Fruit and Vegetable Reference List for Teachers

Fruits and Vegetables

- Apples
- Apricots
- Artichokes
- Arugula
- Asparagus
- Avocados
- Bananas
- Beets
- Blackberries
- Blueberries
- Bok choy
- Boysenberries
- Broccoli
- Brussels sprouts
- Cabbage
- Cantaloupe
- Carrots
- Cauliflower
- Celery
- Cherries
- Chives
- Collard greens
- Corn
- Cranberries
- Cucumbers
- Dates
- Eggplant
- Figs
- Garlic
- Grapefruit
- Grapes (and raisins)
- Green beans
- Guava
- Honeydew melon
- Jicama
- Kale
- Kiwi
- Kumquat
- Leeks
- Lemons
- Lettuce
- Limes
- Mango
- Mushrooms
- Mustard greens
- Nectarine
- Okra
- Onions
- Oranges
- Papaya
- Passion fruit
- Peaches
- Pears
- Peas
- Peppers
- Pineapple
- Plums (and prunes)
- Potatoes
- Pumpkins
- Quince
- Radishes
- Raspberries
- Rhubarb
- Spinach
- Squash
- Starfruit
- Strawberries
- Sugar snap peas
- Summer squash
- Swiss chard
- Sweet potatoes
- Tangerines
- Tomatillos
- Tomatoes
- Turnips
- Ugly fruit
- Watermelon
- Wax beans
- Yams
- Zucchini

Let's Get Descriptive!
Encourage your students to build their language skills by using these adjectives to describe fruits and vegetables.

Bitter  Fleshy  Mouth-watering  Succulent
Bland    Fragrant  Mushy    Sweet
Bright   Fresh    Plump    Tangy
Bumpy   Fruity    Pulpy    Tart
Chewy   Fuzzy    Pungent   Tasty
Chili    Green    Raw     Tempting
Chunky  Hard     Red     Tasty
Cold     Irresistible     Refreshing     Vibrant
Colorful Juicy    Ripe    Vivid
Crisp    Leafy    Robust   Wet
Crunchy  Luscious     Shiny    Wrinkled
Delicious Mashed    Soft     Yellow
Eye-catching Mellow  Sour     Yummy
Firm     Mild    Sticky    Zesty
Flavorful Moist    Subtle

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