

# What's Happening

Register online or call 401.874.4197 [URI.EDU/OLLI](http://URI.EDU/OLLI)  
DEC 2024

## Make Your Own Seasonal Arrangement

1 Session with Pam Shea Arnold  
Wednesday, December 11, 9:30 AM-11:00 AM  
Special OLLI fee: \$5 (Plus \$30 materials fee paid directly to the instructor by cash or check the day of the class).

Join us to create your own seasonal arrangement. We'll use mixed seasonal evergreens along with festive decorations will create a beautiful focal point for a classic winter themed piece. Please bring a good pair of clippers or floral scissors for this class.

**Pam Shea Arnold** earned a degree in floristry from the Rittners School of Floral Design in Boston, MA. She actively continues her own education in the industry with courses both in person and on line. She is owner of Flowers by Bert & Peg, a family-owned shop that has been in business in North Kingstown since 1979. She has been actively involved in the floral industry since 1983 when she joined her mother (Peg) after her business partner (Bertha, the Bert of Bert & Peg) retired. Pam Served on the board of the RI Florists Association for many years, first as secretary and eventually as president (the Association disbanded in 1999).

## OSHER ONLINE Preview Meeting

Friday, Dec 13, 10:00 AM -11:00 AM

URI OLLI is pleased to offer Osher Online classes the upcoming Winter semester. Join us to explore how you can enjoy this program and curriculum from the comfort of your own home. You'll have access to even more of your favorite classes, with just a few clicks and you'll learn alongside an expanded OLLI community, so you stay curious from just about anywhere.

## Special Travel Meeting

Monday, Dec 16, 1:00 PM

Join your fellow OLLI members and share your travel "wish list." Now is the time to plan for 2026. Details of the trips listed below will be discussed.

*Have you thought about:*

- The Colors of Morocco
- African Safari (Kenya & Tanzania)
- The Northern Lights of Finland
- Cultural Treasures of Japan
- Spotlight on South Dakota
- Mackinac Island
- America's Cowboy Country
- The Best of Eastern Canada

*Where else?*



**FREE**

## Navigating the Holidays as we Age

1 Session with Ming Lee Prospero  
Tuesday, Dec 10, 2:00 PM-3:00 PM  
Registration is required

The holiday season can come with mixed feelings for some older adults. Join us as we discuss the importance of mental and physical health as well as strategies for navigating this time of year.

**Ming Lee** is part of the URI counseling center. She earned her B.A. in Anthropology from the University of Colorado, Boulder. She earned her M.A. in Mental Health Counseling and her Certificate of Advanced Graduate Studies from Salve Regina University, Newport RI. She enjoys time in nature, cooking, listening to music and spending time with family and friends.

## Holiday Drive for Rhody Outpost

Help Rhody Outpost and the URI students in need this holiday season. Donations of gift cards (Walmart, Dollar Tree, Grocery Store, Visa Cards) in any amount. Specific items needed include: hand & body lotion and liquid hand. Any donations can be dropped off in the OLLI office.

## Start the Holiday Season with Some Fun at OLLI!

Stop by and visit OLLI wearing your UGLY (or nice) HOLIDAY SWEATER any time during the first two weeks of December (2-13). Have your photo taken and you'll be entered to win one of TEN \$25 OLLI Gift Vouchers.

**ANNUAL UGLY SWEATER WEEK**

Just in time for winter registration on 12/17, we're giving away TEN \$25 Gift Vouchers

Dec 2-13

Raffle & Treats