

Christine Weinkauff Duranso

Curriculum Vitae

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PROFESSIONAL EXPERIENCE

August 2021

Lecturer

Department of Human Development and Family Science

University of Rhode Island

45 Upper College Road

Kingston, RI, 02881

Courses teaching: Lifespan Development (HDF200), and Towards Self-Understanding (PSY103).

**August 2019-
August 2021**

Assistant Professor of Psychological Science

University of North Georgia – Oconee

1201 Bishop Farms Parkway

Watkinsville, GA 30677

Courses taught: Introduction to Psychology, Human Growth and Development. Spring 2021 to teach Human Growth and Development, and Positive Aging (Special Topics course).

Service: Campus Safety demonstration to UNG-Oconee campus (2019), Advisor for developing Psychology Club, Judge for The MidAtlantic Regional Intercollegiate Ethics Bowl Competition (2019), worked on UNG-Oconee campus float for Watkinsville Holiday Parade (2019). Member of departmental curriculum development committee, and University Faculty Senate Diversity Committee.

Accomplishments: Completed APPQMR (Applying the Quality Matters Rubric) certification (03/01/2021). Quality Matters provides national standards for online course design, ensuring quality instruction and accessibility for all learners.

Received 2 faculty annual reviews with excellent ratings across all categories for tenure-track faculty (teaching, scholarship, and service).

**April 2012-
June 2019**

Adjunct Lecturer

California State-San Bernardino, San Bernardino, CA

Courses taught: Introduction to Psychology, Introduction to Positive Psychology, Human Development, Child Development, Middle Childhood Development, Adolescent Development, Adult Development and Aging, Parenting and Family Issues, Socioemotional and Personality Development, Cognitive Development, Critical Thinking, Advanced Developmental Psychology Seminar.

Service: Served as a teaching mentor for a graduate student in psychology, Winter 2013, Spring 2015, Spring 2017, Spring 2018, and Winter 2019. I also supervised independent study for an honors student in the psychology department (Winter 2016, Spring 2017).

I supervised a research lab (Positive Development) each quarter, with 1-5 upper division undergraduate students, or occasionally a graduate student. Students assisted in data collection and data coding.

Each quarter, I advised students on career options and course selection. I also trained teaching assistants each quarter in my large lecture courses for Introduction to Psychology and Human Development. Upon request, I served as a volunteer mentor for honors students, assisting with course work on thesis development, or Independent Study.

Accomplishments: Received certification from ACUE, a national pedagogical institute, after completing a semester-long course in excellence in pedagogy (2019).

**August 2017-
June, 2019**

Adjunct Lecturer (Distance Learning – Online)

Eastern Illinois University
Charleston, IL

Courses taught: Child Development (Fall, 2017; 100% online course). Theories of Personality (Spring, 2018, Fall, 2018, Spring, 2019; 100% online course).

**January 2015-
June 2016**

Adjunct Lecturer

Woodbury University

Burbank, CA

Courses taught: Introduction to Positive Psychology, Health Psychology

**August 2012-
December 2014**

Adjunct Lecturer

Mt. San Antonio College, Walnut, CA

Courses taught: Introduction to Psychology, Human Development

**August 2013-
December 2013**

Adjunct Lecturer

Santiago Canyon College, Orange, CA

Courses taught: Child Development

EDUCATION

2017

Claremont Graduate University

Claremont, CA

Ph.D.

Positive Developmental Psychology

Accomplishments:

Completed **Preparing Future Faculty** certification

Received **Positive Psychology Fellowship** and **Claremont Graduate University Fellowship** for the School of Behavioral and Organizational Sciences

Collaborated with Dr. Stewart Donaldson for the development of a new CGU student-led applied research group: **Positive Sport Psychology** (2011-12).

Dissertation committee: Dr. Mihaly Csikszentmihalyi (chair), Dr. Jason Siegel, and Dr. Jeanne Nakamura. External reviewer: Dr. Michael Sachs, Temple University.

Dissertation title: Exercise and College Students: How Regular Exercise Contributes to Approach Motivation via Self-Efficacy

2010

Claremont Graduate University
Claremont, CA

M.A.

Positive Developmental Psychology and Professional Evaluation

Accomplishments:

Conducted a professional needs assessment (evaluation) for Casa Colina Hospital and Centers for Healthcare (Pomona, CA). Presented findings to Casa Colina Executive Board at a public hearing.

2008

Eastern Illinois University
Charleston, Illinois

B.A.

Psychology

Accomplishments:

Graduated Magna cum Laude
Psychology Department Honors Program
Honors Thesis: The Measure and Sustainability of Learned Optimism
Alpha Sigma Lambda lifetime member

PUBLICATIONS

Refereed Journal Articles

Duranso, C. W. (2018). Walk for well-being: The main effects of walking on approach motivation. *Motivation and Emotion*, 43(1), 93102.

Manuscripts in Preparation

Weinkauff Duranso, C. (in progress). How Regular Exercise Contributes to Approach Motivation: Multi-Group Path Analysis.

Sweida, G., Sherman, C., Weinkauff Duranso, C. (under review).
Lemonade and Lawns: Childpreneur activities, entrepreneurial intentions, and industry interest.

Research in Progress

Weinkauff Duranso, C., Chaille, C.* (data collected). COVID-19: Attitudes, Activities, and Emotions.

Weinkauff Duranso, C., Chaille, C.* (preparing IRB application). COVID19: Longitudinal Qualitative Exploration of Well-Being During and After the Pandemic.

**Student Researcher*

Books

Csikszentmihalyi, M., Latter, P., & Weinkauff Duranso, C. (2017). *Running Flow*. Champaign, IL, US: Human Kinetics.

Invited Book Chapters

Poudevigne, M., Alicea S., Coker-Cranney, A., Powell, S., Shaffer, C., Weinkauff Duranso, C., & Taylor, J. (2019). Obstacles. In J. Taylor (Ed.), *Comprehensive Applied Sport Psychology*, New York, NY, US: Routledge.

Non-Empirical Interviews and Publications

Weinkauff Duranso, C. (2020, September). Ask the Experts: Keys to Happiness. WalletHub.
<https://wallethub.com/edu/happieststates/6959/#>

PRESENTATIONS

Weinkauff Duranso, C., & *Christopher Chaille (2021, February). COVID-19: Attitudes, Activities and Emotions. Presentation at Well-Being Preconference for Society for Personality and Social Psychology Annual Conference, Online.

Weinkauff Duranso, C. (2021, January). Best Practices for Online

Media Presentations for Research. Presentation to Faculty from CURCA (Center for Undergraduate Research and Creative Activities), University of North Georgia.

Weinkauff Duranso, C. (2020, August). Best Practices in Remote Instruction: Mindset. Presentation at University of North Georgia Faculty LEADS (Leadership, Engagement, Achievement, Development, Service) conference, Athens, GA.

Weinkauff Duranso, C. (2020, March). Walk for Well-Being: Developing Trait Level Approach Motivation in an Emerging Adult Sample. Paper Presentation at the 2020 Society for Research on Human Development conference, Jacksonville, FL.

Weinkauff Duranso, C. (2017, November). Walk Your Way to WellBeing in Emerging Adulthood. Paper Presentation at the 2017 Society for the Study of Emerging Adulthood Conference, Washington, D.C.

Weinkauff Duranso, C. (2017, May). Walking for Well-Being. Research Talk at Mt. San Antonio College Psychology Day. Mt. San Antonio College, Walnut, CA.

Weinkauff Duranso, C. (2017, January). Does Regular Exercise Contribute to Approach Motivation? A Study in Nature with Emerging Adults. Poster Presentation at Western Positive Psychology Association Annual Conference. Claremont Graduate University, Claremont, CA.

Weinkauff, C. (2013, January). Happiness²: Learn How Incremental Increases in Positive Emotion Can Have an Exponential Impact on Your Ability to Flourish! Wellness Series Lecture for students at California State University-San Bernardino.

Weinkauff, C. (2012, May). Finding Flow and Feeling Great: How getting 'in the zone' can boost your workouts and your life. Guest lecturer for Employee Well-Being program at The Claremont Club, Claremont, CA.

Weinkauff, C. (2012, April). New Theoretical Models for Flow. Flow symposium at the Western Psychological Association annual conference, San Francisco, CA.

Weinkauff, C. (2012, April). Finding Flow in Dhyana: Still Points in a Turning World. Presentation at the South Asian Studies Association Conference, Claremont, CA.

Weinkauff, C. (2011, December). Introduction to Positive Psychology. Guest lecturer for 'Introduction to Psychology', undergraduate course at Pitzer College, Claremont, CA.

Weinkauff, C. (2011, December). Flow: Recent Empirical Findings and Future Directions. Guest lecturer for 'Introduction to Psychology', undergraduate course, at Pitzer College, Claremont, CA.

Weinkauff, C. (2011, November). Flow: Recent Empirical Findings and Future Directions. Guest lecturer for graduate course: Introduction to Positive Psychology, Mt. Saint Mary's College, Los Angeles, CA.

Weinkauff, C. (2011, August). Young/Mid Adulthood and Flow. Guest lecturer for Lifespan Development course at California State Fullerton; Fullerton, CA.

Branand, B., Galen, M., Weinkauff, C., & Wheeler, B. (2011, April). A Qualitative Study of Well-Being in Comedians: Is This Thing On? Presentation at TGIPF: Thank Goodness Its Positive Friday meeting, Claremont Graduate University, Claremont, CA.

Branand, B., Galen, M., Weinkauff, C., & Wheeler, B. (2011, April). A Qualitative Study of Well-Being in Comedians: Is This Thing On? Presentation in Advanced Qualitative Research Methods, Claremont Graduate University, Claremont, CA.

Weinkauff, C. (2011, April). Students Run LA: A Case Study in Developmental Interventions for At-Risk Youth. Presentation in Evaluating Developmental Interventions course, Claremont Graduate University, Claremont, CA.

Weinkauff, C., Wampler, K. (2010, March). Adolescence and Autonomy. Presentation at The Spaces In Between Research Exhibition, Claremont Graduate University, Claremont, CA. [11:11] [SEP:SEP]

Weinkauff, C., Wampler, K. (2010, April). Adolescence and Autonomy. Presentation at Western Psychological Association Conference, Cancun, Mexico.

Weinkauff, C., Wampler, K. (2010, August). Adolescent Autonomy. Presentation at American Psychological Association Conference, San Diego, CA. [SEP15SEP]

Weinkauff, C. (2010, July). Life Stories and Other Positive Psychology Strategies for Domestic Violence Victims. Presentation at The House of Ruth Domestic Violence Shelter, Pomona, CA.

Weinkauff, C. (2010, September). Strategies from Positive Psychology for Victims of Domestic Violence. Interview on “Life Skills” radio talk show, KLWD radio, Gillette, Wyoming.

PROFESSIONAL GOALS

Teaching general courses in Psychology, Positive Psychology, and Developmental Psychology. Researching the role of exercise, flow, and nature for well-being. Implementing community wellbeing programs based on research on exercise, flow, nature, and well-being.

Teaching Interests

Theories of Development, Adult Development, Lifespan Development, Introductory Psychology, Health Psychology, Foundations of Positive Psychology, Flow & Creativity.

PROFESSIONAL AFFILIATIONS

Association of Psychological Science (APS), American Psychological Association (APA), APA Division 20 (Adult Development and Aging), APA Division 47 (Sport and Exercise Psychology), APA Division 7 (Developmental Psychology), APA Division 2 (Society for the Teaching of Psychology), Society for the Study of Emerging Adulthood (SSEA), Society for the Science of Motivation (SSM), Society for Personality and Social Psychology (SPSP).

SERVICE

Service to Profession

I have served as a volunteer mentor for SIPPA (2012) by mentoring undergraduate students that were considering graduate school or careers in Positive Psychology (2011-2012, 2015).

Reviewer for SPSP (Society for Personality and Social Psychology) single presenter conference applications (SPSP 2021 conference, SPSP 2022 conference). August 2020, November 2020, December 2020, January 2021, June 2021.

Reviewer for APA Annual Convention, Division 47 presentation applications (APA 2021 Convention).

Service to University

LEADS presenter for UNG annual faculty LEADS conference, University of North Georgia, Athens, GA, August 2020.

Committee member: UNG Faculty Senate committee for Diversity and Inclusion, University of North Georgia, 2020-2021 academic year.

Committee member: UNG Faculty Senate committee for Diversity and Inclusion, University of North Georgia, 2021-2022 academic year.
Senate committee for Student Grade Appeals.

Service to Department

University of North Georgia, Department of Psychological Science
Curriculum Review Committee member, 2020-2021 academic year.

Service to Students

I served as coordinator of the CGU Hiking Club (2011-2015).

I mentored an undergraduate student at CSU-SB during Winter quarter, 2015 and 2016 for PSY595D: Independent Study. I supervise a research team of undergraduate students at CSU-SB (2014-present). I volunteered as a mentor for graduate students at CSU-SB interested in careers in teaching/academia (2015-2019).

Faculty adviser/founder for UNG-Oconee campus Hiking Club (2019-2020), and UNC-Oconee campus Psychology Club (2019-2020).

Research Lab team for students (2020-2021).

Service to Community

Volunteer mentor for MOSTE (moste.org), 2018-2019.

Blogger: Write a daily/weekly blog on 'pandemic resilience', providing tips from the science of psychology for readers to cultivate resilience (see professional website).