Basic Open Water Training:
The not-for-credit course runs from 5-9pm for five consecutive Monday nights. The class is divided into two components, a classroom session from 5-6:45pm then a pool session from 7-9pm. The classroom sessions are held at the URI Tootell Aquatic Center classroom located next to the pool. After five consecutive classroom and pool sessions, there is one full weekend (Saturday and Sunday 8am-4pm) of ocean dives. For this component, we meet at URI's Graduate School of Oceanography Bay Campus.

What to bring:
- Paperwork
- Payment in the form of check or money order only
- Bathing suit/ towel
- Food/ drink
- Pen/ pencil
- Shower toiletries

Please review mandatory paperwork provided by URI before enrolling. Certain medical histories may result in the need for a physician’s signature before participating. Participants are required to complete this paperwork prior to the first class and submit both payment and completed paperwork on the first day. Checks can be made out to the University of Rhode Island. Transportation to class, including ocean dives, must be provided by participants.

IN ORDER TO ENROLL YOU MUST BE ABLE TO SWIM 200YDS UNASSISTED AND TREAD WATER FOR TEN MINUTES. FAILURE TO DO SO WILL RESULT IN DISMISSAL FROM THE COURSE.

Questions? Please contact:
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