Grief often has an impact on physical health at any age, but older people are at a much higher risk for severe health problems.

**Learning Objectives:**
*After attending this webinar, participants will be able to:*

1. Differentiate between the different types of grief.
2. Describe strategies and techniques to support older adults and/or their families and caregivers experiencing grief or loss.
3. List key resources and community referral avenues available to older adults/families/caregivers.