom Shaker** has spent over 30 years as a college professor, teaching courses in video and film production, media, music history, news writing and reporting, sports announcing, and public speaking. He is the co-author of *A Treasury of Rhode Island Jazz & Swing Musicians* (2016) and, with Lloyd Kaplan, *In Harmony: Early Vocal Groups: Remembered & Celebrated* (2020). Tom also co-produced the award-winning documentary film *Do It Man: The Story of the Celebrity Club* (2018). He is a contributor to RhodyRadio, producing podcasts covering jazz, vocal groups, and Rhode Island diner history. For the past 15 years Tom has been the host of "The Soul Serenade," a classic soul and funk show on NPR affiliate station WICN in Worcester, MA. He currently serves on the board of directors of the New England Jazz Alliance.

### Chasing the Light

4 Sessions with Jan Armor  
Tue, Jun 13, 20, 27, (skip 7/4), Jul 11,  
10:00 AM - 11:30 AM \$45.00 Max: 20

Light is the secret sauce that makes almost any photograph better, often much better. Light is transformative. Join Jan Armor for this informative workshop on how to use the light to make better pictures. Although any camera will do, the iPhone is much preferred because it facilitates instant feedback and sharing. Our first and last meetings are in the classroom while our second and third ones will be on lo-

cation, one in the early morning light and another at sunset. Come share the light!

#### For the first class:

Create a picture of light and email it to [janthephotoman@gmail.com](mailto:janthephotoman@gmail.com). Use the word "Light" in the subject heading and include your name and date and time you took the picture.



**Note:** You must be able to walk at least one quarter mile and navigate a short flight of stairs.

**Jan Armor** has been a photographer all his life and a teacher for the past 20 years. He takes his teaching seriously and wants to help you make stronger photographs. An award-winning educator and fine art photographer with 40 years of experience in both digital and traditional media, he has received grants and awards for environmental photography and has taught at the Newport Art Museum, the Bristol Art Museum, Wickford Art Association, South County Art Association, and others. To see his work and a more detailed biography, go to [armorphoto.com](http://armorphoto.com).

### Islam

2 Sessions with James Buxton  
Tue, Jun 20, 27, 2:30 PM - 4:00 PM \$35.00 Max: 45

This course is designed for those with a general interest in the Islamic world and its religion and history.



The first part of the course will supply the basics necessary to understand the peoples and cultures of the Middle East and other Muslim countries. With this base established, we will move on to discussions about current issues and concerns of Muslims and non-Muslims regard-

ing the interaction of the Islamic world with the West in this modern era of globalization.

**Jim Buxton** taught global studies and international relations at South Kingstown HS for 32 years. During that stretch, he earned numerous teaching awards, including the RI HS Social Studies teacher of the year in 1997, and the RI HS Girls Soccer Coach of the Year in 1988. In 1997-98, he taught in England under the Fulbright Teacher Exchange program. Since his retirement in 2009, he has taught international politics courses in the URI political science department.



From 2009 until 2016, he also taught in the Salve Regina Education Department and supervised HS Social Studies student teachers. He has also taught in both the Circle of Scholars and OLLI programs.

### The Truth About Statins: Risks and Alternatives to Cholesterol-Lowering Drugs

1 Session with Barbara Roberts

Tue, Jun 20, 5:00 PM - 6:30 PM

\$15.00 Max: 45

In this class we will explore the pros and cons of taking statin drugs to lower cholesterol. Despite the rosy picture painted in advertisements, these drugs have serious and sometimes fatal side effects. Their benefits have been hyped while their dangers have been underplayed. We will also discuss some alternative methods to maintain cardiovascular health.

**Suggested reading** Barbara H. Roberts: *The Truth About Statins: Risks and Alternatives to Cholesterol-Lowering Drugs*, (Simon & Schuster, 2012).

**For the first class:** Bring your questions about the best ways to prevent heart disease.

**Barbara Roberts** is a graduate of Barnard College and Case Western Reserve School of Medicine. She is a clinical associate professor of medicine emerita at the Warren Alpert Medical School of Brown University. While at the NIH and Brown, she participated in studies examining the effect of cholesterol-lowering drugs on heart disease. She is the author of *How to Keep from Breaking Your Heart: What Every Woman Needs to Know About Cardiovascular Disease*, *The Truth About Statins: Risks and Alternatives to Cholesterol-Lowering Drugs*, and *The Doctor Broad: A Mafia Love Story*.

### Let's Play: Interactive, Cooperative, and Creative Games

2 Sessions with James Buxton

Tue/Thur, Jul 11/13, 10:00 AM - 11:30 AM

\$35.00 Max: 20

The New Games movement came about in the 1960s, to engage people in games that focus on non-competitiveness and the enjoyment of playing. Last year's class was so successful that the participants have yet to stop laughing, so we're doing it again. You will be able to take these games home to share with family, including grandchildren.



**Note:** It is possible that we'll move outdoors to play if the weather cooperates.

**Suggested reading:** New Games Foundation: *The New Games Book* (1976 and 1981).

**Jim Buxton** taught global studies and international relations at South Kingstown HS for 32 years. During that stretch, he earned numerous teaching awards, including the RI HS Social Studies teacher of the year in 1997, and the RI HS Girls Soccer Coach of the Year in 1988. In 1997-98, he taught in England under the Fulbright Teacher Exchange program. Since his retirement in 2009, he has taught international politics courses in the URI political science department. From 2009 until 2016, he also taught in the Salve Regina Education Department and supervised HS Social Studies student teachers. He has also taught in both the Circle of Scholars and OLLI programs.



### Beginner Drawing

5 Sessions with Carole Berren

Tue, Jul 18, 25, Aug 1, 8, 15, 1:00 PM - 2:30 PM

\$50.00 Max: 20

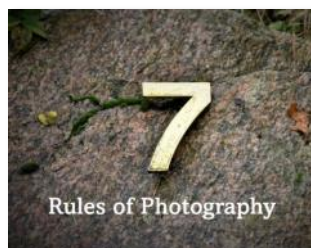
We will study shape, proportion, values (light and dark), perspective, three-dimensionality, composition, and design. Details about the assignment to be done before the first class, and a list of materials, will be sent to those who register.

**Carole Berren** has taught drawing and watercolor to adults for over 30 years. An American Watercolor Society signature member, she has won several prestigious international awards. Locally, she is a juried artist member of South County Art Association, Wickford Art Association, RI Watercolor Society, North Shore Art Association, and others and has been invited to teach watercolor workshops in Oregon, Arizona, Massachusetts, and Connecticut. For the OLLI at URI, she has taught Beginner Watercolor and Beginner Drawing numerous times.

## The Seven "Rules" of Photography

2 Sessions with Kenneth Hinga  
Tue/Wed, Jul 18/19, 9:30 AM - 11:00 AM  
\$35.00 Max: 25

Are you a casual photographer? Do you want to make your family and travel snapshots a little more professional, more attractive? We will look at seven rules—the same ones that artists use in the composition of classic art and photography—and tips to keep in mind when you are composing your photo with your phone or camera. Then we will look at a couple of simple phone and computer editing tools to give your photos that final polish.



**Kenneth R. Hinga** was a research scientist and assistant dean at URI's Graduate School of Oceanography. His teaching included courses in general oceanography, marine pollution, and understanding environmental issues. He moved to federal service on a diplomacy fellowship where he spent 10 years at the USDA Foreign Agricultural Service, and U.S. FDA Center for Food Safety and Applied Nutrition. He was a science advisor for both agencies, providing technical analysis of a variety of food safety and agricultural-environmental topics for international negotiations. He is also a longtime amateur shutterbug, having had a few photographs published, won first place in a photo show, and shot weddings (for friends). He has given The Seven "Rules" course for a camera store.

## We All Know What Light Is, Right?

2 Sessions with John Janusz  
Tue, Jul 18, 25, 9:30 AM - 11:00 AM  
\$35.00 Max: 45



When most people think of light, they think of visible light. But visible light is only a very tiny part of the entire light spectrum. We will discuss the curiosities of visible light, such as why the sky is blue, the sun yellow, and sunsets red, as well as the ways that sunscreens and polarized sunglasses work. We will also explore the characteristics and uses of light outside the visible range such as ultraviolet and infrared light (how does that remote control work?) as well as the use of light for medical imaging in X-rays, CT scans, and MRIs.

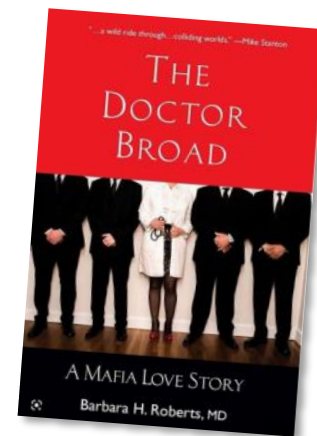
**John Janusz** received a B.S. in chemistry from Providence College and a Ph.D. from Yale University in organic chemistry. He worked at Procter & Gamble

for 30 years, much of that time in drug discovery. Over the next 10 years, he joined two small biotech firms, Akebia Therapeutics followed by Aerpio Pharmaceuticals. He has been chair of the Cincinnati chapter of the American Chemical Society, and was an adjunct professor of chemistry at the University of Cincinnati and Xavier University. He is the co-author of more than 50 publications and patents.

## The Doctor Broad: A Mafia Love Story

1 Session with Barbara Roberts  
Tue, Jul 25, 5:00 PM - 6:30 PM  
\$15.00 Max: 45

How did someone raised in a devout Catholic family become a pro-choice, anti-war activist; the cardiologist to the head of the New England Mafia; and the lover of one of his associates? This talk traces her life's trajectory as a woman who was raised in one world but came of age in another; who expected to live one life but found herself ad-libbing something completely different; who faced challenges undreamt of by her mother, while providing a new paradigm for her daughters.



**Suggested reading:** Barbara H. Roberts: *The Doctor Broad: A Mafia Love Story*, (Heliotrope Books LLC, 2019).

**For the first class:** Bring any questions you have for the author about her experiences as a woman physician and activist.

**Barbara Roberts** is a graduate of Barnard College and Case Western Reserve School of Medicine. She is a clinical associate professor of medicine emerita at the Warren Alpert Medical School of Brown University. While at the NIH and Brown, she participated in studies examining the effect of cholesterol-lowering drugs on heart disease. She is the author of *How to Keep From Breaking Your Heart: What Every Woman Needs to Know About Cardiovascular Disease*, *The Truth About Statins: Risks and Alternatives to Cholesterol-Lowering Drugs*, and *The Doctor Broad: A Mafia Love Story*.

**Social Entrepreneurship**

1 Session with Kelly Ramirez & James Seymour  
Tue, Aug 1, 9:30 AM - 11:30 AM  
\$15.00 Max: 45

Social entrepreneurship/enterprise is a rapidly growing field that addresses social needs to create positive change. Companies such as Patagonia, 4ocean, and Warby Parker epitomize strong and sustainable organizations that are creating both social and financial value in this way. Through readings, presentations, and group discussions, the class will develop and pitch their own ideas for a non-profit or for-profit social enterprise as their capstone project.

**Required text:** Roger L. Martin and Sally R. Osberg: *Getting Beyond Better, How Social Entrepreneurship Works* (Harvard Business Review Press, 2015)

**Kelly Ramirez** is the inaugural director of the Ryan Incubator at Providence College. Previously she was co-founder and CEO of Social Enterprise Greenhouse. She teaches/has taught social entrepreneurship at RISD, Salve Regina, Providence College, and the Brown University Leadership Institute. She has consulting and project management experience with organizations including Aid to Artisans, the Ford Foundation, the European Commission, USAID, the State Department, and Roche. She holds M.A. degrees in public policy and urban planning, and has completed a leadership and management program at the Ross School of Business and a nonprofit management program at the Harvard Business School. She was named a Woman to Watch by the *Providence Business News*, and among the 21 to watch in 2021 by *Go Local Prov*. She serves as a volunteer at Year Up, a mentor at the HBS Start-up Bootcamp, and on the United Way RI Community Advisory Board.

**Jim Seymour** is managing partner at Pontefract Global Strategies (PGS), which advises private equity, venture capital, and social impact investment firms in frontier emerging markets on global best practices with an emphasis on social impact investing. His career spans 45 years of investment and finance experience including 18 years living and working in Africa, Asia, the Middle East, Europe, and Latin America. He holds a B.A. in international relations from Yale and an M.B.A. in international finance from Harvard Business school and served four years in the U.S. Navy submarine force.

**What Every Woman Needs to Know About Cardiovascular Disease**

1 Session with Barbara Roberts  
Tue, Aug 15, 5:00 PM - 6:30 PM  
\$15.00 Max: 45

Few women realize that they are 10 times more likely to die of heart disease than breast cancer. Women with heart disease may present with different symptoms than men, they may not benefit from treatments to the same extent as men, and their risk factors for developing heart disease may differ from those of men. This course will give you the tools to keep your heart healthy. We will focus on the prevention and treatment of cardiovascular disease, with an emphasis on understanding risk factors, the anatomy/pathology of the heart, and the differences in heart disease between women and men.



**Suggested reading:** Barbara H. Roberts: *How to Keep from Breaking Your Heart: What Every Woman Needs to Know About Cardiovascular Disease*, ed. 2 (Jones & Bartlett, 2008).

**Barbara Roberts** is a graduate of Barnard College and Case Western Reserve School of Medicine. She is a clinical associate professor of medicine emerita at the Warren Alpert Medical School of Brown University. While at the NIH and Brown, she participated in studies examining the effect of cholesterol-lowering drugs on heart disease. She is the author of *How To Keep From Breaking Your Heart: What Every Woman Needs to Know About Cardiovascular Disease*, *The Truth About Statins: Risks and Alternatives to Cholesterol-Lowering Drugs*, and *The Doctor Broad: A Mafia Love Story*.

## A Word About **WAIT LISTS**

If you get closed out of a class, you should always add your name to the Wait List. There are always cancellations before a class begins and we will call you if an opening becomes available.



## Treasures at the Bottom of the Ocean

2 Sessions with Peter Ranelli

Wed, Jun 14, 21, 1:00 PM - 2:30 PM

\$35.00 Max: 45

The bottom of the ocean is a final resting place of many shipwrecks and treasures. The quest to find them is as challenging and demanding as the exploration of outer space, and the systems and tools are just as complex. Manned submarines, remotely operated vehicles, and unmanned robots descend more than six miles to the deep-



est spots in the ocean to explore shipwrecks and recover treasures they contain. Several expeditions to search and explore shipwrecks will be described including the *RMS Titanic* and the steamship *Central America*, sometimes called the Ship of Gold.

**Peter H. Ranelli** has over 45 years' experience in oceanography and meteorology, naval operations, and maritime activities. He completed a 25-year career in the U.S. Navy, specializing in operational oceanography and meteorology, retiring with the rank of captain. As the military deputy director of ocean and atmospheric sciences at the Naval Research Laboratory and director of applied science at the NATO Undersea Research Centre, Dr. Ranelli has been a leader in the research and development of new oceanographic understandings, practices, and applications and has extensive experience in underwater systems including autonomous robotic vehicles, underwater acoustics as applied to anti-submarine warfare, and communications.

## Homescapes in Watercolor

4 Sessions with Pike Powers

Wed, Jun 14, 21, 28, Jul 5, 9:30 AM - 11:00 AM

\$45.00 Max: 12

Take a playful leap into re-creating your familiar personal landscape. We will explore watercolor paints using an expressionistic approach working from your photos. Take pictures of interior and exterior places familiar to you and bring them to class. Choose close-ups or long shots on your phone or use prints and let your imagination come into play as we practice

PLAY VIDEO ▶

basic approaches to watercolor painting in class and at home between classes. Group reviews and feedback in class will aid our observation skills.

**For the first class:** Come to class with your materials. A list of materials and resources will be provided on our website and will be included on class registration confirmations.

**Pike Powers** takes a multipronged approach to creativity. Throughout her career she has exhibited her artwork in painting, glass, and sculpture in mixed materials as well as teaching workshops and lecturing nationally. Despite a career as foundation professor at Parsons School of Design, art director at Pilchuck Glass School in Washington state, and past director of Boca Grande Art Alliance, Florida, she is most at home in her native Rhode Island making or teaching art in support of community and preserving RI's historic farmland, architecture, and commercial fishing heritage in Galilee and Jerusalem. Powers holds a B.F.A. from Rhode Island School of Design and an M.F.A. from Yale. At present, she freelances in design, consultation, and teaching art.



## Tea, Earl Grey, Hot: Hollywood's Take on the Future of Interaction Design

1 Session with Ingrid Towey

Wed, Jun 21, 11:30 AM - 1:00 PM

\$15.00 Max: 30

PLAY VIDEO ▶

Science fiction movies and TV shows influence how designers think about technology. Star Trek communicators became the first flip-phones. HAL, the computer from *2001: A Space Odyssey*, navigates our cars and runs our kitchens. The Dick Tracy video wristwatch has morphed into Fitbits and smartwatches. What is the next big innovation in the design of computer interfaces? What is Hollywood imagining for us, for good or ill? Are sci-fi interfaces good user experience (UX) design or just stagecraft? We'll focus on sci-fi designs with an emphasis on what they mean for our own futures and freedoms.

**For the first class:** It might be helpful to view science fiction movies or TV shows that show interesting UX designs, such as *The Expanse*, *The Peripheral*, *Star Trek*, *Minority Report*, and others.

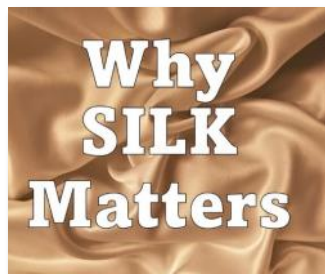


**Ingrid Towey** holds an M.A. in folklore and has over 19 years of experience in technical communication, usability testing, and user experience design. As a lifelong reader of comic books and science fiction, she is thrilled that so much of science fiction has become a reality in her lifetime. However, she is still anxiously awaiting her own personal jetpack and flying car. The clock is ticking.

### Why Silk Matters

1 Session with Jane Barstow  
Wed, Jun 21,  
9:30 AM - 11:00 AM  
\$15.00 Max: 30

Since antiquity the silk trade has facilitated an extraordinary exchange of ideas and cultural practices, led to the development of important cities, and spurred technological innovation. More recently, silk production was used to develop economies in Europe and colonial America. Even today silk continues to have political significance and maintain its allure. Jan Barstow will share her interesting research on the history of silk from its discovery in imperial China to its contemporary role in celebrity events with an emphasis on its historical significance in a global economy.



**Jane Barstow** retired from the University of Hartford in 2010 after many years as a member of the English department. She also served as dean of Hartford College for Women and taught abroad in Greece and Bulgaria as a Fulbright Scholar. More recently she has offered on-line courses on immigrant narratives to graduate students in gender studies at Southern Connecticut State University. And she has lectured on Edith Wharton, Margaret Atwood, Edwidge Danticat, and Toni Morrison to adult learners in Connecticut and Rhode Island. Her publications include many essays on women writers and the 1997 bio-bibliography *One Hundred Years of American Women Writing, 1848-1948*.

### Introduction to Handbells

3 Sessions with Tricia Halloran  
Wed, Jul 5, 12, 19, 4:00 PM - 5:30 PM  
\$40.00 Max: 15

We will learn the history of handbells, the composition of a bell choir, and multiple ringing techniques. Participants will practice ringing handbells and learn how to read handbell music. During each

class we will learn a song or two with the different techniques in them. No musical experience necessary.

**Please note:** This class meets at Peace Dale Congregational Church:  
261 Columbia St, Peace Dale, RI 02879



**Tricia Halloran** has been playing in bell choirs for 25 years. She is currently director of the Peace Dale Congregational Church bell choir. Having played the piano since she was young, she now gives piano lessons from her home. She gave this class for the OLLI at URI last fall.

### Rhode Map & Secret Rhode Island

1 Session with Roberta Mudge Humble  
Wed, Jul 12, 1:00 PM - 2:30 PM  
\$15.00 Max: 45

Learn about Rhode Island and be tested about where things are in this state—all in good humor and with glorious pictures. Additionally, a series of places, many unknown to Rhode Islanders, will be revealed. Be prepared to be surprised about places that many are unaware of and reconfigure and strengthen your interest in and love of the smallest state.

**Roberta Mudge Humble**, with bachelor's and master's degrees in English from URI, retired as professor of English at CCRI after 47 years. Her passion is the promotion of RI as the state with the deepest national history. She has worked with the U.S. military as a writer and volunteer to assist the National Guard and Coast Guard Reserve. On the Warwick Historical Society board, she is a resident of Warwick but native of Westerly. She was the first woman Rotarian on the East Coast

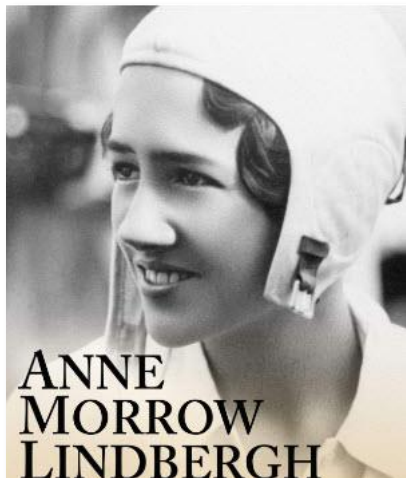


and first woman RI Rotary president. She was honored by Jim Hummel as Community Hero for her work with historic armories. She is author of *The Historic Armories of Rhode Island*, *Rhode Island's Friendly Faces*, and *The Right to Crow: A Look at RI's Firsts, Bests, & Uniques* and has created several games, including The Rhode Not Taken.

**Ann Morrow Lindbergh: A Remarkable Life**

3 Sessions with Stephen Berardo  
Wed, Jul 12, 19, 26, 10:00 AM - 11:30 AM  
\$40.00 Max: 45

Anne Morrow Lindbergh was a writer and an observer. She was married to the most famous man of the 20th Century and lived during some of the most turbulent periods in our history, including the Great Depression and World War II, often under public scrutiny unlike anyone before her. She wrote best-selling books, poems,



journals, diaries, and pamphlets about life, family, fame, and tragedy, as well as flying and aviation—including a controversial booklet in 1940, "The Wave of the Future," which resulted in an intense backlash from the Roosevelt administration and the public. During and after the war, Anne continued to write and raise a family, and was also friends with writers of the period, including Antoine de Saint Exupery, author of *The Little Prince* and well-known books on aviation. This class will look at the remarkable times and life of Anne Morrow, her books, and her relationship with Charles as well as with other writers and artists.

**Suggested for the first class:** Read any one or more chapters from:

Anne Morrow Lindbergh, *Gift from the Sea: An Answer to the Conflict in Our Lives*, (A Vintage Book, 1955; any edition).

Anne Morrow Lindbergh, *War Within and Without: Diaries and Letters of Anne Morrow Lindbergh, 1939-1944*, (Harcourt Brace Jovanovich, 1980).

**Stephen Berardo** has a master's degree in public administration and is a student of history and political systems. He has taught a number of courses at OLLI including *Slavery: The Scourge of Civilization* and the U.S. Constitution, among others. He is a planning consultant and has been an adjunct and full-time college faculty member teaching courses in business administration and aviation. He has also worked for many years with local, state, and federal government agencies on a variety of land use and infrastructure development issues.

**Early Rhode Island Through the Eyes of the Ladies of Smith's Castle**

3 Sessions with Marilyn Harris  
Wed, Jul 19, 26, Aug 2, 1:00 PM - 2:30 PM  
\$40.00 Max: 30

History, until fairly recently, has been written largely through the eyes of white males who had the education, reputation, and most of all, time, for such endeavors. We will look at Rhode Island's earliest days (1635-1790) from the perspective of some of our fore-mothers who lived at nearby Smith's Castle: Joan Smith, Esther Smith, Sarah Smith (enslaved), Anstis Jenkins Smith, and Anstis Updike Lee.

**Marilyn Harris**, a many-times-transplanted Midwesterner, earned her undergraduate degree at the University of Illinois and master's at Kutztown University (PA). Her work in education—in federal project management, curriculum writing, and gifted/talented teaching—covers a span of more than 40 years. Since 2011 she has taught numerous classes and one-time lectures at the OLLI at URI. Marilyn's particular interests include history (pretty much any period) and travel, and these form the basis of many of her courses.

**Suggested reading:** Woodward, Carl: *Plantation in Yankeeland; The Story of Cocumscussoc, Mirror of Colonial Rhode Island* (Pequot Press, 1971).

**Three More Mini-Retreats in an Academic Setting**

3 Sessions with Christine Phoenix Green  
Wed, Jul 19, 26, Aug 2, 1:00 PM - 2:30 PM  
\$40.00 Max: 20

In times of cultural shifts, we seek sanctuaries of stability, inspiration, and refreshment. This second mini-retreat of the ongoing series brings us in from the



world to focus on what is eternal, beautiful, and full of soulful reflection and deep sharing. As was experienced in our spring series,

we focus on three new topics to enrich our lives: *We Are the Wind* (honoring air, breath, words, and the winds of nature); *Omni Tempore Silentio Debent Studere* ("At All Times, Cultivate Silence" – St. Benedict of Nursia/Benedictine Rule); and *The Powers of Solitude and Community* (beauty, creativity, and justice). All sessions will include input, meditation or jour-



naling, and sharing amongst participants in the spirit of communal wisdom. Be prepared to be inspired and refreshed.

**For the class:** Bring a notebook for personal reflections and group sharing.

\*Taking the first session of Three Mini-Retreats is not required to register for this class.

**Christine Phoenix Green** has taught a variety of courses in spiritual personal and spiritual deepening, the arts, music, dreams, and wellness privately and for the OLLI at URI. A music/piano teacher, mentor in personal growth, mother, grandmother, and lifelong teacher, for more than 40 years she has created classes and programs that encourage people to share their own wisdom with each other in a supportive community. Her inspirational essays and photography can be enjoyed on her blog [thegreeningspirit.wordpress.com](https://thegreeningspirit.wordpress.com).

### The Short Story: Writing for the Reader



6 Sessions with Richard Lutman

Wed, Jul 19, 26, Aug 2, 9, 16, 23, 11:30 AM - 1:00 PM  
\$55.00 Max: 15

It doesn't matter what your skill level is. In this supportive workshop you will learn to sharpen your powers of descriptive writing and draw on your own personal experience for story material. Learn how to plan and construct stories to catch the reader's interest, how to build to a climax, and how to write a satisfying ending. Not to be missed: the seven deadly sins of the short story. The workshop will include writing activities, handouts, and in-class critiques of your work. Sessions will open with a free writing exercise after which work that has been submitted via email to class members will be discussed.

**Richard Lutman** has an M.F.A. in writing from Vermont College and is listed in the Directory of Poets and Writers. He has taught writing courses and had over 30 of his stories published. His novella, *Iron Butterfly*, was shortlisted in the 2011 Santa Fe Writers Competition. His first novel was published in 2016. His short story collection, *Creek Bait*, was a finalist in the 2020 American Book Fest: Best Fiction.



### URI Leads the Way

1 Session with URI President Marc Parlange

Wed, Aug 9, 10:00 AM - 11:30 AM \$15.00 Max: 45

For more than 130 years, URI has been dedicated to serving the people and communities of Rhode Island as the state's public flagship university. Now, with the launch of its strategic plan, Focus URI, the University will drive positive social, cultural, economic, and environmental change across our state and around the world. President Parlange will discuss how, in the coming years, URI will intensify its impact as an entrepreneurial hub that generates revenue for Rhode Island; spurs economic growth in important and emerging areas like the Blue Economy; inspires innovation; creates sustainable and equitable career opportunities; and attracts new partnerships and funding to the state.

**Marc B. Parlange** holds a B.S. from Griffith University, Australia, and M.S. and Ph.D. from Cornell University. His professional higher education career spans more than 30 years in institutions including Monash University (Australia's largest university), the University of British Columbia, École Polytechnique Fédérale de Lausanne, Johns Hopkins University, and the University of California, Davis. A recognized expert and researcher in environmental fluid mechanics, Parlange has published more than 200 peer-reviewed journal articles. He is a member of the U.S. National Academy of Engineering, and a fellow of the Canadian Academy of Engineering, the American Association for the Advancement of Science, the American Meteorological Society, and the American Geophysical Union. His academic awards include the James B. Macelwane Medal from the American Geophysical Union early in his career and the John Dalton Medal of the European Geosciences Union. In 2020 he was awarded the American Meteorological Society's Hydrologic Sciences Medal. In August 2021, he became the 12th president of URI.

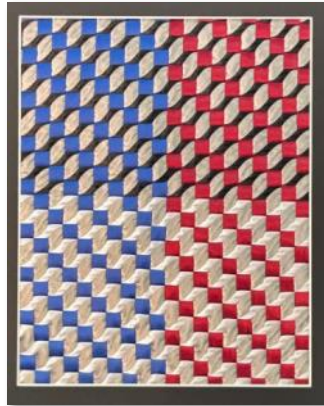
**Ribbon Weaving**

2 Sessions with Mayfair Hall

Thu, Jun 15, 22, 1:00 PM - 2:30 PM

\$35.00 Max:12

Ribbon weaving requires no loom and very little in the way of supplies, so it can be transported with little effort. The instructor will begin with a brief history of weaving and discuss weaving terms. She will demonstrate a basic ribbon weaving pattern that she has been using since the 1980s. You will use plain polyester ribbon in your choice of colors and widths to create your own piece of woven fabric approximately 15" x 20," which you can use as wall art, the face of a pillow, or decoration for a tote, jacket, or book cover—whatever you like.



**Materials:** An illustrated list will be provided to those who register.

**Mayfair Hall** has exhibited and sold her work at shows from Maine to Connecticut and now has items at the Fuller Craft Museum shop in Brockton, MA. Her weavings may be seen at the Sew Many Things studio in East Greenwich. For more about her ribbon weaving, go to [ribbonweavingbymayfair.com](http://ribbonweavingbymayfair.com).

**Forest Tree Identification**

4 Sessions with Peter Stetson

Thu, Jun 29, July 6, 13, 20, 10:00 AM - 11:30 AM

\$45.00 Max: 20

Understanding the fundamentals of tree identification is an easy way to begin learning about our environment. Participants will learn about conifers and deciduous trees and then practice their new skills during a field walk. We will walk into the North Woods along a trail.



**Suggested reading:** May Theilgaard Watts: *Tree Finder: A Manual for the Identification of Trees by Their Leaves* (Nature Study Guild Publishers, 1991).

**For the first class:** Look over the Watts book, especially pages 0 – 5. The instructor will also have some copies available for use during the class.

**Pete Stetson** is a retired 35-year veteran science teacher from the Coventry public schools where he taught biology, earth science, and environmental science. He was the coach for the school's Envirothon teams for 16 years. His teams won the state competition six times. He has taught hundreds of students to ID trees. As an educator, he used the Google Suite with his students.

**Addressing Solutions to Climate Change with En-ROADS**

1 Session with Barbara Sullivan-Watts

Thu, Jul 13, 9:30 AM - 11:30 AM,

\$15.00 Max: 45

How can we ensure a climate-friendly world for our grandchildren's future? Is it too late to have an impact? What can we do? The interactive En-ROADS (Energy-Rapid Overview and Decision-Support) model addresses these questions. En-ROADS, developed by the MIT Sloan Sustainability Initiative, is a global climate simulator that allows users to explore the impact of roughly 30 policies, such as electrifying transport, on factors like energy prices, temperature, air quality, and sea-level rise. The model helps people make connections between things they care about and the possibilities available to help ensure a resilient future. From the insights we have gained, we will discuss what we can do going forward to make a difference.



**For the first class:** Think of two to three actions to address climate change that you particularly favor. For example, taxing fossil fuels, reducing meat consumption, or increasing energy efficiency.

**Barbara K. Sullivan-Watts** holds a Ph.D. in oceanography from Oregon State University. She is a URI marine research scientist emerita having worked at URI's Graduate School of Oceanography from 1980–2006 and Providence College from 2006–2020. She has presented the En-ROADS model many times as an En-ROADS ambassador and is currently the state coordinator for the Rhode Island chapter of Citizens Climate Lobby.



### Watercolor Portraits from Photos

6 Sessions with Tom Martino

Thu, Jul 20, 27, Aug 3, 10, 17, 24, 1:00 PM - 2:30 PM

\$55.00 Max: 20

With watercolor we are able to capture a likeness and convey the vibrancy of a personality in a very short time, if we know what to look for! Tom Martino, known locally for his plein-air landscapes and portraiture, invites you to join him in this fun-filled class to develop your skills in



creating watercolor portraits. Beginning with the basics of facial anatomy and the handling of watercolor paints, Tom will show you what to look for to produce remarkable portraits using photo references. All skill levels, from beginner to advanced, are welcome. A list of supplies will be included on our website and in class registration confirmations.

**Tom Martino** is a plein-air painter whose subjects range from seascapes to portraiture. His art education includes workshop study with Ted Jacobs, Charles C. Gruppe, Daniel Greene, and, most recently, H. Dunlap. Tom also teaches painting classes for the South County Art Association (SCAA). He holds membership at SCAA, the Cape Cod Art Center, the Bristol Art Museum, and the Conanicut Island Art Association.

### Purpose Driven Retirement

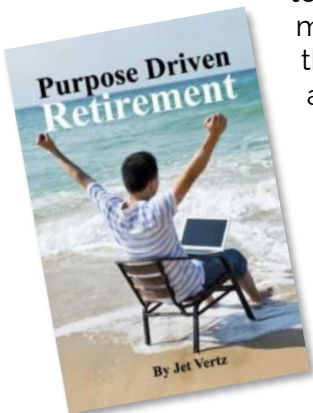
4 Sessions with Jet Vertz

Thu, Aug 3, 10, 17, 24, 1:00 PM - 2:30 PM

\$45.00 Max: 20

Do you have a purpose, mission, or reasons for how you live out your retirement? Numerous studies have shown that people with meaningful things to do during retirement are happier, more productive, and live longer than those with no purpose. If you are planning to retire or have already retired and have not given much thought to what meaningful things you will be doing, you may wish to take this course. You will examine your past, define who you are today, and methodically develop meaningful things to do during your retirement.

PLAY VIDEO ▶



**Suggested reading:** Jet Vertz: *Purpose Driven Retirement* (not required but highly recommended). Available from [Amazon.com](https://www.amazon.com).

**Jet Vertz** worked 40 years in the aviation business and was an executive at Pratt & Whitney Aircraft prior to his retirement. He was a U.S. Naval Officer during the Vietnam War. Jet's been an OLLI instructor since 2013 and, in addition to this course, has taught Histories and Mysteries of Aviation, the History and Future of Automobiles, Computer Fundamentals, and more.



### Bee and Pollinator Planting Research at URI

1 Session with Steven Alm

Thu, Aug 10, 1:00 PM - 2:30 PM

\$15.00 Max: 40

Location: URI East Farm, Bldg. 75

Before the colonists imported the European honey bee in 1622, approximately 250 native bee species did all of the native plant pollination in Rhode Island. Of the 12 historically present bumble bee species here, we were able to find only 7 of them in a recent survey—a huge loss of free pollinator “services.” We found that the yellow bumble bee is threatened with extinction if something isn’t done to reverse the trend. We will hear about current bee and flower research at URI and then go outside to see the bees and pollinator plantings and come away with recommendations for pollinator planting for the yellow bumble bee, monarch butterflies, and other pollinators.

**Note:** The outdoor walking is over uneven ground.

**Steven Alm** is professor of entomology at URI, with B.S. and M. S. degrees from the State University of New York, College of Environmental Science and Forestry, Syracuse, and Ph.D. from the Ohio State University. His current research is focused on surveying the native bees of Rhode Island, selecting and establishing pollinator habitat to conserve native bees, and finding novel methods for control of the parasitic Varroa mite that feeds on honey bees and may transmit up to five viruses.



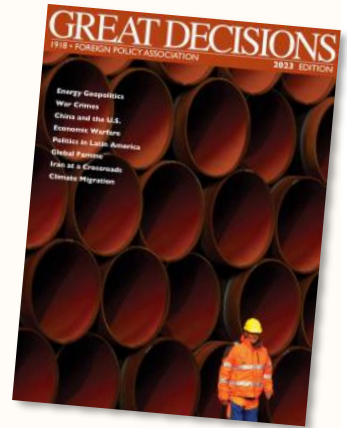


# GREAT DECISIONS

**THE GREAT DECISIONS FOREIGN POLICY DISCUSSION GROUP** at OLLI is a Special Interest Group that meets monthly for 8 months and is **FREE** to all members who register. Members must register for each class separately online each semester. See page 3 for details on how to register. For the summer semester you can register for June, July, and August sessions.

Great Decisions is America's largest discussion program on world affairs. The program model involves reading the *Great Decisions Briefing Book*, watching the documentary film series and meeting in a discussion group to discuss the most critical global issues facing America today.

To order the 2023 Foreign Policy Association's *Great Decisions* book, please visit the website: [www.fpa.org](http://www.fpa.org).



## Politics in Latin America

Friday, Jun 16, 10:00 AM - 11:30 AM

What does the emergence of various left-wing governments mean for countries in Latin America? Electoral results in Latin America over the past four years have led many observers of the regional/political scene to discern a left-wing surge in the hemisphere, reminiscent of the so-called "Pink Tide" that swept the area some 20 years ago. But how much do these politicians actually have in common? What implication does their ascendancy have for the region?

## Global Famine

Friday, Jul 21, 10:00 AM - 11:30 AM

What causes famine? How can it be prevented in the future? Fears of global food shortages have followed Russia's invasion of Ukraine, which has disrupted grain shipments from this major grain producer. But what about countries and regions that were suffering before this impending shortage? How is famine defined, and how is it different from simple food shortages? What if any remedies are there?

## Iran at a Crossroads

Friday, Aug 18, 10:00 AM - 11:30 AM

What is the future for relations between Iran and the U.S.? By the fall of 2022, Iran was in a state of turmoil due to widespread protests against government-enforced wearing of the hijab, a failing economy, an ineffective new president, and the looming succession of the country's leader, Ayatollah Khamenei. Abroad, renewal of the Iran nuclear deal seemed doubtful and tensions remain high among Iran, Israel, and Arab states. Many Iranians have lost hope of a better future, and the country seems at a crossroads. How should the United States deal with it?

## MAKE A GIFT TO OLLI

To make a secure donation on-line, go to [urifoundation.org/giveonline](http://urifoundation.org/giveonline)



## GIVE TO OLLI

We ask you to consider what an enriching experience OLLI is to your life, how it challenges you to keep sharp and engaged, and how these new friendships enliven your days, and make an annual contribution to support the OLLI Annual Fund Drive at URI.

Give at [URI.EDU/GIVE](http://URI.EDU/GIVE)

Scroll down to "Search for Funds" and type in OLLI.





**NEW THIS SUMMER!**

## **Financial Strategies for Retirement and Beyond with Joanne Daly**

Well-informed financial decision-making is a critical factor in preparing for and managing your retirement. Bring a bag lunch and your questions as we explore strategies for investing, money management, and estate planning. Each of the three monthly sessions may be taken alone, or you may register for all three.

**Free for Members**

### **Bring Your Lunch! Feed Your Mind!**

#### **Investing 101**

1 Session on Thu, Jun 15, 12:00 PM - 1:00 PM Max: 45

Investing can be complicated and the amount of information available can be intimidating. We will discuss the fundamentals of investing in the stock market and fixed income, from asset classes and the basic tenets of investing to asset allocation and diversification.

#### **The Psychology of Money**

1 Session on Mon, Jul 10, 12:00 PM - 1:00 PM Max: 45


Wealth is a complex concept and personal perceptions, biases, and emotions about money can affect the financial decisions people make. We will explore strategies for making objective decisions about money to manage wealth more wisely.

#### **Securing Your Legacy**

1 Session on Fri, Aug 18, 12:00 PM - 1:00 PM Max: 45

A well-crafted estate plan reflects your life goals. It should be structured to protect the wealth you have created, so that you can continue to support the people, causes, and institutions that are closest to your heart. We will discuss how trusts, gifting, insurance, and other wealth-planning tools can be combined to help secure your legacy.

**Joanne M. Daly** has more than 25 years of combined wealth planning and CPA experience. Formerly a CPA tax manager for Ernst and Young, she earned an M.S. in taxation from Bryant University. She is a first vice president and financial advisor with Morgan Stanley and CDFA (certified divorce financial analyst). Joanne enjoys educating others through financial presentations and is a frequent guest speaker to civic organizations and companies, including CVS, Bryant University, South County Health, URI Foundation, and GFWC Women's Club of South County.



We are so happy to see so many members stopping by the lobby for coffee and to socialize before their class starts! We continue to accept donations of ground coffee, coffee pods, cups and cash.

Thanks for your support!

### Bristol and the Slave Trade Walking Tour with Box Lunch

1 Session on Wed, Jun 14, 11:00 AM - 1:00 PM  
\$50.00 Max: 20

Linden Place hosts a walking tour of the Linden Place mansion and downtown Bristol, focused specifically on Bristol's DeWolf family and its involvement in the transatlantic slave trade. The DeWolfs, Bristol's premier family in the 18th and early 19th centuries, were once one of the largest traders of slaves in New England. The guided tour begins with an outside background lecture at Linden Place, the Federal-style mansion built by architect Russell Warren for George DeWolf. The tour then continues with a half-mile walk through the center of historic Bristol and down to the waterfront, pointing out significant sites tied to Bristol's lengthy and profitable involvement in the slave trade.

The afternoon concludes with a box lunch inside the historic ballroom. Box lunch includes a choice of sandwich: chicken salad, eggplant parmesan, Italian, tuna salad, or turkey. Also included: fruit, pasta salad, chips, and water.

The afternoon concludes with a box lunch inside the historic ballroom. Box lunch includes a choice of sandwich: chicken salad, eggplant parmesan, Italian, tuna salad, or turkey. Also included: fruit, pasta salad, chips, and water.

### Earth Care Farm

1 Session with Jayne Merner Senecal  
Mon, Jun 19, 10:00 AM - 11:00 AM  
\$15.00 Max: 25

What makes a high-quality compost? Join Jayne Merner Senecal for a walking tour of Earth Care Farm as she explains what goes into her family's compost-making process. Then check out what a good-quality garden soil looks like under the microscope. Feel free to bring a sample of your own soil to look at. You are bound to get excited by the unseen world under your feet.

**Suggested:** Before the tour, watch *Kiss the Ground* (available on Netflix).

**Jayne Merner Senecal** owns Earth Care Farm, which was started by her father, Michael Merner, in 1977. Jayne regularly teaches about compost through international conferences, podcasts, weekly YouTube videos and tours. She was named Professional of the Year 2018 by the RI Nursery and Landscape Association (RINLA), awarded 1st place for Landscape Design, and named one of the *Provi-*

*dence Business News* PBN 40 Under 40 in 2019. Jayne enjoys sharing her deep love of nature with the community.

### Herreshoff Marine Museum

1 Session on Thu, Jun 22, 10:00 AM - 11:30 AM  
\$20.00 Max: 25

The Herreshoff Marine Museum was founded in 1971 to preserve and perpetuate the unique accomplishments of the historic Herreshoff Manufacturing Company of Bristol, RI. As a result of more than 50 years of careful documentation, acquisition, and restoration, the museum boasts over 60 significant boats, ranging from the 8 1/2-foot dinghy, *Nathanael*, to the 75-foot *Defiant*, built in 1992 for the successful defense of the America's Cup. Besides the yachts and models, the museum has cataloged and displayed hundreds of artifacts and memorabilia significant to the Herreshoff legacy. Following the 90-minute tour, participants will be free to continue to explore the museum.



### Rhode Island Resource Recovery Corporation

1 Session on Wed, June 28, 11:30 AM - 1:00 PM  
\$20.00 Max: 20

If you've ever wondered what happens to your trash and recycling when it leaves the curb or the transfer station, this full facility tour will answer your questions. The group will meet at 11:15 a.m. at the site and be transported by bus on a tour around the landfill and then go indoors for a video and a tour of the recycling plant. The site is accessible. Carpooling is encouraged considering the environmental aspect of this event. Directions to the site will be included in your class confirmation.

A knowledgeable staff member or docent will be the guide or speaker for this class.

Please read this important safety information from the RIRR. [Click here](#)

**Members MUST provide own transportation to all off-site venues. If an instructor is not listed, the tour will be guided by a knowledgeable staff member or docent.**

### Local Farm to Food Assistance with Hope's Harvest

1 Session with Shannon Hickey  
Tue, Jul 11, 5:00 PM - 7:00 PM  
\$15.00 Max: 20

Join the Hope's Harvest program of Farm Fresh Rhode Island in the field to learn about how local farms and food producers contribute to addressing food insecurity in Rhode Island via gleaning, contracting, and surplus purchasing. Students will receive a basic overview of food waste, hunger, and malnutrition in RI, and practical strategies for engaging and affecting these issues. Then you'll put your knowledge into gear by helping to harvest and pack kale and collard greens to be distributed to local hunger relief agencies within RI. The Hope's Harvest team will provide clear harvesting instructions and oversight.

Hope's Harvest started in 2018, as Rhode Island's first gleaning project. Since then, the program has grown to include not only farm-based food recovery but also expanding markets for local growers via the emergency food system. As of 2022, Hope's Harvest is proud to be a program of Farm Fresh RI, bringing fresh, nutritious, locally grown produce to neighbors in need.

**Please note:** Location of farm, (which will be in south county) along with instructions for pre-course materials and waiver forms will be sent to participants before the class meets.

**Shannon Hickey** joined Hope's Harvest with intentions to learn as much as possible about local food systems and food equity. She received her undergraduate degree in marketing and psychology from Bryant University and went on to further her project management and marketing skills while working with an electrical engineering company. Eager for change and fulfillment, Shannon repurposed her skill set to make a meaningful impact on the community alongside her Hope's Harvest coworkers. In her spare time, she enjoys cooking and baking for her family and friends, diving into DIY projects, and spending lots of time by the ocean. Shannon is the main point of contact for farmers who want to donate produce. She coordinates and leads Hope's Harvest's gleaning trips and manages their communications to volunteers and social media.

### Saunderstown Weaving School Tour

1 Session with Norma Smayda  
Wed, Aug 9, 10:00 AM - 11:30 AM  
\$15.00 Max: 12

In 1974 Norma Smayda established and continues to run the Saunderstown Weaving School, which houses about 45 floor looms of all kinds. Some are historic; two were built by Weaver Rose in the late 1890s, and others have been built by other notable weavers. The most modern is a computer-assisted loom. There will be weaving projects on looms, and finished pieces will be displayed. A description of the entire process from designing a project through the many steps of warping a loom, weaving, and finishing will be covered. Elizabeth Hill, weaving assistant, will help with the guided tour.

**Note:** Participants must be able to walk among the floor looms and up one flight of stairs.

**Norma Smayda** established the Saunderstown Weaving School in 1974. There, instruction is individualized for beginning and advanced students and includes designing the projects, warping the loom, and weaving. There is a strong emphasis on traditional weaves, the works of Weaver Rose and Bertha Gray Hayes, and Scandinavian techniques, as well as design and weaving theory. For more about the school, go to [saunderstownweaving-school.com](http://saunderstownweaving-school.com).

**All participants on tours and day trips will be required to fill out an Assumption of Risk and Release of Liability Form.**

**Members MUST provide own transportation to all off-site venues if an instructor is not listed, the tour will be guided by a knowledgeable staff member or docent.**



**Learn the Pond: Ninigret Boat Ride and Roundtable Discussion**

1 Session with J.P. Walsh

Wed, Jul 26, 6:00 PM - 9:00 PM \$140.00 Max: 6

Make an educational odyssey into the lifeways of Ninigret Pond. Ocean advocacy groups inform us every year that dramatic action is needed to heal aquaculture in South County, RI, saltwater ponds. It is hard to ignore the increasing presence of algal blooms, and often their smell. After our boat ride and roundtable at BoP's (Books on the Pond) Reading Room, we will have a definitive answer to the question, What can I do?

Passengers receive Vol. 2 of BoP's *Let's Take Care of Our Salt Ponds*, a primer based on the earlier work of marine biologist, URI professor, and OLLI instructor and member, Prentice K. Stout (1933-2021). It covers the magnificent history of Ninigret, from the Narragansetts' rich cultural past to how and why the Breachway was built. Learn about how we can change how we interact with the pond, from reading the tides, charting our motorboats with the tides, farming the pond, and much more.

Afterwards, we will have a roundtable Q&A with URI professor J.P. Walsh and a local Ninigret oyster farmer (TBD). Ask questions. Get answers. Farm-to-table refreshments will be served.

6:00 PM - Departure from Shelter Cove Marina  
523 Charlestown Beach Rd.

7:15 PM - 9:00 PM - Roundtable and refreshments  
BoP Reading Room, 289 Narrow Lane.

**Ninigret Pond: A Roundtable Discussion**

1 Session with J.P. Walsh

Wed, Jul 26, 7:15 PM - 9:00 PM \$75.00 Max: 20

Join URI professor J.P. Walsh and a local Ninigret oyster farmer (TBD) focusing on the individual mandate to help improve Ninigret Pond's quality, the pond's vibrant history, and its importance to our lifeways in Charlestown. Ask questions. Get answers. Farm to table refreshments will be served.



**J.P. Walsh** is director of the Coastal Resources Center (CRC) and a professor in the Graduate School of Oceanography at URI. He is a geological oceanographer with over 25 years of experience in coastal and ocean research and has worked in locations from the muddy mangroves of Papua New Guinea to the icy waters of Antarctica. Since he arrived at URI in 2018, he has worked locally and globally with the CRC and other colleagues. J.P. holds a doctorate in oceanography from the University of Washington, an M.S. in marine science from Stony Brook University, and a bachelor's degree in geology from Colgate University.

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*Thank you to our friends at Savoy Bookshop and Cafe who offer a 20% discount on any purchase related to OLLI classes and Special Interest Groups.*

*Members MUST provide own transportation to all off-site venues if an instructor is not listed, the tour will be guided by a knowledgeable staff member or docent.*



### Kayak Historic Wickford Harbor

With Ken Fandetti

Choose 1 Session:

- Tue, Jun 20, 10:00 AM - 1:00 PM \$20.00\* Max: 12
- Tue, Aug 22, 10:00 AM - 1:00 PM \$20.00\* Max: 12

**\*Additional fee of \$30 for equipment rental fee must be made directly to Kayak Centre after OLLI registration. The link to pay and fill out a waiver will be sent to you.**

**Please note: parking can be a challenge in Wickford so please arrive early.**

This is an opportunity to paddle a kayak in the waterways of historic Wickford Village. Following the coastline of the harbor, we will pass what is left of Wickford's fishing industry. We will go around a couple of the islands in the harbor (Cornelius and Rabbit), pass Smith's Castle, and proceed up Mill's Creek. No prior paddling experience is necessary, but participants should be mobile enough to paddle for a few hours under tranquil conditions.

**Please note:** Be sure to have your own hat, sunscreen, a water bottle, and a snack.

Participants **MUST** use the Kayak Centre's equipment—tandem (double) kayaks, paddles, and life jackets. The class will be held rain or shine. You should dress to get wet, as kayaking is a wet sport, and when we make a stop, you might wish to take a dip in the water.

**Ken Fandetti** is a certified American Canoe Association coastal kayak instructor and has been for the past 20 years. He has led or co-led kayak trips in the U.S. and in foreign countries, including Belize, the outer Bahama Islands, and Bonaire.

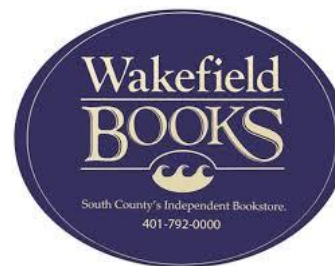
## THINGS you should **KNOW**

**Video Previews:** When you view a class in our online software or the pdf catalog, a video symbol will appear if there is a video to view. Please note: video previews are not available for all classes.

**Emails:** OLLI uses email to communicate important information like class confirmations, schedule changes, cancellations, and other special notices. We also send out a weekly email, "This Week at OLLI," on Monday mornings listing our weekly events and notices. If you are not receiving it, please email or call us and let us know. We will not share your email with anyone.

**Classroom Locations:** Not sure what room your class is in? Check the TV monitor located in the lobby.

**Extra Fees for Courses:** Additional fees are sometimes required for courses that involve off-campus activities, special events, or special supplies needed for the class.



160 Old Tower Hill Road  
Wakefield, RI 02879

[Wakefieldbooks.com](http://Wakefieldbooks.com)

*Thank you to our friends at Wakefield Books who offer a 20% discount on any purchase related to OLLI classes or special interest groups.*

### Right Brain Photography

3 Sessions with Eli Vega

Mon, Jun 12, 19, 26, 10:00 AM - 11:30 AM

\$40.00 Max: 15

Learn how to see with your imagination, not your eyes—how to see something before you see it; how to make the common uncommon. This highly interactive course piggybacks on Eli's award-winning book *Right Brain Photography: Be an Artist First*. You will learn creative in-camera concepts, principles, and techniques without having to spend hours in front of your computer manipulating images. A workbook will be provided to those who register.

**For the classes:** Bring the workbook and your camera to class.

**Eli Vega** is an award-winning photographer and author. He has taught photography since 1993. Among the venues in which he has taught are Rocky Mountain National Park; Garden of the Gods (Colorado Springs, Colorado); OLLI in several cities and states; colleges in Arkansas, Colorado, and Texas; and various art groups and camera clubs.

### New England Lighthouses and the People Who Kept Them

1 Session with Jeremy D'Entremont

Mon, Jun 26, 5:00 PM - 7:00 PM \$15.00 Max: 45

Everyone knows that there's something about lighthouses that gives them broad appeal, but their vital role in our history and culture is little appreciated. Our early nation was built on a maritime economy, and lighthouses were part of the system that made that possible. Due to automation, traditional lighthouse-keeping is a way of life that has faded into the past. Jeremy D'Entremont tells the history of New England's historic and picturesque lighthouses with a focus on the colorful and dramatic stories of the lighthouse keepers and their families.

#### Jeremy D'Entremont

is the author of more than 20 books and hundreds of articles on lighthouses and maritime history. He is the historian and president of the American Lighthouse Foundation, founder of Friends of Portsmouth Harbor



Lighthouses, and historian for the U.S. Lighthouse Society. He has lectured and narrated cruises throughout New England, and he hosts the U.S. Lighthouse Society's weekly podcast, "Light Hearted." He has appeared on many national and local TV and radio shows speaking about lighthouse history.

### Go Beyond Surviving and Thrive in the New Normal

5 Sessions with Esther Jackson

Mon, Jul 10, 17, 24, 31, Aug 7, 5:00 PM - 6:30 PM

\$50.00 Max: 45

The global pandemic has challenged our ability not only to survive but to thrive in the midst of change. We are experiencing a tech-driven society, social unrest, and unexpected personal situations. When people don't know what to do, they resort to what they have been doing and what's comfortable. It's time for us to be intentional about how we manage family situations, relationships, community work, and more. Embracing change, changing our thought processes, functioning in the midst of uncertainty, and being willing to take risks are just a few of the ways to enhance the more adaptable versions of ourselves. Discover ways to build your personal adaptability when you put this information to work as you reach your limitless potential.

**Note:** Suggested reading and first assignment can be found on your class confirmation and on our website.

**Esther Jackson** is an author, speaker, consultant, college instructor, and project manager in Michigan. She has presented at the ATD International Conference & Expo, BambooHR Virtual Summit, NAAHR-Michigan, and Training Magazine Conference & Expo in addition to teaching at the university level. Her published work consists of a doctoral study with over 1,400 downloads and her first book, *Adaptability in Talent Development*. She holds adaptability and DEI certifications.

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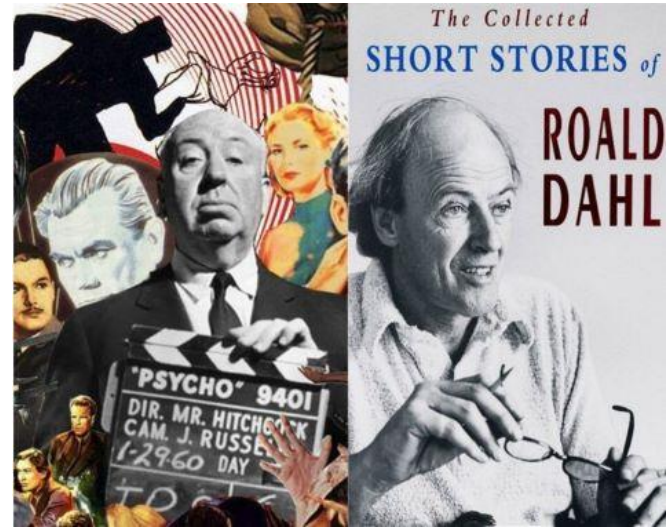
## Unraveling the Noise Through Contemplative Literature

6 Sessions with Teresa Testa

Mon, Jul 10, 17, 24, 31, Aug 7 (skip 7/14), 21,  
9:30 AM - 11:00 AM \$55.00 Max: 20

Contemplative literature provides a brilliant platform for the rigorous and vigorous unraveling of the daily cacophony of clatter, clamor, and commotion which for better or for worse is modern culture today. We shall turn toward philosophers and spiritual thinkers whose writings and meditations have the potential to guide our thoughts toward a more resplendently contemplative approach to daily living. Course reading materials will be provided after the first class in anticipation of the following week's meeting.

**Teresa M. Testa** is a Ph.D. candidate at Salve Regina University where her dissertation research explores twentieth-century cultural approaches to philosophy of technology. Graduating from Brown University with a concentration in English and American Literature, Teresa also earned the M.Sc. in organizational management from Salve Regina with emphasis on modern business ethical standards. Her academic interests are extensive and connect multiple disciplines within the humanities.



## Art from the Artful: The American Way in Twentieth-Century Suspense Genre

6 Sessions with Teresa Testa

Tue, Jun 27, (skip 7/4), Jul 11, 18, 25, Aug 1, 8  
1:00 PM - 2:30 PM \$55.00 Max: 20

Two Englishmen, Roald Dahl and Alfred Hitchcock, were pioneers in their creative interpretations of suspense in the American Way. In the 1950s and 60s, when the hallmarks of constancy and steadfastness provided the cultural norms of the time, the American Way offered stability; images of domestic values, motherhood, masculinity, patriotism, and faith were prominently celebrated. But how were these images displayed in the arts, especially through the genre of suspense? The answer is remarkably surprising! Each week the course will pair one Hitchcock short film with its Dahl short story inspiration. Come to understand the immense audience popularity attained by the suspense genre and learn about the psychology that underpins our human desire to create art from the artful.

## Register for Parking

Parking is FREE for OLLI members! You only need to register your vehicle once during the academic year (Aug-July). Parking permits are virtual, no stickers are provided. All permits expire on July 31. We will send a reminder email closer to the date that it's time to renew.

Only one vehicle per Member may be registered.

If you bring a different vehicle to campus or your license plate number changes, you will need to log into your parking account and update the vehicle information prior to parking to your car.

Parking permit is only valid for **Lot #21**, (Staff/Faculty Lot) outside our building at 210 Flagg Rd., Fine Arts Center **Lot #6**, Plains Rd **Lot #25**

**Do not park across the street in lot #20.** This is for resident students only.

Call the OLLI office for assistance in registering your vehicle at 401.874.4197.



### The Top 25 Film Scores of All Time

6 Sessions with Emanuel Abramovits  
Tue, Jul 11, 18, 25, Aug 1, 8, 15, 10:00 AM - 11:30 AM  
\$55.00 Max: 45

The American Film Institute released a list of the best film scores that includes many well-known classics and some surprises. These lists are always arguable, but the composers of those scores have something in common: a fascinating life and a solid career. With plenty of audiovisuals, anecdotes, and humor, let's enjoy the ride through the process of creating those historical pieces that convey what the movie is trying to say without words and evoke an emotional response even the most brilliant bit of dialogue cannot.

**Emanuel Abramovits** has been a concert promoter since 2000, directly involved in many concerts by international artists, like Itzhak Perlman, Gustavo Dudamel, Sarah Brightman, Roger Hodgson, ASIA, Journey, Kenny G, and many more. He has designed and staged many original orchestral events, including an Event of the Year winner and several world premieres. He served as the cultural director at Union Israelita de Caracas from 2008 to 2019, releasing books and organizing film cycles, concerts, and art exhibits. He has been consistently teaching online and in person across the U.S. since 2020.

### How to Build a Capsule Wardrobe

3 Sessions with Jamie Novak  
Wed, Aug 2, 9, 16, 3:00 PM - 4:30 PM \$40.00 Max:45

Is your clothes closet too cluttered? Are you at a loss for what to wear? Learn how to declutter your closet while building your own capsule wardrobe. During this program with organizer and author Jamie Novak, you will learn what a capsule wardrobe is, why you might want one, how to decide which clothes to keep, and where to easily sell clothes for the most

money. During class you'll also have the chance to declutter through live, mini guided tasks.

**Jamie Novak** is the author of the bestselling book, *Keep This, Toss That: The Practical Guide to Tidying Up*. You might have seen her on morning TV, listened to the 10-minute podcast that she hosts, or caught her YouTube show. When not on the computer teaching interactive, online programs on decluttering and getting organized, she is searching for a cure to her own addiction—clipping out recipes that she never prepares.

### Issues in Food Safety

6 Sessions with Kenneth Hinga  
Thu, Jun 15, 22, 29, Jul 6, 13, 20, 9:30 AM - 11:00 AM  
\$55.00 Max: 45

Is our food safe for us to eat? Is the way we produce food bad for the planet? We will look at issues in food production including use of genetically modified food plants and animals, use of hormones and antibiotics in meat production, how meat processing plants slaughter and prepare meat for sale, and the problems caused by fertilizers. Who sets limits on pesticides and regulates those food additives listed on our packaged foods – and how? What about foods labeled as organic; are they really different and worth the price premium? What are those bacterial contaminants that sometimes show up in the news? Can we mitigate climate change by changing the foods we eat? Are the problems with agriculture caused by large factory farms?

**Kenneth R. Hinga** was a research scientist and assistant dean at URI's Graduate School of Oceanography. His teaching included courses in general oceanography, marine pollution, and understanding environmental issues. He moved to federal service on a diplomacy fellowship where he spent ten years at the USDA Foreign Agricultural Service, and U.S. FDA Center for Food Safety and Applied Nutrition. He was a science advisor for both agencies, providing technical analysis of a variety of food safety and agricultural-environmental topics for international negotiations. He is also a longtime amateur shutterbug, having had a few photographs published, won first place in a photo show, and shot weddings (for friends). He has given the Seven Rules course for a camera store.

**The Art of the Tale: Mid-Century Short Stories**

6 Sessions with Robert Weibezahl

Thu, Jul 13, 20, 27, Aug 3, 10, 17, 2:00 PM - 3:30 PM

\$55 Max: 45

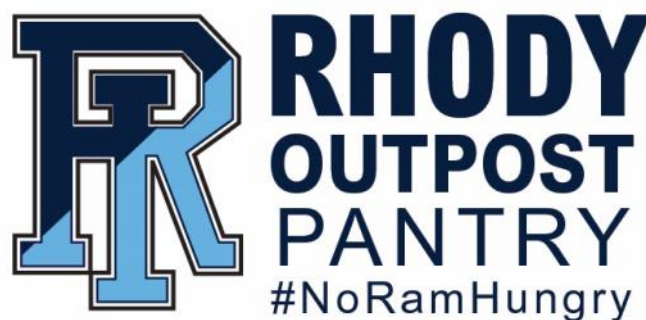
We expand our ongoing exploration of short fiction with a dive into Daniel Halpern's splendid *The Art of the Tale: An International Anthology of Short Stories*. Reading an array of stories by some of the finest writers around the globe, published between 1945 and 1985, we will investigate the ways these men and women touch upon both culturally specific and universal themes as they use fiction to explore life, love, change, and what it means to be human. As with past classes, the stories will be grouped and discussed thematically. There is no prerequisite.

**For the first class:** Read these stories: Richard Yates: "The Best of Everything" (1954); Grace Paley: "The Contest" (1958); Mavis Gallant: "The Chosen Husband" (1985)

**Required text:** Daniel Halpern, ed.: *The Art of the Tale: An International Anthology of Short Stories* (Penguin, 1987). Available new in paperback, or many well-priced used hardcover and paperback copies can be found through online sellers. Also available from local public libraries.

**Please note:** We are using the 1987 edition of Halpern's anthology, not the one published in 2000.

**Robert Weibezahl** is a writer, editor, critic, and publishing industry veteran who has worked with Nobel laureates, Pulitzer Prize winners, and countless best-selling authors. A columnist for *BookPage* for two decades, he is also a published novelist and award-winning, internationally produced playwright. He teaches at Osher programs across the country. For the OLLI at URI, he has taught *Something Happening Here*, and *The Short Story and the American Identity*.



## DONATIONS ACCEPTED at OLLI for URI'S BASIC NEEDS PANTRY

Each month we send out an email listing for items the pantry is in need of. A collection bin is located right outside the OLLI office door and another is located in the office.

You can view a current list by [clicking here](#).

Volunteering is a wonderful way to meet new friends, stay active and make a difference in your community.

OLLI has a wide-range of opportunities for interested volunteers. Members can choose from office support, committees, or catalog editing.

If you're interested in contributing your time and expertise, call (401-874-4197) or email ([olli@uri.edu](mailto:olli@uri.edu)).



# OLLI *Special Interest Groups*

All Special Interest Groups are FREE with your OLLI membership.  
Registration is required.

## **Book Group**

Meets the third Friday of each month at 1PM at OLLI. Book selections are available on our website: [URI.EDU/OLLI](http://URI.EDU/OLLI) Facilitator: Beth Leconte [bleconte@uri.edu](mailto:bleconte@uri.edu).

## **Bowling Group**

Interested in bowling? This group meets on Wednesdays at 12:30PM at Old Mountain Lanes in Wakefield. Facilitator: Peter Stetson [petestetson8@gmail.com](mailto:petestetson8@gmail.com)

## **Cosmic Questions**

Join us as we dive into the question, “Are we god’s laboratory? Is life on Earth the only life in the universe?” Please note: This group will discuss only scientific facts– not religion or politics. Meets on Thursdays: 1/19, 2/16, 3/16 from 1:00PM-2:30PM Facilitator: Krystyna Kasman [krystyna\\_kasman@cox.net](mailto:krystyna_kasman@cox.net)

**Golf**—Spring Registration for Golf begins April 19.

## **Mah Jongg**

Do you like to play Mah Jongg? Join this group on Thursdays at 1PM in the OLLI lobby. Facilitator: Cobi Bush [bcobi@verizon.net](mailto:bcobi@verizon.net)

## **Movie Group**

Join us on the second Thursday of the month at 3PM at OLLI to discuss the latest movies which are available in theaters or streaming. And on occasion, we may view a film on site. Facilitator: Marylen McKenna [marylen7586@gmail.com](mailto:marylen7586@gmail.com)

## **Photo Friday**

Do you like taking pictures with your camera or phone? Join our Photo Friday Group! Each month you will be given a different prompt to photograph and submit. Photos will be shared and discussed during a monthly [Zoom](#) meeting. The group meets the first Friday of each month at 10AM. Facilitator: Jan Armor [janthephotoman@gmail.com](mailto:janthephotoman@gmail.com)

## **Rhody Ramblers**

Looking for a short outing with a snack to follow? Join the Rhody Ramblers for an afternoon adventure. Our walks will last about half an hour at a leisurely pace over accessible paths, followed by a coffee or a snack at a nearby destination. The number of Ramblers will be limited to ensure that everyone can keep up with the group and be accommodated by a local coffee shop. One Thursday a month. Facilitators: Brenda Bibb [bjg-bibb@hotmail.com](mailto:bjg-bibb@hotmail.com) Denise Stetson [den.stetson@verizon.net](mailto:den.stetson@verizon.net).

## **Walking Group**

Walking Group meets weekly on Wednesdays at 1PM. Improve your health; make new friends while exploring our South County area. Walks generally last 90 minutes. Register online and each week you will receive an email for the location. Facilitators: Cindy Opaluch [CindyRI@cox.net](mailto:CindyRI@cox.net)  
Sara Nelson [saramay51@hotmail.com](mailto:saramay51@hotmail.com)

## **Writer’s Group**

Meets the first Friday of each Month at 1PM via [Zoom](#). Join us online and share your writings, listen and learn from others, and most importantly have a good time. Facilitator: Susan Berman [susanb99@yahoo.com](mailto:susanb99@yahoo.com).

Please register online to join these groups by visiting [URI.EDU/OLLI](http://URI.EDU/OLLI)

# TEACH FOR



Scan the QR code for the course proposal form.



OLLI faculty and presenters are members of the community who are excited about teaching and involving an enthusiastic group of learners in a new way.

Some of our OLLI instructors are current or retired high school or college faculty, while others are people who enjoy the opportunity to share their interests and knowledge.

What's to be gained by teaching at the OLLI?

Just as our members attend classes for the pleasure of it, our faculty at OLLI often teach for the sheer joy of sharing their expertise and enthusiasm for a topic. There are no tests to prepare or papers to grade, just teaching and holding discussions with interested and engaged students. We are able to offer small honorarium dependent on the length of the course.

What learning formats are supported at the OLLI?

- **Traditional:** lecture, discussion, or a combination of both
- **Hands On:** getting the fingers dirty (e.g., painting, photography)
- **Collaborative:** Collaborative learning classes, or study groups, are led by a facilitator, not necessarily an expert in the field. The facilitator might offer a syllabus with readings and lists of topics. Class participants take responsibility for class activity as peer leaders working independently or in teams. Working from guidelines provided by the facilitator, the class participants have the opportunity to make a presentation, lead a discussion, invite a guest speaker, or develop other ways to engage the class in the subject.

## WANT TO PROPOSE A CLASS?

Fill out a course proposal form on our website:

<https://web.uri.edu/olli/course-proposal/> OR scan the QR code at the top of the page.

If you have questions regarding a topic or format, please contact Operations Manager, Beth Desrosiers, directly at 874-4197 or email [beth\\_desrosiers@uri.edu](mailto:beth_desrosiers@uri.edu)

### Proposal Due Dates:

**Winter 2024** – Proposals due July 30

**Spring 2024** – Proposals due April 30



## OLLI Book Club

6/16- *Girl in Hyacinth Blue* by Susan Vreeland

7/21- *It Ends with Us* by Colleen Hoover

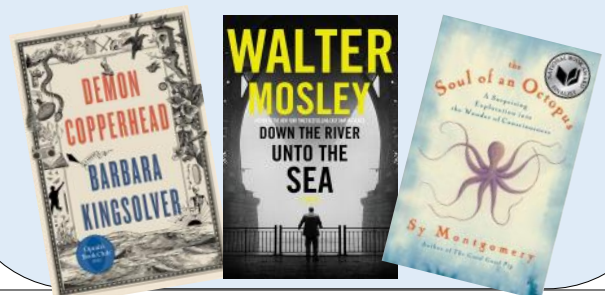
8/18- *Seven Husbands of Evelyn Hugo* by Taylor Jenkins Reid

9/15- *Demon Copperhead* by Barbara Kingsolver

10/20- *Down the River unto the Sea* by Walter Mosley

11/17- *Tomorrow, and Tomorrow, and Tomorrow* by Gabrielle Zevin

12/15- *The Soul of an Octopus* by Sy Montgomery





The University of Rhode Island became a member of the Age-Friendly Global Network in 2018.

The AFU effort has depended greatly on the contributions of many OLLI members, including those who serve on our work group, attend intergenerational classes, and participate in special projects and programs. OLLI is a critically important part of what the AFU vision and mission represent at URI, and we look forward to continuing to work with OLLI members as we move forward to make URI more age-friendly!

The AFU workgroup at URI is currently focusing on the following initiatives:

- (1) Creating Intergenerational programs, such as Cyber Seniors, and classes with both URI students and older adults
- (2) Increasing access by older adults to regular URI courses
- (3) Developing a retirement community on or near the URI campus that could also serve as the home for the Osher Lifelong Learning Institute (OLLI)
- (4) Creating a retired faculty and staff association
- (5) Expanding research involving older adults, particularly with regard to health and well-being.

**Back by  
Popular Demand!**

## *New to Summer Schedule*

### **RHODE ISLAND LIGHTHOUSE CRUISE**

Date: Thursday, August 3, Time: 1:00PM - 3:00PM

Cost: \$38 per person. Max: 50

*(You may register yourself and a guest. All guests must be over the age of 50).*

Join your OLLI friends for a narrated cruise past 10 Rhode Island Lighthouses in Narragansett Bay along with a complete Newport Harbor Tour. This 30 mile cruise will be narrated by none other than OLLI instructor Brian Wallin. This tour takes you past 10 beautiful islands, under the breathtaking Jamestown & Newport Bridges, past mansions, historic Fort Adams and many other famous Rhode Island sights.



*Join your OLLI friends for a day on the Bay!*





# OLLI Mail-In Course Registration - Summer 2023

Name (one member per form) \_\_\_\_\_

Mailing Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Renewal Date: \_\_\_\_\_

Telephone: \_\_\_\_\_ Email \_\_\_\_\_

## **MONDAY**

- A Brief History of Great Britain (\$45)
- Babcock Ranch, FL: The First Solar City in the USA (\$15)
- Buffy Sainte-Marie: Her Songs and Her Life (\$45)
- Creativity, Play and Innovation (\$40)
- Let's Explore the Google Suite (\$50)
- Practical and Proven Suicide Prevention (\$15)
- RI's Great White Sharks (\$15)
- Watershed Epochs in Modern European History (\$45)

## **TUESDAY**

- Beginner Drawing (\$50)
- Chasing the Light (\$45)
- Islam (\$35)
- Let's Play: Interactive, Cooperative, and Creative Games (\$35)
- Social Entrepreneurship (\$15)
- The Doctor Broad: A Mafia Love Story (\$15)
- The Seven Rules of Photography (\$35)
- The Truth About Statins: Risks and Alternatives to Cholesterol-Lowering Drugs (\$15)
- We All Know What Light is, Right? (\$35)
- What Every Woman Needs to Know About Cardiovascular Disease (\$15)
- Wonderful Lyricists of Tin Pan Alley (\$45)

## **WEDNESDAY**

- Ann Morrow Lindbergh: A Remarkable Life (\$40)
- Early Rhode Island Through the Eyes of the Ladies of Smith's Castle (\$40)
- Homescapes in Watercolor (\$45)
- Introduction to Handbells (\$40)
- Rhode Map & Secret Rhode Island (\$15)

- Tea, Earl Grey, Hot: Hollywood's Take on the Future of Interaction Design (\$15)
- The Short Story: Writing for the Reader (\$55)
- Three More Mini-Retreats in an Academic Setting (\$40)
- Treasures at the Bottom of the Ocean (\$35)
- URI Leads the Way (\$15)
- Why Silk Matters (\$15)

## **THURSDAY**

- Addressing Solutions to Climate Change with En-ROADS (\$15)
- Forest Tree Identification (\$45)
- Purpose Driven Retirement (\$45)
- Ribbon Weaving (\$35)
- Watercolor Portraits from Photos (\$55)

## **FRIDAY**

- Marilynne Robinson's Housekeeping : A Tale of Grief and Clutter (\$15)
- We Didn't Start the Fire (\$55)
- Yoga: An Introductory Workshop (\$55)

## **ZOOM CLASSES**

- Art from the Artful: The American Way in Twentieth-Century Suspense Genre (\$55)
- Go Beyond Surviving and Thrive n the New Normal (\$50)
- How to Build a Capsule Wardrobe (\$40)
- Issues in Food Safety (\$55)
- New England Lighthouses and the People Who Kept Them (15)
- Right Brain Photography (\$40)
- The Art of the Tale: Mid-Century Short Stories (\$55)
- The Top 25 Film Scores of All Time (\$55)
- Unraveling the Noise through Contemplative Literature (\$ 55)

# OLLI Mail-In Course Registration - Summer 2023

## TOURS AND TRIPS

- Bristol and the Slave Trade Walking Tour with Box Lunch (\$50)
- Earth Care Farm (\$15)
- Herreshoff Marine Museum (\$20)
- Kayak Historic Wickford Harbor 6/20 (\$20)
- Kayak Historic Wickford Harbor 8/22 (\$20)
- LEARN THE POND: Ninigret Boat Ride and Roundtable Discussion (\$140)
- NINGRET POND: A Roundtable Discussion (\$75)
- Local Farm to Food Assistance with Hope's Harvest (\$15)
- Rhode Island Resource Recovery Corporation (\$15)
- Saunderstown Weaving School Tour (\$15)
- Rhode Island Lighthouse Cruise (\$38)

Guest \_\_\_\_\_

**All Tours and Trips require a waiver.**

## LUNCH AND LEARN

**(Free but you must register)**

Financial Strategies for Retirement and Beyond

- Investing 101 6/15
- The Psychology of Money 7/10
- Securing Your Legacy 8/18

## GREAT DECISIONS

**(Free but you must register)**

- Politics in Latin America 6/16
- Global Famine 7/21
- Iran at a Crossroads 8/18

## SPECIAL INTEREST GROUPS

**(Free but you must register)**

**All Special Interest Group Registrations expire June 30, 2023. If you would like to continue in any of these groups, please renew your registration.**

- Book Group
- Bowling
- Cosmic Questions
- OLLI Serves
- Photo Friday
- Rhody Ramblers
- Mah Jongg
- Movie Group
- Walking
- Writer's Group

Mail to: 210 Flagg Rd., Suite 212, Kingston, RI 02881

NAME \_\_\_\_\_

Payment Method:  Check (Payable to URI)

For mail-in registrations, we only accept check payments.

If you are paying by credit card, please call the office at 401-874-4197 or register online [URIOLLI.AUGUSOFT.NET](http://URIOLLI.AUGUSOFT.NET)

**Total # Classes** \_\_\_\_\_

**Renewal Fee** \$ \_\_\_\_\_

(If due)

**Credits to Apply**

\$ \_\_\_\_\_

**Total Due** \$ \_\_\_\_\_

*If you are writing a check and think you may have credits to apply, please call the office at 401.874.4197 to confirm before writing your check.*

### **OFFICE USE:**

DATE RCVD: \_\_\_\_\_ DATE PROCESSED: \_\_\_\_\_ INITIALS: \_\_\_\_\_

MEMBERSHIP:  CURRENT  NEW  RENEWAL

## MEMBERSHIP FORM

210 FLAGG ROAD, ROOM 212, KINGSTON, RI 02881

WEB.URI.EDU/OLLI 401.874.4197 OLLI@URI.EDU

MAIL FORM OR REGISTER ONLINE AT [URIOLLI.AUGUSOFT.NET](http://URIOLLI.AUGUSOFT.NET)

### MEMBERSHIP INFORMATION (Please use one form per person)

NEW MEMBERSHIP  RENEWAL MEMBERSHIP RENEWAL DATE: \_\_\_\_\_

Last Name \_\_\_\_\_ First Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Seasonal Address \_\_\_\_\_ Begin Date \_\_\_\_\_ End Date \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ Secondary Phone \_\_\_\_\_

Year of Birth \_\_\_\_\_ Email \_\_\_\_\_

Emergency Contact \_\_\_\_\_ Relation: \_\_\_\_\_ Phone \_\_\_\_\_

### MEMBER PROFILE

The following information is used to help us better understand our OLLI Membership as a community and to better serve you. This information is optional and confidential.

URI Alumni :  No  Yes Year \_\_\_\_\_ Gender :  Male  Female

Highest Level of Education:  High School  Some College  Associates Degree /Certification  
 Bachelor's Degree  Master's Degree  Doctorate

Employment Status:  Retired  Work Full Time  Work Part-Time  Not Currently Employed

Current/Former Occupation: \_\_\_\_\_

Referral \_\_\_\_\_

Emergency Contact Name \_\_\_\_\_ Phone \_\_\_\_\_

Relationship \_\_\_\_\_

### PAYMENT INFORMATION: Annual Membership Fee \$65 (non-refundable)

Payment Method:  Check (Payable to URI) For mail-in registrations, we only accept check payments.

If you are paying by credit card, please call the office at 401-874-4197 or register online [URIOLLI.AUGUSOFT.NET](http://URIOLLI.AUGUSOFT.NET)

Photos taken during OLLI events or programs can be used in promotion material for OLLI at URI.

OLLI and URI will not be held liable for members or guests for any damage or personal injury.

Your membership must be in effect through the last date of the class(es) you have chosen.

**For questions, please call 401.874.4197 or email [olli@uri.edu](mailto:olli@uri.edu)**

**If mailing, send to: OLLI at URI, 210 Flagg Rd, Room 212, Kingston, RI 02881**

OFFICE USE: DATE RCVD: \_\_\_\_\_ DATE PROCESSED: \_\_\_\_\_ INITIALS: \_\_\_\_\_



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