MY FAVORITE FRUIT OR VEGETABLE

Name________________________________Date____________

Directions: Using your senses, fill in the sentences below with words that describe your favorite fruit or vegetable. Circle the word fruit or vegetable in the paragraph when you see it.

My favorite fruit or vegetable looks____________________

and tastes____________________. When I touch my

favorite fruit or vegetable, it feels____________________

and when I bite it, it sounds______________________.

The fruit or vegetable I like the best smells____________________.

You should eat it, too, because it is good for you. What is it?

My favorite fruit or vegetable is_____________________.

This material was funded by USDA’s Supplemental Nutrition Assistance Program – SNAP. The Supplemental Nutrition Assistance Program (SNAP) provides nutrition assistance to people with low income. It can help you buy nutritious foods for a better diet. To find out more, contact your local DHS office, or call the URI SNAP-Ed nutrition program at 1-877-Food-URI (1-877-366-3874). USDA is an equal opportunity provider and employer.