



THE
UNIVERSITY
OF RHODE ISLAND

Fall Courses

September 16 to December 13, 2024

ONLINE REGISTRATION STARTS
AUGUST 27, AT 7 AM



*Where Learning
Never Retires*

OSHER LIFELONG LEARNING INSTITUTE | UNIVERSITY OF RHODE ISLAND
URI.EDU/OLLI | 401.874.4197

OSHER LIFELONG LEARNING INSTITUTE

UNIVERSITY OF RHODE ISLAND



URI.EDU/OLLI
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A Community of
Learners ages 50+



Informative Classes
Fun-Filled Activities
Social Gatherings
Online and In-Person

Membership is \$65 for one year and courses are priced based on length and format.

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Osher Lifelong Learning Institute

University of Rhode Island
210 Flagg Road, Room 212,
Kingston, RI 02881
401.874.4197 | olli@uri.edu

FALL HOLIDAYS & CLOSINGS

Thur, Oct 3—Rosh Hashanah
Mon, Oct 14—Columbus/Indigenous Day
Mon, Nov 11—Veterans Day
Thur, Nov 28—Thanksgiving
Fri, Nov 29—Day after Thanksgiving
Wed, Dec 25—Christmas

Online registration begins Tuesday, August 27 at 7:00 AM

Classes fill up quickly, so don't wait!

WAYS TO REGISTER

ONLINE

This is the easiest way to register. To log on to your OLLI account go to URI.EDU/OLLI and click on Member Login. Payment is accepted with a credit card: Visa, Mastercard or Discover.

PHONE

Call us to register! 401-874-4197
Office hours: Monday through Thursday, 9:00 AM - 5:00 PM, Friday, 9:00 AM - 12:00 PM. If you leave a message, we will do our best to return your call within 24 hours.

MAIL

Download the registration form from our website (or pick one up in the office). Fill it out and include a check (or call with credit card #) for payment. Checks are made payable to URI. Mail form and payment to: URI OLLI, 210 Flagg Rd., Room 212, Kingston, RI 02881

IN PERSON

Visit us! URI OLLI is located at 210 Flagg Rd. Take the stairs or elevator to the second floor.

DISCLAIMER:

The courses offered by OLLI do not imply the endorsement of a particular philosophy, product, or procedure. The content is the view of the presenter and is for educational and informational purposes only and not as professional advice for specific cases or circumstances. Participants need to be aware of the potential risks of using limited knowledge when integrating techniques and procedures that are new to them. Participants need to consult their own financial, legal, and medical professionals for advice.

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THE
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OSHER LIFELONG
LEARNING INSTITUTE



The Osher Lifelong Learning Institute at URI provides learning opportunities to enhance the enjoyment, meaning, and direction of adult lives, as well as the health and well-being of adults, while developing a community of older learners.

Established in 2009 and offering diversified courses and activities, the OLLI at URI enjoys a rich relationship with the University. Membership is open to anyone fifty years of age or better. Whether teaching, learning, playing, or exploring, OLLI members constitute a vibrant lifelong learning community.

The OLLI at URI is part of the national network of Osher Lifelong Learning Institutes funded by the Bernard Osher Foundation. Closer to home, OLLI has ties with local community and civic organizations. OLLI members are essential in shaping, managing, and leading the organization.

HELLO and welcome

Both current and new members are invited to attend and learn about all OLLI has to offer.

We'll review our current programs, and our special interest groups all while exploring and becoming more familiar with the OLLI website and registration software.

Plenty of time for Q & A
Coffee & door prizes too!

- Wed, Sept 11, 10:00 AM
- Thu, Oct 10, 11:30 AM
- Tues, Nov 12, 12:00 PM
- Wed, Dec 11, 10:00 AM



THE
UNIVERSITY
OF RHODE ISLAND

Age-friendly
University
Global Network

The University of Rhode Island became a member of the Age-Friendly University Global Network in 2018.

The AFU effort has depended greatly on the contributions of many OLLI members, including those who serve on our work group, attend intergenerational classes, and participate in special projects and programs. OLLI is a critically important part of what the AFU vision and mission represent at URI, and we look forward to continuing to work with OLLI members as we move forward to make URI more age-friendly.

Beginning Italian....Continued

8 sessions with Dora Waters
 Mon, Sept 16, 23, 30, Oct 7 (skip 14), 21,
 28, Nov 4, (skip 11), 18
 9:30 AM - 11:00 AM
 Fee: \$65.00 Limit: 15

[CLICK HERE](#)

Students are expected to know and speak some Italian; know and use the present tense of - are, -ere, -ire verbs as well as chiamarsi, piacere, essere, avere, fare, stare, andare, idiomatic expressions with avere and fare, irregular verbs: potere, dovere, volere; use of basic vocabulary such as greetings and salutations; asking questions; use of familiar and formal forms; numbers, days, months, seasons, weather, colors, nationalities, sports activities, the family; Italian forms and agreement for "the," "a," and "an"; descriptive adjectives and agreement. Be ready to participate in Italian. Take risks! Have fun!

PREREQUISITE: Spring 2024 Beginner Italian class or prior Italian class

Required text and first assignment available online.

Mindful Living: A Look at Buddhism's Noble Eightfold Path

4 sessions with Kathy Pesta
 Mon, Sep 16, 23, 30, Oct 7
 9:30 AM - 11:00 AM
 Fee: \$45.00 Limit: 30

[CLICK HERE](#)

This course is for those who know little or nothing about Buddhism but would like a glimpse into its basic tenets and practices, which can be followed by those who espouse any religion as well as by agnostics and atheists. In particular, we will explore the Buddhist Noble Eightfold Path and consider how we might incorporate it into our own lives. We will use the wise words of the Dalai Lama as our guide, "Do not try to use what you learn from Buddhism to be a Buddhist; use it to be a better whatever-you-already-are."

Suggested reading available online.



Where Are We? An Introduction to Philosophy

6 sessions with Dan Novak
 Mon, Sept 16, 23, 30, Oct 7 (skip 14), 21, 28
 4:00 PM - 5:30 PM
 Fee: \$55.00 Limit: 25

[CLICK HERE](#)

Where are we on our human journey? Where are you on your personal journey? We will compare notes against the backdrop of the 20th and 21st centuries, recent decades, and the year 2024, including the ferment in America (above and below the "noise"). We will take some stabs at defining our present collective circumstance—personal, planetary, and "spiritual" or ultimate. And we will explore several significant future scenarios that we face, ones we are embedded in and simultaneously trying to navigate. Along the way of philosophical reflection and sharing, consideration and inquiry, we will ask questions like: Where do you locate yourself in space and time? What concerns you deeply? What inspires you greatly? What incidents, perspectives, or phenomena have greatly shaped how you see your life? What is your fundamental or primary expectation?

Suggested reading and first assignment available online.

**Online registration begins
 Tuesday, August 27, at 7:00 AM
 Office opens at 9:00 AM for
 phone and walk-in registrations**

**The Election of 2024:
A Clear and Present Danger**

6 sessions with John McGeehan
 Mon, Sept 16, 23, 30, Oct 7 (skip 14), 21, 28
 3:30 PM - 5:00 PM
 Fee: \$55.00 Limit: 30



The election of 2024 provides an opportunity to examine the state of democracy in the United States. An underlying question throughout the course will be: Has minority rule come to the point that American democracy is in danger of crumbling? We will examine the less democratic provisions of the Constitution and how the exploitation of same may be moving us closer to a form of oligarchy. Close attention will be paid to the final weeks leading up to the 2024 election and the operation of our unique electoral process.

How to Steal a Presidential Election by Lessig and Seligman will help illustrate how our current constitutional system may very well invite a stolen election.



Suggested reading and first assignment available online.

Track Your Ancestors

6 sessions with Helen Smith
 Mon, Sept 16, 23, 30, Oct 7 (skip 14), 21, 28
 11:30 AM - 1:00 PM
 Fee: \$55.00 Limit: 30



Can you name your eight great-grandparents? Would you like to discover others you don't already know about? Learn how to organize your research, how to verify old family stories, and much more. This beginner genealogy class will help you become a family detective!

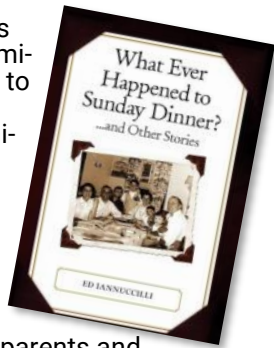
Assignment for the first class available online.

What Ever Happened to Sunday Dinner?

1 session with Edward Iannuccilli
 Mon, Sept 16,
 11:30 AM - 1:00 PM
 Fee: \$15.00 Limit: 45



Listen to Dr. Ed's stories of his family's immigration to RI and its effect on location, family history, and success in this country. "I grew up in a three-story home with my family living one floor above my grandparents and my mother's sister and her family living on the first floor below. I loved the Italian customs and traditions, but my grandparents died when I was young, and, as our family became increasingly Americanized, many of those traditions were lost. I gave it little thought until some years later when I realized how much my Italian heritage had slipped away from me. I started a journal, writing all I could remember of my early years, realizing then not only how important my family was, but also how integral the neighborhood and its inhabitants were. The people who lived in that neighborhood became my teachers and my friends, extending the family. The journal became five published books."



Suggested reading available online.

SUGGESTED AND REQUIRED READING INFORMATION

Due to space limitations, suggested and required readings are not listed in this catalog. Please check your class confirmation, log on to your OLLI account (URIOLLI.AUGUSOFT.NET) or view the online catalog on our website: URI.EDU/OLLI.

Native Peoples of Two Coasts

6 sessions with Judith Gamble
 Mon, Sept 16, 23, 30, Oct 7
 (skip 14), 21, 28
 1:30 PM - 3:00 PM
 Fee: \$55.00 Limit: 30

[CLICK HERE](#)

This is the second in a series of regional glimpses into the enduring legacy of the Indigenous first inhabitants



of Turtle Island (the U.S. and Canada) who for five centuries have resisted the waves of European invasion, survived (if barely), and strug-

gle to thrive today. The landscape comprises the two coasts—the Atlantic and the Pacific. We'll focus on the culture and historical experiences of the quite different Northeast peoples of New England (stretching north into Canada) and the Pacific Northwest (and up the Canadian coast into Alaska). Jumping from east to west and back again, we will look in turn at conflict, resistance, survival, and their resilience today in the places they hold on to. Wherever possible the point of view and voices heard will come from the poetry, prose, music, and art of the Indigenous people guided and put into historical context by the non-native instructor.

South Kingstown Land Trust: A Two-Part Exploration

2 sessions with Julia Landstreet
 Mon, Sept 30 (Classroom)
 Oct 7 (off-site)
 11:30 AM - 1:00 PM
 Fee: \$35.00 Limit: 20

[CLICK HERE](#)

Protected land: what does that mean, how does it get that way, and who benefits? Join South Kingstown Land Trust (SKLT) Executive Director Julia Landstreet in a two-part exploration in the classroom and at the 100-acre protected Weeden Farm on Matunuck Beach Road, home to the Land Trust headquarters.

First we will meet in a classroom setting to review the process, parcels, and particulars of the over 175 parcels protected by SKLT. Our second meeting will be held, rain or shine, at Weeden Farm where we will get out and explore the many benefits and uses of protected land firsthand. Participants will need to be able to navigate an uneven walking path as we set out around the fields after a brief tour of the facilities and equipment.

Organizing Your Best Ideas Through Digital Note-Taking

4 sessions with Melanie Brasher
 Mon, Oct 7 (skip 14), 21, 28, Nov 4
 1:30 PM – 3:00 PM
 Fee: \$45.00 Limit: 25

[CLICK HERE](#)

Do you have lots of great ideas that are scattered in many paper notebooks and digital files? Would you like to build your own personal Google to keep track of interesting quotations? Do you want to try a new system for organizing your notes and files relating to your personal and professional projects? Modern technology gives us new possibilities for capturing, storing, and searching through our own ideas offloaded into a second brain, making it easier to launch creative projects and share with other people. Through reading Tiago Forte's 2022 book, *How to Build a Second Brain*, we'll learn about digital note-taking and how to use free tools you already have on your smartphone, such as Apple Notes or Google Keep, to build your own digital commonplace book.

Required text and assignment for the first class available online.



Gmail Tips and Tricks

2 sessions with Peter Stetson
 Mon, Oct 21, 28
 9:30 AM - 11:00 AM
 Fee: \$35.00 Limit: 20

[CLICK HERE](#)

Learn the basics of Gmail on your own device in class—how to compose, send, and reply to an email, organize your emails into folders, block spam emails, and create a unique signature to end each email.

Suggested reading available online.

*You must be able to log into your Google account. Please have Gmail downloaded onto your device so that you will be able to connect to the OLLI Wi-Fi. Participants **MUST** have basic computer skills.*

Deep Space Propulsion and Galactic Colonization

1 session with Doug Gobeille
 Mon, Nov 4
 3:30 PM - 5:00 PM
 Fee: \$15.00 Limit: 45

[CLICK HERE](#)

We will review the state of modern deep space propulsion ranging from the practical to the theoretical. We'll develop the basics of the rocket equation and energy concerns in space, concluding with a discussion of the challenges and timeline of colonizing the Milky Way galaxy.

Students will receive an email with a custom lesson text for review before the first class.

Four Big Ideas from 20th Century Science

4 sessions with Bob Klein
 Mon, Nov 18, 25, Dec 2, 9
 9:30 AM - 11:00 AM
 Fee: \$45.00 Limit: 45

[CLICK HERE](#)

We will discuss four big ideas originating in 20th century science and technology, each of which has spawned remarkable innovations and technologies that transformed our world and changed our relationship to it:

- **Rocketry**—the technology underlying the Space Age: satellites, missiles, weapons, and space exploration
- **DNA**—the basis of biological heredity and now the platform for medical breakthroughs in diagnoses and therapies
- **Robotics**—ever more capable machine helpers and, in some cases, stand-ins for humans
- **Transistors**—the foundation for the Age of Electronics: computers, communications, AI, and now, geopolitical tensions

We'll explore the questions and observations that led to these new ideas, review the key technical concepts in the context of their history, and discuss how these ideas have touched our lives. We'll also examine the outlook for further developments.

Note: *This class presents overviews rather than an in-depth study of some of the most important ideas in our world today. It combines a look at the science with a pinch of 20th century history and a short look at where these ideas might take us.*

REFUND POLICY

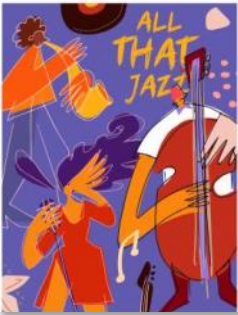
Memberships are non-refundable. To withdraw from a class and receive a full refund or credit, you must notify the OLLI office at least two weeks before the start of the class. Call the office at 401-874-4197 or email olli@uri.edu. No-shows forfeit their course fees. Day trips and special tours are prepaid so there are **no refunds** for cancellation or withdrawal. Classes that do not meet minimum student registration numbers are subject to cancellation.

All That Jazz, and More!

3 Sessions with Vincent Colapietro
 Mon, Nov 18, 25, Dec 2
 11:30 AM - 1:00 PM
 Fee: \$40.00 Max: 25



Music and cinema have had a long and intimate relationship. The extent



to which music accents and enhances the visual in films is impossible to calculate. We'll examine close-ups of jazz used by directors such as Louis Maille, Otto Preminger, Woody Allen, and Spike Lee in their

films—that is, such musicians as Fats Waller, Miles Davis, Duke Ellington, Sonny Rollins, Terrence Blanchard, and Joshua Redman joining hands with filmmakers—to create an incomparable aesthetic experience. Be there or be square!

Suggested reading and assignment for the first class available online.

Finding Truth in the Digital Age

4 sessions with Bob Persons
 Mon, Nov 18, 25, Dec 2, 9
 1:30 PM - 3:00 PM
 Fee: \$45.00 Limit: 45



What is truth? The Merriam-Webster Dictionary defines it as “the body of real things, events, and facts.” But is the nature of truth changing in a world of online dictionaries, encyclopedias, search engines, and artificial intelligence programs like Chat GPT and Google Gemini? Are truths absolute or are truths shaped by individual beliefs and perspectives? Do we each have our own “truth”? How do we distinguish truth from disinformation? We explore and discuss these questions and more by examining several real-life case studies involving race, criminal justice, war, and even science.

Suggested Youtube video available online.

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COVER ARTWORK: Featured on the cover is artwork by OLLI member Felice Katz created in Carole Berren’s Watercolor class in the spring. Have a photo or drawing you’ve created during an OLLI class that you’d like us to consider for our next cover? Email to OLLI@URI.EDU.



PARKING AT OLLI

OLLI members **MUST** have a valid parking pass.

They expire yearly on July 31.

You can register online (URI.AIMSPARKING.COM) using your learner ID or call the office at 401.874.4197 and we will be happy to assist you. OLLI members may park in front of the building (Lot#21), as well as the Plains Road Lot and Fine Arts Staff Lot (#6).

If you park anywhere else on campus you risk a \$50 fine.



Be Ready for Ticks

3 Sessions with Thomas Mather
Tues, Sep 17, (skip 24) Oct
1, 8 (off-site)
9:30 AM – 11:00 AM
Fee: \$40.00 Limit: 20

[CLICK HERE](#)

With ticks and tickborne diseases increasing as dangerous public health threats, it's more important than ever to be TickSmart. Almost everyone seems to know something about ticks, but unfortunately often what they know is just wrong enough to leave them at risk for a bite and possibly a disease. We will dispel common tick myths, and you will learn important aspects of tick biology, tick identification, tick hosts and disease reservoirs, along with safe and effective personal and residential tick protection strategies. And we'll even practice some of what you'll learn, so that, next time, you'll be just right enough to stay tick safe whenever and wherever you venture outside. In the meantime, we encourage you to save your ticks in a small Ziplock bag and bring them to the second class. The third class is a field trip to Potter Woods in Kingston where you will observe how tick biologists do their work.

Bring a laptop or tablet to go online in the OLLI classroom. Some iPads will be available.

Please refer to the online catalog for the most up-to-date course information! URI.EDU/OLLI

Square Foot Gardening

6 sessions with Kathy Tonelli
Mon, Sept 17, 24, Oct 1, 8, 15, 22
10:00 AM – 11:30 AM
Fee: \$55.00 Limit: 16

[CLICK HERE](#)

Mel Bartholomew wanted to end world hunger by creating a gardening system that anyone could follow with little or no gardening know-how and minimal space. He believed that making it easy to grow vegetables meant less cooking, less fuel/carbon footprint, eating fresh, no waste (composting veggie scraps), less trash, less water used, less groundwater pollution, no fertilizers, and no plastic waste. Learn how to plan, set up, maintain, and harvest such an earth-friendly garden. Make or purchase your own one-square-foot starter garden box (optional) for the final class. Assistance will be available if you choose to build your own box.

Assignment for first class and suggested reading available online.

Ernest Hemingway: A Farewell to Arms and Other Stories

5 sessions with Ann Ferrante
Tue, Sept 17, 24, Oct 1, 8, 15
3:30 PM – 5:00 PM
Fee: \$50.00 Limit: 20

[CLICK HERE](#)

A hero to some and a fallen idol to others, Ernest Hemingway benefits from continual reevaluation. He is widely known for his seemingly simple style and his ethos of hard masculinity and the devaluation of women. We will explore the way writing and meaning come together in *A Farewell to Arms* to create a major character with an ever-evolving identity, and stories such as "The Snows of Kilimanjaro" that use stream of consciousness technique to get deeply into the heart of the major character. Topics of importance are the role of the social construction of gender roles in the formation of human identity, the place of the outside world—especially nature—within the human psyche, and the pressing role of death in the developing human consciousness.

Required text and first assignment available online.

Brave New World by Aldous Huxley

4 sessions with Lyn Primavera

Tue, Sept 17, 24, Oct 1, 8

11:30 AM - 1:00 PM

Fee: \$45.00 Limit: 25

Provocative, not very well received when first published in 1932, and perhaps more prescient than even Huxley could have imagined, *Brave New World* is a fantasy of the future that sheds a blazing critical light on the present. We'll discuss similarities and differences of dystopian novels and their effects on humanity, politics, economics, religion, science, and technology in today's world.

[CLICK HERE](#)

Required text and first assignment available online.

The History & Future of Automobiles

1 session with Jet Vertz

Tue, Sept 17, 1:30 PM - 3:00 PM

Fee: \$15.00 Limit: 30

We will review the history of automobile development from steam engines to internal combustion engines (ICE), both 2- and 4-cycle engines, to today's electric vehicles (EV). As we go through the development process, we will examine pros and cons of each vehicle type. And we'll consider what might lie ahead for the future of automobiles, including hydrogen engine vehicles, autonomous vehicles, and flying cars.

[PLAY VIDEO](#)[CLICK HERE](#)**Model United Nations: The Middle East**

6 sessions with James Buxton

Tue, Sept 24, Oct 1, 8, 15, 22, 29

9:30 AM - 11:00 AM

Fee: \$55.00 Limit: 35

Do you have a sophisticated understanding of the Middle East? Would you like to interact with others in a U.N. simulation dealing with topics in the Middle East? We'll convene a simulated U.N. with participants adopting the roles of delegates

[CLICK HERE](#)

from a diverse array of countries to debate topics such as the Arab-Israeli conflict. We'll begin with learning about the workings of the U.N. and some Middle East topics, then dive into current issues. Delegates may occasionally get called back to their mother country (thereby missing a class) with no penalty.

Note: *This class assumes that participants are familiar with Middle East topics such as the Arab-Israeli conflict, the Sunni-Shi'a dispute, and issues around terrorism.*

Not All Superheroes: An Intro to Graphic Novels

1 session with Tayla Cardillo

Tue, Sept 24, 6:00 PM - 7:30 PM

Fee: \$15.00 Limit: 30

Comics and graphic novels are more mainstream than they've ever been, leaving the dusty corners of the local comic shop and finding their place in bookstores and library shelves across the country. What they are about has grown in scope as well. While DC, Marvel, and other big comics publishers are still putting out stories about superheroes, there are stories that cover all genres being published in this format. We'll be introduced to the world of comics and graphic novels outside of superhero stories. We'll cover a brief history of graphic novels, how to read a graphic novel, and some of the common types of graphic novels that are currently being published, with reading recommendations.

[PLAY VIDEO](#)[CLICK HERE](#)[CLICK HERE](#)**Lost in the Weeds: Navigating Modern Cannabis**

1 session with Stephanie Forschner-Dancause and Nikki Arnold

Tue, Sept 24, 5:00 PM - 6:30 PM

Fee: \$15.00 Limit: 45

With adult-use cannabis now legal in Rhode Island, many of us are being reintroduced to this controversial plant. Today's modern cannabis is nothing like the buds of decades past with cannabis now being formulated into oils, edibles, topicals, and more.

We will explore the difference between hemp and marijuana as well as THC and CBD. We will discuss the varied cannabis products in the adult marketplace, their medical potential, and accompanying risks.

The History and Future of Aviation

1 session with Jet Vertz
Tue, Sept 24, 1:30 PM - 3:00 PM
Fee: \$15.00 Limit: 30

PLAY VIDEO ▶

CLICK HERE 

We were not born with wings, yet our desire to fly has not waned since the dawn of time. Today we can soar like eagles with jet planes, land men on the moon with rocket ships, and explore beyond our planet with robotic vehicles. Find out about the scientific contributions of notable inventive flight pioneers. How do jet engines work? Look into the future as aviation takes us beyond the earth, to outer space and other planets.

Cognitive Biases and Their Effect on Critical Thinking

3 sessions with Donald Webb
Tue, Oct 1, 8, 15
2:00 PM - 3:30 PM
Fee: \$40.00 Limit: 45

PLAY VIDEO ▶

CLICK HERE 

Much of what we remember and believe is flawed or simply wrong. Our brains seem to constantly generate false observations, memories, and beliefs—and yet we tend to take the truth of our experiences for granted. The course will cover the way we perceive the world around us. The mechanisms that affect our understanding of the world may be defined as cognitive biases—tendencies and proclivities that all people have—and they range from mundane and silly to harmful. We will discuss several of the more common biases, provide examples, and discuss how they affect our beliefs and the decisions we make. Throughout the course we will examine some commonly held but questionable and erroneous beliefs.

Suggested reading available online.

Energy Systems and How They Work

1 session with Jet Vertz
Tue, Oct 1
1:30 PM - 3:00 PM
Fee: \$15.00 Limit: 30

CLICK HERE 

How much do you know about offshore wind farms—or other forms of green energy? (If you are not already aware, Rhode Island is the first state in the USA to implement an offshore wind farm, just off Block Island.) Learn all about the different forms of energy from fossil fuels to wind energy and other “green” systems and how they are produced.

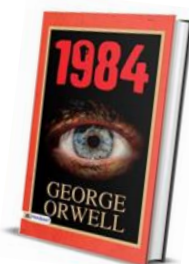
1984 by George Orwell

4 sessions with Lyn Primavera
Tue, Oct 15, 22, 29, Nov 5
11:30 AM - 1:00 PM
Fee: \$45.00 Limit: 25

“It was a bright cold day in April, and the clocks were striking thirteen.” “The hallway smelt of boiled cabbage and old rag mats.” “Big Brother is watching you.”

These three lines are on the first page of *1984* written by George Orwell, and the imagery is palpable. Perhaps the best known dystopian novel written in English, *1984* is a chilling depiction of how the power of state can dominate the citizenry through cultural conditioning. Orwell writes of a world where language is manipulated and suppressed to direct and control thoughts. A world where fear and hatred are a unifying force. A world where very few people would take the time to question the ethics, morality, and motives of its rulers. Are we living in this world in 2024?

CLICK HERE 



Required text and first assignment available online.

The South County Mystery Series, Continued

2 sessions with Claremary Sweeney
Tue, Oct 15, 22
1:30 PM - 3:00 PM
Fee: \$35.00 Limit: 30

[CLICK HERE](#)

Follow the exploits of South Kings-town Detective Kara Langley and her coterie as they venture beyond Kingston into the neighboring villages of Wakefield and Peace Dale in the third and fourth installments of the South County Mystery Series: *Last Carol of the Season* and *Last Sermon for a Sinner*. Discover some lesser known aspects of local history as the plots of these cozy mysteries unfold.

Note: Attendance at the class featuring the first two books in this series is not a requirement.

What You Didn't Learn Watching *Oppenheimer*

3 sessions with Peter Nightingale
Tue, Oct 29, Nov 5, 12
10:00 AM - 11:30 AM
Fee: \$40.00 Limit: 45

[CLICK HERE](#)

Explore J. Robert Oppenheimer's legacy beyond the silver screen's interpretation. After a brief non-technical introduction to nuclear physics, we'll delve into the complexities resulting from the Manhattan Project such as the intriguing, little known departure of the 1995 Nobel Peace Prize laureate Joseph Rotblat from the Manhattan Project; the pivotal Franck and Acheson-Lilienthal reports; and the risks of proliferation of nuclear technology via both peaceful and military means. The course will highlight recent reports by the Academy of Sciences, the Congressional Research Service, and the scientific literature. There will be opportunities to discuss the ethical and technological dilemmas that have confronted humanity since the dawn of the nuclear age. Examine the role (if any) of nuclear energy in a world marked by poverty and inequality as we enter the Anthropocene, a geological period set apart by profound human impact on Earth's climate and ecosystems.

Visiting the Greek Islands

3 sessions with Marilyn Harris
Tue, Oct 29, Nov 5, 12
1:30 PM - 3:00 PM
Fee: \$40.00 Limit: 30

[CLICK HERE](#)

Greece has about 200 inhabited islands and thousands of uninhabited ones, some so small they do not even make the maps. In addition to viewing some breathtaking landscapes and architecture, learn more about



the rich history, diverse culture, and mythology of a few of these ancient homes of the gods. Explore Mykonos and Santorini, among the most visited and photographed islands in the world. Then, visit Rhodes (a must for history buffs) and Crete with its Minoan culture. Last, two of the lesser known Cyclades, Naxos and Paros. Whether you have been able to visit the isles yourself or they are on your bucket list, you'll find this a pleasant interlude as you are gearing up for a New England winter.

The Arab - Israeli Conflict

5 sessions with James Buxton
Tue, Nov 5, 12, 19, (skip 26) Dec 3, 10
1:30 PM - 3:00 PM
Fee: \$50.00 Limit: 30

[CLICK HERE](#)

This course will trace the history of the conflict between Israel, the Palestinians, and neighboring countries. Considerable attention will be paid to understanding many points of view in regard to such matters as the Balfour Declaration, the UN Partition Plan, the 1967 Six Day War, the Palestinian-Israeli peace plans, and more. We will examine many of the unresolved issues that led to friction: refugees, settlements in the West Bank, terrorism, non-recognition of Israel, Jerusalem, water, "the wall," and more.

Creative Works in Progress

6 Sessions with Gale Eaton
Tue, Nov 5, 12, 19, 26, Dec 3, 10
10:00 AM – 12:00 PM
Fee: \$55 Limit: 12

[CLICK HERE](#)

You've been writing all along: poems, short stories, a memoir, a novel. Your family and friends say your work is terrific. What you want now are beta readers who will give it a deeper look and make suggestions you can adopt or push back against. You want to complete the first draft of your novel, or the second. To organize your best poems into a chap book, or your essays into a collection people will want to read. In this class we will review each member's work ahead of time and respond in class session and by e-mail. Each member will be workshopped twice, as works are extended or revised.

Suggested readings and resources and assignment for the first class available online.

Understanding Septic Systems

1 session with Lisa Hollister
Tue, Nov 12
9:30 AM - 11:00 AM
Fee: \$15.00 Limit: 30

[CLICK HERE](#)

Join staff from the URI's Onsite Wastewater Resource Center to learn about advanced (nitrogen-reducing) onsite wastewater treatment systems in Rhode Island. Onsite wastewater treatment systems, often referred to as septic systems, can contribute nitrogen to local groundwater supplies that may lead to increased nitrogen levels in drinking water and surface water bodies. Advanced onsite wastewater treatment systems are now required in environmentally sensitive areas by the state of Rhode Island to help protect critical resources and public health. We'll discuss nitrogen and the importance of treating nitrogen in our wastewater, how advanced wastewater technologies function, and current research describing the efficacy of these systems.

A Gilded Age Tale of Murder, Money, and Madness

1 session with Kay Adams and Nancy Markey
Tue, Nov 19
2:00 PM - 3:30 PM
Fee: \$15.00 Limit: 30

[CLICK HERE](#)



In 1885, the unexpected death of the beloved Benjamin J. Burton polarized the close-knit community of Newport and made headlines across the country. Burton was a trail-blazing entrepreneur once thought to be the wealthiest Black businessman in Rhode Island. The prime suspect is his son-in-law, a dashing medical student set to become one of the country's first Black surgeons. The resulting trial tears the town in two. The authors present to you this true story of money, murder, and madness.

Science Fiction: "Go Anyplace, Examine Everything"

4 sessions with Stephen Berardo
Tue, Nov 19, 26, Dec 3, 10
10:00 AM - 11:30 AM
Fee: \$45.00 Limit: 45

[CLICK HERE](#)

The late-20th century writer Octavia Butler said: "Science fiction frees you to go anyplace and examine anything." That has been true since Johannes Kepler wrote the first science fiction book, *Somnium*, in 1609, and Mary Shelley wrote *Frankenstein* in 1818. Some of the greatest S.F. writers and filmmakers have taken us "anyplace," from the limits of outer space and advanced alien civilizations, to the creation of new species and the most remarkable possible future of our own world. We will look at S.F. as a genre in literature and film and its importance in Western and Eastern culture by focusing on certain themes, writers, and filmmakers. As the famous S.F. writer Ray Bradbury (author of *Fahrenheit 451*) said: "Science fiction is the most important literature in the history of the world, because it's the history of ideas, the history of our civilization birthing itself."



The Way to Santiago de Compostela

3 sessions with Karen Carothers and Chaia May

Tue, Nov 19, (skip 26) Dec 3, 10

10:00 AM - 11:30 AM

Fee: \$40.00 Limit: 30

[CLICK HERE](#)

Learn about the Camino Francés de Santiago, a 500-mile historical "pilgrimage" that begins in St. Jean du Port, France, traverses northern Spain, and ends at the Cathedral de Santiago in Galicia, Spain. Legend has it that the relics of Saint James the Apostle were buried there in the first century and were "discovered" later in the ninth century. Pilgrims have been making their way to the site from various routes throughout Spain, Portugal, and all of Europe ever since. A brief history of the Camino's origins, traditions, and topography through Spain and Portugal will be accompanied by photos taken by Chaia and Karen on recent individual pilgrimages. Learn about the practicalities of planning such a trip and why this walk is so compelling for so many.

Suggested viewing available online.

[CLICK HERE](#)

When you see this icon, click to view the online description with additional details on the class listing including instructor bios, suggested and required readings, supply lists and other fees.

Blackstone Valley History

1 session with Allison Horrocks

Wed, Sept 18

9:30 AM - 11:00 AM

Fee: \$15.00 Limit: 30

[CLICK HERE](#)

Along the Blackstone River, a number of enterprising colonists and their descendants started businesses that would change the course of history. We'll discover how large corporations grew out of small mill villages in the 19th century and explore the beginnings of industry in the U.S. This course will focus on a few important case studies in local labor history.

Hurricanes in Southern Rhode Island: What's Next?

1 session with Robert Muller

Wed, Sept 18

9:30 AM - 11:00 AM

Fee: \$15.00 Limit: 45

[CLICK HERE](#)

What do historical records since 1635 and recent sediment studies tell us about the risk of hurricanes in Southern Rhode Island today? We'll focus on the hurricane of 1938 and Carol in 1954, the last two Category 3 storms to hit this region. What characteristics do the worst storms share? Is another major storm likely? We'll review various climate change studies that draw somewhat differing conclusions about whether hurricane frequency or intensity will increase in New England.

Suggested reading available online.

The Secrets of Self-Publishing

1 session with Steven Porter

Wed, Sept 18

11:30 AM - 1:00 PM

Fee: \$15.00 Limit: 30

[CLICK HERE](#)

Have you always dreamed of publishing your memoir, poetry collection, short stories, or even a novel? The traditional path to publish is confusing, frustrating, and time consuming. But now, with the help of new and



emerging technologies, anyone can become a published author. (And there is even a chance that self-publishing could be a profitable endeavor or land you on a bestsellers list!) Find out about the growing phenomenon of independent self-publishing with the intention of helping motivated writers achieve their lifelong dreams of becoming published authors.

Urban Wildlife

3 sessions with Greg Gerritt
Wed, Sept 18, 25, Oct 2
11:30 AM - 1:00 PM
Fee: \$40.00 Limit: 45

[CLICK HERE](#)

Following an introduction to urban wildlife, we'll view a series of short videos filmed by Greg Gerritt in Providence and discuss what they tell us about the ecology, behavior, and conservation of urban wildlife. We'll see amphibians and turtles and hear what Greg has learned over the years about Fowler's toads. We'll follow this with birds and mammals, including hawks rearing young, frogs and herons, otters, and songbirds. Throughout, Greg will share wildlife history stories and his own observations, and may even tell the story of Darwin, cactus, and cows.

Alfred Hitchcock, Cinematic Genius

6 sessions with Paul Stein
Wed, Sept 18, 25, Oct 2, 9, 16, 23
1:30 PM - 4:30 PM
Fee: \$55.00 Limit: 40

[CLICK HERE](#)

Alfred Hitchcock's influence on major films is undisputed. Known for his belief in "pure cinema," he showed us that cinematic techniques, such as camera shots, editing, and sound, could be transformed into a powerful storytelling language. To understand his films, it is crucial to understand the nature of the medium. "I depend on style more than plot. It is how you do it, and not your content that makes you an artist. A story is simply a motif, just as a painter

might paint a bowl of fruit just to give him something to be painting. Once the screenplay is finished. I'd just as soon not make the film at all. All the fun is over It's melancholy to shoot a picture.

When you finish the script, the film is perfect." We will study the unique style and techniques of Hitchcock and then screen and discuss five of his films: *The 39 Steps*, *Shadow of a Doubt*, *The Lady Vanishes*, *Strangers on a Train*, and *Rebecca*.

Note: Before all classes, students will be emailed a portion of the presentation to enhance understanding of the upcoming class and explain the videos that will be shown.

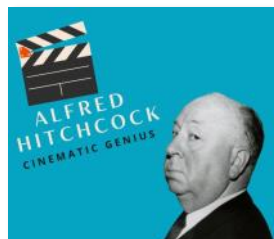
Soul Collage©

4 sessions with Lynn Larned
Wed, Sept 18, 25, Oct 2, 9
1:30 PM - 3:00 PM
Fee: \$45.00 Limit: 12

[CLICK HERE](#)

SoulCollage, created by Seena Frost, is an intuitive, creative process that absolutely anyone can do. We will place cut-out images from magazines on cards to create a collage. The images selected by you, as well as the images that select you, will possess deep personal meanings that will be discovered through further work with your cards. This workshop is for anyone who is interested in self-discovery and self-expression in a creative, non-competitive environment. It is designed to be a way for us to get to know all of our inner parts in an accepting, non-judgmental way.

Information on materials available online.



Walking Rhode Island: Hikes in the Fall

1 session with John Kostrzewa
Wed, Sept 25
9:30 AM - 11:00 AM
Fee: \$15.00 Limit: 45

[CLICK HERE](#)

John Kostrzewa, who writes the “Walking Rhode Island” column for *The Providence Journal*, has been hiking across the state for decades. He'll share how and why he started, where he has hiked, and what he has learned on the trail. He'll discuss the history of the areas where he has hiked and the variety of birds, trees, and geological features he has found. He'll also offer recommendations about where to walk in the fall and point out what you need to bring with you and how to stay safe. He'll also explain what makes Rhode Island's trails unique and outline some of the challenges that Rhode Islanders face with regard to maintaining the state's public places.

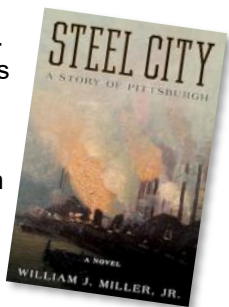
Suggested reading available online.

Steel City: Writing Historical Fiction

1 session with William Miller
Wed, Sept 25
3:30 PM - 5:00 PM
Fee: \$15.00 Limit: 20

[CLICK HERE](#)

The setting: the 1890s, the golden age of Pittsburgh when its technological innovations and wealth creation made it the Silicon Valley of its day. Pittsburgh was first in steel, food processing, and electricity, and the leaders of those industries—Carnegie, Frick, Heinz, and Westinghouse—are names we still know today. The story: A young Yale graduate is faced with a decision: accede to his father's wishes and pursue a career in law or the steel business or follow his own instincts and become a newspaperman. Wit-



nessing the infamous Johnstown Flood confirms his choice to be a journalist, and he becomes witness to the spectacular boom of the country's biggest business—steel. Join the author in a discussion of the writing, publishing, and promotion process he experienced in the creation of *Steel City*, his first novel.

The Geometry of Islamic Tiling

1 session with Carol Gibbons
Wed, Oct 2
9:30 AM - 11:00 AM
Fee: \$15.00 Limit: 45

[CLICK HERE](#)

The beautiful mosaic patterns found on mosques, buildings, and homes in the Islamic world have a long and spiritual history. We will look at the geometry in these patterns, see how the tiles are made and the patterns constructed, and create a tiling pattern of our own

Free Speech: Is There Such a Thing?

4 Sessions with Stephen Berardo
Wed, Oct 9, 16, 23, 30
9:30 AM - 11:00 AM
Fee: \$45.00 Limit: 45

[CLICK HERE](#)

The concept of free speech is, in many respects, a misnomer. First, speech serves as a metaphor for all forms of expression (writing, visual and performing art, public demonstrations, blogging and other forms of electronic messaging, flags, clothing, etc.) Second, communication has never been free—it has always come at a price, from a positive or negative reaction from listeners to outright banning, imprisonment, excommunication, exile, and ultimately loss of life. It is not only governments that curtail and restrain free speech. Private companies, public organizations, social groups, political parties, religious organizations, editors and publishers, and the military, among many others, also limit personal expression. We will examine the definitions and various forms of expression, look at the history of the

concept of free speech, and explore the constraints that have been put on free expression by governments, religions, the military, social norms, etc. We will also look at other modern democracies, particularly in Western Europe, and how they limit free speech, as well as the debates around our Constitution's First Amendment.

Lillian Hellman & *The Children's Hour: The Power of a Lie*

6 sessions with Kara Marziali
Wed, Oct 9, 16, 23, 30,
Nov 6 (2 hours, starts at 9 AM), 13
9:30 AM - 11:00 AM
Fee: \$55.00 Limit: 30

The Children's Hour was a shocking play when it was written. Set in New

[CLICK HERE](#)

England, the story involves two friends who run a small boarding school for girls and are accused of something "unnatural" between them. However, the story is more about the other L word—lies.

Discover a great deal more than just a discussion of the play. Learn how the play exposes the way mass psychology can be manipulated to serve falsehood, the Henry Wadsworth Longfellow poem that inspired the title, more about Lillian Hellman and her reasons for writing such a controversial work, the true story behind the play, and a viewing of the movie.

Required text and first assignment available online.

Introduction to the Middle East

3 sessions with James Buxton
Wed, Oct 9, 16, 23
11:30 AM - 1:00 PM
Fee: \$45.00 Limit: 35

[CLICK HERE](#)

Would you like to better understand the Islamic and Arabic world? We will begin by reviewing data such as literacy rates, life expectancy, per-capita GDP, type of government, and ethnicity to better appreciate life in Islamic and Arab countries. We will then re-

view the history of Islam, the five pillars of Islam and other important beliefs, and its sects, including Sunni and Shi'a. This will be an introductory course that will concisely review essential information in trying to under-



stand the Islamic world and the Arabic world.

Facing the Storm: Rhode Island Hurricanes and Nor'easters of the Past, Present, and Future

1 session with Sam Adams and Isaac Ginis
Wed, Oct 16
3:30 PM - 5:00 PM
Fee: \$15.00 Limit: 30

[CLICK HERE](#)

We will discuss the past, present, and future impacts of major storms (hurricanes, tropical storms, nor'easters) in the Ocean State. We'll begin with an interactive discussion of Rhode Island's historical storms from the Great New England Hurricane of 1938 to Hurricane Sandy (2012) and share our own recollections of these events. We'll then review emerging storm trends resulting from global climate change, including the storm scenarios Rhode Islanders may face in the years ahead. Finally, we'll discuss the emergency manager's role in preparing for and responding to major coastal storms, and the difficulty often encountered when predicting specific storm impacts and community consequences. We'll look at the Rhode Island Coastal Hazards Modeling, Analysis, and Prediction (RI-CHAMP) system, a decision-support tool, and conduct an interactive exercise making decisions about community evacuation and hazard mitigation priorities using simulation-based RI-CHAMP prediction data.

The Five Senses of Oral Storytelling in African Culture

5 sessions with Rachel Briggs
Wed, Oct 23, 30, Nov 6, 13, 20
11:30 AM - 1:00 PM
Fee: \$50.00 Limit: 15

Discover the rich tradition of oral storytelling in African culture. We will explore the structure and significance of storytelling in African societies, emphasizing the fundamental elements of a well-crafted narrative: the beginning (introduction), middle (body), and end (conclusion) utilizing the five senses. We'll engage in a variety of activities designed to deepen our understanding and appreciation of oral storytelling traditions. Interactive games will encourage creativity and spontaneity, while movement, music, rhythm, and melody will teach us how to enhance the physical expressions and emotions we want to convey. We will end with a storytelling share, where we will each showcase newfound skills and share our interpretations of an African tale. The result will be a deeper appreciation for the oral storytelling tradition in African culture and newly developed practical skills in storytelling, performance, and creative expression that can be applied across various contexts.

[CLICK HERE](#)

Assignment for the first class available online.

The History of Modern Architecture and Urbanism

4 sessions with Richard Levy
Wed, Oct 30, Nov 6, 13, 20
3:30 PM - 5:00 PM
Fee: \$45.00 Limit: 45

We will explore the evolution of modern architecture and city planning from the mid-19th century to the 1970s, with a particular emphasis on the transformative developments in Europe and America. Through an interdisciplinary lens, we will delve into the social, technologi-

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cal, and artistic forces that have profoundly shaped architectural design during this dynamic period. From the industrial revolution to the aftermath of World War II, we will examine how architects and urban planners responded to shifting societal norms, technological advancements, and artistic movements to create iconic structures that define the modern built environment.

Suggested reading available online.



Patches on Reality: 19th Century Hoaxes

1 session with Gale Eaton
Wed, Oct 30
1:30 PM - 3:00 PM
Fee: \$15.00 Limit: 20

[CLICK HERE](#)

From Barnum's Fiji mermaid to Jernigan's scheme for extracting gold from seawater, a survey of ten hoaxes. Some of the perpetrators made money. Some were exposed and humiliated. Almost all appealed to their marks' sense of wonder, scientific curiosity, and willingness to believe in new ideas.

The Magic of Finland

1 session with Patti Folsom and Anita Smiley
Wed, Nov 6
3:30 PM - 5:00 PM
Fee: \$15.00 Limit: 20



Finland has been named the happiest country in the world for the past seven years. We'll discuss the reasons behind this ranking and discover the many special attributes of this small and unassuming country. By the time we finish we hope you are Finnstruck and that you will add a trip to Finland to your bucket list.

Suggested reading available online.

Photographic Abstraction for iPhone Photographers

3 sessions with Jan Armor

Wed, Nov 6, 13, 20

10:00 AM - 11:30 AM

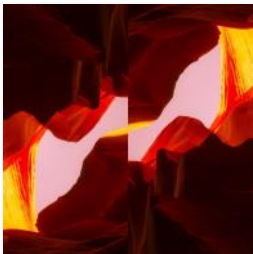
Fee: \$40.00 Limit: 35

CLICK HERE



In this hands-on workshop you will create your own personal photographic worlds beyond the usual representation of a subject.

Whether your inspiration is the landscape, portraiture, or another kind of photography, the possibilities are endless if you allow yourself to play. Using abstraction, your image will probably bear little or no resemblance to the subject at hand. When you give yourself permission to explore, the images that come to life on your screen can be surprising and most satisfying. We will investigate many possible approaches for realizing your personal vision such as selective focus, multiple exposure, reflection, distortion, camera movement, darkness and light, etc. Join us and re-imagine your world. See samples from Jan's world of abstraction at www.ArmorPhoto.com and on his Instagram feed, [janthephotoman](https://www.instagram.com/janthephotoman).



Film Appreciation: The Art of Watching Movies

6 sessions with Paul Stein

Wed, Oct 30, Nov 6, 13, 20, (skip 27),

Dec 4, 11

1:00 PM - 3:00 PM

Fee: \$55.00 Limit: 45

CLICK HERE



The film critic Christian Metz has written, "A film is difficult to explain because it is easy to understand." And, from Prof. Michael Goldberg, "We are used to sitting back in the dark and viewing a film uncritically; indeed, most Hollywood films are constructed to render 'invisible' the carefully con-

structed nature of the medium." Watching a film's moving image is enhanced by viewing it with an informed awareness of how film works and with an understanding of the elements of the craft of filmmaking. Learn about the art, technology, and language of film. Discover new ways of viewing and deepen your appreciation of movies. You will learn about the fundamentals of film production (directing, acting, editing, cinematography, and more) and how the elements of the production process are brought together to create the emotional and intellectual impact of the film experience. Once you learn to speak this cinematic language, you'll be equipped to better understand and enjoy the movies on multiple levels. Film examples will be screened in class.

Assignment for the first class available online.

Making the Old New - Vintage Sewing Machines

1 session with Brenda Bibb

Wed, Nov 20

9:30 AM - 11:00 AM

Fee: \$15.00 Limit: 30

CLICK HERE



We'll hear the story of how a sewing machine that was used for over five decades, then neglected for four more, was brought back to life by rebuilding both the machine and its wooden cabinet. We'll also learn about newer sewing machines that have been brought back to life and beauty.



DIY Harvest Watercolor Note Cards

1 session with Kara Marziali
Wed, Oct 9
11:30 AM - 1:00 PM
Fee: \$15.00* Limit: 20

[CLICK HERE](#)

Pumpkin spice, sweater weather, and leaf peeping remind us of the pleasures of autumn. Even if you've never thought of yourself as an artist or painter, Kara Marziali will help you create six note cards for the harvest season. Participants will paint three different designs on blank cards so a personal message can be written inside. Your friends and family will love the handmade touch and the cards.



DIY Holiday Watercolor Note Cards

1 session with Kara Marziali
Wed, Dec 4
11:30 AM - 1:00 PM
Fee: \$15.00* Limit: 20

[CLICK HERE](#)

'Tis the season for making and sending out holiday greeting cards. Even if you've never thought of yourself as an artist or painter, Kara Marziali will help you create six note cards for the upcoming holidays. Participants will paint three different designs on blank cards so a personal holiday message can be written inside. Your friends and family will love the handmade touch and the cards (suitable for framing) will look gorgeous on their mantles!

***MATERIALS FEE:** \$10 (cash, check, PayPal, or Venmo) to be paid directly to the instructor the day of class. All materials will be supplied, and students will receive a kit designed especially for this class.

Lifestyle Factors and Your Aging Brain

1 session with John Robinson
Wed, Dec 4
10:00 AM - 11:30 AM
Fee: \$15.00 Limit: 45

[CLICK HERE](#)

Research is showing that you can do a lot to prevent and even reverse the effects of brain aging by changing your ways. There is a growing list of potentially modifiable lifestyle practices, such as changes in diet and exercise, which can slow or accelerate brain aging and affect your risk of dementia. We will discuss some real-world examples of behavior change strategies and how you can "customize" a health-promoting lifestyle that is sustainable and fits your unique interests and situation.

Make a Gift to OLLI



Enjoying all that OLLI has to offer? We ask you to consider what an enriching experience OLLI is to your life, how it challenges you to keep sharp and engaged, and how these new friendships enliven your days.

Make an annual contribution to support the OLLI Annual Fund Drive at URI!

Give at URI.EDU/GIVE
Scroll down to "Search for Funds"
and type in OLLI.

Thank you for your support!

Watercolor Portraits

6 sessions with Tom Martino

Thu, Sept 19, 26 (skip Oct 3), Oct 10, 17, 24, 31,

1:30 PM - 4:00 PM

Fee: \$55.00 Limit: 20

[CLICK HERE](#)

Develop your skills in the special area of portraiture in the medium of watercolor, which is striking in its freshness and look of spontaneity. We'll have fun learning about facial anatomy, drawing monochromatic portraits, and doing exercises using prints of classical and modern portraitists. We'll address some special problem areas, such as animal portraits, mixed media, depth, and background. All skill levels in painting and drawing are welcome.

Supply list available online.

Man-Made Disasters

4 sessions with Richard Courtney

Thu, Sept 19, 26, (skip Oct 3), Oct 10, 17

9:30 AM - 11:00 AM

Fee: \$45.00 Limit: 45

[CLICK HERE](#)

We are constantly informed of triggering events that start a disaster. Generally after the disaster has been contained, an investigation starts to determine what went wrong, often with the charge that this should never happen again. However, disastrous events repeat as society is unable to

effectively learn from these incidents. We will examine concepts to inject new processes

that include lessons learned from previous events. Additionally we will examine several disasters and discuss what was learned and how those lessons could be applied.

Suggested reading available online.



Tiny Seats: 300 Years of Children's Chairs

1 session with Arthur Liverant

Thu, Sept 26

3:30 PM - 5:00 PM

Fee: \$15.00 Limit: 45

[CLICK HERE](#)

Arthur Liverant will share his extensive collection of antique children's chairs



to illustrate how seats for children have changed with the ages such as chairs for adults. We'll see how furniture was made for

children in past centuries and the many types and styles, makers, and materials that were used. Chairs do, indeed, tell a story!

Another Way to Remember: 19th Century Garden Cemeteries

1 session with Ronald Onorato

Thu, Sept 26

11:30 AM - 1:00 PM

Fee: \$15.00 Limit: 30

[CLICK HERE](#)

We'll survey the novel developments in 19th century cemeteries, from colonial graveyards to the landscaped park-like environments called garden or rural cemeteries. Various examples of cemeteries, their design, and their monuments will illustrate the change in funerary ideas that reflected other cultural developments like urbanization and industrialization, with Swan Point Cemetery in Providence a particular focus.

Please refer to the online catalog for the most up-to-date course information! URI.EDU/OLLI



Live and Work with Artificial Intelligence as Your Assistant

4 sessions with Barbara Findley, Bill Meisner and Barbara Nicholson

Thu, Oct 10, 17, 24, 31

9:30 AM - 11:00 AM

Fee: \$45.00 Limit: 16

[CLICK HERE](#)

Ever dreamed of having a tireless personal assistant powered by cutting-edge technology? Dive into the exciting world of AI as your partner in daily life. Explore how AI can be your personal health coach, lifelong educator, and intelligent assistant in many ways. Discover how AI could become your co-worker, empowering you to stay active, engaged, and independent. In conjunction with the OLLI Technology special interest group, this course is planned to keep you abreast of the constantly changing state of AI. Be prepared to contribute your own findings and put forth insights from the assigned articles and books we read in common.

Required reading available online.

Ida Lewis: The Legendary Lady Lightkeeper of Lime Rock

1 session with Brian Wallin

Thu, Oct 24*

9:30 AM - 11:00 AM

Fee: \$15.00 Limit: 45

[CLICK HERE](#)

In 1853, Ida Lewis was only 11 years old when her father Hosea was appointed keeper of Newport's Lime Rock Lighthouse, which marked the entrance to the often-stormy harbor. Four years later, he suffered a debilitating stroke, and Ida began assisting her mother in tending the light. As a young woman, she gained worldwide fame in the late 19th and early 20th centuries

for saving the lives of numerous individuals from the turbulent waters around the light station. She was named keeper following her father's death and while caring for her sister and invalid mother. Ever modest of her achievements, she remained devoted to her duties until her own sudden death in October 1911. This richly illustrated lecture portrays the life and legacy of one of the most famous women of her time and highlights the roles played by other women in the care of lighthouses across the country.

Suggested reading available online.

*The 113th anniversary of the death of Ida Lewis.

Watercolor Practices

6 sessions with Pike Powers

Thu, Oct 31, Nov 7, 14, 21, (skip 28),

Dec 5, 12

1:30 PM - 3:30 PM

Fee: \$55.00 Limit: 20

[CLICK HERE](#)

Let's take apart some basics to creating imagery in watercolor. Aimed at the novice, exercises and demonstrations will cover a wide range of practical and playful approaches to painting. In a watercolor journal we'll record our explorations and experiments to build a practical guide for creating more finished paintings. Steps include observation, compose light and shadow, sketch in pencil, mix colors from primaries, mop on washes, and brush techniques in addition to innovating new media and tools. Learn simple strategies that apply to objects, figures, still life, or landscapes.

Supply list available online.

Learn to Smock

1 session with Karen Ouhrabka

Thu, Nov 7

9:30 AM - 12:30 PM

Fee: \$15.00 * Limit: 10

[CLICK HERE](#)

Smocking is a hand embroidery technique used over gathered fabric that makes it flexible and stretchy. With the basic smocking stitches you learn in this class, you will have the ma-

kings of a lovely holiday ornament that you can take away to finish at home, and a foundation for continuing to use smocking for children's clothing or home accessories, such as pillows or framed pictures. No experience is necessary.

***Kit fee:** \$10, payable to instructor at the time of the class, includes pleated fabric, embroidery floss, needle, ribbon, and pins.

The Power of Lifestyle in Longevity

1 session with Renae Martin

Thu, Nov 14

11:30 AM - 1:00 PM

Fee: \$15.00 Limit: 30

[CLICK HERE](#)

Every day of our lives, we hold the power to improve our future health through the multitude of small choices that we make, often by habit. Over time, the effects of these habits accumulate and have a significant impact



on the health outcomes we begin to experience in middle age and beyond. The concerning news is that the current American lifestyle is wreaking havoc on the health of our nation's population. To complicate the problem, there is an abundance of misinformation that can lead to confusion and frustrate our efforts at making healthful changes.

We will explore the American College of Lifestyle Medicine's 6 Pillars of Health and the evidence to support the power of lifestyle choices. Because making changes to our habits is hard, we will look at the stages of change related to health behaviors, as well as the importance of setting SMART goals (Specific, Measurable, Achievable, Realistic, and Time-lined) that improve the course of our health.

The Cradle of Color: How Renaissance Venice Changed the Course of Art History

1 session with Maria Mack D'Amario

Thu, Nov 14

10:00 AM - 11:00 AM

Fee: \$15.00 Limit: 45

[CLICK HERE](#)

Pivotaly placed along the trade route between the East and the West, Venetian artists and patrons would adopt luxurious and exotic pigments, modern techniques of oil painting, and new subjects and innovative compositions. Painting alla veneziana with its mastery of light and color would set new standards for almost every future school of painting from the Spanish old masters to the Pre-Raphaelites to the Impressionists. This magical city of canals and bridges, shifting colors, and atmospheric light produced painters that no other art center possibly could have. Starting with the Bellini family workshop, we will examine the iconic works of Titian, Tintoretto, and Veronese.

Angels of Mercy: Civil War Nurses and the Rhode Island Connection

1 session with Brian Wallin

Thu, Dec 5

10:00 AM - 11:30 AM

Fee: \$15.00 Limit: 45

Nursing as a profession was in its infancy when the Civil War broke out. Brave women on both sides of the Mason-Dixon Line



[CLICK HERE](#)

often worked under dangerous and unsanitary conditions to bring care to the sick and wounded on and off the battlefield. Rhode Island was the site of a Civil War military hospital, Lovell General in Portsmouth, that provided post-battlefield care. This lecture includes a number of rare visual images and the story of a Rhode Island woman who made a profound impact on care of the sick and wounded.

**Facilitators:**

Brenda Bibb & Marian Goldsmith

Meets monthly on Thursdays

Looking for a short outing with a snack to follow? Join the Rhody Ramblers for a different adventure each month. Each outing will begin with a short walk followed by a visit to a local coffee shop or restaurant for light refreshment. These walks are easygoing and great for walkers who prefer a less strenuous walk and a social outing. If you're interested in a more adventurous walk, please join the OLLI Hiking Group.

Please register for each walk separately | Limit per walk: 15

If weather or trail conditions are likely to interfere with the safety of the walk, it will be canceled by email to participants before 8:30 AM the day of the walk. If you are unable to attend a scheduled walk, please cancel in advance so someone on a waiting list may attend.

URI BIKE PATH - September 26, 10:30 AM - 12:00 PM [CLICK FOR MORE](#)

Meet and park in the parking lot behind Independence Square and the URI Boss Arena. We will walk along the paved URI Bike Path Extension into Peckham Farm fields. After our walk we will have coffee or treats at TLC in West Kingston.

UPPER ROARING BROOK TRAIL - October 10, 10:30 AM - 12:00 PM [CLICK FOR MORE](#)

Meet and park at the RI DEM Upper Roaring Brook Trail, across from Browning Mill Pond in Exeter, RI. From Rte. 138, turn right in Hope Valley on Rte. 3, then left on K G Ranch Road. This will merge onto Arcadia Road in about 2 miles. You will see a parking area on your right in about 0.3 mile. This trail was designed to be accessible by RI DEM, a boardwalk beside small ponds that should have excellent fall color in October. We will stop afterwards at Alaina's Guac and Roll on Rte. 138.

SACHUEST POINT WILDLIFE REFUGE - October 24, 10:30 AM - 12:00 PM [CLICK FOR MORE](#)

Meet and park at the Visitor Center, Sachuest Point National Wildlife Refuge in Middletown, RI. One of five National Wildlife Refuges in Rhode Island, Sachuest is located on the southeast tip of Aquidneck Island, jutting out into the Sakonnet River and Rhode Island Sound. Coffee location to be determined.

BIKE PATH/SOUTH COUNTY COMMONS - November 14, 10:30 AM - 12:00 PM

[CLICK FOR MORE](#) Meet and park at South County Commons. We will walk the paved bike path that leads to the playing fields at Broad Rock School, the YMCA, and the South Kingstown Recreation Center. Afterwards we will visit Audrey's Coffee and Lounge nearby in South County Commons.

RICHMOND HERITAGE TRAIL - December 5, 10:30 AM - 12:00 PM [CLICK FOR MORE](#)

Meet and park at the Richmond Heritage Trail, 3 Country Acres Road, Richmond, just west of the Richmond Elementary School. The wide trail is crushed stone and boardwalk over wetlands with benches and interpretive signs along the way. We will stop afterwards at Alaina's Guac and Roll, slightly farther west on Rte. 138.



The Lyrical Poetry of Bob Dylan and Gordon Lightfoot

3 sessions with Elizabeth Bogutt
 Fri, Sept 20, 27, Oct 4
 9:30 AM - 11:00 AM
 Fee: \$40.00 Limit: 20

[CLICK HERE](#)

We'll look at a selection of written lyrics from these two amazing singer-songwriters. We'll analyze some of their well-known and less-familiar songs and discuss the motivating factors that led to their creation. We'll play some of these songs in class and everyone will be encouraged to sing along. There will also be time to discuss the influence Bob Dylan and Gordon Lightfoot have had on our lives, from our teen years to the present.

Ellis Island: The Search for Living Relatives

2 sessions with Eric Lanzieri
 Fri, Sept 20, 27
 10:30 AM - 12:30 PM
 Fee: \$35.00 Limit: 30

[CLICK HERE](#)



We will discuss the interpretation of Ellis Island arrival records and how these records can be the first

step in gathering information about our ancestors. We'll also explore various methods for using these records as part of the process of discovering living relatives in the ancestor's country of origin.

Meditation

6 sessions with Linda Morse
 Fri, Sept 20, 27, Oct 4, 11, 18, 25
 1:00 PM - 3:00 PM
 Fee: \$55.00 Limit: 30

[CLICK HERE](#)

Have you wondered what meditation is all about and if it is right for you? People of all cultures have meditated for thousands of years. Come to this very relaxed program and learn about the health and well-being benefits that can be gained from this age-old practice. You will have the opportunity to learn several different ways to meditate, look at ways of integrating mindfulness into daily life, and leave feeling relaxed and renewed. The program offers different ways to meditate to give you a "bag of tools" to choose from for your daily life and is appropriate for those with an established practice and those new to meditation. Please wear comfortable clothing. Feel free to bring a yoga mat or cushion to sit on if you'd like. This program can be experienced from the chair.

The 1960s: Music that Changed the World

6 sessions with Brett Morse
 Fri, Sept 20, 27, Oct 4, 11, 18, 25
 1:00 PM - 3:00 PM
 Fee: \$55.00 Limit: 30

[CLICK HERE](#)

Relive the events and music of the fabulous 1960s, examining the events that shaped our lives, including the Vietnam War, JFK—his presidency and assassination, Martin Luther King Jr. — I Have a Dream, his death, and the civil rights movement; the Cuban missile crisis; the first Super Bowl; and Neil Armstrong's walk on the moon, among many important events of this decade. We will also enjoy the music of the decade, especially the British Invasion, including the Fab Four (the Beatles), the Kinks, the Rolling Stones, and many other rock groups and solo artists (not just rock and roll).



Geocaching: Finding Hidden Treasures

3 sessions with Colin Parkhurst
 Fri, Oct 11 (classroom), 18, 25 (off-site)
 10:00 AM - 11:30 AM
 Fee: \$40.00 Limit: 15

[CLICK HERE](#)

Geocaching is a recreational activity that takes players all over the world on GPS-based treasure hunts. We'll spend the first lesson reviewing the basics and going through interactive classroom exercises as we prepare for the next two weeks when we explore the wooded trails and charming sidewalks in the local area. We will look at our surroundings with new eyes as we learn the tips and tricks to becoming skilled geocachers.



Come to class with your Smartphone if you have one. If not, the instructor will have some devices to lend and will assist in loading the Geocaching app. The outdoor walks will be approximately 1-1/2 miles. The urban walk is wheelchair accessible. The woodland walk takes place across moderate terrain with small elevation changes and light overgrowth. Outdoor sessions are weather dependent and require appropriate footwear, equipment, and clothing. Rain dates are Nov 1 and/or 8. Details about meeting times and locations for the outdoor walks will be given at the first class.

The Economics of Immigration
 2 sessions with Dennis Sheehan
 Fri, Oct 18, 25
 10:00 AM - 11:30 AM
 Fee: \$35.00 Limit: 45

[CLICK HERE](#)

Immigration has been a hot-button issue for years, and it is likely to be a central issue in the 2024 elections. Among others, economists have studied the effects of immigra-

tion on the economy, attempting to answer questions such as: Do immigrants take jobs from current U.S. citizens? Do they reduce wages? Do they pay more or less in taxes than they consume in social welfare benefits? How much more valuable are skilled immigrants than unskilled ones? How long does it take for immigrants to become fully integrated into the economy? We will discuss what the research tells us about the answers to these questions.

Rocky Point Park & Rhode Island History

3 sessions with George Shuster
 Fri, Oct 25, Nov 1, 8 (off-site)
 10:00 AM - 11:30 AM
 Fee: \$40.00 Limit: 20

[CLICK HERE](#)

Rocky Point Park has been a Rhode Island icon since its creation in the 1850s. This course uses the park as a lens for examining aspects of Rhode Island history that have been crucial to, and have been affected by, Rocky Point over the last 175 years. We will explore Rhode Island public transportation by land and by water, considering why Rocky Point was an important destination; Rhode Island public gatherings including political events, corporate and union events, and sporting events where Rocky Point had a role; and Rhode Island environmental protection and



public space, an area where Rocky Point's past and future converge. Our course will convene in the classroom for two sessions, followed by a final session at Rocky Point Park, which will involve a walk of approximately one mile at a slow pace on an accessible asphalt path.

The American Operetta

4 sessions with Lloyd Kaplan

Fri, Nov 1, 8, 15, 22

11:00 AM - 12:00 PM

Fee: \$45.00 Limit: 45

[CLICK HERE](#)

Although the modern operetta was created in Vienna by Franz von Suppe and in Paris by Jacques Offenbach, it became extremely popular in America during the early 20th century. The major composers of this form were Victor Herbert, Rudolf Friml, and Sigmund

Romberg.

The music of these masters, including excerpts from *Naughty Marietta*, *Roe Marie*, and *The Stu-*

dent Prince, will be featured via CDs and possible videos. The instructor promises to refrain from singing any of the arias.



American Folk Music 1928 - 2023

6 sessions with Brett Morse

Fri, Nov 1, 8, 15, 22 (skip 29), Dec 6, 13

1:00 PM - 3:00 PM

Fee: \$55.00 Limit: 45

[CLICK HERE](#)

Take an introspective look at the influence of folk music on American society, starting in 1928 with one of the earliest known U.S. folk festivals located in Asheville, NC, and ending with the 2023 Newport Folk Festival. Folk music songs range in subject matter from war, work, civil rights, and economic hardship to nonsense, satire and, of course, love. We will listen to some of the greatest folk musicians, including Pete Seeger, Arlo Guthrie, The Weavers, Peter, Paul and Mary, and, of course Bob Dylan, Nobel Prize winner in literature.



Chair Yoga: For Body, Mind and Spirit

6 sessions with Linda Morse

Fri, Nov 1, 8, 15, 22 (skip 29), Dec 6, 13

1:00 PM - 3:00 PM

Fee: \$55.00 Limit: 25

[CLICK HERE](#)

Are you interested in practicing yoga but feel restricted or uneasy about having to get down to the floor? Do you simply want to achieve better flexibility and strength of movement? Whether you are seated at a desk or table or confined to a wheelchair, yoga practiced in a chair can provide the same benefits as floor practice. In this very relaxed and enjoyable program, you will gain flexibility, muscle strength, and peace of mind. Learn ways to move as well as breathing techniques for daily living, all at your own pace. Wear comfortable clothing that allows you freedom of movement.



After your class ends you will receive an email feedback survey. It doesn't take long and we encourage you to take a few minutes and share your thoughts with us. You can also email or call us any time to share your opinions – good or bad! There are also paper copies of the survey located in the classrooms for your convenience. We need to hear from you so we can continue to offer high-quality programs.

Call us at 401-874-4197 or email olli@uri.edu.

Exploring Old-Growth Trees and Forests

1 session with Matthew Largess
Sat, Sept 21
9:00 AM - 12:00 PM
Fee: \$20.00 Limit: 20

Delve into the realms of ancient woodlands and arboreal giants, from the famous towering redwoods of California to the ancient bald cypress swamp forest of the Florida everglades, to wolf trees right here in New England. We will gain an

[CLICK HERE](#)



understanding of the significance of old-growth forests in ecological, cultural, and conservation contexts. We'll discuss how to identify old-growth trees by sight, physical characteristics, and location, as well as the ecological functions and importance of old-growth trees and forests. We'll deepen our knowledge and connection to trees and nature to develop a holistic appreciation for the beauty, complexity, and vulnerability of old-growth forests.

This three-hour journey will take place in the field at an old-growth tree site, to be announced, near the URI campus.

Note: Please bring a notebook, camera, water, sturdy boots, and appropriate clothing for the weather.

GREAT DECISIONS

Foreign Policy Association

The Great Decisions Foreign Policy Association Group at OLLI is an OLLI Extra that meets monthly 8 times a year and is FREE to all members who register. Members MUST register for each class session. For the fall semester, there is one topic in September – offered on a Thursday in September and a Friday in October. The 2025 Great Decisions topics will resume in January.

Facilitators: Jim Findley & Emilia Gonzalez-Torpey

Fee: Free for members
Registration is required
Limit: 45

Visit <https://www.fpa.org> for recommended readings.

Pandemic Preparedness

Choose 1 session:

[CLICK HERE](#)

- Thu, Sep 19, 3:00 PM - 4:30 PM
- Fri, Oct 4, 10:00 AM - 11:30 AM

Looking back at the COVID-19 pandemic, there are many lessons to take away in terms of domestic and international policies.

Although this pandemic seems to have waned, how can we apply these lessons to future pandemics? Will countries cooperate, and will a consensus emerge on how to manage global health challenges?



zoom

Mr. Nice Guy: Films of Tom Hanks

6 sessions with Arnie Wright
Tue, Sept 17, 24 Oct 1 (skip Oct 8), 15,
22, 29

1:00 PM - 4:00 PM

Fee: \$55.00 Limit: 30

[CLICK HERE](#) 

Tom Hanks is an actor, director, and producer known for both his comedic and dramatic roles. One of the most popular and recognizable film

stars worldwide, he is regarded as an American cultural icon. We will view

The Money Pit (1986), *Philadelphia* (1994), *Forrest Gump* (1995), *Cast Away* (2001), *The Terminal* (2004), and *A Man Called Otto* (2022). After each film we will have a 45- to 60-minute discussion and critique. This is your chance to be a film critic. Be prepared to be entertained!



God Is in the Details: Symbolic Structure Within Architectural History

6 sessions with Teresa Testa
Mon, Sept 23, 30, Oct 7 (skip 14), 21, 28,
Nov 4

3:00 PM - 4:30 PM

Fee: \$55.00 Limit: 30

[CLICK HERE](#) 

Visually stunning, technologically enlightened, and exceptionally individualistic: the history of architecture tells the story of humanity, its evolution in the fruition of material culture, and its connection with the divine world. Consider the first part of the course title, attributed to modernist architect Ludwig Mies van der Rohe. It also is attributed to 16th-century theologian Saint Teresa of Ávila. Here we find our enchanted en-

trance into a world of architectural splendor and mnemonic spiritual value. Students will be introduced to a history of architecture through visual image and historical narrative and then will learn the physical features of architectural appreciation by decoding the symbolic structure. The objective for each session is to gain a broader history of each time period, enhanced knowledge of material culture, and increased perspective on the connection between architecture and the transcendent. What beautiful artistry we shall uncover.

Note: Reading assignments will be given as necessary each week, including documents sent on email.

Cynology 101

4 Sessions with Stephenie Slahor

Wed, Oct 9, 16, 23, 30

3:00 PM - 4:30 PM

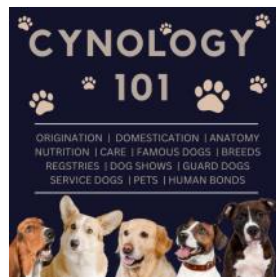
Fee: \$45.00 Limit: 45

[CLICK HERE](#) 

Fetch a copy of the OLLI catalog and sit down to peruse the offerings. When you come to Cynology 101, unleash your curiosity and stay focused.

It's a treat you'll love to speak about because we'll be studying all things dog.

As if you couldn't tell by now! We'll paw through such topics as origination, domestication, anatomy, nutrition, and care; famous dogs in history and entertainment; dog breeds; dog registries; dog shows and activities; and the bond between humans and dogs as guards, service animals, and pets. Cat, fish, and reptile lovers are also welcome, of course!



The Search for an American Sound

4 Sessions with Emanuel Abramovits
Thu, Oct 31, Nov 7, 14, 21
9:00 AM - 11:00 AM
Fee: \$45.00 Limit: 45

PLAY VIDEO 

CLICK HERE 

Since the 1890s, when Americans were beginning to develop their own traditions in classical music, composers have recognized the dilemma of creating the American sound. We'll explore how not only classical musicians, but also Broadway and Hollywood composers of different origins and ethnicities alternated in creating a sound that has been defined as evocative of this land and its people. Aaron Copland, George Gershwin, William Grant Steel, Florence Price, Alex North, Elmer Bernstein, and others will be the protagonists of this lecture, supported with audiovisuals and anecdotes.

Climate Change: Causes, Effects, and Responses

6 Sessions with Kenneth Hinga
Tue, Nov 5, 12, 19, 26,
Dec 3, 10
10:00 AM - 11:30 AM
Fee: \$55.00 Limit: 30

CLICK HERE 

Long ago, scientists predicted that if we kept pumping carbon dioxide into the atmosphere, we would warm the planet. That warming has come to pass, and the consequences are being realized. We will examine the factors contributing to the warming. Then we will look at the direct effects of the warming, such as sea



level rise, changes in rainfall, flooding, and direct effects of heat waves on humans. We will also discuss some of the ways humans are responding, including efforts to reduce greenhouse gas emissions, actions to mitigate damages due to sea level rise, changes in insurance coverage, and population migration.



The 20th Century American Short Story

6 Sessions with Robert Weibezahl
Wed, Nov 6, 13, 20 (skip 27) Dec 4, 11, 18
2:00 PM - 3:30 PM
Fee: \$55.00 Limit: 30

CLICK HERE 

Join the exploration of the short story as we delve into *The Best American Short Stories of the Century*, selected by John Updike. This session, we will concentrate on stories from the beginning decades of the last century by both well-known and less-remembered writers. Participants read the stories in advance, then we discuss them within the context of their time, investigating American themes such as immigration, race, social progress, and individuality. There is no prerequisite.

Required reading available online.

Right Brain Photography

3 Sessions with Eli Vega
Mon, Nov 18, 25, Dec 2
10:00 AM - 11:30 AM
Fee: \$40.00 Limit: 15

CLICK HERE 

Learn how to see with your imagination, not your eyes—how to see something before you see it; how to make the common uncommon. This highly interactive course piggybacks on Eli's award-winning book *Right Brain Photography: Be an Artist First*. You will learn creative in-camera concepts, principles, and techniques without having to spend hours in front of your computer manipulating images. A workbook will be provided to those who register.

Suggested reading and assignment for the first class available online.

What Makes the Grand Canyon Grand?

3 Sessions with Stephenie Slahor
 Mon, Nov 18, 25, Dec 2
 3:00 PM - 4:30 PM
 Fee: \$40.00 Limit: 45

[CLICK HERE](#)

Arizona's Grand Canyon is one of the most famous places in the world. We'll explore its geology, trails, ancient and Native American history, modern history, development into a National Park, and its flora and fauna. And, yes, we'll also learn about those famous Grand Canyon mules!



If you need assistance downloading or joining a Zoom meeting, please call the office well in advance of your class. We are happy to help with any Zoom-related matters.

Links to join Zoom classes are sent in a reminder email 2 days before the class starts. For your convenience, a link is also sent 30 minutes prior to the beginning of each class.

Teach for OLLI

OLLI faculty and presenters are members of the community who are excited about teaching and involving an enthusiastic group of learners in a new way. Some of our OLLI instructors are current or retired high school or college faculty, while others are people who enjoy the opportunity to share their interests and knowledge.



DONATIONS ACCEPTED at OLLI for URI'S BASIC NEEDS PANTRY

Each month we send out an email listing items the pantry is need of. A collection bin is located outside the OLLI office door and another is located in the office.

Scan the QR Code to fill out the Course Proposal Form



Proposal Due Date:
 Spring 2025 – Nov 5
 Summer – Feb 4

LUNCH AND LEARN

Free for members - Registration Required

Preparing to Care: Setting Up for Success as a Caregiver

1 session with Joanne Daly
Thu, Sept 26
11:30 AM - 1:00 PM Max: 45

CLICK HERE

Health caregiving is a big responsibility that can take a toll on a person's financial and psychological well-being. We'll explore how to develop an effective caregiving plan and how to balance caregiving with other personal and professional obligations. Items to be discussed include:

- Factors to consider before assuming the role of caregiver
- Stages of the caregiving continuum
- The cost of caregiving
- How to care for yourself while caring for your loved one

Retirement Income Planning

1 Session with Joanne Daly
Thu, Oct 17
11:30 AM - 1:00 PM Max: 30

Each of us has a unique vision for our retirement. Proactive planning is the first step toward bringing that vision to life. We'll discuss how to determine how much money



you will need for the retirement you envision and how to develop a retirement income and distribution strategy that maximizes the likelihood of success in meeting your retirement goals and preserving your investments.

Financial Well-Being After the Death of a Spouse

1 session with Joanne Daly
Thu, Nov 14
11:30 AM - 1:00 PM
Max: 25

CLICK HERE

Navigating through personal loss presents many challenges, among them issues related to financial security. We will discuss the key financial challenges we may face after the loss of a spouse and what steps we may need to take in preparing for the next chapter of life to feel more confident about our financial well-being.

Understanding Personal Homeowners Insurance

1 session with Kevin Eustis and Denali Sexton
Mon, Oct 28
11:30 AM - 1:00 PM Max: 45

CLICK HERE

Do you find homeowners insurance policies confusing?

Would you like to better understand the policy options available? Two



training instructors from Amica Mutual Insurance will provide an overview of the basics of homeowners insurance and a breakdown of the different coverages provided by a policy.

CLICK HERE

When you see this icon, click to view the online description with additional details on the class listing including instructor bios, suggested and required readings, supply lists and other fees.

OFF-SITE CLASSES

Note: All participants on tours or in classes that meet in a location other than OLLI (210 Flagg Rd.) are required to provide their own transportation to the location and will be required to fill out an Assumption of Risk and Release of Liability Form.



[CLICK HERE](#)

Beginner Handbells

3 sessions with Tricia Halloran
Tue, Sept 17, 24, Oct 1
4:00 PM - 5:30 PM
Fee: \$40.00 Limit: 10
Location: Peace Dale Congregational Church

[CLICK HERE](#)

We will learn the history of handbells, the composition of a bell choir, and multiple ringing techniques. Participants will practice ringing handbells and learn how to read handbell music. During each class we'll learn a song or two with the different techniques in them. No musical experience necessary.

Advanced Beginner Handbells

3 sessions with Tricia Halloran
Tue, Nov 12, 19, 26
4:00 PM - 5:30 PM
Fee: \$40.00 Limit: 10
Location: Peace Dale Congregational Church

[CLICK HERE](#)

We will continue learning ringing techniques and practicing reading handbell music and ringing handbells. During each class we'll learn a song or two with different techniques in them. This class is designed for people who took the Beginner Handbells course or have previous experience with handbells or other musical instruments.

Fabulous Fingers: Basics of Piano

6 sessions with Kirsten Mitak
Wed, Sept 18, 25, Oct 2, 9, 16, 23,
11:00 AM - 11:55 AM
Fee: \$55.00 Limit: 16
Location: URI Keyboard Lab

[CLICK HERE](#)

Have you always wanted to learn how to play the piano? Or get back to playing again? Learn basic keyboard skills and musicianship in the comfort of the URI keyboard lab, where you will use headphones to practice and play. We will work on sight reading, repertoire, keyboard technique, simple improvisations, and fundamental music theory.

Fabulous Fingers: Part III

5 sessions with Kirsten Mitak
Wed, Oct 30 (skip 11/6), Nov 13, 20 (skip 27), Dec 4, 11
11:00 AM - 11:55 AM
Fee \$50.00 Limit: 16
Location: URI Keyboard Lab

[CLICK HERE](#)

Prerequisite: *Fabulous Fingers Part II or previous piano experience*

Have you completed Fabulous Fingers Part II at OLLI, or do you have other basic piano experience and can read the grand staff using both hands? Join us as we progress through more group lessons covering keyboard skills and musicianship in the comfort of the URI keyboard lab, where you will use headphones to practice and play. We will work on sight reading, repertoire, keyboard technique, simple improvisations, and fundamental music theory.



Required text available online.



Let's Skate!

9 sessions with Dorothy Cunningham
 Thu, Oct 10, 17, 24, 31, Nov 7, 14, 21,
 (skip 28), Dec 5, 12
 9:00 AM - 9:50 AM
 Fee: \$70.00* Limit: 20
Location: Boss Arena

[CLICK HERE](#)

Refresh your ice skating skills or get started in a sport that is challenging, social, and a lot of fun. Starting with the basics, each skater will be given personal attention by our coach according to the step-by-step learning programs of the United States Figure Skating Association and the Ice Sports Industry. Participants may continue skating after class until 10:20 AM.

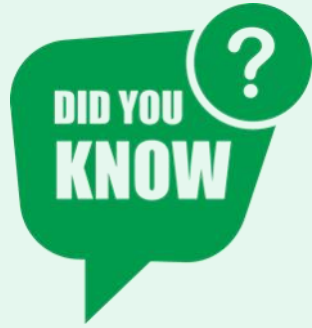
***Note:** Additional fees apply. See online and your class confirmation.

Kaleidoscope Origami

1 session with Leslie Mahler
 Thu, Sept 26, 1:00 PM - 4:00 PM
 Fee: \$20.00 Limit: 10
Location: RI Weaving Center

[CLICK HERE](#)

Learn two basic tea bag size folding patterns to make origami medallions that can be used to create greeting cards, ornaments, or decorations for packages. Once you master some basic folds, you can learn other shapes using similar techniques. You will take away two greeting cards decorated with an origami medallion of your own making and the materials to create two more cards on your own at home.



Your membership must be valid throughout the duration of the classes you register for. If you're not sure of your renewal date, call the office at 401-874-4197.

Instructor bios, suggested and required reading, along with class assignments, are available in our online catalog. Visit URI.EDU/OLLI.

Not sure what room your class is in? Check the TV monitor located in the OLLI lobby.

If you're interested in bringing a guest to introduce them to OLLI, please call the office the day before the class begins.

OLLI follows URI's policy of cancelling classes. Use the URI Alert page to find factual and timely information related to emergency situations, power outages, weather alerts and other campus notices.

If you get closed out of a class, you should always add your name to the Wait List. There are always cancellations before a class and if an opening becomes available, we will call you and register you over the phone.

TOURS & TRIPS

If no instructor or facilitator is listed, the tour will be led by a trained docent or staff member.

A Shoreline Access Walking Tour

with Monica Allard Cox & Janet Freedman

Tue, Sept 17

10:00 AM - 12:00 PM

Fee: \$15.00 Limit: 25

Location: Bristol, RI

[CLICK HERE](#)

With 400 miles of coastline, Rhode Island has hundreds of spots where you can access the shore for boating, fishing, swimming, or just relaxing and enjoying the view. If you want to learn more about Rhode Island's constitutionally protected right to the shore

and how to find these hidden gems, join this guided walk to four shoreline rights-of-way (ROWs). Our guides will cover topics such as the state's

process for designating shoreline ROWs, maps and tools you can use to find these sites, who is responsible for maintaining ROWs and how they can be adopted, some of the barriers people experience in accessing ROWs, and what Rhode Island is doing to improve shoreline access for all.

This easy walk is a little over a mile round trip, though you may choose to continue walking on the bike path after the tour is over. Colt State Park is a short distance away.

Meet at the shoreline right-of-way adjacent to 2 Beach Road, Bristol, at 10:00 AM. On-street parking is available.

Rain date: Thursday, September 19.

Tour of Historic Fort Adams

Choose 1 date:

Tue, Sept 17

Thu, Sept 19

11:15 AM - 12:30 PM

Fee: \$15.00 Limit: 20

[CLICK HERE](#)

Fort Adams, a National Historic Landmark, built 1824-57, remaining in active use through World War II, is the most complex coastal fortification in the United States. Best known as the host site of the Newport Jazz and Folk Festivals, Fort Adams was designed to defend against attacks from both land and sea. Your guided tour will last approximately 75 minutes and involve nearly one mile of walking and provide scenic views of Newport Harbor from atop the walls, as well as access to the underground listening tunnels, deep beneath. On tour, your tour guides will discuss the history of Fort Adams and the City of Newport from the colonial period through WWII. Please wear proper footwear and dress appropriately for the weather that day.

Servant Life Tour at The Elms

Wed, Sept 18, 10:30 AM - 11:30 AM

Fee: \$25.00 Limit: 12

Recent research has revealed details about life behind the scenes in the great houses of Newport, including new information about immigration, employment, and labor disputes in the early 20th century. Until recently, a tour of The Elms introduced us to the lifestyle of Mr. and Mrs. Ernest Birch of Philadelphia, whose Gilded Age mansion completed in 1901 housed their fine art collections surrounded by their elaborate Classical Revival gardens.

Note: Be prepared to climb the back staircase of 82 steps from the servants' entrance to the third-floor staff quarters and then down through the basement kitchens, coal cellar, boiler room, and laundry rooms.

[CLICK HERE](#)



The Hazard Family Legacy to Peace Dale Village

With Mary Brown and Julie Wardell
Wed, Sept 18
10:30 AM - 12:00 PM
Fee: \$15.00 Limit: 12

[CLICK HERE](#)

We will begin at the Peace Dale Museum of Art and Culture, which houses artifacts collected from around the world and the local community by 19th century industrialist Roland Hazard II, and focuses on Native American objects. After the museum tour, we will walk through the historic mill village of Peace Dale established by the Hazard family. Learn about the third oldest kindergarten in the U.S., Hazard Memorial Hall, the Peace Dale Mill Complex, the oldest volunteer fire department in RI, the birthplace of the recreation movement at the Neighborhood Guild, and other sites.

Note: *The museum is located on the second floor of an old granite building. You must be able to climb 2 flights of steep stairs to view the collection and walk up to a mile on the outdoor tour. Parking information available online.*



All the People of the Land: A Tour of Casey Farm

1 session with Jane Hennedy
Thursday, Sept 19
2:00 PM-3:00 PM
Fee: \$15 Limit: 20

[CLICK HERE](#)

Located on the ancestral homeland of the Narragansett People, Casey Farm once produced food for local and coastal markets and was one of many plantations tied to slavery. Eight generations of the Casey family owned the 300 acres raising animals and a variety of crops. During this 60-minute tour, you will learn about the history of agriculture, architecture and design, and social history of the farm's inhabitants in context with Rhode Island history. Join us on a tour of the farmyard to visit the animals, the family cemetery, and farmhouse museum gallery featuring family portraits and cultural objects representing all the people of this land.

Note: *The tour involves walking outdoors approximately 1/4 mile on flat lawns and dirt driveway surfaces. The farmhouse museum gallery has two steps leading inside a space whose door opening is narrower than 3 feet.*

NEWSLETTER

OLLI@URI WEEKLY NEWS

Are you signed up for our weekly e-newsletter? Don't miss out on new classes, special events and announcements. News arrives in your email Monday mornings.

Sign up by emailing olli@uri.edu

Note: *All participants on tours or in classes that meet in a location other than OLLI (210 Flagg Rd.) are required to provide their own transportation to the location and will be required to fill out an Assumption of Risk and Release of Liability Form.*

Tour of the Westerly Armory (and more)

With Roberta Mudge Humble
 Mon, Sept 23
 11:00 AM - 1:00 PM
 Fee: \$15.00 Limit: 20

[CLICK HERE](#)

Become acquainted with one of Rhode Island's 18 historic armories from the headhouse filled with museum rooms and the home of The Westerly Band (oldest active community band in the nation), to the drill hall that hosts a multitude of events, to the lower level where you can see Mrs. Goodwin's mailbox chickens, and the Armory's celebrated float. Gain an appreciation of the remarkable architecture of William R. Walker & Son who designed 5 ½ of the state's armories, over half of the state's town halls, and many houses, some of great significance.

If you like, bring your lunch. Water and soda will be available and you can have your lunch in the Armory's drill hall.

Clouds Hill Museum Tour

Tue, Sept 24
 10:00 AM - 12:00 PM
 Fee: \$15.00 Limit: 20

[CLICK HERE](#)

Join us as we visit a hidden gem, the House at Clouds Hill in East Greenwich, RI. The house was built in 1870 as a wedding gift for Elizabeth Ives Slater on her marriage to Augustus Reed, Jr., and the tour will be led by her direct descendant, Anne Holst, president of the museum. Clouds Hill represents that rarest of architectural gems, a perfectly intact period house with original contents, archives, and contextual setting, further blessed with important family historical associations and interiors of national significance. In 2000, Clouds Hill opened its doors to offer the public a portal to the past, an opportunity to experience 19th-century life in a home that never passed out of the original family's stewardship. In 2004, Clouds Hill Victorian House Museum became a 501

(c) (3) non-profit organization, and in December 2014 Clouds Hill (a.k.a. Cedar Hill) was added to the National Register of Historic Places.

The museum is located at 4157 Post Road, East Greenwich, Rhode Island, 02818. The museum is wheelchair accessible and ample parking is provided.

Roger Williams Park Botanical Center Tour

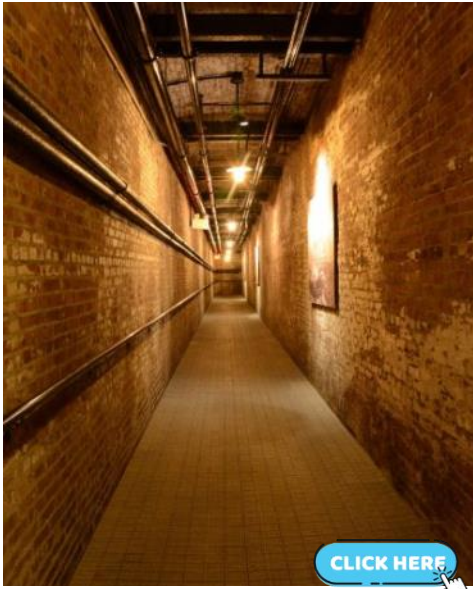
Wed, Sept 25
 11:00 AM - 12:30 PM
 Fee: \$20.00 Limit: 15

[CLICK HERE](#)

This guided tour will take place at New England's largest indoor public garden, with more than 23,000 square feet of display space for a wide variety of plants, including orange trees, a carnivorous plant bog, and an arid desert. The outdoor gardens include a rose maze, perennial gardens, edible forest, and a pollinator garden. The Botanical Center focuses on ecological practices including using benefi-



cial insects to decrease pest problems, leaving leaves in the fall to create habitats for native insects and pollinators, reducing the use of carbon-producing equipment like mowers and leaf blowers by allowing grassy areas to become low-mow or meadows, and allowing plants to grow in a more natural manner rather than intense maintenance and pruning for perfection. There are also three goats on the property to help control poison ivy and invasive plant species.



Beneath the Breakers Tour

On Tue, Oct 1, 10:30 AM - 11:30 AM
 Fee: \$30.00 Limit: 12

Based on research by Preservation Society staff and period documents, this tour shares with visitors how the great house changed with the times as domestic technology evolved through the Gilded Age and into the 20th century. Learn how the development of electricity changed life at the mansion, how the revolutionary infrastructure heated and cooled the great house, how modern plumbing and laundry facilities affected attitudes about hygiene and cleanliness. The detailed journals of the house engineer help us understand how it all worked

This is an underground experience in a historic structure. There are 30 stairs. The tour is not accessible for those with mobility devices. You will pass through some enclosed spaces. Comfortable, flat shoes are recommended. Ticket holders should meet in the gravel driveway just inside The Breakers, 5 minutes prior to the start of the tour. Note: Does not include a visit to the "regular" tour of the house. If you want to add a visit to

the house after your Beneath the Breakers tour you may pay an additional \$18pp upon arrival.

The Rhode Island Courts

With Justice Gilbert Indeglia
 Fri, Oct 4, 9:30 AM - 11:00 AM
 Fee: \$20.00 Limit: 15
 Location: Licht Judicial Complex

After a welcome by Hon. Gilbert V. Indeglia, retired Supreme Court justice, and Kara Picozzi, deputy director, Community Outreach and Public Relations, our tour will include the Rhode Island Superior Court, the State Law Library, and the Rhode Island Supreme Court, where a Q&A session will take place.



Suggested reading, meeting place, and parking information available online.

Identifying Common Invasive Plants

1 session with Tom Hoagland
 Thu, Oct 24, 1:00 PM – 2:30 PM
 Fee: \$15.00 Limit: 20
 Location: Canonchet Farm

Invasive plants overpower native and ornamental species and then spread quickly to starve native plants and animals from sunlight, nutrients, and habitat, which disrupts an interconnected biological and ecological place-based network that has developed over millions of years. On this walking tour at Canonchet Farm, learn about the major invasive species found locally and how to identify them, remove them, and maintain removal by replanting the area with native species with dense root systems. Along the trail we will observe the effects of invasive plants in a second growth woodland and discuss best practices for homeowners in controlling the spread of plants like privet and burning bush if they want to keep rather than eliminate them.



Southern New England Tribal Histories

Tue, Dec 3
2:00 PM - 3:00 PM
Fee: \$20.00 Limit: 25

[CLICK HERE](#)

Explore the history of the Narragansett Nation and other southern New England Tribes connecting the past, present, and future. This live presentation will provide a historical overview of the Indigenous tribes within and around what is now Rhode Island with particular emphasis on the Narragansett Nation. Q&A to follow.

Introduction to Sensory Evaluation in Wine

With Elisa Wybraniec
3:00 PM - 4:00 PM
Fee: \$25.00 Limit: 40
Location: Coast Guard House



Choose 1 session:

- Thu, Nov 21
 Thu, Dec 5

[CLICK HERE](#)

Have you ever questioned whether the subtle nutty aroma in wine is intentional, or pondered the origins of the wine's tutti-frutti character? Explore the art and science of wine tasting. Learn to identify and articulate the subtle nuances of flavor, aroma, and texture that define the world's most celebrated wines.

Enter the Coast Guard House from stairs located to the right of the main door. You may also enter the main entrance and take the elevator to the second floor.

TOMAQUAG MUSEUM SERIES

With Chrystal Mars Baker

Tomaquag Museum: Guided Tour and Traditional Ecological Knowledge Program

Tue, Oct 8
10:00 AM - 12:00 PM
Fee: \$20.00 Limit: 25

[CLICK HERE](#)

Founded in 1958 in the small hamlet of Tomaquag Valley, and now located in Exeter since the early 1970s, Tomaquag Museum is the state's only museum led by and dedicated to sharing the traditions and life ways of the Indigenous peoples of Southern RI. A recipient of the 2016 Institute of Museum and Library Services National Medal, the museum has in its collections thousands of cultural belongings and archival materials focusing on southern New England's Indigenous people. The first hour will be a guided museum tour with opportunities to learn more about the culture, history, and the arts of Indigenous people. The second hour will be the Traditional Ecological Knowledge program—a leisurely walk on museum grounds, identifying Indigenous and other plants and learning of their uses in the traditional life ways of the Narragansett People.

Breaking Apart Thanksgiving Myths

Tue, Nov 5
2:00 PM - 3:00 PM
Fee: \$20.00 Limit: 25

[CLICK HERE](#)

As New Englanders, many of us have beloved and long-held traditions attached to Thanksgiving. With these traditions often come antiquated, sometimes erroneous beliefs surrounding the origins of this holiday. Explore how we can continue to enjoy our turkey feast and traditions while also being mindful of historical accuracies and being culturally sensitive.

let's go travel with OLLI

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Flyers for the 2025 trips are available online and in the OLLI lobby.

TRAVEL and explore the world with OLLI friends. Enjoy domestic and international tours for new and exciting lifelong learning experiences. Plan ahead and follow your dreams!

2025 SCHEDULED TRIPS

Iceland's Magical Northern Lights (Mar 19-25)

Reflections of Italy (Apr 30-May 9)

Discover Imperial Cities (Sep 3-13)
(Prague, Vienna, and Budapest)

Spotlight on Paris (Oct 1-7)

Magical Christmas Markets (Dec 9-16)
(Austria and Germany)

TRAVEL PREVIEW MEETING

Join us on September 10, at 1:00 PM for a travel preview of Imperial Cities and a Spotlight on Paris.

Information on any new upcoming travel meetings will be in the OLLI News.

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Join us at OLLI for an exhilarating trip preview meeting on Tuesday, October 8, at 12:00 PM, that unveils the beauty and excitement of rail travel across the globe, presented by Jim Marini (URI Alumnus – class of 97' and SVP of Amtrak Vacations and Railbookers). Whether you dream of traversing the Swiss Alps onboard the Iconic Glacier Express, experiencing the delicious cuisine and traveling on

one of the high-speed trains of Italy, witnessing the magnificent views from the comfort of a Rocky Mountaineer Luxury Train in the Canadian Rockies, meandering through the landscapes of Alaska, or experiencing the breathtaking trans-continental journeys around the world.....Railbookers has you covered. Are you looking to visit the U.S. National Parks to breathe in the fresh open air? Amtrak Vacations offers a variety of destinations from the Grand Canyon, Glacier National Park, Yellowstone, Seattle, New Orleans and more! Plus, learn about how any rail journey be customized just the way you want.....making it the perfect vacation.

This trip preview meeting is your passport to a world of rail adventures that will ignite your wanderlust and leave you ready to embark on a global rail journey!!

SPECIAL INTEREST GROUPS & OLLI EXTRAS

OLLI Special Interest Groups are member-led discussion and activity groups that meet regularly and offer new and enriching opportunities for lifelong learning as well as social experiences.

They are FREE and exclusively for OLLI Members.

SPECIAL INTEREST GROUPS

Registration is required.

- Book Group
- Bowling
- Cosmic Questions
- Creativity and Play
- Current Events Discussion
- Golf (Seasonal)
- Mah Jongg
- Movie Group
- Photo Friday
- Hiking Group
- Writers Group



OLLI EXTRAS

OLLI Extras do not meet regularly.
Each session requires registration.

- Great Decisions
- Let's Talk Technology
- Lunch and Learn
- OLLI Serves
- Rhody Ramblers

Full descriptions and meeting dates and times are available online.

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Online registration begins
Tuesday, August 27, at 7:00 AM
Office opens at 9:00AM for
phone and walk-in registrations

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