

CEU Webinar

Social Isolation and Loneliness in Older Adults

Tuesday, September 19, 2023 | 8-9 AM ET



Speaker:

Max Zubatsky, Ph.D.

Associate Professor, Program Director
Medical Family Therapy Program
The Memory Clinic Director
St. Louis University School of Medicine



Learning Objectives:

After attending this webinar, participants will be able to:

1. Describe the risks and effects of social isolation and loneliness in older adults.
2. Identify ways for to assess and monitor loneliness and social isolation in clinical practice.
3. List practices and interventions that can be used to reduce social isolation.

CONTINUING EDUCATION

This activity has been submitted for 1.0 contact hour of continuing education in nursing, social work and mental health counseling.