



University of Rhode Island
College of Health Sciences
Physical Therapy Department
Motor Control and Rehabilitation Laboratory
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To Whom it may concern,

Experiments in the Motor Control and Rehabilitation Laboratory are ongoing to study how Instrument Assisted Soft Tissue Mobilization (IASTM) influences the nervous system. We are recruiting **individuals who had a stroke**.

Individuals must be between **18-65 years of age** and cannot be pregnant. Participants will ask to attend **a single session**, which will last about **2 hours**.

After providing consent to participate, you will be asked to complete questionnaires to see if you meet the requirements of participating in the study and a physical therapist will test your resistance to movement in the ankle joint. You will then be asked to let someone give their calf muscles a special deep massage using a tool, which is called instrument assisted soft tissue mobilization, or without a tool. An electrical stimulation device will be used to measure the response of the muscles. You're welcome to bring along a family member, friend, or aide.

Participant will receive \$20 for a visit, plus \$20 payment for transportation costs.

If you are interested or know someone that is, please contact the Principal Investigator at:

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This research has been approved by The University of Rhode Island Institutional Review Board.