A health, wellness, and fall risk program

## Would you like to receive a free health assessment?

Participants will be screened for general health and well-being. Recommendations to improve health and wellness and decrease fall risk will be provided as appropriate. Completed by students from URI Physical Therapy, Pharmacy, Communicative Disorders, Nutrition and Food Sciences and Sciences, and Human Development and Family Studies.

Supervised by faculty.



## **Program Requirements:**

- Must be age 65 or older
- Wear comfortable clothes and walking shoes
- Sign a form to agree to assessment by students
- Participate in a team interview on Zoom anytime between October
   2- 18
- Attend an in-person health screening at the University of Rhode Island during <u>ONE</u> of the following times:
  - Thursday, October 24<sup>th</sup> 5:00pm -7:00pm
  - Friday, October 25<sup>th</sup> 9:00am-11:00am
  - Saturday, October 26<sup>th</sup> 9:00am 11:00am

Please sign up by August 23, 2024



OR email: seniorday@etal.uri.edu phone: 401-874-4025