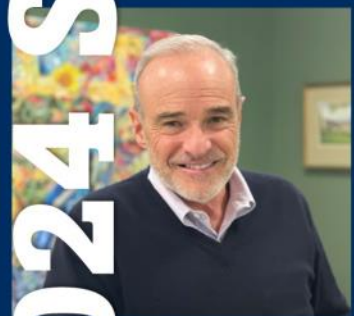


2024 SUMMER COURSES



OSHER
LIFELONG
LEARNING
INSTITUTE

*Where Learning
Never Retires*

OSHER LIFELONG LEARNING INSTITUTE
University of Rhode Island
401.874.4197 | URI.EDU/OLLI



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MEMBERSHIP INFORMATION

Your membership must be valid throughout the duration of the classes you register for. If you're not sure of your renewal date, call the office at 401-874-4197.

SUGGESTED AND REQUIRED READING INFORMATION

Due to space limitations, suggested and required readings are not listed in this catalog. Please check your class confirmation, log on to URIOLLI.AUGUSOFT.NET or check out our online catalog on our website:

URI.EDU/OLLI.

OLLI DISCLAIMER

The courses offered by OLLI do not imply the endorsement of a particular philosophy, product, or procedure. The content is the view of the presenter and is for educational and informational purposes only and not as professional advice for specific cases or circumstances. Participants need to be aware of the potential risks of using limited knowledge when integrating techniques and procedures that are new to them. Participants need to consult their own financial, legal, and medical professionals for advice.

DISABILITY ACCOMMODATIONS

If you have a disability and need an accommodation, please call the OLLI office at 401.874.4197, at least three business days in advance of the need. Interpreters require a minimum of two weeks advance notice, when possible. We are committed to equal access for persons with disabilities and we will make every reasonable effort to provide accommodations.

**THE
UNIVERSITY
OF RHODE ISLAND**
**OSHER LIFELONG
LEARNING INSTITUTE**



The Osher Lifelong Learning Institute at URI provides learning opportunities to enhance the enjoyment, meaning, and direction of adult lives, as well as the health and well-being of adults, while developing a community of older learners.

Established in 2009 and offering diversified courses and activities, the OLLI at URI enjoys a rich relationship with the University. Membership is open to anyone fifty years of age or better. Whether teaching, learning, playing, or exploring, OLLI members constitute a vibrant lifelong learning community.

The OLLI at URI is part of the national network of Osher Lifelong Learning Institutes funded by the Bernard Osher Foundation. Closer to home, OLLI has ties with local community and civic organizations. OLLI members are essential in shaping, managing, and leading the organization.



SUMMER registration begins Tuesday, June 4, at 7:00AM

Online registration begins at 7:00AM.
The office will be open at 9:00AM for walk-ins
and phone registrations.

Classes fill up quickly so don't wait!

There are four ways to register for classes:

🖱️ **ONLINE** - This is the easiest way to register. To [log on to your OLLI account](#) go to URI.EDU/OLLI and click on Member Login. Payment is accepted with a credit card: Visa, Mastercard or Discover.

☎️ **PHONE** - Call us to register! 401-874-4197

Office hours: Monday through Thursday, 9AM-5PM, Friday, 9AM-12PM

If you leave a message, we will do our best to return your call within 24 hours.

✉️ **MAIL** - [Download the registration form from our website](#) (or pick one up in the office). Fill it out and include a check (or call with credit card #) for payment.

Checks are made payable to URI. Mail form and payment to: URI OLLI, 210 Flagg Rd., Room 212, Kingston, RI 02881

P A R K I N G



Parking is FREE for OLLI members!
You only need to register your vehicle once during the academic year (Aug-July). Parking permits are virtual, no stickers are provided.

All permits expire on July 31.

Only one vehicle per member may be registered.

Parking permit is only valid for **Lot #21**, (Staff/Faculty Lot) outside our building at 210 Flagg Rd., Fine Arts Center **Lot #6**, Plains Rd **Lot #25**

Do not park across the street in lot #20.

This is for resident students only.

Call the OLLI office for assistance in registering your vehicle at 401.874.4197.



OSHER LIFELONG LEARNING INSTITUTE

University of Rhode Island
210 Flagg Road, Room 212, Kingston RI 02881
401.874.4197 | olli@uri.edu

OFFICE HOURS

Monday through Thursday
9AM to 5PM
Friday, 9AM to 12PM

IMPORTANT DATES

Summer Semester

June 24–August 23

Fall Semester

September 16–December 13

SUMMER HOLIDAYS/OFFICE CLOSINGS

June 19– Juneteenth

July 4 & 5–4th of July

August 12–Victory Day



A Community of Learners Ages 50+

Join Today!

Membership is **\$65** for one year and courses are priced based on length and format.

- Take classes
- Explore new subjects
- Meet new friends
- Lectures, discussions, and hands-on activities
- Winter, Spring, Summer, and Fall semesters
- Intergenerational classes
- Tours and day trips
- Interest groups for special activities



The Osher Lifelong Learning Institute at URI provides learning opportunities to enhance the enjoyment, meaning, and direction of adult lives, as well as the health and well-being of adults, while developing a community of older learners.

Established in 2009 and offering diversified courses and activities, the OLLI at URI enjoys a rich relationship with the University. Membership is open to anyone fifty years of age or better. Whether teaching, learning, playing, or exploring, OLLI members constitute a vibrant lifelong learning community.

The OLLI at URI is part of the national network of Osher Lifelong Learning Institutes funded by the Bernard Osher Foundation. Closer to home, OLLI has

URI.EDU/OLLI
401.874.4197



**This year we celebrate 15 years
of OLLI at URI.**

**Stay tuned for details on how
you can help us celebrate this fall.**

HELLO *and welcome*

Both current and new members are invited to attend and learn about all OLLI has to offer.

We'll review our current programs, and our special interest groups all while exploring and becoming more familiar with the OLLI website and registration software.

Plenty of time for Q & A
Coffee & door prizes too!

Tuesday, June 11, at 10:00 AM

Thursday, July 11, at 1:00 PM

Monday, August 26, at 11:00 AM



OLLInators

Have you seen the beautiful collage in room 201 at OLLI? This amazing artwork was created by members in the class Making Mosaic Art with Reclaimed Paper Scraps. Members worked individually and collaboratively to create this large art piece. Instructor Sandra Krupp has been teaching classes to adults and children in art-making and creativity developing collaborative community art projects for 25+ years in Rhode Island.

We hope she'll come back soon to create another piece of art for OLLI!

OLLI STAFF



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Jennifer Demeter
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Karen LaPointe
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Emilia Gozalez-Torpey
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Marie Lupino
Lori Pivarnik
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Marie Lupino
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Debbie Murphy
Marge Nozzi
Cindy Pacheco
Michael Pesta
Lorraine Rappoport
Nicole Spaulding



OLLI REFUND POLICY:

- Memberships are non-refundable.
- To withdraw from a class and receive a full refund or credit, you must notify the OLLI office at least two weeks before the start of the class.
Call the office at 401.874.4197 or email olli@uri.edu.
- No- shows forfeit their course fees.
- Day trips and special tours are prepaid so there are no refunds for cancellation or withdrawal.
- Classes that do not meet minimum student registration numbers are subject to cancellation.
- OLLI follows the University's policy of cancelling classes for certain holidays and because of inclement weather.

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REGISTER

**Online Registration begins
Tuesday, June 4, at 7:00AM
The office opens at 9AM for
phone and in-person registration**

Video Previews: When you view a class in our online software or the pdf catalog, a video symbol will appear if there is a video to view. Please note: video previews are not available for all classes.

Emails: OLLI uses email to communicate important information like class confirmations, schedule changes, cancellations, and other special notices. We also send out a weekly email, "This Week at OLLI," on Monday mornings listing our weekly events and notices. If you are not receiving it, please email or call us and let us know. We will not share your email with anyone.

Classroom Locations: Not sure what room your class is in? Check the TV monitor located in the lobby.

Extra Fees for Courses: Additional fees are sometimes required for courses that involve off-campus activities, special events, or special supplies needed for the class.



**SPREAD THE
WORD!**

HELP US SPREAD THE WORD ABOUT OLLI!

Do you belong to a group or organization that might want to know more about OLLI? We would love to come speak about our OLLI program! Email OLLI@URI.EDU or call 401.874.4197.

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**Age-friendly
University**
Global Network

The University of Rhode Island became a member of the Age-Friendly Global Network in 2018.

The AFU effort has depended greatly on the contributions of many OLLI members, including those who serve on our work group, attend intergenerational classes, and participate in special projects and programs. OLLI is a critically important part of what the AFU vision and mission represent at URI, and we look forward to continuing to work with OLLI members as we move forward to make URI more age-friendly!

The AFU workgroup at URI is currently focusing on the following initiatives:

- (1) Creating Intergenerational programs, such as Cyber Seniors, and classes with both URI students and older adults
- (2) Increasing access by older adults to regular URI courses
- (3) Developing a retirement community on or near the URI campus that could also serve as the home for the Osher Lifelong Learning Institute (OLLI)
- (4) Creating a retired faculty and staff association
- (5) Expanding research involving older adults, particularly with regard to health and well-being.

YOUR FEEDBACK MATTERS!

A few days after your class ends, you will receive an email with a link to a survey. It doesn't take long and we encourage you to take a few minutes and share your thoughts with us. You can also email or call us any time to share your opinions - good or bad! There are paper copies located in the classrooms for your convenience. We need to hear from you so we can continue to offer high-quality programs.

Email: OLLI@URI.EDU or 401.874.4197

Let's Explore the Google Suite

5 sessions with Peter Stetson

Mon, Jun 24, Jul 1, 8, 15, 22

9:30 AM - 11:00 AM

Max: 15 \$50.00

Learn how to utilize the cloud-based Google Suite using your own device or one of the devices at OLLI. Google Drive, Google Docs, Google Sheets, and Google Slides make up the suite of applications. In the final class we will investigate some additional Google Apps. These apps are all cloud based, so that, anywhere you have access to the

internet, you can access your documents. Participants should have a Google account, be able to download and unzip files, and log on to the wi-fi in the lab.



Please bring your own device to class.

Before the first class: On your own device, using an internet browser (Chrome, Edge, Safari) go to Google.com. Then either create a Google account or sign in to your Google account. Using either the Google Play Store (or the App Store on an Apple device), download the assigned app for the day. Assistance will be available 30 minutes before class to help with downloading an app or setting up your screen.

Suggested reading: James Bernstein: *Google Apps Made Easy: Learn to Work in the Cloud*. The first chapter is helpful for setting up a Google account.

Peter Stetson is a retired teacher who taught biology, earth science, and environmental science over the



course of 35 years in the Coventry public schools. As an educator, he used the Google Suite with his students.

Writing for Your Readers: Seven Deadly Sins of the Short Story

6 sessions with Richard Lutman

Mon, Jun 24, Jul 1, 8, 15, 22, 29

1:00 PM - 2:30 PM

Max: 15 \$55.00

Writing short stories can be a rewarding experience. In this supportive workshop for beginners to advanced writers we will learn how to sharpen our powers of descriptive writing, how to draw on personal experience for story material, and how to construct short stories that will catch the reader's eye by avoiding the seven deadly sins: Telling not showing, weak openings, switching tenses, switching point of view, misuse of white space, misuse of flashbacks, and formatting. Participants will be encouraged to submit samples of their work for in-class critiques.

Suggested reading: Natalie Goldberg, *Writing Down the Bones: Freeing the Writer Within* (Shambhala, 2005). Janet Burroway, *Writing Fiction: A Guide to Narrative Craft*, any edition.

Assignment for the first class: Come prepared to write to the prompt starting with the words: "I remember..."

Richard Lutman has an M.F.A. in writing from Vermont College and is listed in the *Directory of Poets and Writers*. He has taught writing courses and had over forty of his stories published. His novella *Iron Butterfly* was shortlisted in the 2011 Santa Fe Writers Competition. His first novel was published in 2016. His short story collection *Creek Bait* was a finalist in the 2020 American Book Fest: Best Books. A second collection was published in 2023 along with a short biography of his Quaker ancestor. Seven of his fiction and nonfiction pieces were also published.



OLLI UMBRELLAS AND COFFEE MUGS AVAILABLE FOR SALE

Stop by the OLLI office.
\$15 cash or check while supplies last.

BENEFITS OF MEDITATION



In This Moment: Mindfulness Meditation

6 sessions with Michele Lataille
Mon, Jun 24, Jul 1, 8, (skip 15) 22, 29, Aug 5
3:00 PM - 4:30 PM
Max: 20 \$55.00

Mindfulness meditation is the practice of bringing nonjudgmental attention to whatever occurs in the present moment, and practice with a group in a supportive environment is an ideal way to develop this habit. As we learn to be alertly and calmly present with our meditation, peace and a deeper intimacy with ourselves and the world will arise. Meditation can be invaluable for coping with anxiety, self-doubt, chronic pain, insomnia, and negotiating difficult relationships, among many other benefits. We will learn how to practice, as well as the philosophies underlying mindfulness meditation and its potential benefits. There will be opportunities to share, ask questions, and discuss our experiences.

Michele Lataille is a long-time yoga practitioner and meditator, and a graduate of the Mindfulness Meditation Teacher Certification Program led by Jack Kornfield and Tara Brach. A graduate of URI and the University of Maine School of Law, she practiced as a civil trial attorney for 19 years and taught high school English for another 13. Now in semi-retirement, she leads meditation groups and teaches ESL at Dorcas International Institute of Rhode Island.



REGISTER

**Online Registration begins
Tuesday, June 4, at 7:00AM
The office opens at 9AM for
phone and in-person registration**

The First Italian Immigrants to Rhode Island

1 session with Edward Iannuccilli
Mon, Jul 1
11:30 AM - 1:00 PM
Max: 45 \$15.00

We'll discuss the first Italians who immigrated to Rhode Island, starting with Giuseppe Maurani who came to Westerly in the mid-1700s. Unlike many other immigrant groups who came to the U.S. to escape poverty, the first Italians came as artisans, conscripted to do great work in churches and homes in the area.

Many, if not most, did not stay in RI, but returned to Italy. Those who stayed became well established and quite successful.



Ed Iannuccilli, a retired gastroenterologist, has had extensive experience in academics, management, governance, and entrepreneurial endeavors. A former chairman of the board at Rhode Island Hospital and board member at Lifespan, he is a clinical professor emeritus at the Warren Alpert Medical School at Brown University. He was the founder of CME Consultants, a national physician and professional education company. A graduate of Providence College and Albany Medical College, he is a published author of medical articles and stories of his childhood. Dr. Iannuccilli has been on numerous boards and was honored as a distinguished alumnus of Classical High School in 2014 and Albany Medical College in 1991. He was recently inducted into the RI Heritage Hall of Fame.



MEMBERSHIP INFORMATION

Your membership must be valid throughout the duration of the classes you register for. If you're not sure of your renewal date, call the office at 401-874-4197.



The Art of Living Well: Peace Education Program

5 sessions with Richard Couto

& Marie Gaughran

Mon, Jul 8, 15, 22, 29 Aug 5

10:00 AM - 11:30 AM

Max: 15 \$50.00

How can we experience peace in such turbulent times? According to international author and peace ambassador Prem Rawat, "Happiness is your own treasure because it lies within you." We will take part in the first half of a video-based peace education program developed by Prem Rawat. We will discover, focus, and reflect on our own humanity and inner resources such as choice, hope, and dignity. To do so, we'll use video excerpts, activities, and meaningful interactions that explore the themes of personal peace and the art of living well.

Suggested Reading: Prem Rawat, *Hear Yourself: How to Find Peace in a Noisy World* (HarperOne, 2021), ISBN 9780063070745.

Richard Couto is a graduate of Rhode Island School of Design with a degree in graphic design and art education. He has been a graphic designer and a musician his entire life and has been inducted into the RI Music Hall of Fame. Rick has facilitated the Peace Education Program since 2022 and feels he benefits from the program as much as the participants do.

Marie Gaughran is a graduate of Boston College with a degree in psychology and art history. For the past 35 years she has trained and mentored the service staff at Al Forno in the art of fine dining. Since 2013 Marie has facilitated the Peace Education Program and found it to be a rewarding experience for herself and the people she has interacted with.

Ireland: A Brief History

4 sessions with Stephen Berardo

Mon, Jul 8, 15, 22, 29

11:30 AM - 1:00 PM

Max: 45 \$45.00

We will examine one part of Ireland's long and complicated history, focusing on the period between 1916 and the Good Friday Agreement in 1998. During these seven decades, Ireland suffered a civil war, achieved independence from England, experienced one of the longest and bloodiest uprisings in the 20th century, joined the European Union, fundamentally changed the balance of power with the Catholic church, and became one of the strongest economies in Western Europe. At the same time, Ireland produced some of the greatest artists of modern times including James Joyce, W. B. Yeats, Samuel Beckett, Oscar Wilde, Sean O'Casey, Seamus Heaney, Edna O'Brien, and, of course, the band U2, some of whose works we will discuss.



Suggested reading/viewing:

- Jill and Leon Uris: *Ireland; A Terrible Beauty* (Bantam Doubleday Dell, 1978).
- Fintan O'Toole: *We Don't Know Ourselves: A Personal History of Modern Ireland* (Liveright, 2022).
- W. B. Yeats: *Easter, 1916* (poem at <https://www.poetryfoundation.org/poems/43289/easter-1916>).
- *Belfast*, film written and directed by Kenneth Branagh, 2021.

For the first class: Look at the photos in *Ireland: A Terrible Beauty*, and read the poem *Easter 1916*.

Steven Berardo has a master's degree in public administration and is a student of history and political systems. He has taught several courses at OLLI including *Slavery: The Scourge of Civilization* and the U.S. Constitution, among others. He is a planning consultant and has been an adjunct and full-time college faculty member teaching courses in business administration and aviation. He has also worked for many years with local, state, and federal government agencies on a variety of land use and infrastructure development issues.

Do you have an idea for a class or know someone who would make a great OLLI instructor? Email OLLI@URI.EDU or call 401.874.4197.

CSI@URI: Inside the RI State Crime Laboratory

1 session with Dennis Hilliard

Mon, Jul 29

10:00 AM - 11:30 AM

Max: 45 \$15.00

Dennis Hilliard, director of the Rhode Island State Crime Laboratory at URI, will give an overview of the laboratory's work and the various types of forensics, including a course that is offered to law enforcement officers. He will also talk about the URI Forensic Science Partnership and the seminar course that is open to the public and has been offered since 1999.

Dennis Hilliard has worked in the forensic field since 1980. He is director of the RI State Crime Laboratory and an adjunct professor of biomedical sciences in the URI College of Pharmacy. In addition to administration of the crime lab, his work includes analysis of evidence and providing court testimony related to analyses of fire debris, hair and fiber, DNA, and blood alcohol. He holds a B.S. in biochemistry from the University of New Hampshire, an M.S. in pharmacology and toxicology from URI, and has taken University of Virginia accredited courses offered at the FBI academy in Quantico, VA. He is a member of several professional forensic organizations and is past president of the Northeastern Association of Forensic Scientists.



Cyber Seniors will be back at OLLI this fall.

If you need help with technology during the summer, you can reach out to Cyber-Seniors by visiting cyberseniors.org or call 844-217-3057.

LUNCH & Learn**Understanding Personal Automobile Insurance**

1 session with Kevin Eustis and

Kristina DiMascio

Mon, Aug 5

11:30 AM - 1:00 PM

Max: 45 \$0.00

Do you find auto insurance policies confusing? Would you like a better understanding of the policy options available? Two training instructors from Amica Mutual Insurance will provide an overview of the basics of personal automobile insurance and a breakdown of the different coverages provided by a policy.

Kevin Eustis is a training instructor at Amica Mutual Insurance. He is a graduate of Providence College with a degree in business management.

Kristina DiMascio is a training instructor at Amica Mutual Insurance. She is a graduate of the University of Connecticut with a degree in business management.

GIVE THE GIFT OF OLLI!

Wondering what to buy the people in your life who have everything?

Then do something original and creative—give the gift of OLLI at URI! eGift cards are available at any value (non-refundable & non-redeemable for cash reward) and make great gifts for spouses, friends, neighbors, and colleagues!

Purchase Options: Online [EGift Cards](#), or call the OLLI office at 401-874-4197.



SPECIAL PRESENTATION

URI Leads the Way

1 session with URI President, Marc Parlange
 Mon, Aug 19, 1:00 PM - 2:30 PM Max: 45 \$0.00



For more than 130 years, URI has been dedicated to serving the people and communities of Rhode Island as the state's public flagship university. Now, with the launch of its strategic plan, Focus URI, the University will drive positive social, cultural, economic, and environmental change across our state and around the world. President Parlange will discuss how, in the coming years, URI will intensify its impact as an entrepreneurial hub that generates revenue for Rhode Island; spurs economic growth in important and emerging areas like the Blue Economy; inspires innovation; creates sustainable and equitable career opportunities; and attracts new partnerships and funding to the state.

The presentation will be followed by conversation and light refreshments in the lobby with President Parlange.

Marc B. Parlange holds a B.S. from Griffith University, Australia, and M.S. and Ph.D. from Cornell University. His professional higher education career spans more than 30 years in institutions including Monash University (Australia's largest university), the University of British Columbia, École Polytechnique Fédérale de Lausanne, Johns Hopkins University, and the University of California, Davis. A recognized expert and researcher in environmental fluid mechanics, Parlange has published more than 200 peer-reviewed journal articles. He is a member of the U.S. National Academy of Engineering, and a Fellow of the Canadian Academy of Engineering, the American Association for the Advancement of Science, the American Meteorological Society, and the American Geophysical Union. His academic awards include the James B. Macelwane Medal from the American Geophysical Union early in his career and the John Dalton Medal of the European Geosciences Union. In 2020 he was awarded the American Meteorological Society's Hydrologic Sciences Medal. In August 2021, he became the 12th president of URI.

REFUND POLICY

Memberships are non-refundable.

To withdraw from a class and receive a full refund or credit, you must notify the OLLI office at least two weeks before the start of the class. Call the office at 401-874-4197 or email olli@uri.edu.

No-shows forfeit their course fees.

Day trips and special tours are prepaid so there are **no refunds** for cancellation or withdrawal. Classes that do not meet minimum student registration numbers are subject to cancellation.

Food Insecurity and Hunger in RI

1 session with Kathleen Gorman

Tue, Jun 25

10:00 AM - 11:30 AM

Max: 30 \$15.00

We will discuss prevalence rates, causes, and consequences of hunger in RI and the U.S. with consideration of populations at particular risk. We will then explore the existing and potential programs and policies to reduce hunger and mitigate its adverse effects.

Suggested reading: Rabbit, M.P., Hales, L.J., Burke, M.P., & Coleman-Jensen, A.: *Household Food Security in the United States in 2022*. (Report No. ERR-325 2023), U.S. Department of Agriculture, Economic Research Service.

Kathleen Gorman is director of the Feinstein Center for a Hunger Free America at URI. She holds a Ph.D. in human development from the University of Maryland and has been a professor of psychology at URI since 2000. Kathleen managed the state of RI's Supplemental Nutrition Assistance Program (SNAP, formerly Food Stamp Program) Outreach Project between 2001 and 2020. Additionally, she has served on a number of boards, including the Rhode Island Community Food Bank 2001-2007, and the Emergency Food and Shelter

Board of Rhode Island, of which she is currently the chair.

Voices from Native Hawai'i

4 sessions with Judith Gamble

Tue, Jun 25, Jul 2, 9, 16

11:00 AM - 12:30 PM

Max: 25 \$45.00

Often overlooked except for casual notice by the millions of tourists flocking to their island paradise, indigenous Hawaiians have their own vibrant, complex culture and history. Their story resembles that of mainland natives: early encounters with white Europeans, strong resistance to attempted forced assimilation, and survival. We'll briefly examine their historical experience over the centuries, then look more deeply at the last 50 years and today's little-known second Hawaiian sovereignty movement. Throughout the focus will be from their perspective and, wherever possible, through their voices, including their newly revitalized language.

Judith Gamble has a Ph.D. in history and specializes in the social and cultural history of underrepresented people. She has taught courses on U.S. social and cultural history, Latin American civilization, and Native American history at URI and other colleges. Now her passion has shifted from scholarly to creative writing, both her own and the voices of others.



British Comedy: On the Dark Side

6 sessions with Paul Stein

Tue, Jun 25, Jul 2, 9, 16, 23, 30

1:00 PM - 4:00 PM

Max: 45 \$55.00

We start off with *Kind Hearts and Coronets* as Alec Guinness plots to seize the family's dukedom by murdering the eight people ahead of him in the line of succession to the title. Next, we have *The Ladykillers*, again starring Guinness with a great ensemble featuring a young Peter Sellers, who demonstrates his potential as a future star. Third is *The Mouse That Roared*, in which a tiny European country declares war on the U.S. in order to lose and get reparations. Fourth is Stanley Kubrick's masterpiece, *Dr. Strangelove*, satirizing the political climate of the Cold War, again with Sellers. In Phillip DeBroca's *King of Hearts* we have another great war satire. As the Imperial German Army retreats from a French town, they plant a bomb. The locals flee, and a gaggle of cheerful lunatics escape the asylum and take over the town, thoroughly confusing the lone Scottish soldier (Alan Bates) who has been dispatched to defuse the bomb. Finally, we go back to Peter Sellers in his last great film (and maybe his best), *Being There*, where Sellers displays a subtle and restrained performance that embodies innocence and wisdom and earns him an Academy Award nomination for Best Actor. Discussion follows the viewing of each film. Did it accomplish its goal? How did the film's style help? Was it entertaining

To add to your viewing pleasure, Paul Stein will email you background material each week to review.

Paul Stein studied film production at the NYU Graduate School of Film. For the OLLI at URI, he has taught several film courses, including *Film Appreciation: The Art of Watching Films*, *Film Noir*, *The French New Wave*, *New German Cinema*, and the films of Jean Renoir, Alfred Hitchcock, Akira Kurosawa, Federico Fellini, and Ingmar Bergman.

HUNGER

Stating Our Needs: Navigating Tough Areas of Communication

5 sessions with Chaia May
Tue, Jun 25, Jul 2, 9, 16, 23
4:00 PM - 5:30 PM
Max: 30 \$50.00



Find more trust and ease in your ability to express needs that might feel risky, scary, or unclear. We all meet situations where our needs come into conflict with friends, partners, or colleagues, but how to get to a win-win and avoid drama or give in for the sake of avoiding hurting another? Using material from the Nonviolent Communication Guide series and other techniques, we will explore with others how we might share more authentically and listen to ourselves and others more openly. See where we can embrace, not judge, our desires and where there is room for compromise and where not.

Assignment for the first class:

- See any video by Brené Brown.
- Familiarize yourself with the list of needs from Marshall Rosenberg's book *Non-Violent Communication* or seek online/make your own list.

Required text: Marshall B. Rosenberg and Deepak Chopra: *Nonviolent Communication: A Language of Life* (PuddleDancer Press, 2015). Chapters 1 and 2 before first week, one or two chapters each week thereafter.

Suggested viewing/reading:

- Brené Brown: https://www.ted.com/talks/brene_brown_the_power_of_vulnerability
- Marshall B. Rosenberg: *Getting Past the Pain Between Us: Healing and Reconciliation Without Compromise* (PuddleDancer Press, 2004).
- Becky Harling: *How to Listen So People Will Talk: Build Strong Communication and Deeper Connection* (Bethany House, 2017).
- Valerie Burton: *Successful Women Speak Differently* (Harvest House, 2016)
- Tich Nhat Hanh: *Anger: Wisdom for Cooling the Flames* (Riverhead, 2002).

- Henry Cloud and John Townsend: *Boundaries: When to Say Yes, How to Say No to Take Control of Your Life* (Zondervan, 2017)
- Amir Levine M.D. and Rachel S.F. Miller: *Attached: The New Science of Adult Attachment and How It Can Help You Find and Keep Love* (Tarcher Perigee, 2012).
- Randy Fujishin: *Natural Bridges: A Guide to Interpersonal Communication* (Pearson, 2011).

Chaia May has a B.A. in intercultural communication from Wellesley College and an M.A. in applied communication theory from Stanford University, where she developed a social-emotional curriculum for young children that she later applied to her religious, museum, recreational, music, and social skill education programs. Personal growth has led her to complete further work in coaching and teacher training through programs that incorporate techniques drawn from Active Listening, Reichian work, Mindfulness, The Enneagram, the Human Awareness Institute (H.A.I.), and the Landmark Forum. She has spoken nationally on sensory integration to both educators and lay people as it applies to personal development, spiritual practice, and being fully aware and focused and calm on a day-to-day basis.

MAKE A GIFT TO OLLI

To make a secure donation on-line, go to
urifoundation.org/giveonline



GIVE TO OLLI

We ask you to consider what an enriching experience OLLI is to your life, how it challenges you to keep sharp and engaged, and how these new friendships enliven your days, and make an annual contribution to support the OLLI Annual Fund Drive at URI.

Give at URI.EDU/GIVE

Scroll down to "Search for Funds"
and type in OLLI.



Funny Business: Music & Comedy

5 sessions with Lloyd Kaplan and Tom Shaker

Tue, Jul 2, 9, 16, 23 30

11:30 AM - 12:30 PM

Max: 45 \$50.00

We all love to laugh. Whether in movies, plays, popular songs, or slapstick comedy, music has kept us sane and entertained us through good times and bad. In this course we'll focus on the unique role music has in comedy (and vice versa). From those novelty songs that make us chuckle to sly lyrics that touch our hearts and minds, to performances that make us laugh out loud, if you love to laugh, this is the course for you!

Lloyd Kaplan earned an M.A.T. at Brown University and established the jazz studies program at CCRI where he is professor emeritus. Lloyd has authored various books about music and music history including *Who's Who in Rhode Island Jazz: c 1925-1988*. As a professional musician he led the Rhode Island-based swing band *The Aristocats* for decades. As a jazz educator he was inducted into the RI Music Hall of Fame (2018). He was inducted into the URI OLLI Hall of Fame in 2023 and continues to teach many courses in music history.

Tom Shaker has spent over 30 years as a college professor, teaching courses in video and film production, media, music history, news writing and reporting, sports announcing, and public speaking. He is the coauthor of *A Treasury of Rhode Island Jazz & Swing Musicians* (2016) and, with Lloyd Kaplan, *In Harmony: Early Vocal Groups: Remembered & Celebrated* (2020). Tom also coproduced the award-winning documentary film *Do It Man: The Story of the Celebrity Club* (2018). He is a contributor to *RhodyRadio*, producing podcasts covering jazz, vocal groups, and Rhode Island diner history. For the past 18 years Tom has been the host of "The Soul Serenade," a classic soul and funk show on NPR affiliate station WICN in Worcester, MA.

J. Edgar Hoover: At the Center of American Political History

2 sessions with Daniel Knight

Tue, Jul 9, 16

9:30 AM - 11:00 AM

Max: 45 \$35

J. Edgar Hoover was a confidant, counselor, and adversary to eight U.S. presidents, four Republicans and four Democrats. He embodied conservative values ranging from anticommunism to white supremacy to a crusading interpretation of Christianity. He believed that the federal government could do great things for the nation, but that some people—many of them communists or racial minorities or both—did not deserve to be included in that American project. While Hoover transformed a failing law enforcement agency into a modern one that embodied constitutional values and protections, we'll look at how his personal biases led to the marginalization of a certain segment of Americans. We'll focus specifically on Hoover's career and leadership from 1960 through his death in 1972, a period spanning the Kennedy, Johnson, and Nixon administrations that includes the FBI's anti-communist intelligence investigations as well as investigations of Black civil rights leaders and Vietnam-era anti-war protesters.

Daniel Knight

served on the faculty of

Salve Regina University from 2000 to 2014, teaching in the undergraduate and graduate programs in the Administration of Justice program. In the fall of 2006, he assumed the duties of director of the Graduate Program in the Administration of Justice. In October 1971, Mr. Knight was appointed a special agent of the FBI and served in Columbia, SC; Greenville, SC; Baltimore, MD; and Washington, DC. During his early assignments in South Carolina and Baltimore, he was assigned to investigations into auto thefts, bank robberies, fugitive matters, interstate thefts, and public corruption. In 1987, he was promoted to supervisory special agent (SSA) of an organized crime and public corruption team.



Trees, Climate, and the Lorax

3 sessions with John Campanini, Jr.

Tue, Jul 9, 16, 23

1:00 PM - 2:30 PM

Max: 30 \$40.00

We will explore the relationship between trees and climate. We'll begin by focusing on the dynamic nature of climate and the essence of climate change. According to RITree records there are about 200 kinds of trees found in Rhode Island. We will then discuss how climate change may affect these numbers. Lastly, Dr. Seuss gave the world the Lorax and an important message about trees. That message is more relevant today than it ever was, and it's high time that we take a look at it once again.

John Campanini earned a B.S. in natural resources management and an M.S. in plant pathology-entomology at URI. He is the technical advisor to the non-profit RI Tree Council, a position he has held since 2004. His primary duties include teaching, publishing the Council's "Root Tips" monthly newsletter, and administering the RI Champion Tree Program. Before joining the Tree Council, John was employed for 28 years by the City of Providence as city forester. During his tenure there, he was awarded the distinguished public service award by the RI Public Expenditure Council and the Alfred Hawkes environmental award by the RI Department of Environmental Management.

**Get Your Jam On!**

1 session with Nicole Richard

Tue, Jul 23

10:00 AM - 12:00 PM

Max: 30 \$15.00

PLAY VIDEO ►

The growing popularity of vegetable gardening and buying locally grown produce has sparked an increase in home food preservation such as canning, freezing, and drying. While some home food preservation techniques are more difficult than others, it is important to know how to preserve food safely. This class will cover water bath canning and pressure canning at home.

Nicole Richard, Cooperative Extension food safety specialist at URI's College of the Environment and Life Sciences, has been offering classes on home food preservation for more than 10 years. Nicole offers food safety programming for the food manufacturing industry to comply with federal and state food safety requirements.

**What in the World Can Be Cozy About Murder?**

2 sessions with Claremary Sweeney

Tue, Jul 30, Aug 6

1:00 PM - 2:30 PM

Max: 30 \$35.00

Find out with the first two books in the South County Mystery Series, *Last Train to Kingston* and *Last Rose on the Vine* and be prepared to view familiar local scenes with new eyes. Discussions with the author are centered around choice of setting, plot structure, development of main and minor characters, targeting an audience, point of view, and writing techniques.

Suggested reading: Claremary Sweeney: *Last Train to Kingston* and *Last Rose on the Vine* (EBookBakeryBooks, 2017 and 2018). Available at a discount at Wakefield Books.

Claremary Sweeney is an author and photographer from South Kingstown, RI. She retired from the field of education and now uses her imagination to create stories that can be enjoyed by children and the young at heart. Her South County Mystery Series introduces readers to South Kingstown Detective Kara Langley and her friends. Her children's stories include *A Berkshire Tale*, a series about a kitten named ZuZu, born at Tanglewood where she hears the music in the air and explores the historic places in the Berkshires with her friend Nick, and *Carnivore Conundrum*, a tale in Seussian verse about Adonis, a little pitcher plant who, after a traumatic experience with a fly, declares he is no longer going to eat meat. This creates much angst among the plants and other creatures in the Roger Williams Park Botanical Center where this tale is set.

How to Eat for Good Health: Dispelling the Myths

1 session with Donna Zaken

Tue, Aug 13

10:00 AM - 11:30 AM

Max: 30 \$15.00

What foods do people think are healthy but really are not? What are good fats and bad fats? What about diets – omnivorous, vegan, paleo? What do studies tell us? Did you know that cancer feeds off sugar, that sugar ages the skin, causing wrinkles, contributes to diabetes and high triglyceride levels, and causes oxidative stress that is like rust on a car? Learn how, by eating healthfully, you can improve your quality of life and your health. Please come to the class armed with topics that you would like to discuss.

Suggested viewing: C.J. HuntView: *The Perfect Human Diet* (Netflix).

Donna Zaken is a graduate of Stonybrook University and an advanced practice nurse practitioner dually trained in Western medicine and Eastern philosophies. She holds a postgraduate certificate of training in geriatric medicine from the Jewish Institute for Geriatric Care, NY, and has taught geriatric medicine to students studying for the PA degree.

Food Recovery for Rhode Island

1 session with Amanda Missimer

Tue, Aug 13

11:30 AM - 1:00 PM

Max: 45 \$15.00

Join us for an enlightening presentation about URI Cooperative Extension's innovative approach to food recovery! Dive deep into the fascinating world where food production, waste, and environmental sustainability intersect! Explore the Environmental Protection Agency's updated Wasted Food Scale and learn new behaviors you can adopt at home or within your community. Learn about our

educational workshops, outreach events, and community partnerships, all aimed at empowering individuals and businesses to make a difference. This isn't just another presentation. It's an invitation to join a movement. Be part of something

bigger as we bring together people from all corners of the state to learn, engage in thought-provoking dialogue, and take meaningful action to fortify our local food system. Be inspired to take

action as we share insights on sustainable practices, food preservation techniques, and donation logistics. Together, we can create a more resilient community and a greener future.

Amanda Missimer is a dedicated registered dietitian nutritionist (RDN) and clinical assistant professor at URI. With a focus on community nutrition and food security, Dr. Missimer actively engages in research and outreach initiatives aimed at addressing nutrition-related challenges at URI and across Rhode Island. Her work encompasses areas such as food recovery, sustainable food systems, and promoting access to nutritious foods for all.

So You Want to Write a Memoir?

1 session with Lynne Heinzmann

Tue, Aug 13

3:00 PM - 4:30 PM

Max: 20 \$15.00

A memoir, unlike an autobiography, is an up-close look at your life that focuses on a particular topic or time period. It might be about why you love playing bluegrass music so much or what happened during your first year of marriage. A good memoir will reveal what you learned from your experiences as well as provide something meaningful for the reader to think about. In this interactive workshop, we will examine some examples of well-written memoirs, discuss the different elements of a memoir and ways to organize them, and then try our hand at writing an excerpt or two. Come to the class with your computer or pen/paper and be prepared to begin your personal memoir journey.



Lynne Heinzmann is an author, book coach, editor, and writing instructor from North Kingstown, RI, with an M.F.A. in creative writing from Fairfield University and an Author Accelerator certification in book coaching. She has taught English and creative writing courses for OLLI, URI, the Community College of Rhode Island, and GrubStreet Providence. Lynne is the author of the award-winning historical fiction novel, *Frozen Voices*, as well as *The Curious Childhood of Wanton Chase* and *The Island Adventures of Paul Stedman*, historical story books from the *Rose Island Lighthouse* series. Her latest book, *But Cats Don't Talk*, is a YA novel about a spunky professional pianist with unique problems, including ownership of a trash-talking cat. For more about Lynne, visit LynneHeinzmann.com



Forest Tree and Invasive Plant Identification

5 sessions with Peter Stetson

Wed, Jun 26, Jul 3, 10, 17, 24

(field walk)

10:00 AM - 11:30 AM

Max: 20 \$50.00

Learn the fundamentals about our environment in an easy way. We'll begin with the basics of conifer and deciduous Rhode Island forest tree identification. Then we'll identify some invasive plant species and take a field walk through North Woods at URI.



Suggested reading: May Theilgaard Watts: *Tree Finder: A Manual for the Identification of Trees by Their Leaves* (Nature Study Guild Publishers, 1991).

For the first class: Look over the Watts book, especially pages 0 – 5. The instructor will also have some copies available for use during the class.

Peter Stetson is a retired teacher who taught biology, earth science, and environmental science over the course of 35 years in the Coventry public schools. As an educator, he used the Google Suite with his students.

Nature Journaling in Pencil, Pen & Ink, and Watercolor

4 sessions with Pike Powers

Wed, Jun 26, Jul 3, 10, 17

9:30 AM - 11:30 AM

Max: 15 \$45

Nature can be calming! By learning a few artistic techniques in sketching and note-taking in a variety of media we can make a travelogue of our inner and outer discoveries by drawing from found specimens, photos, or plein-air studies. Drawing, journaling, and painting from nature can be relaxing as well as improve your memory and awareness. Attune your senses to the moment through observation and creative skill-building practices. Play with color mixing, light and shadow, and texture. Basic materials and a mixed-media sketch journal are enough to embark on a journey of discovery of your deeper interests of the natural world in and outside the classroom. Pointers and feedback will be provided throughout.



Pike Powers takes a multipronged approach to her creative career. She has exhibited her award-winning artwork in painting, glass, and mixed-material sculpture internationally. She was a foundation professor at Parsons School of Design, art director of Pilchuck Glass School in Seattle, and past executive director of Boca Grande Art Alliance, FL. Powers received her B.F.A. from Rhode Island School of Design and M.F.A. from Yale University. At home in her native Rhode Island, she freelances in design, consulting, and teaching.

DIY Birthday Watercolor Note Cards

1 session with Kara Marziali

Wed, Jun 26

Choose from 2 different times:

■ 12:00 PM - 2:00 PM

■ 2:00 PM – 4:00 PM

Max: 20 \$15.00

Everybody has a birthday, and you'd like to remember your loved ones with a special card. Even if you've never thought of yourself as an artist or painter, Kara will help you create six note cards for people in your life. You will paint three different designs on blank cards so a personalized message can be written inside. Your friends and family will love the hand-made touch and the cards. All materials will be supplied, and students will receive a kit designed especially for this class.



MATERIALS FEE: \$10 (cash or check) to be paid directly to the instructor the day of class. All materials will be supplied, and students will receive a kit designed especially for this class.

Kara Marziali holds a B.F.A. in theater arts from Emerson College and is a certified Ageless Grace® educator. As a dedicated patron of the arts, she is involved in many creative endeavors including writing, painting, crafting, and performing. Kara's children's book, *Kara Koala and Her Kaleidoscope of Feelings*, published in 2020, is now accompanied by an activity book and journal. For the OLLI at URI, Kara's most recent offerings were *The Taming of the Shrew: A Battle of the Sexes* and *Hand Lettering: The Art of Drawing Letters*.

Clam Cakes: A Cultish Rhode Island Specialty

1 session with Carolyn Wyman

Wed, Jul 10

1:00 PM - 2:30 PM

Max: 30 \$15.00

PLAY VIDEO ▶

Why are clam cakes beloved in Southern New England and almost nowhere else on the planet? Dig deep into the history, culture, and cuisine of the clam cake, which was first served at pavilions and amusement parks surrounding Narragansett Bay in the mid- to late- 1800s, including the still fondly remembered Rocky Point and Crescent Park. Hear about the roadside restaurants and drive-ins that replaced the resorts as sources of this specialty when cars replaced steamboats and trolleys and people discovered the 103-year-old James Beard Award-winning Aunt Carrie's, the 1930s lunch-shack-turned-local institution that is George's, and Monahan's, the former bait shop at the sea wall. We'll touch on the touchy subject of tomato-containing RI clam chowder and talk about musicals, events, and artistic tributes to this local phenomenon.

Carolyn Wyman is the author of eight food books, including *The Great American Chocolate Chip Cookie Book*, *Better than Homemade*, *Spam: A Biography*, *Jell-O: A Biography*, and *The Great Philly Cheesesteak Book*, about the favorite fatty food in her current hometown of Philadelphia. She returned to her RI junk food roots for her latest "greatest," *The Great Clam Cake and Fritter Guide*. Her nationally syndicated "Supermarket Sampler" column appeared in the *Providence Journal* and many other newspapers across the country for more than 20 years. She has also written for *Thrillist*, *BuzzFeed*, *The New York Times*, the *Los Angeles Times*, *The Philadelphia Inquirer*, and *The Boston Globe*.



The Galapagos Islands

1 session with Paul March

Wed, Jul 10

3:00 PM - 4:30 PM

Max: 45 \$15.00

The first part focuses on the geography, geology, biology, and history of human communities on the islands. In the second part, presentations will include a collection of photos and short videos that document overland guided tours and guided snorkeling outings taken by the instructor during his visit at a university research station on the islands.

Suggested reading: Charles Darwin: *The Voyage of the Beagle*, Chapter XVII (Penguin, 1989, abridged).

Paul March received his Ph.D. in biological chemistry from the University of Pennsylvania. As an assistant professor he taught biochemistry to graduate students and medical students at Rutgers Medical School. Following that, he taught undergraduate microbiology while at the University of New South Wales, Sydney, Australia. Since moving back to the U.S., he has created a science travel course to the Great Barrier Reef during which U.S. college students stayed at Australian university research stations in remote areas of Queensland at Cape Tribulation and at Orpheus Island. In early 2020, just before COVID, Dr. March was hosted by an Ecuadorian University to visit its research station on the Galapagos Islands.



We are so happy to see so many members stopping by the lobby for coffee and to socialize before their class starts! We continue to accept donations of ground coffee, coffee pods, cups and cash. Thanks for your support!

The Care and Handling of Flowers

1 session with Pam Shea Arnold

Wed, Jul 24

9:30 AM - 11:00 AM

Max: 30 \$15.00

Learn about the proper care and handling of fresh flowers from an industry professional whose shop has been voted Best of Rhode Island eight times. Whether the flowers are store bought or fresh from your garden, watch the demonstration and go home armed with some tips and tricks . . . and a stem or two!

Pam Shea Arnold earned a degree in floristry from the Ritters School of Floral Design in Boston, MA. She actively continues her own education in the industry with courses both in person and online. She is owner of Flowers by Bert & Peg, a family-owned shop that has been in business in North Kingstown since 1979. She has been actively involved in the floral industry since 1983 when she joined her mother (Peg) after her business partner (Bertha, the Bert of Bert & Peg) retired. Pam served on the board of the RI Florists Association for many years, first as secretary and eventually as president (the Association disbanded in 1999).

Where Were You in the '60s When...?

2 sessions with Jim Buxton

Wed, Jul 24, 31

2:30 PM - 4:00 PM

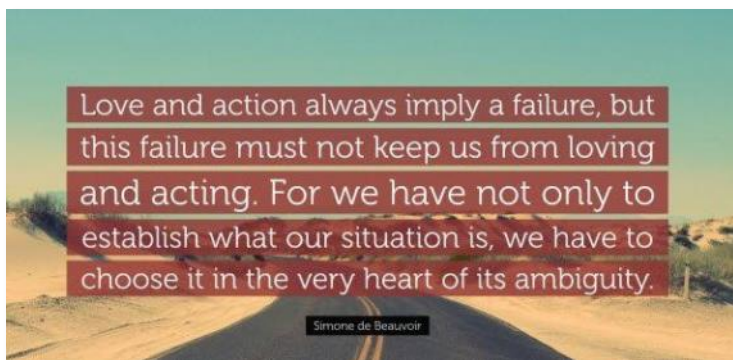
Max: 28 \$35.00

We will take a personal look at events of the late 1960s and 1970s. We'll reminisce about Wood-

stock, Vietnam, the Beatles, protests (against everything), hippie clothing, the New York World's Fair, Joe Namath, Watergate, Nixon, and more. For each session we'll start with a short 10- to 15-minute lecture, then open the

floor to comments. Prepare to be enthralled and entertained as we take a trip back in time.

Jim Buxton taught global studies and international relations at South Kingstown HS for 32 years. During that stretch, he earned numerous teaching awards, including the RI HS Social Studies Teacher of the Year in 1997, and the RI HS Girls Soccer Coach of the Year in 1988. In 1997-98, he taught in England under the Fulbright Teacher Exchange program. Since his retirement in 2009, he has taught international politics courses in the URI Political Science Department. From 2009 until 2016, he also taught in the Salve Regina Education Department and supervised HS social studies student teachers. He has also taught in both the Circle of Scholars and OLLI programs.



Feminists for Free Love

1 session with Jane Barstow

Wed, Jul 31

10:00 AM - 11:30 AM

Max: 30 \$15.00

PLAY VIDEO

Advocacy of "free love" is often associated with hippies and the counterculture of the 1960s and 1970s or, more recently, with the so-called polyamory movement. We will examine the 19th century philosophic roots of free love in Enlightenment and Romantic ideals. Early proponents of this movement believed that love was something sacred and transcendent, and that women should have the same rights as men to marry when and whom they wanted. We will also focus on the anarchist Emma Goldman and the existentialist Simone de Beauvoir, the two most important and brilliant theorists of free love in the 20th century, who both struggled to live according to the principles they espoused.

Jane Barstow retired from the University of Hartford in 2010 after many years as a member of the English department where she taught American literature with a focus on African American and immigrant women writers. She also served as dean of Hartford College for Women and taught abroad in Greece and Bulgaria as a Fulbright scholar. More recently she has offered online courses on immigrant narratives to graduate students in gender studies at Southern Connecticut State University. And she has lectured on Edith Wharton, Margaret Atwood, Edwidge Danticat, and Toni Morrison to adult learners in Connecticut and Rhode Island. Her publications include many essays on women writers and the 1997 bio-bibliography *One Hundred Years of American Women Writing, 1848-1948*. Jane enjoys playing bridge, hiking, and traveling and says her major obsession is the Sunday New York Times crossword puzzle.

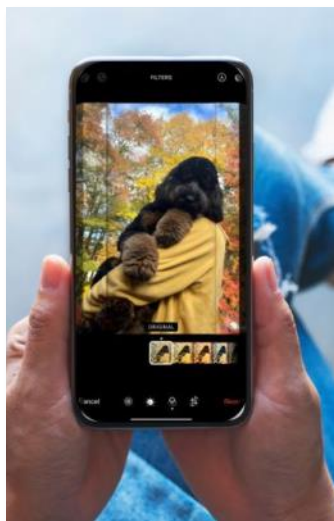
Good Impressions: Photo Editing for iPhone Photographers

3 sessions with Jan Armor

Wed, Aug 7, 14, 21

10:00 AM - 11:30 AM

Max: 25 \$40.00



Join Jan Armor for an exciting photo-editing workshop on how to make your pictures better...often way better. It's amazing to see how simple edits made to a picture can suddenly transform it from ho-hum to "Wow!" just like magic. We'll use Apple's editing tools as well as take a deeper dive into Snapseed, a free photo-editing app available on your iPhone. After a little sorcery in your photo library, all your friends and relatives will be impressed with your pictures. This workshop is for iPhone photographers. It is not appropriate for Android

photographers. See a photo gallery of "before and afters" at <https://jan-armor.squarespace.com/before-after>

Jan Armor has been a photographer all his life and a teacher for the past 25 years. He takes his teaching seriously and wants to help you make stronger photographs. An award-winning educator and fine art photographer with 40 years of experience in both digital and traditional media, he has received grants and awards for environmental photography and has taught at the Newport Art Museum, the Bristol Art Museum, Wickford Art Association, South County Art Association, and others. Jan was recently inducted into the OLLI Hall of Fame, teaching over 30 classes since OLLI's inception in 2009. For more information about Jan and his work go to www.armorphoto.com. You can also find him on his YouTube channel, or on Instagram. For comments from Jan's students, visit his website.

The Boeing 737 Max Story

1 session with Jet Vertz

Wed, Aug 7

10:00 AM - 11:30 AM

Max: 30 \$15.00

The U.S. Federal Aviation Administration (FAA) certified the 737 MAX for commercial flight in March 2017. In March 2019, the 737 Max fleet was grounded after two catastrophic crashes that killed 346 people. On November 18, 2020, the FAA ended the 20-month grounding, the longest ever of a U.S. airline. But on January 5, 2024, the door

plug of Alaska Airlines 737 MAX came out during a flight, and the plane was grounded again by the FAA. Boeing has incurred over \$100 billion in losses resulting from the 737 MAX incidents, sacrificing first place in the sale of commercial airplanes to the European Consortium of Airbus. We will go over the root causes of B737 MAX incidents and examine what lessons can be learned by other large corporations and conglomerates.

Jet Vertz served as a U.S. Naval Officer during the Vietnam War era and worked 44 years in the aerospace business. He was vice president at Pratt & Whitney Aircraft until his retirement. Jet's been an OLLI instructor since 2013 and has taught Purpose Driven Retirement, History & Future of Automobiles, Histories and Mysteries of Aviation, Global Warming, Green Energy Systems, and Computer Fundamentals.

OLLI

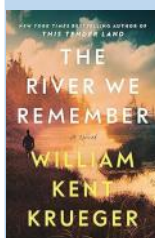
Meets the third Friday of every month at OLLI.

[Register online](#) or call 401-874-4197



June 21

The Rosie Project
by Graeme Simsion

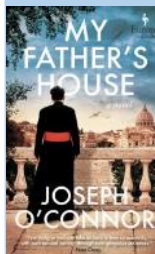


July 19

Dictionary of Lost Words
by Philippa Williams

August 16

The River We Remember
by William Kent Krueger



September 20

Trees by Percival Everett

October 18

The Heaven and Earth Grocery Store
by James McBride

November 15

My Father's House
by Joseph O'Connor



December 20

The Violin Conspiracy
by Brendan Slocumb

You Should Write a Book: Doing a Life Review

3 sessions with Saul Richman

Thu, Jun 27, (skip 7/4), Jul 11, 18

6:00 PM - 7:30 PM

Max: 45 \$40.00



Reviewing our lives is a natural process of aging. Life review helps us understand that our lives are coherent stories made up of threads and themes that form our identity. It

helps us find meaning and focuses light on our contributions to our communities. We make up the backbone of America. By telling our stories we can celebrate our victories and come to terms with unfinished business. Just as important, we can listen to others tell fascinating stories like ours. We all have a book within us that deserves to be shared.

Note: This is not a writing class; it is a storytelling class. It is a chance to talk about our lives and hear about the lives of others.

Saul Richman is a clinical social worker who primarily works with older adults. He has completed numerous life reviews for his clients. The stories have been entertaining, sad, funny, and inspiring. Every story has a surprise and is uniquely personal. On the other hand, all the stories relate to the human experience. It was through the life review process that Saul gained comfort in his skin. Next, he tried it with his wife, but it did not go so well. She remembered every time he was inconsiderate and wrong during their 54-year marriage.

More New Games: Interactive, Cooperative, and Creative Play

2 sessions with James Buxton

Thu, Jul 11, 18

10:00 AM - 11:30 AM

Max: 20 \$35.00

New Games were all the rage back in the early 1970s. Festivals with a thousand people in parks, like Golden Gate Park, highlighted games that featured inclusivity, diversity, cooperation, intensity, frolicking, and more. These games were eventually picked up by school systems to promote bonding in their student populations. Physical education classes were doing trust falls, lap sits, knots, etc. This will be the third OLLI New Games class. If you want a great laugh, and you want to have fun with new people, come join us.

Suggested reading: New Games Foundation: *The New Games Book* (1976 and 1981).

Note: This is an interactive and participatory class. It is possible that we'll move outdoors to play if the weather cooperates.

Jim Buxton taught global studies and international relations at South Kingstown HS for 32 years. During that stretch, he earned numerous teaching awards, including the RI HS Social Studies Teacher of the Year in 1997, and the RI HS Girls Soccer Coach of the Year in 1988. In 1997-98, he taught in England under the Fulbright Teacher Exchange program. Since his retirement in 2009, he has taught international politics courses in the URI Political Science Department. From 2009 until 2016, he also taught in the Salve Regina Education Department and supervised HS social studies student teachers. He has also taught in both the Circle of Scholars and OLLI programs.

Life in the Mills: Peace Dale and Lafayette

3 sessions with Marilyn Harris

Thu, Jul 18, 25, Aug 1

1:00 PM - 2:30 PM

Max: 45 \$40.00

The industrialization of the United States began with the New England textile mills of the 19th century. We will examine how this new technology affected life in Rhode Island, focusing on the towns of Peace Dale and Lafayette (North Kingstown). We'll also examine the experiences of wealthy mill owners (including the Peaces, Hazards, and Rodmans) and the mill workers, both in and out of the workplace.

Marilyn Harris, a many times transplanted Midwesterner, earned her undergraduate degree at the University of Illinois and master's at Kutztown University (PA)—spans more than 40 years. Since 2011 she has taught over 30 classes for OLLI and was inducted into the OLLI Hall of Fame in 2023. Marilyn's particular interests include travel (she has visited over a dozen countries and counting) and history; these form the basis of many of her courses.

**OLLI@URI WEEKLY NEWS**

Are you signed up for our weekly e-newsletter? Don't miss out on new classes, special events and announcements. News arrives in your email Monday mornings. Sign up by emailing olli@uri.edu

The Battle of Tollense

1 session with Ken Johnson

Thu, Aug 1

10:00 AM - 11:30 AM

Max: 45 \$15.00

The scourge of organized war continues to plague mankind. A recent discovery on the European continent suggests that organized warfare stretches back into what was once thought to be the peaceful Bronze Age. In 1996 an amateur anthropologist discovered a human bone with an arrowhead lodged in it in the mud on the bank of the little Tollense river in northern Germany. Preliminary digs led to a systematic investigation beginning in 2007. The finds have included thousands of skeletal remains, stone and bronze weapons, jewelry, and other artifacts indicating perhaps several thousand people assembled on the riverbanks in what might be the earliest documented battle in human history (1250 BCE). Although DNA and isotopic studies of teeth have not been completed, preliminary results suggest that many of the participants had come from hundreds of miles away to fight. Many of the skeletons had wounds that had healed suggesting involvement in previous battles. We will discuss the results and hypotheses about the battle itself and human violence arising from this most important discovery.

Ken Johnson is an internationally known retired chemical oceanographer and a first-generation Swedish-American. He holds B.S. and M.S. degrees (URI and the University of Minnesota), and an honorary Ph.D. from the University of Gothenburg. He has given many talks on Swedish history for the OLLI at URI. In addition, he has been a long-term guide in Newport, RI, working in the Newport Mansions for 9 years, and as a step-on bus guide for 12 years giving tours in English and German for the Miami based firms Destinations North America, Intercruises, and JRickers Travel Concepts.

I Just Took a Pill...What Happens to It?

2 sessions with John Janusz

Thu, Aug 8, 15

10:00 AM - 11:30 AM

Max: 25 \$35.00

Many of us frequently take oral medications. Did you ever wonder what happens next to that tablet or capsule? Does the medicine dissolve in your stomach? How does the medicine get to where it needs to go? Why are some medicines taken once a day while others are taken more frequently? We'll answer these and other questions by following the arduous voyage the pill takes through the hostile environment of the stomach to the intestines, where absorption occurs, and then to the liver and on to delivery into the blood circulation and tissues to provide that intended effect. We will also touch upon other routes of dosing such as intravenous and intramuscular injections and why they are preferred in some circumstances.

John Janusz received a B.S. in chemistry from Providence College and a Ph.D. from Yale University in organic chemistry. He worked at Procter & Gamble for 30 years, much of that time in drug discovery. Over the next 10 years, he joined two small biotech firms, Akebia Therapeutics followed by Aerpio Pharmaceuticals. He has been chair of the Cincinnati chapter of the American Chemical Society, and was an adjunct professor of chemistry at the University of Cincinnati and Xavier University. He is the co-author of more than 50 publications and patents.

**At Ease! On- and Off-stage Improv**

2 Sessions with James Lawson & Patricia Smith

Thur, Aug 8, 15

1:00 PM – 2:30 PM

Max: 12 \$35

Improv is playful and inspiring to actors. It's also a way for non-actors to be greater at ease in their daily lives. Actors learn ways to enhance their skills of listening, observing, and responding when facing unexpected situations. These skills also help the rest of us gain greater capabilities to communicate and engage with others.

James Lawson is an NYC-based professional actor (AEA, SAG/AFTRA, AGMA) with more than 40 years of U.S. and international experience in theater, including performance acting, script writing, directing, and improv. He has also been a guest artist at several universities and theaters. He uses his experience and training in the Grotowski technique, the Meisner technique, and movement to expand his clients' personal potentials, both on and off the stage.

Patricia Smith was a teacher and Boston-based executive for more than 25 years with a firm guiding individuals navigating change. A graduate of URI, Patricia received her Integral Executive Coaching Certification from New Ventures West, San Francisco. She helps others to become more self aware and achieve greater ease in their everyday lives.





Comedy: OLLI Favorites and More

6 sessions with Brett Morse
Fri, Jul 12, 19, 26, Aug 2, 9, 16
1:00 PM - 3:00 PM
Max: 30 \$55.00

Brett Morse has taken the best comedy skits and stand-up routines from previous classes, added a lot of new material, and sprinkled in some current comedians to give you "the best of the best." We will discuss the lives of the comedians and, if you choose, you will have the opportunity to tell your favorite joke. Come and witness some of the most hilarious performances by none other than Bob Newhart, Joan Rivers, George Carlin, Rodney Dangerfield, and so many more. Come and join the fun! You'll be glad you did!

Brett Morse worked in the pharmaceutical industry for over 40 years. He is a graduate of Bryant College, served in the U.S. Navy during the Vietnam era, and is a certified yoga instructor. For the OLLI at URI, he has offered more than 40 courses.

Yoga: An Introductory Workshop

6 sessions with Linda Morse
Fri, Jul 12, 19, 26, Aug 2, 9, 16
1:00 PM - 3:00 PM
Max: 30 \$55.00

This program is perfect for those new to the practice of yoga or those who wish to fine-tune their practice. Maybe you would just like to be able to move and stretch better! You will experience the fundamentals of yoga postures, proper alignment, and breath awareness, as well as the benefits for each posture. This slow-paced program guides students to gain flexibility, build core strength, and reach a comfort level in a yoga class. No experience is needed. Please wear comfortable clothes and bring a yoga mat. Know that you will leave refreshed and renewed in this safe and enjoyable setting.

Note: Please wear comfortable clothes and bring a yoga mat.

Linda M. Morse, a URI grad, has been a yoga and meditation practitioner most of her life, teaching for over 20 years. Certified professionally through the Kripalu Center in MA, she owned and operated the Yoga Center in

Melbourne, FL. With her relaxed and humorous approach, she hopes to inspire students in body, mind, and spirit. For the OLLI at URI, Linda has taught Intro to Yoga, Chair Yoga, Breath Techniques, Taking the Inward Journey, Meditation, the Chakra Energy System, and a number of science fiction film programs.

Cambodia, Laos, and Vietnam

4 sessions with Jim Buxton
Fri, Jul 26, Aug 2, 9, (skip 16), 23
10:00 AM - 11:30 AM
Max: 35 \$45.00

We will examine the history of Cambodia, Laos, and Vietnam with a focus on the 1940s to the present. We'll analyze the reasons they became communist states, their experiences being at the crux of the Cold War, U.S. involvement, the genocide in Cambodia, and their evolution away from strict Marxist governance. We'll also invite veterans to share their experiences.

Jim Buxton taught global studies and international relations at South Kingstown HS for 32 years. During that stretch, he earned numerous teaching awards, including the RI HS Social Studies Teacher of the Year in 1997, and the RI HS Girls Soccer Coach of the Year in 1988. In 1997-98, he taught in England under the Fulbright Teacher Exchange program. Since his retirement in 2009, he has taught international politics courses in the URI Political Science Department. From 2009 until 2016, he also taught in the Salve Regina Education Department and supervised HS social studies student teachers. He has also taught in both the Circle of Scholars and OLLI programs.



A Word About WAIT LISTS

If you get closed out of a class, you should always add your name to the Wait List. There are always cancellations before a class begins and we will call you if an opening becomes available. and register you over the phone.

Mike Fink is emeritus professor at the Rhode Island School of Design having retired in 2022 after 64 years as a faculty member. While at RISD he developed and taught courses on English composition, literature, and film. He produced and directed or participated in several films, the most notable being *Here We Live Again*, a 1985 documentary about Holocaust survivors who came to work and build families in Rhode Island. An accomplished writer, he regularly captivates readers with his essays, anecdotes, reviews, and interviews in local, national, and international magazines.



You can view a current list by [clicking here](#).

A photograph of a white ceramic cup filled with dark coffee, sitting on a matching saucer. The cup and saucer are placed on a newspaper. The newspaper's masthead reads 'DAILY NEWS' in large, bold, serif capital letters. Below the masthead, there are several headlines and sections. To the left of the cup, the words 'TOP NEWS' are visible. To the right, the word 'EXTRA!' is printed in a bold, sans-serif font. The newspaper is laid out on a wooden surface, and the overall lighting is warm and soft.

You can register beginning June 4.

GREAT DECISIONS 2024

The Great Decisions Foreign Policy Association Group at OLLI is an OLLI Extra that meets monthly 8 times a year and is FREE to all members who register. Members MUST register for each class session. For the summer semester, there are sessions in June, July, and August. There is a Thursday and Friday session for each discussion topic.

Group Facilitators: Jim Findley & Emilia Gonzales Torpey

Max Per Class: 45

Tuition: \$0.00

NATO's Future

Register for one session:

- 1 Session on Thu, Jun 27, 3:00 PM–4:30 PM
- 1 session on Fri, Jun 28, 10:00 AM - 11:30 AM

Since the Russian invasion of Ukraine in February 2022, the North Atlantic Treaty Organization (NATO) has come under increased scrutiny, not because NATO troops are involved in the conflict, but because of its role in relations between Russia and its neighbors. Will expanding membership in NATO protect countries, or will it further provoke Russia?

Understanding Indonesia

Register for one session:

- 1 Session on Thu, Jul 18, 3:00 PM - 4:30 PM
- 1 Session on Fri, Jul 19, 10:00 AM - 11:30 AM

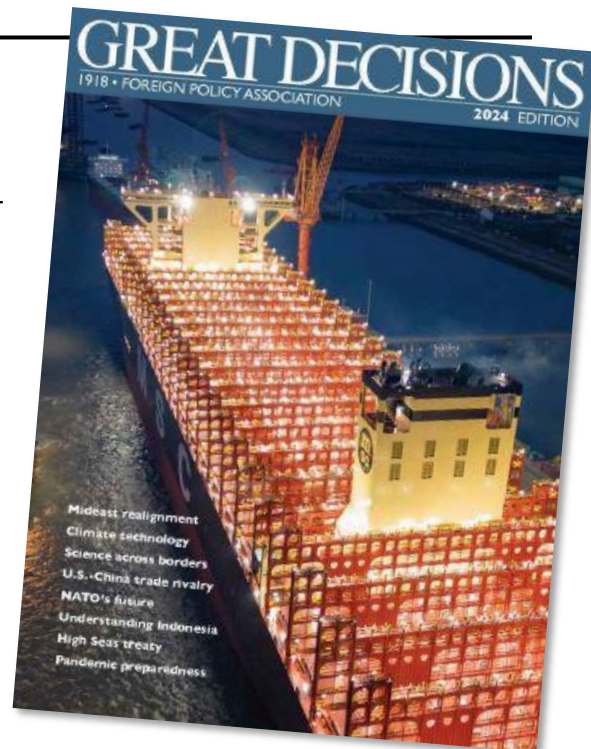
Despite its large size, Indonesia remains virtually invisible to most Americans. But as one of the world's largest democracies, the world's largest Muslim-majority nation, and as an economic driver of the Association of Southeast Asian Nations (ASEAN), why does it fly below the radar? What are current issues in U.S.-Indonesian relations, and what role can the country play in Asia?

High Seas Treaty

Register for one session:

- 1 Session on Thu, Aug 15, 3:00 PM - 4:30 PM
- 1 Session on Fri, Aug 16, 10:00 AM - 11:30 AM

Areas of the seas beyond national jurisdiction comprise the high seas, which are facing a degradation of ecosystems due to climate change and the increase in human activities, such as shipping, overfishing, pollution, and deep-sea mining. The recently negotiated High Seas Treaty, also known as the Biodiversity Beyond National Jurisdiction Treaty, will attempt to address these issues. How difficult will it be to convince nations to participate?



“

Great Decisions continues to be a very worthwhile program.

It is a good learning experience and provides greater knowledge and understanding of problems affecting foreign policy.

It is also good to see how our peers view these subjects.”

”

Music Controversies and Curiosities

4 sessions with Emanuel Abramovits
Mon, Jun 24, Jul 1, 8, 15
10:00 AM - 11:30 AM
Max: 25 \$45.00



push the envelope too far and pay the price. We'll analyze some of these controversial pieces. Some were revolutionary, challenging established norms and creating discord. Some even created moral panics that led to cries for censorship when they were released, or decades later. It happened in classical, pop, and music for the stage and screen. Emanuel will use audiovisual examples of music that created public controversy and will complement those with anecdotes from his own years as a concert promoter.

ics that led to cries for censorship when they were released, or decades later. It happened in classical, pop, and music for the stage and screen. Emanuel will use audiovisual examples of music that created public controversy and will complement those with anecdotes from his own years as a concert promoter.

Emanuel Abramovits is a mechanical engineer with an M.B.A. and has been a concert promoter since 2000, directly involved in many events by international artists, like Itzhak Perlman, Gustavo Dudamel, Sarah Brightman, Roger Hodgson, ASIA, Journey, Kenny G, and many more. He designed and staged many original orchestral events, including an Event of the Year winner and several world premieres. He served as the cultural director at Union Israelita de Caracas from 2008 to 2019, releasing books, organizing film cycles, concerts, and art exhibits. He has been consistently teaching online and in person across the U.S. since 2020.

Caves, Stones, and Rocks!

3 sessions with Stephenie Slahor
Mon, Jun 24, Jul 1, 8
3:00 PM - 4:30 PM
Max: 45 \$40.00



Our planet has some fascinating sites where caves, stones, and rocks hold significant history or interest. From The Great Pyramids and Easter Island to Mammoth Cave and the Blarney Stone, we'll explore a variety of famous and not-so-famous sites where geology and humans mix!

Stephenie Slahor holds a Ph.D. in administration and J.D. from Western State University College of Law. Retired from a law practice and university teaching, she now creates courses in the natural sciences, unique and interesting places in the world, and educational general interest topics that are informational and enjoyable for OLLI members around the country. For the OLLI at URI, she presented Food: Ordinary, Amazing, Surprising.

Purchasing a Digital Camera

1 session with Eli Vega
Tue, Jun 25
10:00 AM - 12:00 PM
Max: 20 \$15.00



In this short but highly interactive course you will learn some basics about digital single lens reflex (DSLR) cameras and get tips on what to look for, like features, lenses, and pricing, before you buy—and why.

Eli Vega is an award-winning photographer and author. He has taught photography since 1993. Among the venues he has taught are Rocky Mountain National Park, Garden of the Gods (Colorado Springs, CO), OLLI in several cities and states, various colleges in Arkansas, Colorado, and Texas, and various art groups and camera clubs.



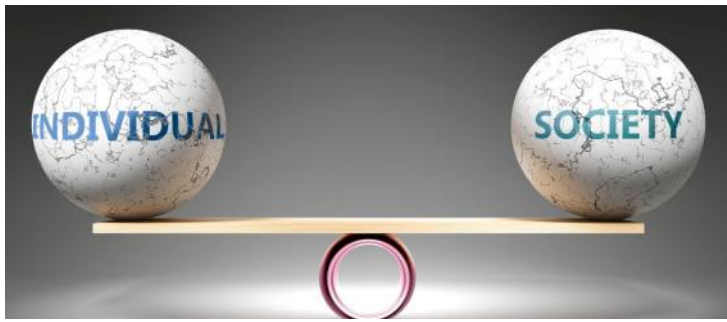
The Ins and Outs of Cyber Scams

1 session with Uri Pearl
Wed, Jun 26
11:00 AM - 12:00 PM
Max: 45 \$15.00



Last year Americans lost a staggering \$12 billion to cyber scams, a big jump from the previous year. The cyber scammers are becoming smarter and more sophisticated and that means we need to as well! Equip yourself with essential knowledge about the world of cyber scams. We'll delve into the workings of cyber scams, uncovering who the scammers are, their methods, and their objectives. By identifying common scams and learning the signs of being targeted, you can confidently navigate the digital world. Join us to transform from potential targets to empowered, scam-savvy internet users.

Uri Pearl is the cofounder of Catch, a personal cyber security company. He has always had one major passion: protecting people. He sought fulfillment for that passion through a military service specializing in counterterrorism. Upon completion of his service and a degree in economics from the University of Maryland, a family scam experience caused Uri to dive into the world of scams and embark on a mission to educate and protect people.



How Society Makes or Breaks Belief: A Modern History of Culture, Christianity, and Communication

6 sessions with Teresa Testa
Tue, Jul 9, 16, 23, 30 Aug 6, 13
3:00 PM - 4:30 PM
Max: 45 \$55.00



Not far from the River Liffey and center of Dublin, John Kendrick stood before his attentive audience almost 200 years ago. Directly following the auspicious fifth meeting of the British Association for the Advancement of Science, his words offer a contemporary appeal to this course: "If religion were nothing but a blind assent to that which we do not and cannot understand...it might reasonably be viewed with suspicion by those who regard reason as the noblest prerogative of man...But true religion is the employment of the understanding upon the most exalted subjects by which it can be occupied, the sublimest truths which it can comprehend; religious sentiments are most closely allied to those which are the most pure and perfect part of our nature..." Here within the nexus of Christianity and culture—where social science meets theology—a dialogue is produced delving straight to the core of what builds, breaks, and transforms a system of belief. Research emphasizes the social science recognition of religious belief as a vital means to the formation and liveliness of a society, while the break from spiritual grounding eventuates in the wildly unexpected. Lecture and a variety of media will support the comparison and contrast of human behavioral and theological works including Weber, Freud, Niebuhr, Bellah, and Taylor while concise weekly readings frame discussion for students of belief and non-belief alike.

Note: Short readings will be provided by the instructor after each session in preparation for the following classes.

Teresa M. Testa is a Ph.D. candidate at Salve Regina University where her dissertation research explores 20th-century American cultural approaches to moral theory within the philosophy of technology and theology. Graduating from Brown University with a concentration in English and American Literature, Teresa also earned the M.Sc. in management from Salve Regina University with

emphasis on modern business ethical standards. Her academic interests are extensive and connect multiple disciplines within the humanities.

More Short Story Masters

6 sessions with Robert Weibezahl
Wed, Jul 10, 17, 24, 31, Aug 7, 14, 21
(6 sessions—one will be a skip date)
2:00 PM - 3:30 PM
Max: 30 \$55.00



We continue to explore the short story as we dive into the work of six more writers who excelled at the form. This session, we will focus on these non-American writers from English-speaking countries: James Joyce, Katherine Mansfield, V.S. Pritchett, Edna O'Brien, William Trevor, and Penelope Lively. Each week we will focus on the output of a single writer, reading three or four of his/her stories and exploring the sources and particularities of that storyteller's distinctive narrative style and thematic concerns. Stories will be provided electronically by the instructor and participants should read the assigned stories in advance of each class.

Robert Weibezahl is a writer, editor, critic, and publishing industry veteran who has worked with Nobel laureates, Pulitzer Prize winners, and countless bestselling authors. A columnist for BookPage for two decades, he is also a published novelist and award-winning, internationally produced playwright. He teaches at OLLI programs across the country.

Beginning Digital Photography II

3 Sessions with Eli Vega
Mon, Jul 22, 29, Aug 5
10:00 AM - 11:30 AM
Max: 20 \$40.00



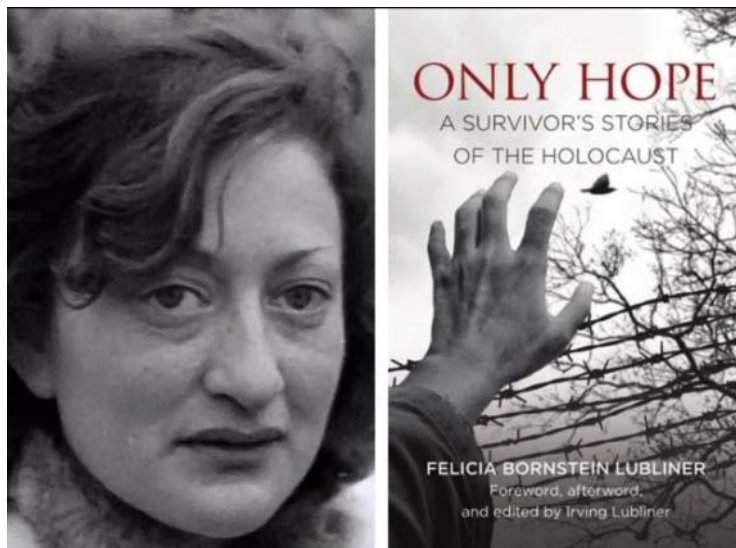
You will get an overview of the key components of Beginning Digital Photography I, including camera dials and features and exposure. You will learn



about basic photo editing and recommended photo editing software. And you will also receive constructive feedback on your photos during the last session.

Note: You will receive a welcome email from the instructor along with a workbook. Come to class with the workbook and your digital camera (DSLR), lenses, and camera manual.

Eli Vega is an award-winning photographer and author. He has taught photography since 1993. Among the venues he has taught are Rocky Mountain National Park, Garden of the Gods (Colorado Springs, CO), OLLI in several cities and states, various colleges in Arkansas, Colorado, and Texas, and various art groups and camera clubs.



Only Hope: My Mother and the Holocaust Brought to Light

1 session with Irving Lubliner

Thu, Aug 1

1:00 PM - 3:00 PM

Max: 50 \$15.00



Before she died in 1974, Felicia Bornstein Lubliner wrote about her internment in ghettos and concentration camps (Auschwitz and Gross-Rosen) in Nazi-occupied Poland. Her powerful stories have been published by her son, Irving Lubliner, who also contributed the foreword and afterword to *Only Hope: A Survivor's Stories of the Holocaust*. He will share excerpts, shedding light on his mother's experiences and indomitable spirit, as well as his own experience as a child of Holocaust survivors.

Suggested reading: Felicia Bornstein Lubliner: *Only Hope: A Survivor's Stories of the Holocaust* (Felabra Press). An eBook (Kindle) version is available from Amazon. For the paperback, <http://www.onlyhopebook.com>

Irving Lubliner is a professor emeritus at Southern Oregon University, where his specialty was mathematics education. During his 40-year career in education, he taught math at all levels, kindergarten through graduate school, led seminars for teachers in 39 states, and gave over 350 conference presentations, including several keynote addresses. Since his retirement in 2014, he has taught math, blues harmonica, and literature classes for the OLLI program at Southern Oregon University, where he has also served on the Council of Directors. In 2019, he created Felabra Press and published his mother's writings about her experiences during the Holocaust, the book that will serve as the theme for his presentation.

OLLI ZOOM CLASS INFO

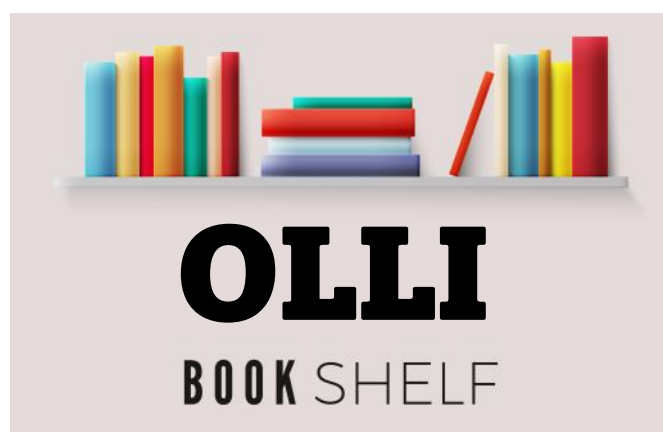
A link to join zoom classes is sent in a reminder email 2 days before the class starts. For your convenience, a link is also sent 30 minutes prior to each class session.

If you've downloaded the Zoom app onto your computer or mobile device, the meeting should open automatically when you click the link. If you prefer not to download the app, select the "join from your browser" option that will appear on your screen after you click the Zoom link.

You will be placed in a "waiting room" until the host (an OLLI staff member) admits you into the main meeting. **The host will open the meeting and begin admitting members approximately 30 minutes prior to start time.**

To avoid audio interference with the instructor's presentation, all members will be muted automatically upon entering the Zoom meeting. We've asked our instructors to leave 5-10 minutes at the end of each session to respond to questions.

If you need assistance with any zoom-related matters, please contact the office in advance of your class starting.



Looking for something to do with your old books or looking for a new read? Stop by the **OLLI LENDING LIBRARY** in the lobby! Bring some books or take some books!



Coggeshall Farm Tour

Thu, Jun 27

10:00 AM - 12:00 PM

Max: 20 \$15.00

Come and visit beautiful Coggeshall Farm, set on 48 acres of farmland in Bristol, RI. Coggeshall Farm re-creates the daily experience of tenant farmers on a salt marsh farm in the late 18th century. With a new, innovative partnership with Old Sturbridge Village, Coggeshall expands and enhances the visitor experience through live interpretation, enriching events and educational programming, historic structures, heirloom plants and gardens, and heritage-breed animals.

Note: Coggeshall Farm is located at 1 Colt Drive, Bristol, Rhode Island 02809. If using a GPS, use Coggeshall Farm Museum. Like many farms, the terrain at Coggeshall is a combination of flat, hilly, and uneven ground. The site is rugged in places and may present challenges for people with mobility differences.

Vegetable Research at URI

1 session with Rebecca Brown

Thu, Aug 1

6:00 PM - 7:00 PM

Max: 25 \$15.00

Ever wonder what is happening in the fields off Plains Road? Interested in learning about how URI is supporting local food production? Spend an evening touring the Gardiner Crops Research Center and learning about vegetable production research at URI. Topics will include vegetable variety trials, prevention of bird damage to sweet corn, high tunnel vegetable production, cover crops for soil health, polycultures, and crops in urban community gardens for ethnic groups.

Note: This is a walking tour, and the farm roads are not paved. Class meets at the Gardner Research Center. Details available online.

Rebecca Brown is a professor of plant sciences at URI. She is the faculty leader of URI's Vegetable Research and Extension Program and teaches vegetable production classes for URI undergraduates and for the URI Master Gardener Program.

Rhode Island Lighthouse Cruise

1 session with Brian Wallin, Narrator

Tue, Aug 6

2:00 PM - 3:30 PM

Max: 110 \$38.00

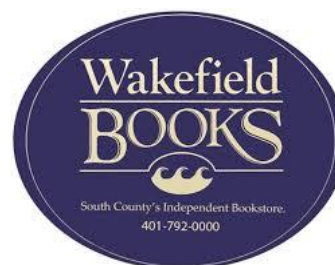
Join your OLLI friends for a narrated cruise past 10 Rhode Island Lighthouses in Narragansett Bay along with a complete Newport Harbor Tour. This 30-mile cruise will be narrated by none other than OLLI instructor Brian Wallin. This tour also takes you past 10 beautiful islands, under the breathtaking Jamestown & Newport Bridges, past mansions, historic Fort Adams, and many other famous Rhode Island sights. Join your OLLI friends for an afternoon on the Bay!



You may register a guest for this event. All guests must be age 50+.

Note: The cruise departs from the Martha's Vineyard Fast Ferry terminal located at 1347 Roger Williams Way, North Kingstown. Please arrive at the dock 30 minutes prior to boarding. Detailed directions can be found at rhodeislandbaycruises.com. An OLLI representative will be taking attendance before boarding.

All participants on tours or in classes that meet in a location other than OLLI (210 Flagg Rd.) are required to provide their own transportation and will be required to fill out an Assumption of Risk and Release of Liability Form.



160 Old Tower Hill Road
Wakefield, RI 02879

Wakefieldbooks.com

Thank you to our friends at Wakefield Books who offer a 20% discount on any purchase related to OLLI classes or special interest groups.



Introduction to Fencing

1 Session with Mikhail Kolker

Tues, Aug 6

11:00 AM – 12:00 PM

Max: 10 \$30

Fencing is one of five sports that have been permanent fixtures at the Olympic Games since the first modern Games were held in 1896. Based on sword fighting, fencing demands speed, anticipation, reflexes and great mental strength. Join Mikhail Kolker as he presents a basic introduction to standing and movement in fencing.

Note: This class will take place at the Ocean State Fencing Club, 85 Industrial Circle, Lincoln, RI. All equipment will be provided.

PARKING



Parking is FREE for OLLI members! You only need to register your vehicle once during the academic year (Aug-July). Parking permits are virtual, no stickers are provided.

All permits expire on July 31.

Only one vehicle per member may be registered.

Parking permit is only valid for **Lot #21**, (Staff/Faculty Lot) outside our building at 210 Flagg Rd., Fine Arts Center **Lot #6**, Plains Rd **Lot #25**

Do not park across the street in lot #20.

This is for resident students only.

Call the OLLI office for assistance in registering your vehicle at 401.874.4197.

Declining Bees and Insects: How You Can Help

1 session with Steven Alm

Fri, Aug 9

1:00 PM - 2:30 PM

Max: 25 \$15.00

Insects are enormously important as food for other organisms (birds, fish, reptiles, amphibians, etc.) and many insect populations are in decline. A graduate student working with Dr. Doug Tallamy, author of *Bringing Nature Home: How You Can Sustain Wildlife with Native Plants*, found that it takes 6,000 to 9,000 caterpillars to rear one clutch of chickadees. We need a lot of insects for a healthy ecosystem. We'll explore the suspected causes of massive insect declines and what we can do to help. We'll hear about current bee and flower research at URI and declines in other insects, then go outside to see the bees and pollinator plantings. We'll come away with recommendations for pollinator planting for the yellow bumble bee, monarch butterflies, and other pollinators and insects.

Note: This class meets at East Farm. The outdoor walk is over uneven ground.

Suggested Reading: Oliver Milman, *The Insect Crisis: The Fall of the Tiny Empires that Run the World* (Atlantic Books, 2022).

Steven Alm is professor of entomology at URI, with B.S. and M.S. degrees from the State University of New York, College of Environmental Science and Forestry, Syracuse, and Ph.D. from the Ohio State University. His current research is focused on surveying the native bees of Rhode Island, selecting and establishing pollinator habitat to conserve native bees, and finding novel methods for control of the parasitic Varroa mite that feeds on honeybees and may transmit up to five viruses.



OLLI continues to be a strong organization due in part to members serving on various committees providing leadership in partnership with the staff. In the coming months we will be recruiting new members to serve on these committees: Technology, Events, Curriculum, Program and Finance.

See page 36 for more details or contact the office for more information:

401-874-4197 or email olli@uri.edu.

OLLI

Come See what We're All About!

SHOWCASE

THURSDAY, MAY 30, 10:00AM-12:00PM

Raffles, Refreshments & Class Previews
From Some of Our Incredible Instructors



*Where Learning
Never Retires*

THE
UNIVERSITY
OF RHODE ISLAND
OSHER LIFELONG
LEARNING INSTITUTE



Osher Lifelong Learning Institute ~ University of Rhode Island
A Community of Learners Ages 50+
210 Flagg Rd., Kingston, RI 02881 401.874.4197 URI.EDU/OLLI



let's go travel with OLLI

Flyers for the 2024 trips are available in the OLLI lobby.

Visit the OLLI website for more trip information

uri.edu/olli/programs/travel/

Travel and explore the world with OLLI friends. Enjoy domestic and international tours for new and exciting lifelong learning experiences. Plan ahead and follow your dreams!

TRAVEL and explore the world with OLLI friends. Enjoy domestic and international tours for new and exciting lifelong learning experiences. Plan ahead and follow your dreams!

2024 SCHEDULED TRIPS

The Azores (Oct 10-22)

Nashville & The Smoky Mountains (Dec 2-9)

2025 SCHEDULED TRIPS

Iceland's Magical Northern Lights (Mar 19-25)

Reflections of Italy (Apr 30-May 9)

Discover Imperial Cities (Sep 3-13)
(Prague, Vienna, and Budapest)

Spotlight on Paris (Oct 1-7)

Magical Christmas Markets (Dec 9-16)
(Austria and Germany)

Special Presentations at OLLI

Wed, Jun 5, 10:00AM
Italy, Iceland, Nashville

Tue, Aug 27, 11:00AM
Reflections of Italy
Canyon Country

Flyers for most trips are available in the OLLI lobby. Visit the OLLI website for more trip information.

URI.EDU/OLLI/PROGRAMS/TRAVEL

GET INVOLVED

New OLLI Committee Members Needed

OLLI continues to be a strong organization due in part to members serving on various committees providing leadership in partnership with the staff. Looking ahead to our new fiscal year, it's time to recruit new members to serve.

To learn more in detail about these opportunities plan on attending one of the following meetings:

**Join us at OLLI on
Wednesday, May 29, at 2:30PM OR
Monday, June 3, at 10:00AM**

Curriculum Committee (newly structured for FY25)

This committee is responsible for vetting all course proposals (one-time lectures to 2–8-week classes) with particular emphasis on course descriptions, syllabus, and instructor bios. Members are also required to audit first-time instructors and offer instructor support when needed. Analyzing course statistics on attendance and course/instructor reviews, this group identifies and advises on the direction of future course content and structure. The work of this committee is on-going in between monthly meetings. Committee members must be familiar, or willing to learn and work, with Google Docs.

Events Committee

Provides opportunities for OLLI members to socialize outside of the classroom by planning special events. This committee assists with the Annual Meeting planning, member appreciation events and other gatherings. From planning to set up, refreshments and registration, there is much that goes into a well planned and executed event.

Finance Committee

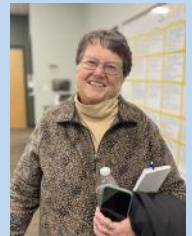
Develops and reviews the annual budget with the OLLI Executive Director. Monitors monthly financial reports from URI and the URI Foundation operating accounts and the endowment investment. Vets spending proposals and makes recommendations to the Advisory Council.

Program Committee (newly structured for FY25) Working closely with the Curriculum Committee, this committee shapes the semester offerings including tours, one-time lectures, and classes (2-8 weeks) and identifies and recruits faculty matching the interest of our OLLI members to provide a wide variety of educational opportunities in a creative and inclusive learning community. Committee members must be active members of OLLI participating in a variety of OLLI classes. Committee members are expected to actively recruit potential faculty members on a year-round basis. Committee members must be familiar with, or willing to learn and work with Google Docs.

Technology Education Committee

The Technology Education Committee is dedicated to helping OLLI members make the best use of the ever-increasing technology in our daily lives. Members will identify and address perceived needs with the development of a monthly Tech Talk and other programs for living successfully in this digital world.

SPRING SEMESTER *Snapshots*





MEET *a Member* And VOLUNTEER!

NAME: Cindy Pacheco

I'VE BEEN A MEMBER SINCE 2014 (10 years!!) Volunteered at front desk since 2019.

I'M FROM South Kingstown (moved to Richmond in 2020)

I HAD A CAREER IN Teaching (Elementary/Special Education)

WHAT I LOVE MOST ABOUT OLLI IS the variety of classes, staff and OLLI members.

THE BEST CLASS I'VE EVER TAKEN AT OLLI WAS

- The World of Odors from the Canine Perspective
- Handbells
- Anything with Brian Wallin

A FUN FACT ABOUT ME IS I flew a plane when I turned 60!

MY FAVORITE RESTAURANT IS Matunuck Oyster Bar and Coast Guard House

THE LAST BOOK I READ WAS *The Women* by Kristin Hannah

THE BEST PLACE I EVER TRAVELED WAS Azores, Lucerne Switzerland

ALL SIGS MUST REGISTER FOR NEW TERM JULY 1, 2024 TO JUNE 30, 2025

REGISTRATION OPENS JUNE 4, FOR ALL SIGS

With the start of the new fiscal year, it's time to register for Special Interest Groups.

All SIGS registrations expire 6/30/24.

Book Group

Bowling

Cosmic Questions

Creativity and Play

Current Events Discussion

Hiking

Mah Jong

Movie Group

Photo Friday

Olli Serves

Writer's Group



REGISTER

**Online Registration begins
Tuesday, June 4, at 7:00AM**

OLLI *Special Interest Groups & OLLI Extras*

All Special Interest Groups are FREE with your OLLI membership.

Registration is required. URI.EDU/OLLI

<p>Writer's Group</p> <p>Meets the first Friday of each Month at 1PM via Zoom. Join us online and share your writings, listen and learn from others, and most importantly have a good time.</p> <p>Facilitators: Susan Berman susanb99@yahoo.com</p> <p>Gale Eaton geaton@gmail.com</p>	<p>Current Events Discussion</p> <p>This drop-in discussion group meets weekly on Thursdays from 11:00AM-12:30PM to discuss location, state, national and worldwide topics.</p> <p>Facilitator: Bob Bianchini riok@cox.net</p>	<p>Movie Group</p> <p>Meets the second Thursday of the month at 3:00PM at OLLI to discuss the latest movies which are available in theaters or streaming. On occasion, we may view a film on site.</p> <p>Facilitator: Marylen McKenna marylen7586@gmail.com</p>	<p>Mah Jongg</p> <p>Do you like to play Mah Jongg? Join this group on Thursdays at 1:00PM in the OLLI lobby.</p> <p>Facilitator: Cobi Bush bcobi@verizon.net</p> <p>Cyber Seniors</p> <p>Provides FREE technology support and training for OLLI members. Resumes in the fall.</p>
<p>Great Decisions</p> <p>Join other OLLI members for a series of world affair discussions based on the Great Decisions program of the Foreign Policy Association. Different topic each month. Register for each session separately.</p>	<p>OLLI SERVES</p> <p>This OLLI initiative is intended to "give back" to the URI community and other organizations. Future projects might include local non-profit groups to share their mission and how OLLI members might be involved.</p>	<p>Creativity and Play</p> <p>Meets the second Thursday of the month at 10:00AM to pursue fun, play and creativity. Details of events and locations emailed to those who register.</p> <p>Facilitator: Sandra Enos sandra.l.enos@gmail.com</p>	<p>Let's Talk Technology</p> <p>The Tech Committee Invites you to join in a monthly conversation about tech developments that constantly creep into our lives, but often remain perplexing. Topics change each month. Meets the last Thursday of each month on Zoom at 11:30AM. Register for each session separately.</p>
<p>Cosmic Questions</p> <p>Join us as we dive into the question, "Are we god's laboratory? Is life on Earth the only life in the universe?" Please note: This group will discuss only scientific facts – not religion or politics. Meets on Thursdays from 1:00PM-2:30PM</p> <p>Facilitator: Krystyna Kasman krystyna_kasman@cox.net</p>	<p>Photo Friday</p> <p>Do you like taking pictures with your camera or phone? Join our Photo Friday Group! Each month you will be given a different prompt to photograph and submit. Photos will be shared and discussed during a monthly Zoom meeting. The group meets the first Friday of each month at 10AM.</p> <p>Facilitator: Jan Armor janthephotoman@gmail.com</p>	<p>Rhody Ramblers</p> <p>Looking for a short outing with a snack to follow? Join the Rhody Ramblers for an afternoon adventure. Walks last about half an hour at a leisurely pace over accessible paths, followed by a coffee or a snack at a nearby destination. The number of Ramblers will be limited to ensure that everyone can keep up with the group and be accommodated by a local coffee shop. One Thursday a month.</p>	<p>Hiking Group</p> <p>Hiking Group meets weekly on Wednesdays at 1PM. Improve your health; make new friends while exploring our South County area. Walks generally last 90 minutes. Register online and each week you will receive an email for the location.</p>
<p>Book Group</p> <p>Meets the third Friday of each month at 1:00PM at OLLI. Book selections are available on our website: URI.EDU/OLLI</p> <p>Facilitator: Beth Leconte bleconte@uri.edu</p>	<p>Bowling Group</p> <p>Interested in bowling? This group meets on Wednesdays at 12:30PM at Old Mountain Lanes in Wakefield.</p> <p>Facilitator: Peter Stetson petestetson8@gmail.com</p>	<p>Facilitators: Brenda Bibb bjgbibb@hotmail.com</p> <p>Marian Goldsmith mariango10@verizon.net</p>	<p>Facilitators: Cindy Opaluch cindyopaluch@gmail.com</p> <p>Sara Nelson saramay51@hotmail.com</p> <div data-bbox="1289 1822 1432 1969">  </div>



TEACH FOR



OLLI faculty and presenters are members of the community who are excited about teaching and involving an enthusiastic group of learners in a new way.

Some of our OLLI instructors are current or retired high school or college faculty, while others are people who enjoy the opportunity to share their interests and knowledge.

What's to be gained by teaching at the OLLI? Just as our members attend classes for the pleasure of it, our faculty at OLLI often teach for the sheer joy of sharing their expertise and enthusiasm for a topic. There are no tests to prepare or papers to grade, just teaching and holding discussions with interested and engaged students. We are able to offer small honorarium dependent on the length of the course.

What learning formats are supported at the OLLI?

- **Traditional:** lecture, discussion, or a combination of both
- **Hands On:** getting the fingers dirty (e.g., painting, photography)
- **Collaborative:** Collaborative learning classes, or study groups, are led by a facilitator, not necessarily an expert in the field. The facilitator might offer a syllabus with readings and lists of topics. Class participants take responsibility for class activity as peer leaders working independently or in teams. Working from guidelines provided by the facilitator, the class participants have the opportunity to make a presentation, lead a discussion, invite a guest speaker, or develop other ways to engage the class in the subject.

WANT TO PROPOSE A CLASS?

Fill out a course proposal form on our website:

<https://web.uri.edu/olli/course-proposal/>.

If you have questions regarding a topic or format, please contact Operations Manager, Beth Desrosiers, directly at 874-4197 or email beth_desrosiers@uri.edu

Proposal Due Dates:

Winter 2025 — July 30

Spring 2025 — November 5

Summer 2025 — February 4

OLLI Mail-In Course Registration - Summer 2024

Name (one member per form) _____

Mailing Address _____

City _____ State _____ Zip _____ Renewal Date: _____

Telephone: _____ Email _____

MONDAY

- ☐ CSI@URI: Inside the RI State Crime Laboratory \$15
- ☐ In This Moment: Mindfulness Meditation \$55
- ☐ Ireland - A Brief History \$45
- ☐ Let's Explore the Google Suite \$50
- ☐ The Short Story: Seven Deadly Sins of the Short Story \$55
- ☐ The First Italian Immigrants to Rhode Island \$15
- ☐ The Art of Living Well: Peace Education Program \$50
- ☐ Understanding Personal Automobile Insurance (Free)
- ☐ URI Leads the Way (Free)

TUESDAY

- ☐ British Comedy: On the Dark Side \$55
- ☐ Food Insecurity and Hunger in RI \$15
- ☐ Food Recovery for Rhode Island \$15
- ☐ Funny Business: Music & Comedy \$50
- ☐ Get Your Jam On! \$15
- ☐ How to Eat for Good Health: Dispelling the Myths \$15
- ☐ J. Edgar Hoover - At the Center of American Political History \$35
- ☐ So You Want to Write a Memoir? \$15
- ☐ Stating Our Needs: Navigating Tough Areas of Communication \$50
- ☐ Trees, Climate and the Lorax \$40
- ☐ Voices from Native Hawai'i \$45
- ☐ What in the World Can Be Cozy About Murder? \$35

WEDNESDAY

- ☐ Clam Cakes: A Cultish Rhode Island Specialty \$15
- ☐ DIY Birthday Watercolor Note Cards \$15*
- ☐ DIY Birthday Watercolor Note Cards \$15*
- ☐ Feminists for Free Love \$15

(WEDNESDAY, cont.)

- ☐ Forest Tree and Invasive Plant Identification \$50
- ☐ Good Impressions: Photo Editing for Android and iPhone Photographers \$40
- ☐ Nature Journaling in Pencil, Pen & Ink and Watercolor \$45
- ☐ The Boeing 737 Max Story \$15
- ☐ The Care and Handling of Flowers \$15
- ☐ The Galapagos Islands \$15
- ☐ Where Were You in the '60s When...?

THURSDAY

- ☐ At Ease! On-and Off-stage Improv \$35
- ☐ I Just Took a Pill...What Happens To It? \$35
- ☐ Life in the Mills: Peace Dale and Lafayette \$40
- ☐ More New Games: Interactive, Cooperative, and Creative Play \$35
- ☐ The Battle of Tollensetal \$15
- ☐ You Should Write a Book: Doing a Life Review \$40

FRIDAY

- ☐ ~~Cambodia, Laos, and Vietnam \$45~~ *Canceled*
- ☐ Comedy: OLLI Favorites and More \$55
- ☐ Words and Music \$50
- ☐ Yoga: An Introductory Workshop \$55

TOURS/TRIPS/OFF-SITE

- ☐ Coggeshall Farm Tour \$15
- ☐ Declining Bees and Insects - How You Can Help \$15
- ☐ Introduction to Fencing \$30
- ☐ Rhode Island Lighthouse Cruise \$38
- ☐ Vegetable Research at URI \$15

FLIP FOR MORE →

*Other fees apply. See course description for details.

OLLI Mail-In Course Registration - Summer 2024

ONLINE/ZOOM

- ☐ Beginning Digital Photography II \$40
- ☐ Caves, Stones, and Rocks! \$40
- ☐ How Society Makes or Breaks Belief: A Modern History of Culture, Christianity, and Communication \$55
- ☐ More Short Story Masters \$55
- ☐ Music Controversies and Curiosities \$45
- ☐ Only Hope: My Mother and the Holocaust Brought to Light \$15
- ☐ Purchasing a Digital Camera \$15
- ☐ The Ins and Outs of Cyber Scams \$15

GREAT DECISIONS—FREE

(Choose one date per session)

NATO's Future

- ☐ Thu, Jun 27, 3:00 PM—4:30 PM
- ☐ Fri, Jun 28, 10:00 AM - 11:30 AM

Understanding Indonesia

- ☐ Thu, Jul 18, 3:00 PM - 4:30 PM
- ☐ Fri, Jul 19, 10:00 AM - 11:30 AM

High Seas Treaty

- ☐ Thu, Aug 15, 3:00 PM - 4:30 PM
- ☐ Fri, Aug 16, 10:00 AM - 11:30 AM

LUNCH AND LEARN

(Free but you must register)

- ☐ Understanding Personal Automobile Insurance

SPECIAL INTEREST GROUPS & OLLI EXTRAS

(Free but you must register)

- | | |
|--|---|
| <input type="checkbox"/> Book Group | <input type="checkbox"/> Golf |
| <input type="checkbox"/> Bowling Group | <input type="checkbox"/> Hiking Group |
| <input type="checkbox"/> Cosmic Questions | <input type="checkbox"/> Photo Friday |
| <input type="checkbox"/> Creativity and Play | <input type="checkbox"/> Mah Jongg |
| <input type="checkbox"/> Current Events Discussion | <input type="checkbox"/> Movie Group |
| | <input type="checkbox"/> Writer's Group |

SUMMER REGISTRATION

For mail-in registrations, we only accept check payments.

NAME : _____

Total # Classes _____ (If due)

Renewal Fee \$ _____

Credits to Apply \$ _____

Total Due \$ _____

If you think you may have credits to apply, please call the office at _____ to confirm before writing your check.

Payment Method:

☐ Check (Payable to URI) # _____

If you are paying by credit card, please call the office at 401-874-4197 or register online

URIOLLI.AUGUSOFT.NET

OFFICE USE:

DATE RCVD: _____

DATE PROCESSED: _____

INITIALS: _____

MEMBERSHIP:

☐ CURRENT ☐ NEW ☐ RENEWAL

MEMBERSHIP FORM

210 FLAGG ROAD, ROOM 212, KINGSTON, RI 02881

WEB.URI.EDU/OLLI 401.874.4197 OLLI@URI.EDU

MAIL FORM OR REGISTER ONLINE AT URIOLLI.AUGUSOFT.NET

MEMBERSHIP INFORMATION (Please use one form per person)

☐ NEW MEMBERSHIP ☐ RENEWAL MEMBERSHIP RENEWAL DATE: _____

Last Name _____ First Name _____

Address _____

City _____ State _____ Zip _____

Seasonal Address _____ Begin Date _____ End Date _____

City _____ State _____ Zip _____

Phone _____ Secondary Phone _____

Year of Birth _____ Email _____

Emergency Contact _____ Relation: _____ Phone _____

MEMBER PROFILE

The following information is used to help us better understand our OLLI Membership as a community and to better serve you.
This information is optional and confidential.

URI Alumni : ☐ No ☐ Yes Year _____ Gender : ☐ Male ☐ Female

Highest Level of Education: ☐ High School ☐ Some College ☐ Associates Degree /Certification
☐ Bachelor's Degree ☐ Master's Degree ☐ Doctorate

Employment Status: ☐ Retired ☐ Work Full Time ☐ Work Part-Time ☐ Not Currently Employed

Current/Former Occupation: _____

Referral _____

Emergency Contact Name _____ Phone _____

Relationship _____

PAYMENT INFORMATION: Annual Membership Fee \$65 (non-refundable)

Payment Method: ☐ Check (Payable to URI) For mail-in registrations, we only accept check payments.

If you are paying by credit card, please call the office at 401-874-4197 or register online URIOLLI.AUGUSOFT.NET

Photos taken during OLLI events or programs can be used in promotion material for OLLI at URI.

OLLI and URI will not be held liable for members or guests for any damage or personal injury.

Your membership must be in effect through the last date of the class(es) you have chosen.

For questions, please call 401.874.4197 or email olli@uri.edu

If mailing, send to: OLLI at URI, 210 Flagg Rd, Room 212, Kingston, RI 02881

OFFICE USE: DATE RCVD: _____ DATE PROCESSED: _____ INITIALS: _____

THE
UNIVERSITY
OF RHODE ISLAND
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210 FLAGG RD RM #212
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FOLLOW/LIKE US!

