Fruit and Vegetable Reference List for Teachers

Fruits and Vegetables

- Apples
- Apricots
- Artichokes
- Arugula
- Asparagus
- Avocados
- Bananas
- Beets
- Blackberries
- Blueberries
- Bok choy
- Boysenberries
- Broccoli
- Brussels sprouts
- Cabbage
- Cantaloupe
- Carrots
- Cauliflower
- Celery
- Cherries
- Chives
- Collard greens
- Corn
- Cranberries
- Cucumbers
- Dates
- Eggplant
- Figs
- Garlic
- Grapefruit
- Grapes (and raisins)
- Green beans
- Guava
- Honeydew melon
- Jicama
- Kale
- Kiwi
- Kumquat
- Leeks
- Lemons
- Lettuce
- Limes
- Mango
- Mushrooms
- Mustard greens
- Nectarine
- Okra
- Onions
- Oranges
- Papaya
- Passion fruit
- Peaches
- Pears
- Peas
- Peppers
- Pineapple
- Plums (and prunes)
- Potatoes
- Pumpkins
- Quince
- Radishes
- Raspberries
- Rhubarb
- Spinach
- Squash
- Starfruit
- Strawberries
- Sugar snap peas
- Summer squash
- Swiss chard
- Sweet potatoes
- Tangerines
- Tomatillos
- Tomatoes
- Turnips
- Ugly fruit
- Watermelon
- Wax beans
- Yams
- Zucchini

Let’s Get Descriptive!
Encourage your students to build their language skills by using these adjectives to describe fruits and vegetables.

- Bitter
- Bland
- Bright
- Bumpy
- Chewy
- Chilly
- Chunky
- Cold
- Colorful
- Crisp
- Crunchy
- Delicious
- Eye-catching
- Firm
- Flavorful
- Fleshy
- Fragrant
- Fresh
- Fruity
- Fuzzy
- Green
- Hard
- Irresistible
- Juicy
- Leafy
- Luscious
- Mashed
- Mellow
- Mild
- Moist
- Mouth-watering
- Mushy
- Plump
- Pulpy
- Pungent
- Raw
- Red
- Refreshing
- Ripe
- Robust
- Shiny
- Soft
- Sour
- Sticky
- Subtle
- Succulent
- Sweet
- Tangy
- Tasty
- Tempting
- Vibrant
- Vivid
- Wet
- Wrinkled
- Yellow
- Yummy
- Zesty